

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****Women 60 Meter Dash****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

|                 |      |           |                                |      |         |    |
|-----------------|------|-----------|--------------------------------|------|---------|----|
| All-Time: A     | 7.59 | 2014      | Abigail Davis, Central         |      |         |    |
| Championship: C | 7.71 | 2012      | Faith Burt, Wartburg           |      |         |    |
| Championship: C | 7.71 | 2/26/2016 | Abigail Davis, Central College |      |         |    |
| Facility: F     | 7.69 | 2015      | Abigail Davis, Central         |      |         |    |
| Name            |      | Year      | School                         | Seed | Prelims | H# |

**Preliminaries**

|    |                    |    |                   |      |       |   |       |
|----|--------------------|----|-------------------|------|-------|---|-------|
| 1  | Gabrielle Noland   | SO | Loras             | 7.81 | 7.75Q | 3 |       |
| 2  | Alexandra Daniel   | SO | Nebraska Wesleyan | 7.97 | 7.92Q | 1 | 7.912 |
| 3  | Terrianna Black    | SO | Loras             | 7.95 | 7.96Q | 2 |       |
| 4  | Kate Patton        | SR | Central College   | 7.99 | 7.92q | 1 | 7.914 |
| 5  | Lindsey Wisnieski  | JR | Nebraska Wesleyan | 8.02 | 7.98q | 3 |       |
| 6  | Aspen Rolfes       | FR | Nebraska Wesleyan | 8.06 | 8.01q | 2 |       |
| 7  | Taylor Jones       | JR | Wartburg          | 8.07 | 8.05q | 1 |       |
| 8  | Carlyn Cole        | SO | Coe               | 8.00 | 8.06q | 2 | 8.051 |
| 9  | Alexis Alt         | SO | Loras             | 8.10 | 8.06  | 1 | 8.052 |
| 10 | Jackie Ganshirt    | FR | Wartburg          | 8.14 | 8.08  | 3 |       |
| 11 | Amarri Waller      | SO | Wartburg          | 8.25 | 8.17  | 3 | 8.167 |
| 12 | Tierra Hildebrandt | SO | Dubuque           | 8.11 | 8.17  | 2 | 8.168 |
| 13 | Kylie Johnston     | FR | Buena Vista       | 8.26 | 8.19  | 2 |       |
| 14 | Allyson Woods      | FR | Central College   | 8.38 | 8.23  | 2 |       |
| 15 | MacKenzie James    | JR | Simpson (Iowa)    | 8.36 | 8.29  | 1 |       |
| 16 | Elizabeth Burgus   | SR | Simpson (Iowa)    | 8.29 | 8.30  | 1 |       |
| 17 | Anna Shaw          | JR | Central College   | 8.42 | 8.43  | 3 |       |
| 18 | Allison Hilleman   | FR | Luther            | 8.44 | 8.45  | 3 |       |
| 19 | Audrey Lovan       | SR | Simpson (Iowa)    | 8.53 | 8.53  | 2 |       |
| 20 | Abby Olberding     | FR | Buena Vista       | 8.65 | 8.67  | 1 |       |
| 21 | Martha Jesuit      | FR | Coe               | 9.16 | 8.98  | 2 |       |
| 22 | Allyssa Ertz       | SO | Buena Vista       | 8.81 | 9.11  | 1 |       |
| 23 | Maria Maguina      | FR | Luther            |      | 9.81  | 3 |       |
| -- | Alison Beeman      | SO | Dubuque           | 8.02 | DNS   | 3 |       |

**Women 60 Meter Dash**

|                 |      |           |                                |         |        |        |
|-----------------|------|-----------|--------------------------------|---------|--------|--------|
| All-Time: A     | 7.59 | 2014      | Abigail Davis, Central         |         |        |        |
| Championship: C | 7.71 | 2012      | Faith Burt, Wartburg           |         |        |        |
| Championship: C | 7.71 | 2/26/2016 | Abigail Davis, Central College |         |        |        |
| Facility: F     | 7.69 | 2015      | Abigail Davis, Central         |         |        |        |
| Name            |      | Year      | School                         | Prelims | Finals | Points |

**Finals**

|   |                   |    |                   |      |      |    |       |
|---|-------------------|----|-------------------|------|------|----|-------|
| 1 | Gabrielle Noland  | SO | Loras             | 7.75 | 7.80 | 10 |       |
| 2 | Kate Patton       | SR | Central College   | 7.92 | 7.95 | 8  |       |
| 3 | Terrianna Black   | SO | Loras             | 7.96 | 7.99 | 6  |       |
| 4 | Aspen Rolfes      | FR | Nebraska Wesleyan | 8.01 | 8.01 | 5  |       |
| 5 | Taylor Jones      | JR | Wartburg          | 8.05 | 8.06 | 4  | 8.053 |
| 6 | Alexandra Daniel  | SO | Nebraska Wesleyan | 7.92 | 8.06 | 3  | 8.057 |
| 7 | Carlyn Cole       | SO | Coe               | 8.06 | 8.14 | 2  |       |
| 8 | Lindsey Wisnieski | JR | Nebraska Wesleyan | 7.98 | 8.21 | 1  |       |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****Women 200 Meter Dash**

| All-Time: A 24.65 2014     |      | Libbey Schubert, Wartburg     |       |        |    |        |        |
|----------------------------|------|-------------------------------|-------|--------|----|--------|--------|
| Championship: C 24.92 2013 |      | Felicia Coleman, Central      |       |        |    |        |        |
| Facility: F 25.42 2015     |      | Neeia Cooperwood, Morningside |       |        |    |        |        |
| Name                       | Year | School                        | Seed  | Finals | H# | Points |        |
| 1 Gabrielle Noland         | SO   | Loras                         | 25.55 | 25.60  | 8  | 10     |        |
| 2 Aspen Rolfes             | FR   | Nebraska Wesleyan             | 26.00 | 25.87  | 7  | 8      |        |
| 3 Kaylee Jones             | JR   | Nebraska Wesleyan             | 25.83 | 25.93  | 8  | 6      | 25.927 |
| 4 Elizabeth Jones          | JR   | Nebraska Wesleyan             | 26.72 | 25.93  | 5  | 5      | 25.928 |
| 5 Teylor Jones             | JR   | Wartburg                      | 25.75 | 25.98  | 8  | 4      |        |
| 6 Alexandra Daniel         | SO   | Nebraska Wesleyan             | 26.19 | 26.41  | 7  | 3      |        |
| 7 Alexis Alt               | SO   | Loras                         | 26.70 | 26.51  | 6  | 2      |        |
| 8 Amy Brant                | SR   | Wartburg                      | 26.63 | 26.78  | 6  | 1      |        |
| 9 Carlyn Cole              | SO   | Coe                           | 26.74 | 26.86  | 5  |        |        |
| 10 Kylie Johnston          | FR   | Buena Vista                   | 27.28 | 27.17  | 4  |        |        |
| 11 Jackie Ganshirt         | FR   | Wartburg                      | 26.71 | 27.26  | 5  |        |        |
| 12 Allyson Woods           | FR   | Central College               | 27.73 | 27.48  | 4  |        |        |
| 13 Terrianna Black         | SO   | Loras                         | 27.59 | 27.63  | 4  |        |        |
| 14 MacKenzie James         | JR   | Simpson (Iowa)                | 28.33 | 27.74  | 2  |        |        |
| 15 Allyson Ervin           | JR   | Buena Vista                   | 27.90 | 27.90  | 3  |        |        |
| 16 Allison Hilleman        | FR   | Luther                        | 27.81 | 27.99  | 3  |        |        |
| 17 Anna Shaw               | JR   | Central College               | 28.55 | 28.09  | 1  |        |        |
| 18 Brittini Thomas         | FR   | Buena Vista                   | 28.28 | 28.15  | 3  |        |        |
| 19 Holly Forrester         | FR   | Central College               | 28.79 | 28.36  | 1  |        |        |
| 20 Autumn Wolf             | FR   | Buena Vista                   | 28.46 | 28.41  | 2  |        |        |
| 21 Sunkyu Holbert          | SO   | Buena Vista                   | 28.36 | 28.63  | 2  |        |        |
| 22 Rachel Kelly            | JR   | Coe                           | 28.75 | 28.73  | 1  |        |        |
| 23 Martha Jesuit           | FR   | Coe                           | 30.24 | 30.16  | 1  |        |        |
| -- Brittany Burks          | JR   | Dubuque                       | 26.64 | DNS    | 6  |        |        |
| -- Alison Beeman           | SO   | Dubuque                       | 25.85 | DNS    | 7  |        |        |

**Women 400 Meter Dash**

| All-Time: A 55.46 2012     |                 | Nevada Morrison, Wartburg |         |         |    |        |  |
|----------------------------|-----------------|---------------------------|---------|---------|----|--------|--|
| Championship: C 55.83 2011 |                 | Nevada Morrison, Wartburg |         |         |    |        |  |
| Facility: F 55.83 2011     |                 | Nevada Morrison, Wartburg |         |         |    |        |  |
| Name                       | Year            | School                    | Seed    | Finals  | H# | Points |  |
| 1 Kaylee Jones             | JR              | Nebraska Wesleyan         | 56.32   | 57.96   | 5  | 10     |  |
|                            | 28.205 (28.205) | 57.959 (29.754)           |         |         |    |        |  |
| 2 Elizabeth Jones          | JR              | Nebraska Wesleyan         | 57.21   | 58.01   | 5  | 8      |  |
|                            | 28.397 (28.397) | 58.010 (29.613)           |         |         |    |        |  |
| 3 Aubree Taylor            | SR              | Wartburg                  | 58.19   | 59.50   | 5  | 6      |  |
|                            | 28.505 (28.505) | 59.494 (30.989)           |         |         |    |        |  |
| 4 Anna Frazier             | JR              | Nebraska Wesleyan         | 59.62   | 59.69   | 4  | 5      |  |
|                            | 27.740 (27.740) | 59.689 (31.949)           |         |         |    |        |  |
| 5 Bella Solis              | JR              | Loras                     | 59.41   | 1:00.02 | 4  | 4      |  |
|                            | 27.518 (27.518) | 1:00.020 (32.502)         |         |         |    |        |  |
| 6 Jarika Eisentrager       | FR              | Wartburg                  | 59.79   | 1:00.53 | 4  | 3      |  |
|                            | 27.986 (27.986) | 1:00.528 (32.542)         |         |         |    |        |  |
| 7 Amy Brant                | SR              | Wartburg                  | 59.25   | 1:00.72 | 5  | 2      |  |
|                            | 29.459 (29.459) | 1:00.714 (31.255)         |         |         |    |        |  |
| 8 Abigail Allen            | FR              | Nebraska Wesleyan         | 1:00.15 | 1:00.82 | 4  | 1      |  |
|                            | 28.746 (28.746) | 1:00.820 (32.074)         |         |         |    |        |  |

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|    |                  |                    |         |         |   |
|----|------------------|--------------------|---------|---------|---|
| 9  | Kate Patton      | SR Central College | 1:00.91 | 1:01.30 | 3 |
|    | 28.274 (28.274)  | 1:01.298 (33.024)  |         |         |   |
| 10 | Paige Doehrmann  | SO Central College | 1:02.02 | 1:02.17 | 3 |
|    | 28.390 (28.390)  | 1:02.163 (33.773)  |         |         |   |
| 11 | Shannon Baker    | SO Luther          | 1:04.68 | 1:02.64 | 2 |
|    | 29.432 (29.432)  | 1:02.633 (33.201)  |         |         |   |
| 12 | Sydney Beach     | SO Loras           | 1:03.29 | 1:02.65 | 3 |
|    | 29.304 (29.304)  | 1:02.649 (33.345)  |         |         |   |
| 13 | Elizabeth Burgus | SR Simpson (Iowa)  | 1:01.57 | 1:03.05 | 3 |
|    | 28.834 (28.834)  | 1:03.050 (34.216)  |         |         |   |
| 14 | Rachel Kelly     | JR Coe             | 1:04.45 | 1:05.17 | 2 |
|    | 29.736 (29.736)  | 1:05.161 (35.425)  |         |         |   |
| 15 | Jessica Igarashi | JR Buena Vista     | 1:06.76 | 1:07.14 | 2 |
|    | 29.657 (29.657)  | 1:07.132 (37.475)  |         |         |   |
| 16 | Martel DenHartog | JR Luther          |         | 1:07.27 | 1 |
|    | 32.196 (32.196)  | 1:07.261 (35.065)  |         |         |   |
| 17 | Martha Jesuit    | FR Coe             | 1:08.18 | 1:07.29 | 1 |
|    | 31.801 (31.801)  | 1:07.281 (35.480)  |         |         |   |
| 18 | Amanda Mertens   | FR Luther          | 1:10.19 | 1:08.58 | 1 |
|    | 32.780 (32.780)  | 1:08.571 (35.791)  |         |         |   |

**Women 800 Meter Run**

| All-Time: A 2:10.12     |                  | 2011                 | Keelie Finnel, Coe       |                   |    |        |
|-------------------------|------------------|----------------------|--------------------------|-------------------|----|--------|
| Championship: C 2:12.05 |                  | 2007                 | Heidi Porter, Wartburg   |                   |    |        |
| Facility: F 2:18.32     |                  | 2011                 | Catie Ellingson, Simpson |                   |    |        |
| Name                    | Year             | School               | Seed                     | Finals            | H# | Points |
| 1                       | Betsy Duehr      | SR Wartburg          | 2:16.55                  | 2:19.23           | 3  | 10     |
|                         | 32.751 (32.751)  | 1:06.983 (34.232)    | 1:42.402 (35.419)        | 2:19.228 (36.827) |    |        |
| 2                       | Josephine Bautch | SO Coe               | 2:20.74                  | 2:19.79           | 3  | 8      |
|                         | 35.279 (35.279)  | 1:10.972 (35.694)    | 1:45.904 (34.932)        | 2:19.782 (33.878) |    |        |
| 3                       | Erica Rittgers   | SO Wartburg          | 2:20.78                  | 2:20.04           | 3  | 6      |
|                         | 33.232 (33.232)  | 1:07.686 (34.454)    | 1:43.190 (35.504)        | 2:20.032 (36.843) |    |        |
| 4                       | Belle Tynnismaa  | SO Wartburg          | 2:16.95                  | 2:20.09           | 3  | 5      |
|                         | 32.782 (32.782)  | 1:07.072 (34.291)    | 1:42.630 (35.558)        | 2:20.087 (37.458) |    |        |
| 5                       | Ashley Stevens   | JR Wartburg          | 2:21.83                  | 2:21.45           | 3  | 4      |
|                         | 34.567 (34.567)  | 1:09.455 (34.888)    | 1:45.556 (36.102)        | 2:21.446 (35.890) |    |        |
| 6                       | Natalie Fober    | SO Wartburg          | 2:21.24                  | 2:21.73           | 3  | 3      |
|                         | 33.950 (33.950)  | 1:07.892 (33.943)    | 1:43.706 (35.814)        | 2:21.723 (38.018) |    |        |
| 7                       | Heather Muntz    | FR Dubuque           | 2:22.42                  | 2:21.92           | 3  | 2      |
|                         | 34.782 (34.782)  | 1:09.479 (34.698)    | 1:45.455 (35.976)        | 2:21.920 (36.466) |    |        |
| 8                       | Rylee Bahe       | SO Nebraska Wesleyan | 2:23.09                  | 2:25.39           | 3  | 1      |
|                         | 34.619 (34.619)  | 1:09.675 (35.056)    | 1:46.246 (36.571)        | 2:25.384 (39.139) |    |        |
| 9                       | Allie Serres     | JR Loras             | 2:23.78                  | 2:26.60           | 2  |        |
|                         | 36.116 (36.116)  | 1:13.042 (36.927)    | 1:50.452 (37.410)        | 2:26.598 (36.147) |    |        |
| 10                      | Camryn Larsen    | FR Nebraska Wesleyan | 2:22.40                  | 2:27.09           | 3  |        |
|                         | 34.880 (34.880)  | 1:10.475 (35.595)    | 1:47.815 (37.340)        | 2:27.088 (39.274) |    |        |
| 11                      | Taylor Brtek     | FR Nebraska Wesleyan | 2:32.49                  | 2:30.72           | 2  |        |
|                         | 37.672 (37.672)  | 1:13.870 (36.199)    | 1:51.600 (37.730)        | 2:30.716 (39.116) |    |        |
| 12                      | Liz Venezio      | JR Loras             | 2:29.31                  | 2:32.14           | 2  |        |
|                         | 37.480 (37.480)  | 1:15.185 (37.706)    | 1:53.497 (38.312)        | 2:32.137 (38.640) |    |        |
| 13                      | Laura Duffield   | FR Luther            |                          | 2:36.88           | 1  |        |
|                         | 38.272 (38.272)  | 1:17.869 (39.598)    | 1:58.569 (40.700)        | 2:36.876 (38.307) |    |        |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018**

Hosted by: Central College

Kuyper Athletic Complex

**Results****....Women 800 Meter Run**

|                      |                    |                   |                   |   |
|----------------------|--------------------|-------------------|-------------------|---|
| 14 Katelyn Mangold   | FR Simpson (Iowa)  | 2:27.49           | 2:36.93           | 2 |
| 37.457 (37.457)      | 1:14.705 (37.248)  | 1:54.042 (39.338) | 2:36.922 (42.880) |   |
| 15 Brittany McNamara | SO Loras           | 2:29.27           | 2:36.94           | 2 |
| 38.336 (38.336)      | 1:17.664 (39.328)  | 1:58.608 (40.944) | 2:36.940 (38.332) |   |
| 16 Ilsa Knivslund    | SO Luther          | 2:39.01           | 2:37.39           | 1 |
| 37.672 (37.672)      | 1:17.696 (40.024)  | 1:58.797 (41.102) | 2:37.385 (38.588) |   |
| 17 Kelsie Coates     | JR Coe             | 2:37.22           | 2:37.60           | 2 |
| 38.873 (38.873)      | 1:17.717 (38.844)  | 1:58.576 (40.859) | 2:37.592 (39.016) |   |
| 18 Dana Koester      | SO Coe             | 2:36.86           | 2:37.68           | 2 |
| 38.541 (38.541)      | 1:17.610 (39.070)  | 1:58.221 (40.611) | 2:37.676 (39.455) |   |
| 19 Lesley Roquet     | SR Simpson (Iowa)  | 2:36.40           | 2:41.49           | 2 |
| 38.889 (38.889)      | 1:19.136 (40.247)  | 2:00.720 (41.584) | 2:41.481 (40.762) |   |
| 20 Jenna Willett     | FR Central College | 2:44.52           | 2:42.63           | 1 |
| 34.161 (34.161)      | 1:12.888 (38.727)  | 1:58.228 (45.340) | 2:42.627 (44.399) |   |
| 21 Ananda Easley     | JR Luther          |                   | 2:43.57           | 1 |
| 38.264 (38.264)      | 1:18.357 (40.094)  | 2:01.596 (43.239) | 2:43.567 (41.971) |   |
| 22 Kate Derrick      | SO Simpson (Iowa)  | 2:42.83           | 2:44.62           | 1 |
| 37.412 (37.412)      | 1:17.640 (40.228)  | 2:00.416 (42.776) | 2:44.613 (44.198) |   |
| 23 Victoria Hodge    | FR Buena Vista     | 2:45.99           | 2:50.09           | 1 |
| 37.919 (37.919)      | 1:18.455 (40.536)  | 2:03.660 (45.206) | 2:50.089 (46.430) |   |
| 24 Elena Vahnenko    | SR Buena Vista     | 2:51.05           | 2:52.52           | 1 |
| 40.464 (40.464)      | 1:23.665 (43.202)  | 2:09.757 (46.092) | 2:52.515 (42.758) |   |
| 25 Alexis Koettters  | JR Buena Vista     | 2:51.56           | 2:54.00           | 1 |
| 39.081 (39.081)      | 1:21.951 (42.870)  | 2:09.711 (47.760) | 2:53.993 (44.283) |   |

**Women 1 Mile Run**

|                       |                   |                   |                          |                   |           |
|-----------------------|-------------------|-------------------|--------------------------|-------------------|-----------|
| =====                 |                   |                   |                          |                   |           |
| All-Time: A           | 4:43.92           | 2005              | Missy Buttry, Wartburg   |                   |           |
| Championship: C       | 4:46.06           | 2005              | Missy Buttry, Wartburg   |                   |           |
| Facility: F           | 4:57.97           | 2011              | Catie Ellingson, Simpson |                   |           |
| Name                  | Year              | School            | Seed                     | Finals            | H# Points |
| =====                 |                   |                   |                          |                   |           |
| 1 Cassidy Christopher | FR                | Wartburg          | 5:17.10                  | 5:10.77           | 2 10      |
| 40.675 (40.675)       | 1:21.476 (40.801) |                   | 2:01.714 (40.238)        | 2:41.293 (39.579) |           |
| 3:20.779 (39.486)     | 4:00.218 (39.439) |                   | 4:37.165 (36.947)        | 5:10.767 (33.602) |           |
| 2 Hannah Awtry        | JR                | Nebraska Wesleyan | 5:13.10                  | 5:13.74           | 2 8       |
| 41.315 (41.315)       | 1:22.016 (40.701) |                   | 2:02.187 (40.171)        | 2:41.706 (39.519) |           |
| 3:21.027 (39.321)     | 4:00.838 (39.811) |                   | 4:38.565 (37.727)        | 5:13.732 (35.167) |           |
| 3 Maddie Carlsen      | SR                | Wartburg          | 5:17.91                  | 5:15.53           | 2 6       |
| 41.732 (41.732)       | 1:22.648 (40.916) |                   | 2:02.716 (40.068)        | 2:42.906 (40.190) |           |
| 3:22.128 (39.222)     | 4:01.258 (39.130) |                   | 4:38.910 (37.652)        | 5:15.522 (36.612) |           |
| 4 Ellie Beiermann     | SO                | Nebraska Wesleyan | 5:16.26                  | 5:17.38           | 2 5       |
| 40.948 (40.948)       | 1:21.804 (40.856) |                   | 2:01.979 (40.175)        | 2:41.278 (39.299) |           |
| 3:21.090 (39.812)     | 4:01.084 (39.994) |                   | 4:39.660 (38.576)        | 5:17.372 (37.712) |           |
| 5 Meghan Silbernagel  | SR                | Wartburg          | 5:16.37                  | 5:17.77           | 2 4       |
| 41.471 (41.471)       | 1:22.196 (40.725) |                   | 2:02.395 (40.199)        | 2:42.570 (40.175) |           |
| 3:21.791 (39.221)     | 4:01.240 (39.449) |                   | 4:40.210 (38.970)        | 5:17.761 (37.551) |           |
| 6 Evie Kammeyer       | JR                | Central College   | 5:27.00                  | 5:18.91           | 2 3       |
| 42.495 (42.495)       | 1:22.616 (40.121) |                   | 2:02.694 (40.078)        | 2:42.662 (39.968) |           |
| 3:22.452 (39.790)     | 4:02.345 (39.893) |                   | 4:42.223 (39.878)        | 5:18.906 (36.683) |           |
| 7 Kenzie Carney       | SR                | Luther            | 5:12.31                  | 5:19.40           | 2 2       |
| 41.630 (41.630)       | 1:22.236 (40.606) |                   | 2:02.055 (39.819)        | 2:41.613 (39.558) |           |
| 3:21.222 (39.609)     | 4:00.450 (39.228) |                   | 4:38.638 (38.188)        | 5:19.397 (40.759) |           |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****....Women 1 Mile Run**

|    |                    |                      |                     |                     |   |   |
|----|--------------------|----------------------|---------------------|---------------------|---|---|
| 8  | Courtney Neuendorf | SR Simpson (Iowa)    | 5:21.73             | 5:21.63             | 2 | 1 |
|    | 42.018 (42.018)    | 1:22.065 (40.047)    | 2:02.263 (40.198)   | 2:42.093 (39.830)   |   |   |
|    | 3:21.611 (39.518)  | 4:01.753 (40.142)    | 4:41.794 (40.041)   | 5:21.626 (39.832)   |   |   |
| 9  | Holly McKinney     | JR Central College   | 5:20.24             | 5:23.93             | 2 |   |
|    | 41.951 (41.951)    | 1:22.360 (40.409)    | 2:02.423 (40.063)   | 2:41.956 (39.533)   |   |   |
|    | 3:21.508 (39.552)  | 4:01.933 (40.425)    | 4:42.648 (40.715)   | 5:23.924 (41.276)   |   |   |
| 10 | Amelia Hornseth    | FR Luther            | 5:29.85             | 5:27.16             | 2 |   |
|    | 42.798 (42.798)    | 1:23.384 (40.586)    | 2:04.312 (40.928)   | 2:45.765 (41.453)   |   |   |
|    | 3:28.043 (42.278)  | 4:08.267 (40.224)    | 4:49.698 (41.431)   | 5:27.155 (37.457)   |   |   |
| 11 | Kat Hoffman        | SO Luther            | 5:32.11             | 5:27.91             | 2 |   |
|    | 43.078 (43.078)    | 1:23.563 (40.485)    | 2:04.588 (41.025)   | 2:46.032 (41.444)   |   |   |
|    | 3:28.264 (42.232)  | 4:08.459 (40.195)    | 4:49.556 (41.097)   | 5:27.907 (38.351)   |   |   |
| 12 | Emily Buchheit     | FR Simpson (Iowa)    | 5:35.59             | 5:32.07             | 2 |   |
|    | 43.407 (43.407)    | 1:23.886 (40.479)    | 2:04.044 (40.158)   | 2:45.417 (41.373)   |   |   |
|    | 3:27.814 (42.397)  | 4:08.880 (41.066)    | 4:51.412 (42.532)   | 5:32.066 (40.654)   |   |   |
| 13 | Sydni Harris       | SR Nebraska Wesleyan | 5:25.47             | 5:34.39             | 2 |   |
|    | 42.214 (42.214)    | 1:22.464 (40.250)    | 2:02.906 (40.442)   | 2:43.266 (40.360)   |   |   |
|    | 3:25.080 (41.814)  | 4:08.678 (43.598)    | 4:50.806 (42.128)   | 5:34.382 (43.576)   |   |   |
| 14 | Kemunto Ondande    | JR Loras             | 5:39.17             | 5:40.54             | 1 |   |
|    | 41.383 (41.383)    | 1:23.285 (41.902)    | 2:06.932 (43.647)   | 2:50.376 (43.444)   |   |   |
|    | 3:33.485 (43.109)  | 4:15.920 (42.435)    | 4:59.943 (44.023)   | 5:40.535 (40.592)   |   |   |
| 15 | Courtney Knight    | FR Loras             | 5:47.02             | 5:40.98             | 1 |   |
|    | 43.677 (43.677)    | 1:24.767 (41.090)    | 2:08.228 (43.461)   | 2:50.689 (42.461)   |   |   |
|    | 3:33.115 (42.426)  | 4:15.565 (42.450)    | 4:59.620 (44.055)   | 5:40.980 (41.360)   |   |   |
| 16 | Hannah Insko       | FR Loras             | 5:40.44             | 5:43.79             | 1 |   |
|    | 41.931 (41.931)    | 1:24.502 (42.571)    | 2:08.133 (43.631)   | 2:50.925 (42.792)   |   |   |
|    | 3:33.829 (42.904)  | 4:17.158 (43.329)    | 5:02.131 (44.973)   | 5:43.789 (41.658)   |   |   |
| 17 | McKayla Morris     | JR Coe               | 5:52.31             | 5:45.90             | 1 |   |
|    | 46.467 (46.467)    | 1:28.243 (41.776)    | 2:11.689 (43.446)   | 2:55.451 (43.762)   |   |   |
|    | 3:39.668 (44.217)  | 4:23.077 (43.409)    | 5:06.203 (43.126)   | 5:45.894 (39.691)   |   |   |
| 18 | Lesley Roquet      | SR Simpson (Iowa)    | 5:47.33             | 5:46.25             | 1 |   |
|    | 42.133 (42.133)    | 1:24.858 (42.725)    | 2:08.693 (43.835)   | 2:52.029 (43.336)   |   |   |
|    | 3:36.469 (44.440)  | 4:21.204 (44.735)    | 5:05.548 (44.344)   | 5:46.243 (40.695)   |   |   |
| 19 | Savanna Henning    | SO Central College   | 6:03.70             | 6:01.57             | 1 |   |
|    | 46.780 (46.780)    | 1:29.315 (42.535)    | 2:13.093 (43.778)   | 2:57.998 (44.905)   |   |   |
|    | 3:45.143 (47.145)  | 4:34.222 (49.079)    | 5:20.900 (46.678)   | 6:01.566 (40.666)   |   |   |
| 20 | Alyssa Knudson     | JR Coe               | 6:18.60             | 6:01.58             | 1 |   |
|    | 47.040 (47.040)    | 1:30.155 (43.115)    | 2:14.630 (44.475)   | 3:00.569 (45.939)   |   |   |
|    | 3:47.752 (47.183)  | 4:34.408 (46.656)    | 5:21.072 (46.664)   | 6:01.577 (40.505)   |   |   |
| 21 | Meghan Brune       | FR Coe               | 6:18.30             | 6:05.32             | 1 |   |
|    | 47.133 (47.133)    | 1:30.333 (43.200)    | 2:14.893 (44.560)   | 3:00.867 (45.974)   |   |   |
|    | 3:47.943 (47.076)  | 4:35.140 (47.197)    | 5:22.165 (47.025)   | 6:05.317 (43.152)   |   |   |
| 22 | Kaylee Willadsen   | SO Simpson (Iowa)    | 6:12.22             | 6:07.32             | 1 |   |
|    | 46.503 (46.503)    | 1:29.832 (43.329)    | 2:13.961 (44.129)   | 3:00.258 (46.297)   |   |   |
|    | 3:47.939 (47.681)  | 4:35.641 (47.702)    | 5:22.535 (46.894)   | 6:07.317 (44.782)   |   |   |
| 23 | Maya Rowe          | SO Buena Vista       | 6:19.03             | 6:12.11             | 1 |   |
|    | 48.126 (48.126)    | 1:34.517 (46.391)    | 2:19.379 (44.862)   | 3:04.953 (45.574)   |   |   |
|    | 3:52.277 (47.324)  | 4:41.124 (48.847)    | 5:28.283 (47.159)   | 6:12.101 (43.818)   |   |   |
| 24 | Katie Puls         | JR Buena Vista       | 6:25.99             | 6:54.36             | 1 |   |
|    | 48.106 (48.106)    | 1:34.545 (46.439)    | 2:19.423 (44.878)   | 3:04.137 (44.714)   |   |   |
|    | 3:52.053 (47.916)  | 4:50.548 (58.495)    | 5:52.596 (1:02.048) | 6:54.357 (1:01.761) |   |   |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****Women 3000 Meter Run**

| All-Time: A 9:13.13 2005     |                      | Missy Buttry, Wartburg  |                   |
|------------------------------|----------------------|-------------------------|-------------------|
| Championship: C 9:50.16 2012 |                      | Laura Sigmund, Wartburg |                   |
| Facility: F 9:51.77 2016     |                      | Obsie Birru, Unattached |                   |
| Name                         | Year School          | Seed                    | Finals H# Points  |
| 1 Ashlyn Bagge               | SR Wartburg          | 10:03.25                | 10:11.66 2 10     |
| 38.673 (38.673)              | 1:18.051 (39.378)    | 1:58.453 (40.402)       | 2:39.009 (40.556) |
| 3:19.567 (40.558)            | 4:00.236 (40.669)    | 4:40.604 (40.368)       | 5:20.895 (40.291) |
| 6:01.768 (40.873)            | 6:42.969 (41.201)    | 7:24.915 (41.946)       | 8:06.905 (41.990) |
| 8:48.450 (41.545)            | 9:30.236 (41.786)    | 10:11.655 (41.419)      |                   |
| 2 Carina Collet              | FR Wartburg          | 10:31.21                | 10:25.03 2 8      |
| 40.661 (40.661)              | 1:21.652 (40.991)    | 2:03.421 (41.769)       | 2:45.433 (42.012) |
| 3:27.884 (42.451)            | 4:10.121 (42.237)    | 4:52.669 (42.548)       | 5:35.476 (42.807) |
| 6:17.973 (42.497)            | 7:00.673 (42.700)    | 7:43.011 (42.338)       | 8:25.484 (42.473) |
| 9:07.913 (42.429)            | 9:48.737 (40.824)    | 10:25.029 (36.292)      |                   |
| 3 Cassidy Christopher        | FR Wartburg          | 10:27.80                | 10:25.65 2 6      |
| 40.845 (40.845)              | 1:21.840 (40.995)    | 2:03.614 (41.774)       | 2:45.461 (41.847) |
| 3:27.736 (42.275)            | 4:10.067 (42.331)    | 4:52.643 (42.576)       | 5:35.520 (42.877) |
| 6:18.224 (42.704)            | 7:00.849 (42.625)    | 7:43.309 (42.460)       | 8:25.771 (42.462) |
| 9:08.224 (42.453)            | 9:49.014 (40.790)    | 10:25.645 (36.631)      |                   |
| 4 Hanna Hegemann             | JR Nebraska Wesleyan | 10:38.75                | 10:25.96 2 5      |
| 40.565 (40.565)              | 1:21.913 (41.348)    | 2:03.703 (41.790)       | 2:45.695 (41.992) |
| 3:28.125 (42.430)            | 4:10.310 (42.185)    | 4:52.949 (42.639)       | 5:35.779 (42.830) |
| 6:18.463 (42.684)            | 7:01.145 (42.682)    | 7:43.655 (42.510)       | 8:26.358 (42.703) |
| 9:08.930 (42.572)            | 9:50.129 (41.199)    | 10:25.956 (35.827)      |                   |
| 5 Ellie Beiermann            | SO Nebraska Wesleyan | 10:38.83                | 10:31.68 2 4      |
| 41.095 (41.095)              | 1:22.213 (41.118)    | 2:03.970 (41.757)       | 2:45.945 (41.975) |
| 3:28.407 (42.462)            | 4:10.594 (42.187)    | 4:53.238 (42.644)       | 5:36.191 (42.953) |
| 6:18.944 (42.753)            | 7:01.405 (42.461)    | 7:43.968 (42.563)       | 8:26.701 (42.733) |
| 9:09.398 (42.697)            | 9:51.819 (42.421)    | 10:31.675 (39.856)      |                   |
| 6 Kenzie Carney              | SR Luther            | 10:41.90                | 10:33.71 2 3      |
| 41.353 (41.353)              | 1:22.479 (41.126)    | 2:04.219 (41.740)       | 2:46.168 (41.949) |
| 3:28.707 (42.539)            | 4:11.053 (42.346)    | 4:53.365 (42.312)       | 5:36.503 (43.138) |
| 6:19.261 (42.758)            | 7:01.643 (42.382)    | 7:44.228 (42.585)       | 8:27.026 (42.798) |
| 9:09.794 (42.768)            | 9:52.645 (42.851)    | 10:33.707 (41.062)      |                   |
| 7 Anna Ryden                 | SR Luther            | 10:48.67                | 10:35.14 2 2      |
| 41.793 (41.793)              | 1:23.331 (41.538)    | 2:05.189 (41.858)       | 2:47.191 (42.002) |
| 3:29.413 (42.222)            | 4:11.505 (42.092)    | 4:53.909 (42.404)       | 5:37.212 (43.303) |
| 6:20.203 (42.991)            | 7:03.115 (42.912)    | 7:45.961 (42.846)       | 8:29.005 (43.044) |
| 9:12.131 (43.126)            | 9:54.773 (42.642)    | 10:35.132 (40.359)      |                   |
| 8 Kassie Rosenbaum           | FR Loras             | 10:52.81                | 10:43.27 2 1      |
| 41.645 (41.645)              | 1:23.087 (41.442)    | 2:04.902 (41.815)       | 2:46.793 (41.891) |
| 3:29.053 (42.260)            | 4:10.858 (41.805)    | 4:53.102 (42.244)       | 5:36.041 (42.939) |
| 6:19.560 (43.519)            | 7:03.998 (44.438)    | 7:48.743 (44.745)       | 8:34.142 (45.399) |
| 9:19.051 (44.909)            | 10:03.495 (44.444)   | 10:43.265 (39.770)      |                   |
| 9 Hannah Awtry               | JR Nebraska Wesleyan | 10:34.31                | 10:47.18 2        |
| 41.279 (41.279)              | 1:22.809 (41.530)    | 2:04.623 (41.814)       | 2:46.092 (41.469) |
| 3:28.616 (42.524)            | 4:11.059 (42.443)    | 4:53.754 (42.695)       | 5:36.899 (43.145) |
| 6:19.963 (43.064)            | 7:03.159 (43.196)    | 7:48.034 (44.875)       | 8:33.675 (45.641) |
| 9:19.910 (46.235)            | 10:04.986 (45.076)   | 10:47.173 (42.187)      |                   |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****....Women 3000 Meter Run**

|    |                    |                    |                    |                   |   |
|----|--------------------|--------------------|--------------------|-------------------|---|
| 10 | Mareena Franke     | JR Coe             | 11:02.48           | 11:04.98          | 2 |
|    | 43.805 (43.805)    | 1:27.827 (44.022)  | 2:12.165 (44.338)  | 2:55.987 (43.822) |   |
|    | 3:40.707 (44.720)  | 4:24.394 (43.687)  | 5:08.583 (44.189)  | 5:53.244 (44.661) |   |
|    | 6:38.345 (45.101)  | 7:23.379 (45.034)  | 8:09.937 (46.558)  | 8:54.367 (44.430) |   |
|    | 9:39.636 (45.269)  | 10:23.989 (44.353) | 11:04.979 (40.990) |                   |   |
| 11 | Hannah Wright      | SR Luther          | 11:26.80           | 1                 |   |
|    | 43.885 (43.885)    | 1:30.674 (46.789)  | 2:18.396 (47.722)  | 3:04.658 (46.262) |   |
|    | 3:50.056 (45.398)  | 4:36.937 (46.881)  | 5:24.496 (47.559)  | 6:10.547 (46.051) |   |
|    | 6:56.115 (45.568)  | 7:42.690 (46.575)  | 8:26.798 (44.108)  | 9:12.434 (45.636) |   |
|    | 9:57.360 (44.926)  | 10:43.106 (45.746) | 11:26.796 (43.690) |                   |   |
| 12 | Kelly Minear       | SR Loras           | 11:01.31           | 11:34.60          | 2 |
|    | 44.137 (44.137)    | 1:28.144 (44.007)  | 2:12.515 (44.371)  | 2:56.474 (43.959) |   |
|    | 3:41.301 (44.827)  | 4:26.231 (44.930)  | 5:12.385 (46.154)  | 5:58.843 (46.458) |   |
|    | 6:46.204 (47.361)  | 7:33.525 (47.321)  | 8:21.319 (47.794)  | 9:09.187 (47.868) |   |
|    | 9:59.322 (50.135)  | 10:48.417 (49.095) | 11:34.596 (46.179) |                   |   |
| 13 | Emma Abernethy     | FR Luther          | 11:04.32           | 11:35.27          | 2 |
|    | 41.970 (41.970)    | 1:24.047 (42.077)  | 2:06.727 (42.680)  | 2:49.270 (42.543) |   |
|    | 3:33.547 (44.277)  | 4:19.698 (46.151)  | 5:05.729 (46.031)  | 5:54.189 (48.460) |   |
|    | 6:42.479 (48.290)  | 7:31.139 (48.660)  | 8:20.435 (49.296)  | 9:09.827 (49.392) |   |
|    | 9:59.053 (49.226)  | 10:47.995 (48.942) | 11:35.269 (47.274) |                   |   |
| 14 | Molly MacDuff      | SO Loras           | 11:33.00           | 11:37.87          | 1 |
|    | 43.546 (43.546)    | 1:30.389 (46.843)  | 2:18.089 (47.700)  | 3:04.352 (46.263) |   |
|    | 3:49.769 (45.417)  | 4:36.640 (46.871)  | 5:24.254 (47.614)  | 6:10.239 (45.985) |   |
|    | 6:55.812 (45.573)  | 7:43.505 (47.693)  | 8:30.482 (46.977)  | 9:18.295 (47.813) |   |
|    | 10:06.541 (48.246) | 10:54.252 (47.711) | 11:37.863 (43.611) |                   |   |
| 15 | Katalina Stai      | SO Coe             | 11:39.35           | 11:49.63          | 1 |
|    | 47.036 (47.036)    | 1:34.354 (47.318)  | 2:20.400 (46.046)  | 3:08.371 (47.971) |   |
|    | 3:56.265 (47.894)  | 4:44.212 (47.947)  | 5:31.878 (47.666)  | 6:19.104 (47.226) |   |
|    | 7:06.631 (47.527)  | 7:54.482 (47.851)  | 8:42.186 (47.704)  | 9:30.292 (48.106) |   |
|    | 10:18.282 (47.990) | 11:06.162 (47.880) | 11:49.628 (43.466) |                   |   |
| 16 | Ashlee Litterer    | SO Simpson (Iowa)  | 11:56.77           | 11:52.80          | 1 |
|    | 44.254 (44.254)    | 1:31.266 (47.012)  | 2:18.693 (47.427)  | 3:05.215 (46.522) |   |
|    | 3:52.806 (47.591)  | 4:41.009 (48.203)  | 5:28.704 (47.695)  | 6:16.818 (48.114) |   |
|    | 7:06.012 (49.194)  | 7:54.827 (48.815)  | 8:42.829 (48.002)  | 9:33.125 (50.296) |   |
|    | 10:21.842 (48.717) | 11:09.470 (47.628) | 11:52.791 (43.321) |                   |   |
| 17 | Emily Hoelsing     | SO Buena Vista     | 12:10.30           | 11:54.18          | 1 |
|    | 45.264 (45.264)    | 1:32.130 (46.866)  | 2:19.872 (47.742)  | 3:07.971 (48.099) |   |
|    | 3:56.165 (48.194)  | 4:44.124 (47.959)  | 5:31.994 (47.870)  | 6:19.910 (47.916) |   |
|    | 7:08.411 (48.501)  | 7:57.075 (48.664)  | 8:46.050 (48.975)  | 9:35.186 (49.136) |   |
|    | 10:23.991 (48.805) | 11:12.290 (48.299) | 11:54.174 (41.884) |                   |   |
| 18 | Holly Wisnousky    | SR Coe             | 11:48.38           | 11:56.87          | 1 |
|    | 47.328 (47.328)    | 1:34.670 (47.342)  | 2:20.714 (46.044)  | 3:07.815 (47.101) |   |
|    | 3:54.477 (46.662)  | 4:40.689 (46.212)  | 5:27.828 (47.139)  | 6:15.068 (47.240) |   |
|    | 7:02.905 (47.837)  | 7:51.862 (48.957)  | 8:42.480 (50.618)  | 9:30.830 (48.350) |   |
|    | 10:20.146 (49.316) | 11:09.489 (49.343) | 11:56.863 (47.374) |                   |   |
| 19 | Tara Harris        | JR Buena Vista     | 12:12.31           | 12:08.07          | 1 |
|    | 45.608 (45.608)    | 1:32.467 (46.859)  | 2:20.218 (47.751)  | 3:08.275 (48.057) |   |
|    | 3:56.514 (48.239)  | 4:44.448 (47.934)  | 5:32.635 (48.187)  | 6:20.687 (48.052) |   |
|    | 7:09.279 (48.592)  | 7:58.660 (49.381)  | 8:48.181 (49.521)  | 9:37.788 (49.607) |   |
|    | 10:27.733 (49.945) | 11:18.662 (50.929) | 12:08.063 (49.401) |                   |   |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018**

Hosted by: Central College

Kuyper Athletic Complex

**Results****....Women 3000 Meter Run**

|                     |                    |                    |                    |   |
|---------------------|--------------------|--------------------|--------------------|---|
| 20 Sarah Salas      | SO Central College | 12:44.85           | 12:42.70           | 1 |
| 46.758 (46.758)     | 1:34.400 (47.642)  | 2:22.960 (48.560)  | 3:12.752 (49.792)  |   |
| 4:03.198 (50.446)   | 4:54.344 (51.146)  | 5:45.715 (51.371)  | 6:37.110 (51.395)  |   |
| 7:29.256 (52.146)   | 8:21.482 (52.226)  | 9:14.736 (53.254)  | 10:07.431 (52.695) |   |
| 11:00.416 (52.985)  | 11:53.034 (52.618) | 12:42.692 (49.658) |                    |   |
| 21 Ella Gibbons     | JR Coe             | 12:52.91           | 12:56.27           | 1 |
| 47.697 (47.697)     | 1:35.380 (47.683)  | 2:24.152 (48.772)  | 3:13.652 (49.500)  |   |
| 4:03.820 (50.168)   | 4:55.586 (51.766)  | 5:47.796 (52.210)  | 6:40.982 (53.186)  |   |
| 7:34.735 (53.753)   | 8:28.352 (53.617)  | 9:22.044 (53.692)  | 10:17.108 (55.064) |   |
| 11:10.258 (53.150)  | 12:05.932 (55.674) | 12:56.269 (50.337) |                    |   |
| -- Melissa Charlton | SO Central College | 15:23.35           | DNS                | 1 |
| -- Sara Rodriguez   | SO Central College |                    | DNS                | 1 |

**Women 5000 Meter Run**

|                    |                    |                      |                         |               |
|--------------------|--------------------|----------------------|-------------------------|---------------|
| =====              |                    |                      |                         |               |
| All-Time: A        | 16:53.98           | 2012                 | Laura Sigmund, Wartburg |               |
| Championship: C    | 17:13.94           | 2/24/2017            | Audrey Miller, Loras    |               |
| Facility: F        | 18:02.60           | 2011                 | Lori Tlach, Wartburg    |               |
| Name               | Year               | School               | Seed                    | Finals Points |
| =====              |                    |                      |                         |               |
| 1 Ashlyn Bagge     |                    | SR Wartburg          | 17:02.30                | 17:29.20F 10  |
| 40.607 (40.607)    | 1:21.576 (40.969)  | 2:03.344 (41.768)    | 2:45.363 (42.019)       |               |
| 3:27.601 (42.238)  | 4:09.787 (42.186)  | 4:50.931 (41.144)    | 5:32.246 (41.315)       |               |
| 6:14.267 (42.021)  | 6:55.769 (41.502)  | 7:37.601 (41.832)    | 8:19.487 (41.886)       |               |
| 9:01.364 (41.877)  | 9:43.739 (42.375)  | 10:25.311 (41.572)   | 11:06.707 (41.396)      |               |
| 11:48.949 (42.242) | 12:31.421 (42.472) | 13:13.901 (42.480)   | 13:56.351 (42.450)      |               |
| 14:39.445 (43.094) | 15:21.588 (42.143) | 16:04.639 (43.051)   | 16:47.589 (42.950)      |               |
| 17:29.193 (41.604) |                    |                      |                         |               |
| 2 Carina Collet    |                    | FR Wartburg          | 17:47.43                | 17:35.22F 8   |
| 40.932 (40.932)    | 1:21.982 (41.050)  | 2:03.665 (41.683)    | 2:45.834 (42.169)       |               |
| 3:28.003 (42.169)  | 4:10.211 (42.208)  | 4:51.559 (41.348)    | 5:32.993 (41.434)       |               |
| 6:14.798 (41.805)  | 6:56.853 (42.055)  | 7:38.825 (41.972)    | 8:21.365 (42.540)       |               |
| 9:04.609 (43.244)  | 9:47.799 (43.190)  | 10:30.711 (42.912)   | 11:13.830 (43.119)      |               |
| 11:57.081 (43.251) | 12:40.379 (43.298) | 13:23.631 (43.252)   | 14:06.514 (42.883)      |               |
| 14:49.227 (42.713) | 15:31.718 (42.491) | 16:14.083 (42.365)   | 16:56.351 (42.268)      |               |
| 17:35.215 (38.864) |                    |                      |                         |               |
| 3 Ellie Beiermann  |                    | SO Nebraska Wesleyan | 18:02.64                | 17:51.43F 6   |
| 41.427 (41.427)    | 1:22.623 (41.196)  | 2:04.149 (41.526)    | 2:46.366 (42.217)       |               |
| 3:28.459 (42.093)  | 4:10.734 (42.275)  | 4:52.279 (41.545)    | 5:33.713 (41.434)       |               |
| 6:15.643 (41.930)  | 6:58.196 (42.553)  | 7:41.614 (43.418)    | 8:24.233 (42.619)       |               |
| 9:07.008 (42.775)  | 9:50.067 (43.059)  | 10:33.331 (43.264)   | 11:17.100 (43.769)      |               |
| 12:01.019 (43.919) | 12:44.991 (43.972) | 13:28.341 (43.350)   | 14:11.719 (43.378)      |               |
| 14:56.086 (44.367) | 15:40.909 (44.823) | 16:26.005 (45.096)   | 17:10.499 (44.494)      |               |
| 17:51.428 (40.929) |                    |                      |                         |               |
| 4 Hannah Awtry     |                    | JR Nebraska Wesleyan | 18:01.37                | 18:08.56 5    |
| 41.796 (41.796)    | 1:22.974 (41.178)  | 2:04.431 (41.457)    | 2:46.844 (42.413)       |               |
| 3:28.857 (42.013)  | 4:11.135 (42.278)  | 4:52.763 (41.628)    | 5:34.450 (41.687)       |               |
| 6:16.480 (42.030)  | 6:58.877 (42.397)  | 7:41.946 (43.069)    | 8:25.156 (43.210)       |               |
| 9:08.493 (43.337)  | 9:52.222 (43.729)  | 10:36.887 (44.665)   | 11:21.571 (44.684)      |               |
| 12:07.615 (46.044) | 12:53.563 (45.948) | 13:37.497 (43.934)   | 14:23.459 (45.962)      |               |
| 15:08.627 (45.168) | 15:54.306 (45.679) | 16:40.767 (46.461)   | 17:25.463 (44.696)      |               |
| 18:08.559 (43.096) |                    |                      |                         |               |



**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****....Women 5000 Meter Run**

|                    |                      |                    |                    |
|--------------------|----------------------|--------------------|--------------------|
| 5 Anna Ryden       | SR Luther            | 18:18.06           | 4                  |
| 42.776 (42.776)    | 1:23.884 (41.108)    | 2:06.027 (42.143)  | 2:48.723 (42.696)  |
| 3:31.703 (42.980)  | 4:15.178 (43.475)    | 4:58.521 (43.343)  | 5:42.013 (43.492)  |
| 6:25.689 (43.676)  | 7:09.280 (43.591)    | 7:53.362 (44.082)  | 8:37.705 (44.343)  |
| 9:22.324 (44.619)  | 10:07.111 (44.787)   | 10:50.959 (43.848) | 11:35.622 (44.663) |
| 12:20.895 (45.273) | 13:05.961 (45.066)   | 13:51.481 (45.520) | 14:36.660 (45.179) |
| 15:21.807 (45.147) | 16:06.879 (45.072)   | 16:52.059 (45.180) | 17:36.111 (44.052) |
| 18:18.058 (41.947) |                      |                    |                    |
| 6 Sydni Harris     | SR Nebraska Wesleyan | 19:15.36           | 18:41.45 3         |
| 42.815 (42.815)    | 1:25.267 (42.452)    | 2:08.069 (42.802)  | 2:50.890 (42.821)  |
| 3:34.281 (43.391)  | 4:18.174 (43.893)    | 5:02.160 (43.986)  | 5:47.151 (44.991)  |
| 6:33.299 (46.148)  | 7:18.959 (45.660)    | 8:04.295 (45.336)  | 8:50.411 (46.116)  |
| 9:36.835 (46.424)  | 10:22.601 (45.766)   | 11:09.201 (46.600) | 11:55.664 (46.463) |
| 12:41.580 (45.916) | 13:27.845 (46.265)   | 14:14.601 (46.756) | 15:01.206 (46.605) |
| 15:47.957 (46.751) | 16:34.179 (46.222)   | 17:19.265 (45.086) | 18:04.193 (44.928) |
| 18:41.435 (37.242) |                      |                    |                    |
| 7 Evie Kammeyer    | JR Central College   | 18:44.99           | 2                  |
| 44.475 (44.475)    | 1:25.722 (41.247)    | 2:07.450 (41.728)  | 2:49.786 (42.336)  |
| 3:34.423 (44.637)  | 4:18.471 (44.048)    | 5:02.435 (43.964)  | 5:47.387 (44.952)  |
| 6:33.459 (46.072)  | 7:19.230 (45.771)    | 8:02.587 (43.357)  | 8:47.684 (45.097)  |
| 9:33.750 (46.066)  | 10:20.633 (46.883)   | 11:06.701 (46.068) | 11:53.277 (46.576) |
| 12:40.230 (46.953) | 13:27.345 (47.115)   | 14:14.345 (47.000) | 15:02.015 (47.670) |
| 15:48.496 (46.481) | 16:34.432 (45.936)   | 17:20.036 (45.604) | 18:04.465 (44.429) |
| 18:44.989 (40.524) |                      |                    |                    |
| 8 Nicole Breitbach | JR Wartburg          | 18:50.48           | 18:47.18 1         |
| 43.490 (43.490)    | 1:26.035 (42.545)    | 2:08.674 (42.639)  | 2:52.418 (43.744)  |
| 3:36.768 (44.350)  | 4:21.616 (44.848)    | 5:06.759 (45.143)  | 5:52.045 (45.286)  |
| 6:37.468 (45.423)  | 7:23.197 (45.729)    | 8:08.543 (45.346)  | 8:54.111 (45.568)  |
| 9:39.944 (45.833)  | 10:25.551 (45.607)   | 11:11.263 (45.712) | 11:56.915 (45.652) |
| 12:43.637 (46.722) | 13:30.211 (46.574)   | 14:17.317 (47.106) | 15:03.857 (46.540) |
| 15:50.383 (46.526) | 16:35.573 (45.190)   | 17:19.594 (44.021) | 18:05.584 (45.990) |
| 18:47.176 (41.592) |                      |                    |                    |
| 9 Mareena Franke   | JR Coe               | 19:15.86           | 19:07.39           |
| 44.263 (44.263)    | 1:26.453 (42.190)    | 2:12.015 (45.562)  | 2:57.680 (45.665)  |
| 3:43.199 (45.519)  | 4:28.824 (45.625)    | 5:14.801 (45.977)  | 6:00.694 (45.893)  |
| 6:46.461 (45.767)  | 7:32.623 (46.162)    | 8:19.207 (46.584)  | 9:06.023 (46.816)  |
| 9:52.742 (46.719)  | 10:39.439 (46.697)   | 11:25.711 (46.272) | 12:12.763 (47.052) |
| 13:00.641 (47.878) | 13:47.630 (46.989)   | 14:35.343 (47.713) | 15:22.721 (47.378) |
| 16:09.937 (47.216) | 16:55.972 (46.035)   | 17:41.501 (45.529) | 18:26.231 (44.730) |
| 19:07.385 (41.154) |                      |                    |                    |
| 10 Kristan Brown   | FR Loras             | 19:57.83           | 19:24.91           |
| 45.261 (45.261)    | 1:31.793 (46.532)    | 2:17.482 (45.689)  | 3:04.357 (46.875)  |
| 3:50.451 (46.094)  | 4:36.679 (46.228)    | 5:23.655 (46.976)  | 6:11.181 (47.526)  |
| 6:58.041 (46.860)  | 7:44.177 (46.136)    | 8:31.221 (47.044)  | 9:18.498 (47.277)  |
| 10:05.827 (47.329) | 10:51.536 (45.709)   | 11:37.079 (45.543) | 12:23.957 (46.878) |
| 13:11.291 (47.334) | 13:58.626 (47.335)   | 14:46.399 (47.773) | 15:34.485 (48.086) |
| 16:23.103 (48.618) | 17:11.093 (47.990)   | 17:56.533 (45.440) | 18:42.944 (46.411) |
| 19:24.901 (41.957) |                      |                    |                    |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****....Women 5000 Meter Run**

|                      |                    |                    |                    |
|----------------------|--------------------|--------------------|--------------------|
| 11 Vera Lindhorst    | SO Luther          | 19:28.52           |                    |
| 45.582 (45.582)      | 1:31.217 (45.635)  | 2:16.753 (45.536)  | 3:03.674 (46.921)  |
| 3:49.069 (45.395)    | 4:34.780 (45.711)  | 5:20.311 (45.531)  | 6:06.767 (46.456)  |
| 6:54.189 (47.422)    | 7:42.070 (47.881)  | 8:29.832 (47.762)  | 9:18.606 (48.774)  |
| 10:06.667 (48.061)   | 10:51.901 (45.234) | 11:37.397 (45.496) | 12:24.328 (46.931) |
| 13:11.643 (47.315)   | 13:59.047 (47.404) | 14:46.846 (47.799) | 15:34.817 (47.971) |
| 16:23.437 (48.620)   | 17:11.494 (48.057) | 17:57.991 (46.497) | 18:44.393 (46.402) |
| 19:28.516 (44.123)   |                    |                    |                    |
| 12 Meredith Robinson | SR Luther          | 19:52.67           |                    |
| 44.938 (44.938)      | 1:30.826 (45.888)  | 2:16.221 (45.395)  | 3:03.346 (47.125)  |
| 3:49.411 (46.065)    | 4:35.063 (45.652)  | 5:20.609 (45.546)  | 6:07.032 (46.423)  |
| 6:54.364 (47.332)    | 7:41.697 (47.333)  | 8:29.633 (47.936)  | 9:18.367 (48.734)  |
| 10:07.044 (48.677)   | 10:54.678 (47.634) | 11:43.335 (48.657) | 12:32.344 (49.009) |
| 13:21.317 (48.973)   | 14:10.444 (49.127) | 14:59.562 (49.118) | 15:48.787 (49.225) |
| 16:37.665 (48.878)   | 17:27.028 (49.363) | 18:16.881 (49.853) | 19:05.933 (49.052) |
| 19:52.671 (46.738)   |                    |                    |                    |
| 13 Molly MacDuff     | SO Loras           | 20:16.79           | 20:07.23           |
| 46.374 (46.374)      | 1:33.237 (46.863)  | 2:20.867 (47.630)  | 3:09.062 (48.195)  |
| 3:56.829 (47.767)    | 4:44.913 (48.084)  | 5:33.250 (48.337)  | 6:21.562 (48.312)  |
| 7:10.793 (49.231)    | 7:59.845 (49.052)  | 8:47.524 (47.679)  | 9:34.782 (47.258)  |
| 10:22.413 (47.631)   | 11:09.727 (47.314) | 11:57.631 (47.904) | 12:46.801 (49.170) |
| 13:36.469 (49.668)   | 14:26.395 (49.926) | 15:16.075 (49.680) | 16:06.815 (50.740) |
| 16:57.458 (50.643)   | 17:47.205 (49.747) | 18:36.284 (49.079) | 19:24.642 (48.358) |
| 20:07.223 (42.581)   |                    |                    |                    |
| 14 Anna Restemayer   | JR Luther          | 20:25.01           |                    |
| 45.869 (45.869)      | 1:31.753 (45.884)  | 2:17.177 (45.424)  | 3:04.039 (46.862)  |
| 3:50.126 (46.087)    | 4:36.448 (46.322)  | 5:23.416 (46.968)  | 6:10.991 (47.575)  |
| 6:59.543 (48.552)    | 7:47.646 (48.103)  | 8:36.449 (48.803)  | 9:25.574 (49.125)  |
| 10:15.999 (50.425)   | 11:07.338 (51.339) | 11:58.669 (51.331) | 12:49.450 (50.781) |
| 13:40.489 (51.039)   | 14:31.831 (51.342) | 15:23.435 (51.604) | 16:15.476 (52.041) |
| 17:07.215 (51.739)   | 17:58.436 (51.221) | 18:48.768 (50.332) | 19:38.454 (49.686) |
| 20:25.005 (46.551)   |                    |                    |                    |
| 15 Holly Wisnousky   | SR Coe             | 20:41.53           | 20:25.55           |
| 46.733 (46.733)      | 1:33.687 (46.954)  | 2:21.214 (47.527)  | 3:09.383 (48.169)  |
| 3:57.201 (47.818)    | 4:45.244 (48.043)  | 5:33.582 (48.338)  | 6:21.867 (48.285)  |
| 7:11.096 (49.229)    | 8:00.183 (49.087)  | 8:47.885 (47.702)  | 9:35.141 (47.256)  |
| 10:22.797 (47.656)   | 11:10.357 (47.560) | 11:58.408 (48.051) | 12:47.625 (49.217) |
| 13:38.013 (50.388)   | 14:29.257 (51.244) | 15:20.763 (51.506) | 16:12.496 (51.733) |
| 17:04.849 (52.353)   | 17:57.622 (52.773) | 18:49.109 (51.487) | 19:39.306 (50.197) |
| 20:25.549 (46.243)   |                    |                    |                    |
| 16 Kelly Minear      | SR Loras           | 19:32.78           | 20:28.64           |
| 44.650 (44.650)      | 1:30.519 (45.869)  | 2:16.398 (45.879)  | 3:03.186 (46.788)  |
| 3:48.767 (45.581)    | 4:34.411 (45.644)  | 5:19.982 (45.571)  | 6:06.471 (46.489)  |
| 6:53.831 (47.360)    | 7:41.329 (47.498)  | 8:29.367 (48.038)  | 9:18.125 (48.758)  |
| 10:07.779 (49.654)   | 10:58.184 (50.405) | 11:49.591 (51.407) | 12:41.395 (51.804) |
| 13:33.645 (52.250)   | 14:26.049 (52.404) | 15:19.018 (52.969) | 16:12.185 (53.167) |
| 17:05.055 (52.870)   | 17:57.213 (52.158) | 18:48.413 (51.200) | 19:40.082 (51.669) |
| 20:28.627 (48.545)   |                    |                    |                    |
| -- Jean Springsteen  | JR Coe             | 23:21.95           | DNS                |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****Women 60 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 6 Best Times**

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=====
All-Time: A 8.53 2014 Tashina McAllister, Wartburg
Championship: C 8.88 2/28/2015 Meredith Zimmerman, Central College
Facility: F 8.62 2016 Mary Young, Drake
Name Year School Seed Prelims H#
=====

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**Preliminaries**

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1 Brittany Burks JR Dubuque 9.05 9.12Q 2
2 Maggi Bjustrom SO Wartburg 9.11 9.24Q 1
3 Mary Gray FR Central College 9.28 9.37q 2
4 Bella Solis JR Loras 9.42 9.44q 2
5 Demetria Johnson FR Dubuque 9.21 9.45q 1
6 Aubree Taylor SR Wartburg 9.61 9.48q 2
7 Bailey Vance FR Loras 9.49 9.55q 1
8 Becca Waldman SR Wartburg 9.65 9.59q 1
9 Lauren Steege FR Coe 9.64 9.64 2
10 Whitney Burgardt JR Central College 9.88 9.68 2
11 Brittini Thomas FR Buena Vista 9.54 9.72 1
12 MichelleAnn Sanchez SR Dubuque 9.76 9.81 1
13 Taylor Schaefer JR Loras 10.08 10.13 2
14 Sarah Sandage JR Simpson (Iowa) 10.41 10.28 1
15 Jackie Krawczyk SR Luther 10.13 10.47 1
16 Alaena Pelzer SO Central College 10.70 10.64 2

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**Women 60 Meter Hurdles**

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=====
All-Time: A 8.53 2014 Tashina McAllister, Wartburg
Championship: C 8.88 2/28/2015 Meredith Zimmerman, Central College
Facility: F 8.62 2016 Mary Young, Drake
Name Year School Prelims Finals Points
=====

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**Finals**

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1 Brittany Burks JR Dubuque 9.12 9.03 10
2 Maggi Bjustrom SO Wartburg 9.24 9.26 8
3 Demetria Johnson FR Dubuque 9.45 9.28 6
4 Mary Gray FR Central College 9.37 9.32 5
5 Aubree Taylor SR Wartburg 9.48 9.43 4
6 Bailey Vance FR Loras 9.55 9.47 3
7 Bella Solis JR Loras 9.44 9.63 2
8 Becca Waldman SR Wartburg 9.59 9.76 1

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**Women 4x200 Meter Relay**

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=====
All-Time: A 1:41.54 2009 Wartburg, Wartburg
H Baker, A Aimable, N Morrison, K Steffens
Championship: C 1:41.54 2009 Wartburg, Wartburg
H Baker, N Morrison, F Burt, A Aimable
Facility: F 1:44.77 2011 Wartburg, Wartburg
F Burt, S Boraas, J Ganshirt, S Morrison
School Seed Finals H# Points
=====
1 Nebraska Wesleyan 1:53.82 1:43.37F 1 10
1) Kaylee Jones JR 2) Elizabeth Jones JR

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**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****....Women 4x200 Meter Relay**

|                        |                 |                          |                   |                   |                   |    |                |
|------------------------|-----------------|--------------------------|-------------------|-------------------|-------------------|----|----------------|
| 3) Aspen Rolfes FR     | 24.935 (24.935) | 4) Alexandra Daniel SO   | 51.624 (26.689)   | 1:17.416 (25.792) | 1:43.362 (25.946) |    |                |
| 2 Loras                |                 |                          |                   | 1:46.42           | 1:45.81           | 3  | 8              |
| 1) Gabrielle Noland SO |                 | 2) Alexis Alt SO         |                   |                   |                   |    |                |
| 3) Bella Solis JR      | 51.714 (51.714) | 4) Terrianna Black SO    | 1:18.837 (27.123) | 1:45.802 (26.966) |                   |    |                |
| 3 Wartburg             |                 |                          |                   | 1:48.69           | 1:46.31           | 3  | 6              |
| 1) Teylor Jones JR     |                 | 2) Belle Tynismaa SO     |                   |                   |                   |    |                |
| 3) Amy Brant SR        | 52.283 (52.283) | 4) Jackie Ganshirt FR    | 1:19.129 (26.846) | 1:46.310 (27.182) |                   |    |                |
| 4 Dubuque              |                 |                          |                   | 1:48.07           | 1:47.36           | 3  | 5              |
| 1) Brittany Burks JR   |                 | 2) Alyssa Skrove SO      |                   |                   |                   |    |                |
| 3) Asha Flowers SO     | 52.984 (52.984) | 4) Tierra Hildebrandt SO | 1:19.675 (26.692) | 1:47.353 (27.678) |                   |    |                |
| 5 Simpson (Iowa)       |                 |                          |                   | 1:50.97           | 1:50.63           | 2  | 4              |
| 1) Elizabeth Burgus SR |                 | 2) MacKenzie James JR    |                   |                   |                   |    |                |
| 3) Katie Clarke SR     | 25.743 (25.743) | 4) Katelyn Mangold FR    | 54.852 (29.109)   | 1:22.978 (28.127) | 1:50.623 (27.645) |    |                |
| 6 Buena Vista          |                 |                          |                   | 1:53.16           | 1:51.49           | 2  | 3              |
| 1) Brittini Thomas FR  |                 | 2) Allyson Ervin JR      |                   |                   |                   |    |                |
| 3) Sunkyu Holbert SO   | 26.077 (26.077) | 4) Kylie Johnston FR     | 55.456 (29.380)   | 1:24.028 (28.572) | 1:51.490 (27.462) |    |                |
| 7 Coe                  |                 |                          |                   | 1:51.15           | 1:51.50           | 2  | 2              |
| 1) Carlyn Cole SO      |                 | 2) Martha Jesuit FR      |                   |                   |                   |    |                |
| 3) Lauren Steege FR    | 25.434 (25.434) | 4) Rachel Kelly JR       | 55.246 (29.812)   | 1:23.516 (28.270) | 1:51.494 (27.978) |    |                |
| 8 Luther               |                 |                          |                   | 1:53.19           | 1:53.95           | 1  | 1              |
| 1) Allison Hilleman FR |                 | 2) Marta Springer JR     |                   |                   |                   |    |                |
| 3) Jackie Krawczyk SR  | 26.260 (26.260) | 4) Morgan Sammons SR     | 55.168 (28.908)   | 1:24.386 (29.218) | 1:53.948 (29.562) |    |                |
| -- Central College     |                 |                          |                   |                   |                   | DQ | 1 Exchange 1-2 |
| 1) Kate Patton SR      |                 | 2) Paige Doehrmann SO    |                   |                   |                   |    |                |
| 3) Allyson Woods FR    | 24.618 (24.618) | 4) Jenna Willett FR      | 54.338 (29.720)   | 1:21.993 (27.656) | 1:49.416 (27.424) |    |                |

**Women 4x400 Meter Relay**

|                     |                 |                      |   |                     |                     |        |  |
|---------------------|-----------------|----------------------|---|---------------------|---------------------|--------|--|
| =====               |                 |                      |   |                     |                     |        |  |
| All-Time: A         | 3:43.82         | 2012                 | Wartburg, Wartburg                            |                     |                     |        |  |
|                     |                 |                      | S Morrison, F Burt, K Kregal, N Morrison      |                     |                     |        |  |
| Championship: C     | 3:52.91         | 2/27/2016            | Wartburg, Wartburg                            |                     |                     |        |  |
|                     |                 |                      | K Muhlenbruch, E Duehr, T Officer, K Johnston |                     |                     |        |  |
| Facility: F         | 3:56.35         | 2011                 | Central, Central                              |                     |                     |        |  |
|                     |                 |                      | J Ziskovsky, E Teas, R Purdy, F Coleman       |                     |                     |        |  |
| School              |                 |                      | Seed  | Finals              | H#                  | Points |  |
| =====               |                 |                      |   |                     |                     |        |  |
| 1 Wartburg          |                 |                      | 3:55.77                                       | 3:58.57             | 2                   | 10     |  |
| 1) Betsy Duehr SR   |                 | 2) Belle Tynismaa SO |   |                     |                     |        |  |
| 3) Teylor Jones JR  | 59.606 (59.606) | 4) Aubree Taylor SR  | 1:58.694 (59.088)                             | 2:58.975 (1:00.281) | 3:58.568 (59.593)   |        |  |
| 2 Nebraska Wesleyan |                 |                      | 3:52.26                                       | 4:04.77             | 2                   | 8      |  |
| 1) Anna Frazier JR  |                 | 2) Aspen Rolfes FR   |   |                     |                     |        |  |
| 3) Devine Gines SO  | 59.890 (59.890) | 4) Abigail Allen FR  | 2:01.401 (1:01.511)                           | 3:03.324 (1:01.923) | 4:04.761 (1:01.437) |        |  |
| 3 Loras             |                 |                      | 4:00.25                                       | 4:05.14             | 2                   | 6      |  |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****....Women 4x400 Meter Relay**

|                        |                        |                     |                     |   |   |  |  |
|------------------------|------------------------|---------------------|---------------------|---|---|--|--|
| 1) Gabrielle Noland SO | 2) Bella Solis JR      |                     |                     |   |   |  |  |
| 3) Alexis Alt SO       | 4) Rachel Kilburg SR   |                     |                     |   |   |  |  |
| 1:00.365 (1:00.365)    | 2:02.359 (1:01.994)    | 3:03.114 (1:00.755) | 4:05.132 (1:02.018) |   |   |  |  |
| 4 Central College      |                        | 4:03.40             | 4:05.50             | 2 | 5 |  |  |
| 1) Paige Doehrmann SO  | 2) Mary Gray FR        |                     |                     |   |   |  |  |
| 3) Kate Patton SR      | 4) Kiki Pingel FR      |                     |                     |   |   |  |  |
| 1:02.252 (1:02.252)    | 2:03.626 (1:01.374)    | 3:04.080 (1:00.454) | 4:05.499 (1:01.419) |   |   |  |  |
| 5 Coe                  |                        | 4:20.97             | 4:20.30             | 1 | 4 |  |  |
| 1) Josephine Bautch SO | 2) Kelsie Coates JR    |                     |                     |   |   |  |  |
| 3) Carlyn Cole SO      | 4) Rachel Kelly JR     |                     |                     |   |   |  |  |
| 1:01.376 (1:01.376)    | 2:12.247 (1:10.871)    | 3:18.458 (1:06.211) | 4:20.292 (1:01.834) |   |   |  |  |
| 6 Dubuque              |                        | 4:16.95             | 4:20.49             | 1 | 3 |  |  |
| 1) Ruby Williams FR    | 2) Deja Ware FR        |                     |                     |   |   |  |  |
| 3) Alyssa Skrove SO    | 4) Aleyha Slatter JR   |                     |                     |   |   |  |  |
| 1:05.293 (1:05.293)    | 2:09.333 (1:04.040)    | 3:14.063 (1:04.730) | 4:20.488 (1:06.425) |   |   |  |  |
| 7 Buena Vista          |                        | 4:26.44             | 4:21.96             | 1 | 2 |  |  |
| 1) Allyson Ervin JR    | 2) Autumn Wolf FR      |                     |                     |   |   |  |  |
| 3) Jessica Igarashi JR | 4) Carlee Guyett FR    |                     |                     |   |   |  |  |
| 1:04.781 (1:04.781)    | 2:10.231 (1:05.450)    | 3:16.467 (1:06.236) | 4:21.956 (1:05.489) |   |   |  |  |
| 8 Simpson (Iowa)       |                        | 4:23.19             | 4:23.66             | 1 | 1 |  |  |
| 1) Katelyn Mangold FR  | 2) Elizabeth Burgus SR |                     |                     |   |   |  |  |
| 3) Jaycie Owens JR     | 4) Katie Clarke SR     |                     |                     |   |   |  |  |
| 1:03.893 (1:03.893)    | 2:07.909 (1:04.016)    | 3:18.384 (1:10.475) | 4:23.658 (1:05.274) |   |   |  |  |
| 9 Luther               |                        | 4:23.82             | 4:26.09             | 1 |   |  |  |
| 1) Shannon Baker SO    | 2) Allison Hilleman FR |                     |                     |   |   |  |  |
| 3) Amanda Mertens FR   | 4) Martel DenHartog JR |                     |                     |   |   |  |  |
| 1:02.986 (1:02.986)    | 2:08.564 (1:05.578)    | 3:18.115 (1:09.551) | 4:26.087 (1:07.972) |   |   |  |  |

**Women 4x800 Meter Relay**

|                          |                      |  |                      |        |  |
|--------------------------|----------------------|--|----------------------|--------|--|
| All-Time: A 9:16.60      | 2010                 | Wartburg, Wartburg                                 |                      |        |  |
|                          |                      | A Kuiken, J Kuiken, E Eimers, N Calabrese          |                      |        |  |
| Championship: C 9:20.53  | 2010                 | Wartburg, Wartburg                                 |                      |        |  |
|                          |                      | E Eimers, B Fagerlind, A Kuiken, N Calabrese       |                      |        |  |
| Facility: F 9:31.84      | 2011                 | Luther, Luther                                     |                      |        |  |
|                          |                      | J Schiefelbein-Egan, S McAllister, K Uphoff, D Mei |                      |        |  |
| School                   |                      | Seed   | Finals               | Points |  |
| 1 Wartburg               |                      |  | 9:41.26              | 10     |  |
| 1) Meghan Silbernagel SR | 2) Grace Hoins FR    |  |                      |        |  |
| 3) Erica Rittgers SO     | 4) Maddie Carlsen SR |  |                      |        |  |
| 2:25.536 (2:25.536)      | 4:54.334 (2:28.798)  | 7:16.982 (2:22.648)                                | 9:41.256 (2:24.274)  |        |  |
| 2 Nebraska Wesleyan      |                      | 9:57.50  | 9:42.20              | 8      |  |
| 1) Allie McLuen FR       | 2) Camryn Larsen FR  |  |                      |        |  |
| 3) Rylee Bahe SO         | 4) Jadyn Agee FR     |  |                      |        |  |
| 2:23.952 (2:23.952)      | 4:50.032 (2:26.080)  | 7:16.804 (2:26.772)                                | 9:42.192 (2:25.388)  |        |  |
| 3 Luther                 |                      |  | 9:56.25              | 6      |  |
| 1) Amelia Hornseth FR    | 2) Kaia Bierman SR   |  |                      |        |  |
| 3) Kat Hoffman SO        | 4) Marta Springer JR |  |                      |        |  |
| 2:29.048 (2:29.048)      | 4:55.954 (2:26.906)  | 7:28.762 (2:32.808)                                | 9:56.250 (2:27.488)  |        |  |
| 4 Dubuque                |                      |  | 10:00.44             | 5      |  |
| 1) Heather Muntz FR      | 2) Jade Romagna JR   |  |                      |        |  |
| 3) Isabella Mazzanti SO  | 4) Megan Ely SO      |  |                      |        |  |
| 2:25.746 (2:25.746)      | 4:53.430 (2:27.684)  | 7:25.514 (2:32.084)                                | 10:00.432 (2:34.918) |        |  |

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|   |                           |                     |                          |                      |  |          |   |
|---|---------------------------|---------------------|--------------------------|----------------------|--|----------|---|
| 5 | Central College           |                     |                          |                      |  | 10:03.67 | 4 |
|   | 1) Lauren Moll SO         |                     | 2) Lynzie Miller JR      |                      |  |          |   |
|   | 3) Sarah Steffensmeier FR |                     | 4) Evie Kammeyer JR      |                      |  |          |   |
|   | 2:32.558 (2:32.558)       | 5:03.640 (2:31.082) | 7:36.774 (2:33.134)      | 10:03.664 (2:26.890) |  |          |   |
| 6 | Loras                     |                     |                          |                      |  | 10:08.63 | 3 |
|   | 1) Allie Serres JR        |                     | 2) Liz Venezia JR        |                      |  |          |   |
|   | 3) Molly Walkner JR       |                     | 4) Kemunto Ondande JR    |                      |  |          |   |
|   | 2:27.310 (2:27.310)       | 5:00.482 (2:33.172) | 7:34.248 (2:33.766)      | 10:08.622 (2:34.374) |  |          |   |
| 7 | Simpson (Iowa)            |                     |                          |                      |  | 10:13.14 | 2 |
|   | 1) Emily Buchheit FR      |                     | 2) Audrey Klein SO       |                      |  |          |   |
|   | 3) Mary Wood JR           |                     | 4) Courtney Neuendorf SR |                      |  |          |   |
|   | 2:29.276 (2:29.276)       | 5:04.434 (2:35.158) | 7:38.028 (2:33.594)      | 10:13.138 (2:35.110) |  |          |   |
| 8 | Coe                       |                     |                          |                      |  | 10:39.60 | 1 |
|   | 1) Dana Koester SO        |                     | 2) Josephine Bautch SO   |                      |  |          |   |
|   | 3) Kelsie Coates JR       |                     | 4) Alyssa Knudson JR     |                      |  |          |   |
|   | 2:37.268 (2:37.268)       | 5:10.550 (2:33.282) | 7:49.236 (2:38.686)      | 10:39.596 (2:50.360) |  |          |   |

**Women Distance Medley**

|                 |                           |                     |                          |  |          |    |  |
|-----------------|---------------------------|---------------------|--------------------------|--|----------|----|--|
| =====           |                           |                     |                          |  |          |    |  |
|                 | All-Time: A               | 11:41.28            | 2013                     | Wartburg, Wartburg                           |          |    |  |
|                 |                           |                     |                          | H Vawter, K Kregel, K Cochrane, S Bruett     |          |    |  |
| Championship: C | 11:48.85                  | 2004                | Wartburg, Wartburg       |  |          |    |  |
|                 |                           |                     |                          | B Neal, S Arey, M Ubben, M Buttry            |          |    |  |
| Facility: F     | 12:02.13                  | 2011                | Wartburg, Wartburg       |  |          |    |  |
|                 |                           |                     |                          | L Sigmund, N Morrison, K Chochrane, E Eimers |          |    |  |
|                 | School                    |                     | Seed                     | Finals                                       | Points   |    |  |
| =====           |                           |                     |                          |  |          |    |  |
| 1               | Wartburg                  |                     |                          | 12:11.91                                     | 12:31.39 | 10 |  |
|                 | 1) Meghan Silbernagel SR  |                     | 2) Jaderial Staebler FR  |  |          |    |  |
|                 | 3) Betsy Duehr SR         |                     | 4) Maddie Carlsen SR     |  |          |    |  |
|                 | 3:49.287 (3:49.287)       | 4:51.047 (1:01.760) | 7:10.617 (2:19.570)      | 12:31.389 (5:20.772)                         |          |    |  |
| 2               | Luther                    |                     |                          |  | 12:43.94 | 8  |  |
|                 | 1) Shannon Baker SO       |                     | 2) Kaia Bierman SR       |  |          |    |  |
|                 | 3) Kenzie Carney SR       |                     | 4) Amelia Hornseth FR    |  |          |    |  |
|                 | 3:54.509 (3:54.509)       | 4:58.005 (1:03.496) | 7:22.137 (2:24.132)      | 12:43.937 (5:21.800)                         |          |    |  |
| 3               | Nebraska Wesleyan         |                     |                          | 12:56.77                                     | 12:47.90 | 6  |  |
|                 | 1) Camryn Larsen FR       |                     | 2) Devine Gines SO       |  |          |    |  |
|                 | 3) Allie McLuen FR        |                     | 4) Hanna Hegemann JR     |  |          |    |  |
|                 | 3:58.793 (3:58.793)       | 5:00.571 (1:01.778) | 7:25.365 (2:24.794)      | 12:47.899 (5:22.534)                         |          |    |  |
| 4               | Central College           |                     |                          |  | 13:03.10 | 5  |  |
|                 | 1) Lauren Moll SO         |                     | 2) Lynzie Miller JR      |  |          |    |  |
|                 | 3) Sarah Steffensmeier FR |                     | 4) Holly McKinney JR     |  |          |    |  |
|                 | 3:58.975 (3:58.975)       | 5:01.501 (1:02.526) | 7:33.849 (2:32.348)      | 13:03.095 (5:29.246)                         |          |    |  |
| 5               | Simpson (Iowa)            |                     |                          | 13:58.69                                     | 13:09.39 | 4  |  |
|                 | 1) Emily Buchheit FR      |                     | 2) Jaycie Owens JR       |  |          |    |  |
|                 | 3) Mary Wood JR           |                     | 4) Courtney Neuendorf SR |  |          |    |  |
|                 | 3:57.017 (3:57.017)       | 5:00.081 (1:03.064) | 7:38.865 (2:38.784)      | 13:09.389 (5:30.524)                         |          |    |  |
| 6               | Dubuque                   |                     |                          |  | 13:13.52 | 3  |  |
|                 | 1) Heather Muntz FR       |                     | 2) Ruby Williams FR      |  |          |    |  |
|                 | 3) Isabella Mazzanti SO   |                     | 4) Jade Romagna JR       |  |          |    |  |
|                 | 3:56.487 (3:56.487)       | 5:00.793 (1:04.306) | 7:34.089 (2:33.296)      | 13:13.513 (5:39.424)                         |          |    |  |
| 7               | Loras                     |                     |                          |  | 13:17.13 | 2  |  |
|                 | 1) Liz Venezia JR         |                     | 2) Rachel Kilburg SR     |  |          |    |  |

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3) Allie Serres JR  
4:02.725 (4:02.725) 5:04.783 (1:02.058) 7:32.575 (2:27.792) 13:17.125 (5:44.550)

-- Buena Vista DNF

4) Kemunto Ondande JR

1) Tara Harris JR  
2) Katie Puls JR

3) Maya Rowe SO  
4) Emily Hoelsing SO

4:21.153 (4:21.153) 5:31.467 (1:10.314) 8:24.075 (2:52.608)

**Women High Jump**

=====  
All-Time: A 1.72m 1998 Dawn Putnam-Vinyard, Buena Vista  
Championship: C 1.70m 2/27/2016 Kailey Kladivo, Wartburg  
Facility: F 1.65m 2014 Kelly Carden, Grand View  
Facility: F 1.65m 2014 Hilyar Hotz, Central  
Facility: F 1.65m 2014 Holly Neubauer/Sydney Cornett, Truman  
Facility: F 1.65m 2015 Chantel Kyler, Clarke  
=====  
Name Year School Seed Finals Points  
=====  
1 Brooke Runneberg JR Buena Vista 1.55m 1.59m 5-02.50 10  
1.39 1.44 1.49 1.54 1.59 1.64  
PPP O O XO O XXX  
2 Ellie Roquet FR Wartburg 1.58m 1.59m 5-02.50 8  
1.39 1.44 1.49 1.54 1.59 1.64  
PPP PPP PPP O XO XXX  
3 Courtney Kruthoff FR Central College 1.60m 1.59m 5-02.50 6  
1.39 1.44 1.49 1.54 1.59 1.64  
PPP PPP O O XXO XXX  
4 Bella Solis JR Loras 1.68m 1.54m 5-00.50 5  
1.39 1.44 1.49 1.54 1.59  
PPP PPP PPP XO XXX  
5 Jill Brichacek SR Nebraska Wesleyan 1.60m 1.54m 5-00.50 4  
1.39 1.44 1.49 1.54 1.59  
PPP PPP O XXO XXX  
6 Mary Andrew SR Nebraska Wesleyan 1.55m 1.49m 4-10.50 2  
1.39 1.44 1.49 1.54  
PPP O O XXX  
6 Nicole Schneider FR Wartburg 1.54m 1.49m 4-10.50 2  
1.39 1.44 1.49 1.54  
O O O XXX  
6 Tori VanVelzen FR Central College 1.43m 1.49m 4-10.50 2  
1.39 1.44 1.49 1.54  
O O O XXX  
9 Toree Hempstead JR Nebraska Wesleyan 1.58m 1.49m 4-10.50  
1.39 1.44 1.49 1.54  
PPP PPP XO XXX  
10 Kamryn Juni FR Simpson (Iowa) 1.51m 1.49m 4-10.50  
1.39 1.44 1.49 1.54  
O O XXO XXX  
11 Taylor Bushke FR Dubuque 1.51m 1.44m 4-08.75  
1.39 1.44 1.49  
PPP O XXX  
11 Kiki Pingel FR Central College 1.54m 1.44m 4-08.75  
1.39 1.44 1.49  
PPP O XXX  
=====

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|    |                 |                   |       |       |         |
|----|-----------------|-------------------|-------|-------|---------|
| 13 | Haley Beckert   | FR Wartburg       | 1.49m | 1.39m | 4-06.75 |
|    | 1.39 1.44       |                   |       |       |         |
|    | O XXX           |                   |       |       |         |
| 13 | Rebecca Staples | FR Coe            | 1.35m | 1.39m | 4-06.75 |
|    | 1.39 1.44       |                   |       |       |         |
|    | O XXX           |                   |       |       |         |
| 15 | Asha Flowers    | SO Dubuque        | 1.50m | 1.39m | 4-06.75 |
|    | 1.39 1.44       |                   |       |       |         |
|    | XO XXX          |                   |       |       |         |
| 15 | Michelle Budden | SO Loras          | 1.45m | 1.39m | 4-06.75 |
|    | 1.39 1.44       |                   |       |       |         |
|    | XO XXX          |                   |       |       |         |
| 17 | Jamie Glanz     | FR Simpson (Iowa) | 1.50m | 1.39m | 4-06.75 |
|    | 1.39 1.44       |                   |       |       |         |
|    | XXO XXX         |                   |       |       |         |
| -- | Hanna Dodd      | FR Luther         | 1.32m | NH    |         |
|    | 1.39            |                   |       |       |         |
|    | XXX             |                   |       |       |         |
| -- | Shelby Hibbler  | FR Dubuque        | 1.50m | NH    |         |
|    | 1.39 1.44 1.49  |                   |       |       |         |
|    | PPP PPP XXX     |                   |       |       |         |

**Women Pole Vault**

| All-Time: A 3.85m 2016          |                                    | Elizabeth Brandenburg, Loras |       |        |                 |
|---------------------------------|------------------------------------|------------------------------|-------|--------|-----------------|
| Championship: C 3.76m 2/26/2016 |                                    | Elizabeth Brandenburg, Loras |       |        |                 |
| Facility: F 3.48m 2016          |                                    | Kendal Holloman, Baker       |       |        |                 |
| Name                            | Year                               | School                       | Seed  | Finals | Points          |
| 1 Maddie Tolly                  |                                    | SO Nebraska Wesleyan         | 3.32m | 3.20m  | 10-06.00 10 Won |
|                                 | 2.45 2.60 2.75 2.90 3.05 3.20 3.35 |                              |       |        |                 |
|                                 | PPP PPP PPP O O O XXX              |                              |       |        |                 |
| 2 Michelle Johnson              |                                    | SR Wartburg                  | 3.10m | 3.20m  | 10-06.00 8 Lost |
|                                 | 2.45 2.60 2.75 2.90 3.05 3.20 3.35 |                              |       |        |                 |
|                                 | PPP PPP PPP O O O XXX              |                              |       |        |                 |
| 3 Taylor Dooley                 |                                    | JR Loras                     | 3.00m | 3.05m  | 10-00.00 5      |
|                                 | 2.45 2.60 2.75 2.90 3.05 3.20      |                              |       |        |                 |
|                                 | PPP PPP O O XXO XXX                |                              |       |        |                 |
| 3 Audrey Lovan                  |                                    | SR Simpson (Iowa)            | 3.07m | 3.05m  | 10-00.00 5      |
|                                 | 2.45 2.60 2.75 2.90 3.05 3.20      |                              |       |        |                 |
|                                 | PPP O O O XXO XXX                  |                              |       |        |                 |
| 3 Christina Brown               |                                    | SR Coe                       | 3.07m | 3.05m  | 10-00.00 5      |
|                                 | 2.45 2.60 2.75 2.90 3.05 3.20      |                              |       |        |                 |
|                                 | PPP PPP PPP O XXO XXX              |                              |       |        |                 |
| 6 Alexis Alt                    |                                    | SO Loras                     | 3.05m | 2.90m  | 9-06.25 2.50    |
|                                 | 2.45 2.60 2.75 2.90 3.05           |                              |       |        |                 |
|                                 | PPP PPP O O XXX                    |                              |       |        |                 |
| 6 Jenna Heimark                 |                                    | SO Dubuque                   | 3.12m | 2.90m  | 9-06.25 2.50    |
|                                 | 2.45 2.60 2.75 2.90 3.05           |                              |       |        |                 |
|                                 | PPP PPP O O XXX                    |                              |       |        |                 |
| 8 Nicole Schneider              |                                    | FR Wartburg                  | 3.07m | 2.75m  | 9-00.25 0.50    |
|                                 | 2.45 2.60 2.75 2.90                |                              |       |        |                 |
|                                 | PPP PPP O XXX                      |                              |       |        |                 |



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|    |                     |                   |       |       |         |      |
|----|---------------------|-------------------|-------|-------|---------|------|
| 8  | Mikaela Lengwin     | SO Loras          | 2.55m | 2.75m | 9-00.25 | 0.50 |
|    | 2.45 2.60 2.75 2.90 |                   |       |       |         |      |
|    | 0 0 0 XXX           |                   |       |       |         |      |
| 10 | Brittany Burks      | JR Dubuque        | 2.77m | 2.75m | 9-00.25 |      |
|    | 2.45 2.60 2.75 2.90 |                   |       |       |         |      |
|    | XO XO 0 XXX         |                   |       |       |         |      |
| 11 | Noelle Drapeau      | FR Luther         | 2.55m | 2.75m | 9-00.25 |      |
|    | 2.45 2.60 2.75 2.90 |                   |       |       |         |      |
|    | 0 0 XXO XXX         |                   |       |       |         |      |
| 12 | Sam Larson          | SR Wartburg       | 2.77m | 2.60m | 8-06.25 |      |
|    | 2.45 2.60 2.75      |                   |       |       |         |      |
|    | XXO 0 XXX           |                   |       |       |         |      |
| -- | Sarah Sandage       | JR Simpson (Iowa) | 2.37m | SCR   |         |      |
|    | 2.45                |                   |       |       |         |      |
|    | XXX                 |                   |       |       |         |      |

**Women Long Jump**

|       |                    |                   |      |                   |                         |                   |
|-------|--------------------|-------------------|------|-------------------|-------------------------|-------------------|
| ===== |                    |                   |      |                   |                         |                   |
|       | All-Time: A        | 6.17m             | 2012 |                   | Skye Morrison, Wartburg |                   |
|       | Championship: C    | 6.17m             | 2012 |                   | Skye Morrison, Wartburg |                   |
|       | Facility: F        | 5.70m             | 2011 |                   | Skye Morrison, Wartburg |                   |
|       | Name               |                   | Year | School            | Seed                    | Finals            |
|       |                    |                   |      |                   |                         | Points            |
| ===== |                    |                   |      |                   |                         |                   |
| 1     | Jarika Eisentrager |                   | FR   | Wartburg          | 5.14m                   | 5.30m 17-04.75 10 |
|       | 4.79m 4.88m 5.12m  | 4.82m 4.96m 5.30m |      |                   |                         |                   |
| 2     | Elyse Acomanado    |                   | SO   | Loras             | 5.44m                   | 5.25m 17-02.75 8  |
|       | 5.10m 5.01m 5.18m  | 5.25m 5.21m FOUL  |      |                   |                         |                   |
| 3     | Lindsey Wisnieski  |                   | JR   | Nebraska Wesleyan | 5.34m                   | 5.12m 16-09.75 6  |
|       | 4.49m 4.74m 5.12m  | 5.07m 4.98m 4.96m |      |                   |                         |                   |
| 4     | Terrianna Black    |                   | SO   | Loras             | 5.30m                   | 5.07m 16-07.75 5  |
|       | 4.47m 4.85m 5.07m  | 4.97m 5.03m 4.79m |      |                   |                         |                   |
| 5     | Alyssa Skrove      |                   | SO   | Dubuque           | 5.37m                   | 5.07m 16-07.75 4  |
|       | 4.88m 5.01m 4.96m  | 4.74m 4.91m 5.07m |      |                   |                         |                   |
| 6     | Demetria Johnson   |                   | FR   | Dubuque           | 5.32m                   | 5.06m 16-07.25 3  |
|       | 5.02m 4.97m 5.06m  | 4.82m 4.87m 4.94m |      |                   |                         |                   |
| 7     | Jenna Willett      |                   | FR   | Central College   | 4.86m                   | 5.02m 16-05.75 2  |
|       | 4.89m 4.95m 5.02m  | 4.83m PASS PASS   |      |                   |                         |                   |
| 8     | Lilia Edwards      |                   | JR   | Wartburg          | 5.17m                   | 5.01m 16-05.25 1  |
|       | 5.01m 4.95m 4.90m  | 4.85m 4.93m FOUL  |      |                   |                         |                   |
| 9     | Courtney Kruthoff  |                   | FR   | Central College   | 5.17m                   | 5.00m 16-05.00    |
|       | FOUL 5.00m 4.59m   | 4.88m PASS PASS   |      |                   |                         |                   |
| 10    | Trenetta Blocker   |                   | SR   | Central College   | 4.81m                   | 4.88m 16-00.25    |
|       | 4.76m 4.65m 4.88m  |                   |      |                   |                         |                   |
| 11    | Allison Ostdiek    |                   | SR   | Nebraska Wesleyan | 5.37m                   | 4.83m 15-10.25    |
|       | 4.83m 4.74m 4.75m  |                   |      |                   |                         |                   |
| 12    | Aleyha Slatter     |                   | JR   | Dubuque           | 5.26m                   | 4.80m 15-09.00    |
|       | 4.66m 4.80m 4.67m  |                   |      |                   |                         |                   |
| 13    | Breanna Bollow     |                   | SR   | Nebraska Wesleyan | 4.87m                   | 4.71m 15-05.50    |
|       | 4.66m 4.71m FOUL   |                   |      |                   |                         |                   |
| 14    | Destine Butturff   |                   | SO   | Buena Vista       | 4.83m                   | 4.70m 15-05.00    |
|       | 4.70m FOUL 4.61m   |                   |      |                   |                         |                   |
| 15    | Carlee Guyett      |                   | FR   | Buena Vista       | 4.82m                   | 4.66m 15-03.50    |
|       | 4.65m 4.48m 4.66m  |                   |      |                   |                         |                   |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****....Women Long Jump**

|    |                   |                    |       |       |          |
|----|-------------------|--------------------|-------|-------|----------|
| 16 | Jaderial Staebler | FR Wartburg        | 4.86m | 4.66m | 15-03.50 |
|    | 4.66m 4.60m 4.55m |                    |       |       |          |
| 17 | Holly Forrester   | FR Central College | 4.94m | 4.61m | 15-01.50 |
|    | 4.44m 4.35m 4.61m |                    |       |       |          |
| 18 | Autumn Wolf       | FR Buena Vista     | 4.76m | 4.48m | 14-08.50 |
|    | 4.48m 4.16m 4.35m |                    |       |       |          |
| 19 | Lauren Steege     | FR Coe             | 4.90m | 4.40m | 14-05.25 |
|    | 4.34m 4.40m 4.38m |                    |       |       |          |
| 20 | Sarah Schoel      | SR Loras           | 4.90m | 4.31m | 14-01.75 |
|    | FOUL FOUL 4.31m   |                    |       |       |          |
| 21 | Rebecca Staples   | FR Coe             | 4.37m | 4.20m | 13-09.50 |
|    | 4.20m FOUL 3.84m  |                    |       |       |          |
| 22 | Martha Jesuit     | FR Coe             | 4.20m | 4.01m | 13-02.00 |
|    | 3.65m 3.81m 4.01m |                    |       |       |          |
| 23 | Maria Maguina     | FR Luther          | 3.81m | 3.48m | 11-05.00 |
|    | 3.48m FOUL 3.41m  |                    |       |       |          |

**Women Triple Jump**

|       |   |        |      |                   |                         |         |             |
|-------|---|--------|------|-------------------|-------------------------|---------|-------------|
| ===== |   |        |      |                   |                         |         |             |
|       | All-Time: A                               | 12.24m | 2012 |                   | Skye Morrison, Wartburg |         |             |
|       | Championship: C                           | 12.16m | 2012 |                   | Skye Morrison, Wartburg |         |             |
|       | Facility: F                               | 11.17m | 2016 |                   | Taryn Rolle, Drake      |         |             |
|       | Name                                      |        | Year | School            | Seed                    | Finals  | Points      |
| ===== |   |        |      |                   |                         |         |             |
| 1     | Hannah Manley                             |        | SR   | Nebraska Wesleyan | 11.37m                  | 11.51mF | 37-09.25 10 |
|       | FOUL 10.96m 10.84m 10.48m 9.52m 11.51m    |        |      |                   |                         |         |             |
| 2     | Jenna Heimark                             |        | SO   | Dubuque           | 11.23m                  | 11.22mF | 36-09.75 8  |
|       | 10.71m 10.81m 11.11m 10.55m 10.70m 11.22m |        |      |                   |                         |         |             |
| 3     | Lilia Edwards                             |        | JR   | Wartburg          | 10.55m                  | 10.87m  | 35-08.00 6  |
|       | FOUL FOUL 10.17m 10.37m 10.39m 10.87m     |        |      |                   |                         |         |             |
| 4     | Terrianna Black                           |        | SO   | Loras             | 10.42m                  | 10.84m  | 35-06.75 5  |
|       | 10.29m 10.49m 10.49m 10.69m 10.82m 10.84m |        |      |                   |                         |         |             |
| 5     | Jakeena McKay                             |        | JR   | Wartburg          | 10.72m                  | 10.83m  | 35-06.50 4  |
|       | FOUL 10.43m 10.68m 10.14m 10.25m 10.83m   |        |      |                   |                         |         |             |
| 6     | Holly Forrester                           |        | FR   | Central College   | 10.45m                  | 10.67m  | 35-00.25 3  |
|       | 9.60m 10.22m 10.60m 10.04m 10.45m 10.67m  |        |      |                   |                         |         |             |
| 7     | Jamie Knight                              |        | SR   | Nebraska Wesleyan | 10.59m                  | 10.58m  | 34-08.50 2  |
|       | 10.31m 10.52m 10.51m 10.58m FOUL FOUL     |        |      |                   |                         |         |             |
| 8     | Aleyha Slatter                            |        | JR   | Dubuque           | 10.90m                  | 10.22m  | 33-06.50 1  |
|       | 9.89m 10.22m 10.17m 9.78m 10.17m 10.09m   |        |      |                   |                         |         |             |
| 9     | Taylor Schaefer                           |        | JR   | Loras             | 10.41m                  | 10.12m  | 33-02.50    |
|       | 9.00m 9.90m 10.09m 10.12m 9.99m FOUL      |        |      |                   |                         |         |             |
| 10    | Haleigh Benson                            |        | FR   | Nebraska Wesleyan | 10.03m                  | 10.04m  | 32-11.25    |
|       | 9.42m 9.61m 10.04m                        |        |      |                   |                         |         |             |
| 11    | Janae Conley                              |        | SR   | Wartburg          | 10.07m                  | 9.88m   | 32-05.00    |
|       | 9.86m 9.88m 9.86m                         |        |      |                   |                         |         |             |
| 12    | Alyssa Skrove                             |        | SO   | Dubuque           | 11.11m                  | 9.86m   | 32-04.25    |
|       | 9.86m FOUL FOUL                           |        |      |                   |                         |         |             |
| 13    | Trenetta Blocker                          |        | SR   | Central College   | 10.10m                  | 9.49m   | 31-01.75    |
|       | FOUL 9.49m FOUL                           |        |      |                   |                         |         |             |
| 14    | Sarah Schoel                              |        | SR   | Loras             | 10.08m                  | 9.36m   | 30-08.50    |
|       | FOUL 9.36m FOUL                           |        |      |                   |                         |         |             |
| 15    | Jackie Krawczyk                           |        | SR   | Luther            | 9.44m                   | 9.31m   | 30-06.50    |
|       | 9.03m 9.05m 9.31m                         |        |      |                   |                         |         |             |

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|    |                   |                |        |       |          |
|----|-------------------|----------------|--------|-------|----------|
| 16 | Lauren Steege     | FR Coe         | 9.77m  | 9.19m | 30-02.00 |
|    | 9.00m 9.12m 9.19m |                |        |       |          |
| 17 | Michaela Mason    | SO Buena Vista | 9.26m  | 8.75m | 28-08.50 |
|    | 8.75m FOUL 8.55m  |                |        |       |          |
| 18 | Martha Jesuit     | FR Coe         | 9.10m  | 8.66m | 28-05.00 |
|    | 8.61m 8.51m 8.66m |                |        |       |          |
| -- | Elyse Acompanado  | SO Loras       | 10.72m | DNS   |          |

**Women Shot Put**

|       |                        |                      |                          |         |          |    |  |
|-------|------------------------|----------------------|--------------------------|---------|----------|----|--|
| ===== |                        |                      |                          |         |          |    |  |
|       | All-Time: A 15.01m     | 2016                 | Tanasha Atwater, Dubuque |         |          |    |  |
|       | Championship: C 14.67m | 2/24/2017            | Tanasha Atwater, Dubuque |         |          |    |  |
|       | Facility: F 13.64m     | 2015                 | Cassidy Smestad, Truman  |         |          |    |  |
|       | Name                   | Year School          | Seed                     | Finals  | Points   |    |  |
| ===== |                        |                      |                          |         |          |    |  |
| 1     | SteaVen Becker         | SR Nebraska Wesleyan | 13.98m                   | 14.60mF | 47-11.00 | 10 |  |
|       | 13.71m 14.60m FOUL     | FOUL 13.97m FOUL     |                          |         |          |    |  |
| 2     | Tanasha Atwater        | SR Dubuque           | 13.67m                   | 13.97mF | 45-10.00 | 8  |  |
|       | FOUL 13.85m 13.48m     | FOUL FOUL 13.97m     |                          |         |          |    |  |
| 3     | Dayton Dolincheck      | SO Nebraska Wesleyan | 13.70m                   | 13.53m  | 44-04.75 | 6  |  |
|       | 13.10m FOUL 13.25m     | 12.96m 13.43m 13.53m |                          |         |          |    |  |
| 4     | Sam Holtz              | SR Wartburg          | 13.38m                   | 13.46m  | 44-02.00 | 5  |  |
|       | 12.19m 13.46m 12.82m   | 12.93m FOUL 13.00m   |                          |         |          |    |  |
| 5     | Adahja Weathers        | SO Dubuque           | 13.13m                   | 13.06m  | 42-10.25 | 4  |  |
|       | 12.35m 13.06m FOUL     | 12.68m 12.80m FOUL   |                          |         |          |    |  |
| 6     | Jodi Koellner          | SR Nebraska Wesleyan | 13.17m                   | 12.86m  | 42-02.25 | 3  |  |
|       | FOUL 11.80m 12.23m     | FOUL 12.86m FOUL     |                          |         |          |    |  |
| 7     | Cristyn Eischeid       | SR Buena Vista       | 12.17m                   | 12.68m  | 41-07.25 | 2  |  |
|       | 11.34m 12.63m 12.68m   | 12.11m 12.65m FOUL   |                          |         |          |    |  |
| 8     | Anna Rehberg           | SO Wartburg          | 12.19m                   | 12.56m  | 41-02.50 | 1  |  |
|       | 12.31m FOUL 12.28m     | FOUL 12.41m 12.56m   |                          |         |          |    |  |
| 9     | Kayla Weatherly        | FR Loras             | 11.55m                   | 12.46m  | 40-10.50 |    |  |
|       | 11.65m 12.46m FOUL     | 11.14m 11.32m 11.68m |                          |         |          |    |  |
| 10    | Emily Burt             | SO Central College   | 11.87m                   | 12.00m  | 39-04.50 |    |  |
|       | 12.00m 11.59m 11.68m   |                      |                          |         |          |    |  |
| 11    | Tieranny Keahna        | SO Coe               | 12.18m                   | 11.98m  | 39-03.75 |    |  |
|       | 11.98m 11.71m FOUL     |                      |                          |         |          |    |  |
| 12    | Caroline Ferguson      | FR Dubuque           | 12.59m                   | 11.92m  | 39-01.25 |    |  |
|       | 11.92m 11.59m FOUL     |                      |                          |         |          |    |  |
| 13    | Megan Gronau           | FR Loras             | 11.52m                   | 11.35m  | 37-03.00 |    |  |
|       | 11.35m 10.78m 11.13m   |                      |                          |         |          |    |  |
| 14    | Esther Johnson         | JR Loras             | 11.93m                   | 10.80m  | 35-05.25 |    |  |
|       | 10.80m 10.51m FOUL     |                      |                          |         |          |    |  |
| 15    | Emma Jacobs            | FR Wartburg          | 11.43m                   | 10.71m  | 35-01.75 |    |  |
|       | 10.65m FOUL 10.71m     |                      |                          |         |          |    |  |
| 16    | Taylor Overman         | FR Coe               | 11.16m                   | 10.71m  | 35-01.75 |    |  |
|       | 10.71m 10.11m FOUL     |                      |                          |         |          |    |  |
| 17    | Anneliese Barton       | FR Luther            | 10.94m                   | 10.16m  | 33-04.00 |    |  |
|       | 9.91m 10.16m 9.75m     |                      |                          |         |          |    |  |
| 18    | Hannah Ward            | SR Luther            | 10.18m                   | 9.55m   | 31-04.00 |    |  |
|       | 8.86m 9.55m FOUL       |                      |                          |         |          |    |  |
| 19    | Lexi Engen             | FR Central College   | 9.94m                    | 9.36m   | 30-08.50 |    |  |
|       | 9.36m 8.94m FOUL       |                      |                          |         |          |    |  |

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|                     |                    |        |       |          |
|---------------------|--------------------|--------|-------|----------|
| 20 Jenna Iverson    | SR Luther          | 9.25m  | 9.24m | 30-03.75 |
| 8.93m 9.19m 9.24m   |                    |        |       |          |
| 21 Jackie Cullinan  | SR Simpson (Iowa)  | 9.28m  | 8.88m | 29-01.75 |
| 8.88m FOUL 8.81m    |                    |        |       |          |
| 22 Abby Parker      | FR Simpson (Iowa)  | 9.07m  | 8.28m | 27-02.00 |
| 8.20m 8.28m 7.58m   |                    |        |       |          |
| 23 Lauren Murray    | FR Coe             | 8.43m  | 7.73m | 25-04.50 |
| 7.40m 7.73m FOUL    |                    |        |       |          |
| 24 Madison Anderson | SO Simpson (Iowa)  | 7.77m  | 7.50m | 24-07.25 |
| FOUL 7.50m 7.26m    |                    |        |       |          |
| -- Gillian Streit   | FR Central College | 11.24m | FOUL  |          |
| FOUL FOUL FOUL      |                    |        |       |          |

**Women Weight Throw**

|   |        |                   |                          |        |          |        |  |
|---|--------|-------------------|--------------------------|--------|----------|--------|--|
| =====                                     |        |                   |                          |        |          |        |  |
| All-Time: A                               | 18.71m | 2/25/2017         | Tanasha Atwater, Dubuque |        |          |        |  |
| Championship: C                           | 18.71m | 2/25/2017         | Tanasha Atwater, Dubuque |        |          |        |  |
| Facility: F                               | 17.13m | 2015              | Jena Krebs, Grand View   |        |          |        |  |
| Name                                      | Year   | School            | Seed                     | Finals |          | Points |  |
| =====                                     |        |                   |                          |        |          |        |  |
| 1 Kelsey Betthausen                       | JR     | Dubuque           | 16.53m                   | 16.70m | 54-09.50 | 10     |  |
| 16.70m 16.51m 16.43m 16.53m 16.52m FOUL   |        |                   |                          |        |          |        |  |
| 2 Rebecca Burmahl                         | JR     | Dubuque           | 16.39m                   | 16.47m | 54-00.50 | 8      |  |
| FOUL 15.31m 16.47m FOUL FOUL 16.23m       |        |                   |                          |        |          |        |  |
| 3 Tieranny Keahna                         | SO     | Coe               | 15.87m                   | 16.08m | 52-09.25 | 6      |  |
| 15.42m 15.51m 16.08m 15.27m 15.81m 15.24m |        |                   |                          |        |          |        |  |
| 4 Shelby Lane                             | JR     | Dubuque           | 15.30m                   | 15.74m | 51-07.75 | 5      |  |
| 15.31m 15.12m 15.74m 15.39m 15.59m 15.18m |        |                   |                          |        |          |        |  |
| 5 Adahja Weathers                         | SO     | Dubuque           | 15.10m                   | 15.62m | 51-03.00 | 4      |  |
| 15.62m 15.48m FOUL FOUL 15.34m 15.55m     |        |                   |                          |        |          |        |  |
| 6 Maddie Fitzgibbons                      | JR     | Nebraska Wesleyan | 14.50m                   | 15.41m | 50-06.75 | 3      |  |
| 13.02m FOUL 15.41m 14.77m 15.38m 15.04m   |        |                   |                          |        |          |        |  |
| 7 Sam Holtz                               | SR     | Wartburg          | 17.13m                   | 15.40m | 50-06.25 | 2      |  |
| 15.40m 15.35m FOUL FOUL FOUL FOUL         |        |                   |                          |        |          |        |  |
| 8 Esther Johnson                          | JR     | Loras             | 15.52m                   | 15.06m | 49-05.00 | 1      |  |
| 14.90m 15.06m FOUL FOUL FOUL 14.41m       |        |                   |                          |        |          |        |  |
| 9 Alyssa Corkery                          | FR     | Loras             | 14.17m                   | 14.73m | 48-04.00 |        |  |
| 14.40m 14.73m 13.14m 13.77m 13.97m 14.38m |        |                   |                          |        |          |        |  |
| 10 Kennedy Morris                         | FR     | Central College   | 14.69m                   | 14.64m | 48-00.50 |        |  |
| FOUL 14.64m 14.44m                        |        |                   |                          |        |          |        |  |
| 11 Anna Rehberg                           | SO     | Wartburg          | 15.08m                   | 14.61m | 47-11.25 |        |  |
| 14.61m FOUL 13.93m                        |        |                   |                          |        |          |        |  |
| 12 Lauren Egnarski                        | SR     | Dubuque           | 15.58m                   | 14.41m | 47-03.50 |        |  |
| 14.40m 14.41m FOUL                        |        |                   |                          |        |          |        |  |
| 13 Cristyn Eischeid                       | SR     | Buena Vista       | 14.34m                   | 14.31m | 46-11.50 |        |  |
| 13.97m FOUL 14.31m                        |        |                   |                          |        |          |        |  |
| 14 Emily Burt                             | SO     | Central College   | 13.91m                   | 14.30m | 46-11.00 |        |  |
| 13.96m 13.43m 14.30m                      |        |                   |                          |        |          |        |  |
| 15 Dani Johnson                           | FR     | Wartburg          | 13.66m                   | 13.94m | 45-09.00 |        |  |
| 13.24m 13.84m 13.94m                      |        |                   |                          |        |          |        |  |
| 16 Taylor Overman                         | FR     | Coe               | 14.44m                   | 13.67m | 44-10.25 |        |  |
| 13.26m 13.67m FOUL                        |        |                   |                          |        |          |        |  |
| 17 Savannah Nesvik                        | JR     | Loras             | 14.94m                   | 13.65m | 44-09.50 |        |  |
| 13.12m 12.90m 13.65m                      |        |                   |                          |        |          |        |  |

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|                      |                      |        |        |          |
|----------------------|----------------------|--------|--------|----------|
| 18 Anna Hedges       | JR Loras             | 14.23m | 13.22m | 43-04.50 |
| 13.22m FOUL FOUL     |                      |        |        |          |
| 19 Linnaea Konfrst   | SO Nebraska Wesleyan | 13.46m | 12.78m | 41-11.25 |
| 12.64m 12.78m 12.26m |                      |        |        |          |
| 20 Kassandra Bain    | SO Coe               | 11.09m | 12.64m | 41-05.75 |
| 11.98m 12.43m 12.64m |                      |        |        |          |
| 21 Jackie Cullinan   | SR Simpson (Iowa)    | 11.13m | 11.90m | 39-00.50 |
| 11.00m 9.36m 11.90m  |                      |        |        |          |
| 22 Anneliese Barton  | FR Luther            | 11.13m | 11.02m | 36-02.00 |
| 9.55m 10.23m 11.02m  |                      |        |        |          |
| 23 Lauren Murray     | FR Coe               | 10.12m | 10.59m | 34-09.00 |
| 9.61m 9.52m 10.59m   |                      |        |        |          |
| 24 Lillian Smithson  | SO Central College   | 12.94m | 10.33m | 33-10.75 |
| FOUL FOUL 10.33m     |                      |        |        |          |
| 25 Abby Parker       | FR Simpson (Iowa)    | 9.87m  | 9.74m  | 31-11.50 |
| 9.74m 8.88m 9.64m    |                      |        |        |          |
| 26 Madison Anderson  | SO Simpson (Iowa)    | 8.84m  | 9.62m  | 31-06.75 |
| 9.62m FOUL 8.94m     |                      |        |        |          |
| 27 Mariah Balajadia  | FR Luther            | 11.59m | 8.61m  | 28-03.00 |
| 8.61m FOUL FOUL      |                      |        |        |          |
| 28 Jenna Iverson     | SR Luther            | 8.46m  | 8.46m  | 27-09.25 |
| FOUL FOUL 8.46m      |                      |        |        |          |
| -- Jodi Koellner     | SR Nebraska Wesleyan | 16.23m | FOUL   |          |
| FOUL FOUL FOUL       |                      |        |        |          |

**Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**

|                     |                   |                   |                              |        |
|---------------------|-------------------|-------------------|------------------------------|--------|
| =====               |                   |                   |                              |        |
| Championship: C     | 2:19.01           | 2/25/2011         | Brittany Melloy, Wartburg    |        |
| Facility: F         | 2:19.01           | 2011              | Brittany Melloy, St. Ambrose |        |
| Name                | Year              | School            | Finals                       | Points |
| =====               |                   |                   |                              |        |
| 1 Marta Springer    | JR                | Luther            | 2:25.39                      | 752    |
| 33.429 (33.429)     | 1:10.011 (36.582) | 1:49.846 (39.835) | 2:25.387 (35.541)            |        |
| 2 Mary Gray         | FR                | Central College   | 2:26.29                      | 740    |
| 33.559 (33.559)     | 1:10.387 (36.828) | 1:49.569 (39.182) | 2:26.287 (36.718)            |        |
| 3 Kiki Pingel       | FR                | Central College   | 2:26.72                      | 735    |
| 33.713 (33.713)     | 1:10.587 (36.874) | 1:49.181 (38.594) | 2:26.715 (37.534)            |        |
| 4 Abby DeBaillie    | SO                | Wartburg          | 2:30.18                      | 691    |
| 34.389 (34.389)     | 1:11.407 (37.018) | 1:50.807 (39.400) | 2:30.173 (39.366)            |        |
| 5 Merissa Larson    | JR                | Central College   | 2:31.05                      | 680    |
| 34.305 (34.305)     | 1:11.255 (36.950) | 1:50.555 (39.300) | 2:31.049 (40.494)            |        |
| 6 Taylor Schaefers  | JR                | Loras             | 2:35.27                      | 628    |
| 34.003 (34.003)     | 1:10.919 (36.916) | 1:51.095 (40.176) | 2:35.264 (44.169)            |        |
| 7 Morgan Sammons    | SR                | Luther            | 2:37.26                      | 605    |
| 36.130 (36.130)     | 1:15.467 (39.337) | 1:55.341 (39.874) | 2:37.253 (41.912)            |        |
| 8 Jessica Junker    | FR                | Luther            | 2:38.74                      | 587    |
| 35.694 (35.694)     | 1:15.208 (39.514) | 1:56.116 (40.908) | 2:38.731 (42.615)            |        |
| 9 Courtney Kruthoff | FR                | Central College   | 2:41.15                      | 560    |
| 34.575 (34.575)     | 1:12.685 (38.110) | 1:56.624 (43.939) | 2:41.145 (44.521)            |        |
| 10 Marissa Nolan    | SO                | Wartburg          | 2:47.23                      | 493    |
| 35.754 (35.754)     | 1:15.517 (39.763) | 1:59.643 (44.126) | 2:47.223 (47.580)            |        |
| 11 Addy Vinton      | FR                | Nebraska Wesleyan | 2:49.33                      | 471    |
| 36.501 (36.501)     | 1:17.361 (40.860) | 2:03.834 (46.473) | 2:49.328 (45.494)            |        |

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Hosted by: Central College

Kuyper Athletic Complex

**Results****....Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**

|                      |                   |                   |                   |
|----------------------|-------------------|-------------------|-------------------|
| 12 Anna Achter       | SO Wartburg       | 2:53.05           | 432               |
| 36.471 (36.471)      | 1:17.750 (41.279) | 2:04.335 (46.585) | 2:53.049 (48.714) |
| 13 Bobbi Jo Helgemoe | SR Dubuque        | 2:59.46           | 370               |
| 38.445 (38.445)      | 1:22.890 (44.445) | 2:10.618 (47.728) | 2:59.459 (48.841) |

**Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon**

|                      |      |                   |                           |    |        |  |
|----------------------|------|-------------------|---------------------------|----|--------|--|
| =====                |      |                   |                           |    |        |  |
| Championship: C      | 8.98 | 2/24/2012         | Camesha Goods, Wartburg   |    |        |  |
| Facility: F          | 9.99 | 2016              | Sara Strauel, St. Ambrose |    |        |  |
| Name                 | Year | School            | Finals                    | H# | Points |  |
| =====                |      |                   |                           |    |        |  |
| 1 Mary Gray          | FR   | Central College   | 9.40F                     | 4  | 828    |  |
| 2 Kiki Pingel        | FR   | Central College   | 9.60F                     | 4  | 789    |  |
| 3 Anna Achter        | SO   | Wartburg          | 9.88F                     | 4  | 735    |  |
| 4 Abby DeBaillie     | SO   | Wartburg          | 9.95F                     | 2  | 721    |  |
| 5 Merissa Larson     | JR   | Central College   | 10.07                     | 3  | 699    |  |
| 6 Taylor Schaefer    | JR   | Loras             | 10.09                     | 3  | 695    |  |
| 7 Marta Springer     | JR   | Luther            | 10.26                     | 3  | 664    |  |
| 8 Morgan Sammons     | SR   | Luther            | 10.30                     | 2  | 657    |  |
| 9 Jessica Junker     | FR   | Luther            | 10.34                     | 2  | 650    |  |
| 10 Addy Vinton       | FR   | Nebraska Wesleyan | 10.40                     | 4  | 639    |  |
| 11 Marissa Nolan     | SO   | Wartburg          | 10.52                     | 1  | 618    |  |
| 12 Courtney Kruthoff | FR   | Central College   | 10.55                     | 1  | 613    |  |
| 13 Bobbi Jo Helgemoe | SR   | Dubuque           | 10.71                     | 1  | 585    |  |

**Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**

|                                    |       |                   |                            |         |        |  |
|------------------------------------|-------|-------------------|----------------------------|---------|--------|--|
| =====                              |       |                   |                            |         |        |  |
| Championship: C                    | 1.69m | 2/27/2015         | Leah Broderick, Luther     |         |        |  |
| Facility: F                        | 1.67m | 2015              | Chloe Wichmann, Unattached |         |        |  |
| Name                               | Year  | School            | Finals                     |         | Points |  |
| =====                              |       |                   |                            |         |        |  |
| 1 Courtney Kruthoff                | FR    | Central College   | 1.63m                      | 5-04.25 | 771    |  |
| 1.48 1.51 1.54 1.57 1.60 1.63 1.66 |       |                   |                            |         |        |  |
| 0 0 0 0 0 0 XXX                    |       |                   |                            |         |        |  |
| 2 Addy Vinton                      | FR    | Nebraska Wesleyan | 1.54m                      | 5-00.50 | 666    |  |
| 1.42 1.45 1.48 1.51 1.54 1.57      |       |                   |                            |         |        |  |
| 0 0 0 XO XXO XXX                   |       |                   |                            |         |        |  |
| 3 Anna Achter                      | SO    | Wartburg          | 1.45m                      | 4-09.00 | 566    |  |
| 1.30 1.33 1.36 1.39 1.42 1.45 1.48 |       |                   |                            |         |        |  |
| 0 0 0 0 0 0 XXX                    |       |                   |                            |         |        |  |
| 4 Marta Springer                   | JR    | Luther            | 1.42m                      | 4-07.75 | 534    |  |
| 1.30 1.33 1.36 1.39 1.42 1.45      |       |                   |                            |         |        |  |
| 0 0 0 0 0 XXX                      |       |                   |                            |         |        |  |
| 4 Taylor Schaefer                  | JR    | Loras             | 1.42m                      | 4-07.75 | 534    |  |
| 1.30 1.33 1.36 1.39 1.42 1.45      |       |                   |                            |         |        |  |
| 0 0 XXO XXO XXO XXX                |       |                   |                            |         |        |  |
| 4 Kiki Pingel                      | FR    | Central College   | 1.42m                      | 4-07.75 | 534    |  |
| 1.36 1.39 1.42 1.45                |       |                   |                            |         |        |  |
| 0 0 XXO XXX                        |       |                   |                            |         |        |  |
| 4 Abby DeBaillie                   | SO    | Wartburg          | 1.42m                      | 4-07.75 | 534    |  |
| 1.30 1.33 1.36 1.39 1.42 1.45      |       |                   |                            |         |        |  |
| 0 0 0 XO 0 XXX                     |       |                   |                            |         |        |  |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018**

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Kuyper Athletic Complex

**Results****....Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**

|    |                               |                    |       |         |     |
|----|-------------------------------|--------------------|-------|---------|-----|
| 8  | Mary Gray                     | FR Central College | 1.39m | 4-06.75 | 502 |
|    | 1.30 1.33 1.36 1.39 1.42      |                    |       |         |     |
|    | 0 0 0 0 XXX                   |                    |       |         |     |
| 9  | Morgan Sammons                | SR Luther          | 1.36m | 4-05.50 | 470 |
|    | 1.24 1.27 1.30 1.33 1.36 1.39 |                    |       |         |     |
|    | 0 0 XO 0 0 XXX                |                    |       |         |     |
| 9  | Jessica Junker                | FR Luther          | 1.36m | 4-05.50 | 470 |
|    | 1.24 1.27 1.30 1.33 1.36 1.39 |                    |       |         |     |
|    | XO 0 XO 0 XO XXX              |                    |       |         |     |
| 11 | Bobbi Jo Helgemoe             | SR Dubuque         | 1.33m | 4-04.25 | 439 |
|    | 1.24 1.27 1.30 1.33 1.36      |                    |       |         |     |
|    | 0 PPP XXO XXO XXX             |                    |       |         |     |
| 11 | Merissa Larson                | JR Central College | 1.33m | 4-04.25 | 439 |
|    | 1.27 1.30 1.33 1.36           |                    |       |         |     |
|    | 0 0 0 XXX                     |                    |       |         |     |
| -- | Marissa Nolan                 | SO Wartburg        |       | NH      |     |
|    | 1.21                          |                    |       |         |     |
|    | XXX                           |                    |       |         |     |

**Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**

| =====         |                   |                      |           |                |            |
|---------------|-------------------|----------------------|-----------|----------------|------------|
| Championship: | C                 | 5.47m                | 2/24/2012 | Camesha Goods, | Wartburg   |
| Facility:     | F                 | 5.33m                | 2015      | Chloe Wichman, | Unattached |
| Name          | Year              | School               | Finals    |                | Points     |
| =====         |                   |                      |           |                |            |
| 1             | Courtney Kruthoff | FR Central College   | 4.95m     | 16-03.00       | 546        |
|               | FOUL 4.84m 4.95m  |                      |           |                |            |
| 2             | Taylor Schaefer   | JR Loras             | 4.93m     | 16-02.25       | 540        |
|               | 4.93m 4.74m 4.65m |                      |           |                |            |
| 3             | Mary Gray         | FR Central College   | 4.84m     | 15-10.50       | 516        |
|               | 4.40m 4.73m 4.84m |                      |           |                |            |
| 4             | Anna Achter       | SO Wartburg          | 4.81m     | 15-09.50       | 508        |
|               | 4.67m 4.52m 4.81m |                      |           |                |            |
| 5             | Kiki Pingel       | FR Central College   | 4.73m     | 15-06.25       | 487        |
|               | 4.47m 4.59m 4.73m |                      |           |                |            |
| 6             | Morgan Sammons    | SR Luther            | 4.58m     | 15-00.50       | 448        |
|               | 4.25m 4.43m 4.58m |                      |           |                |            |
| 7             | Marta Springer    | JR Luther            | 4.56m     | 14-11.50       | 443        |
|               | 4.08m 4.52m 4.56m |                      |           |                |            |
| 8             | Marissa Nolan     | SO Wartburg          | 4.51m     | 14-09.75       | 431        |
|               | 4.51m 4.10m 4.47m |                      |           |                |            |
| 9             | Merissa Larson    | JR Central College   | 4.50m     | 14-09.25       | 428        |
|               | FOUL 4.41m 4.50m  |                      |           |                |            |
| 10            | Addy Vinton       | FR Nebraska Wesleyan | 4.45m     | 14-07.25       | 416        |
|               | 4.09m 4.45m 4.29m |                      |           |                |            |
| 11            | Abby DeBaillie    | SO Wartburg          | 4.43m     | 14-06.50       | 411        |
|               | 4.43m 4.41m 4.37m |                      |           |                |            |
| 12            | Bobbi Jo Helgemoe | SR Dubuque           | 4.09m     | 13-05.00       | 329        |
|               | 4.03m 4.09m 4.06m |                      |           |                |            |
| 13            | Jessica Junker    | FR Luther            | 4.05m     | 13-03.50       | 319        |
|               | 4.05m 3.95m 3.82m |                      |           |                |            |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

| =====                  |       |                   |                                 |          |        |
|------------------------|-------|-------------------|---------------------------------|----------|--------|
| Championship: C 12.05m |       | 2/26/2010         | Carissa Bentz, Central          |          |        |
| Facility: F 11.35m     |       | 2016              | Suzanne Flexsenhar, Mount Mercy |          |        |
| Name                   | Year  | School            | Finals                          |          | Points |
| =====                  |       |                   |                                 |          |        |
| 1 Bobbi Jo Helgemoe    | SR    | Dubuque           | 10.38m                          | 34-00.75 | 554    |
|                        | 9.67m | 10.24m            | 10.38m                          |          |        |
| 2 Abby DeBaillie       | SO    | Wartburg          | 10.28m                          | 33-08.75 | 548    |
|                        | 9.64m | 10.07m            | 10.28m                          |          |        |
| 3 Mary Gray            | FR    | Central College   | 9.66m                           | 31-08.50 | 507    |
|                        | 9.09m | 9.66m             | 9.24m                           |          |        |
| 4 Marta Springer       | JR    | Luther            | 9.57m                           | 31-04.75 | 501    |
|                        | 9.25m | 9.30m             | 9.57m                           |          |        |
| 5 Addy Vinton          | FR    | Nebraska Wesleyan | 8.93m                           | 29-03.75 | 460    |
|                        | 8.91m | 8.93m             | 8.77m                           |          |        |
| 6 Kiki Pingel          | FR    | Central College   | 8.68m                           | 28-05.75 | 443    |
|                        | 8.68m | 8.51m             | 8.58m                           |          |        |
| 7 Courtney Kruthoff    | FR    | Central College   | 8.52m                           | 27-11.50 | 433    |
|                        | 8.52m | FOUL              | 8.13m                           |          |        |
| 8 Morgan Sammons       | SR    | Luther            | 7.76m                           | 25-05.50 | 384    |
|                        | 7.63m | 7.25m             | 7.76m                           |          |        |
| 9 Jessica Junker       | FR    | Luther            | 7.74m                           | 25-04.75 | 383    |
|                        | 7.29m | 7.54m             | 7.74m                           |          |        |
| 10 Taylor Schaefer     | JR    | Loras             | 7.69m                           | 25-02.75 | 379    |
|                        | 7.26m | 7.69m             | 6.74m                           |          |        |
| 10 Marissa Nolan       | SO    | Wartburg          | 7.69m                           | 25-02.75 | 379    |
|                        | 7.04m | 6.52m             | 7.69m                           |          |        |
| 12 Merissa Larson      | JR    | Central College   | 7.35m                           | 24-01.50 | 357    |
|                        | 7.35m | 7.32m             | 7.11m                           |          |        |
| 13 Anna Achter         | SO    | Wartburg          | 7.09m                           | 23-03.25 | 341    |
|                        | 6.62m | 6.28m             | 7.09m                           |          |        |

**Women Indoor Pentathlon**

| =====                |      |                   |                           |        |        |
|----------------------|------|-------------------|---------------------------|--------|--------|
| All-Time: A 3505     |      | 2/27/2015         | Leah Broderick, Luther    |        |        |
| Championship: C 3505 |      | 2/27/2015         | Leah Broderick, Luther    |        |        |
| Facility: F 3497     |      | 2015              | Chloe Wichman, Unattached |        |        |
| Name                 | Year | School            | Seed                      | Finals | Points |
| =====                |      |                   |                           |        |        |
| 1 Mary Gray          | FR   | Central College   | 3074                      | 3093   | 10     |
| 2 Kiki Pingel        | FR   | Central College   | 2861                      | 2988   | 8      |
| 3 Courtney Kruthoff  | FR   | Central College   | 2809                      | 2923   | 6      |
| 4 Abby DeBaillie     | SO   | Wartburg          | 2713                      | 2905   | 5      |
| 5 Marta Springer     | JR   | Luther            |                           | 2894   | 4      |
| 6 Taylor Schaefer    | JR   | Loras             |                           | 2776   | 3      |
| 7 Addy Vinton        | FR   | Nebraska Wesleyan |                           | 2652   | 2      |
| 8 Merissa Larson     | JR   | Central College   | 2581                      | 2603   | 1      |
| 9 Anna Achter        | SO   | Wartburg          | 2380                      | 2582   |        |
| 10 Morgan Sammons    | SR   | Luther            | 2308                      | 2564   |        |
| 11 Jessica Junker    | FR   | Luther            | 2340                      | 2409   |        |
| 12 Bobbi Jo Helgemoe | SR   | Dubuque           | 2246                      | 2277   |        |
| 13 Marissa Nolan     | SO   | Wartburg          | 2044                      | 1921   |        |



**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****Men 60 Meter Dash****8 Advance: Top 1 Each Heat plus Next 4 Best Times**

|                 |      |           |                              |      |            |
|-----------------|------|-----------|------------------------------|------|------------|
| All-Time: A     | 6.89 | 2015      | Ernest Winters, Dubuque      |      |            |
| Championship: C | 6.89 | 2/28/2015 | Ernest Winters, Dubuque      |      |            |
| Facility: F     | 6.92 | 2017      | Montae Spiller, Unattached   |      |            |
| Facility: F     | 6.92 | 2016      | Demetrius Shelton, Drake     |      |            |
| Facility: F     | 6.92 | 2017      | Joshua Raphael, Indian Hills |      |            |
| Name            |      | Year      | School                       | Seed | Prelims H# |

**Preliminaries**

|    |                         |    |                   |      |       |   |                 |
|----|-------------------------|----|-------------------|------|-------|---|-----------------|
| 1  | Mamer Mamer             | JR | Nebraska Wesleyan | 6.99 | 6.97Q | 2 |                 |
| 2  | Dylan Kalinay           | SR | Simpson (Iowa)    | 6.96 | 6.98Q | 4 | 6.975           |
| 3  | Denison Harrington      | SO | Wartburg          | 6.96 | 6.98Q | 3 | 6.976           |
| 4  | Brennan Dostal          | SR | Buena Vista       | 7.01 | 7.03Q | 1 |                 |
| 5  | Malik Morris            | SR | Nebraska Wesleyan | 7.08 | 7.05q | 2 |                 |
| 6  | Clayton Gray            | SR | Dubuque           | 7.10 | 7.08q | 3 | 7.077           |
| 6  | Will Daniels            | SO | Central College   | 7.06 | 7.08q | 1 | 7.077           |
| 8  | Isaiah Ellis            | JR | Dubuque           | 7.20 | 7.09q | 2 | 7.086 - Won TB  |
| 9  | Maurice Cushion-Lewis   | SO | Dubuque           | 7.11 | 7.09  | 4 | 7.086 - Lost TB |
| 10 | Travis Tupper           | JR | Simpson (Iowa)    | 7.12 | 7.09  | 4 | 7.090           |
| 11 | Mamoon Koko             | SO | Wartburg          | 7.23 | 7.10  | 2 |                 |
| 12 | Chris Neeld             | FR | Central College   | 7.21 | 7.17  | 1 |                 |
| 13 | Tyson Morrison          | SO | Loras             | 7.16 | 7.18  | 3 |                 |
| 14 | Hunter Howe             | JR | Central College   | 7.31 | 7.20  | 1 |                 |
| 15 | Jacob Beaton            | SO | Loras             | 7.26 | 7.22  | 4 | 7.217           |
| 16 | Christian Kwambamba     | FR | Nebraska Wesleyan | 7.31 | 7.22  | 1 | 7.218           |
| 17 | Chuck Riley             | JR | Wartburg          | 7.21 | 7.23  | 1 |                 |
| 18 | Caleb Rigdon            | FR | Coe               | 7.27 | 7.25  | 3 |                 |
| 19 | Peter Kilburg           | FR | Loras             | 7.32 | 7.28  | 2 |                 |
| 20 | Davey Jergens           | SR | Simpson (Iowa)    | 7.25 | 7.29  | 4 |                 |
| 21 | Nathan Suell            | JR | Coe               | 7.28 | 7.30  | 2 |                 |
| 22 | Emmitt Wheatley         | JR | Simpson (Iowa)    | 7.24 | 7.32  | 3 |                 |
| 23 | Maxwell Tapp            | JR | Luther            | 7.38 | 7.38  | 4 |                 |
| 24 | Nana Anim Asante-Apeatu | SO | Luther            | 7.33 | 7.63  | 3 |                 |
| 25 | Spencer Willett         | FR | Coe               | 7.70 | 7.69  | 4 |                 |

**Men 60 Meter Dash**

|                 |      |           |                              |         |               |
|-----------------|------|-----------|------------------------------|---------|---------------|
| All-Time: A     | 6.89 | 2015      | Ernest Winters, Dubuque      |         |               |
| Championship: C | 6.89 | 2/28/2015 | Ernest Winters, Dubuque      |         |               |
| Facility: F     | 6.92 | 2017      | Montae Spiller, Unattached   |         |               |
| Facility: F     | 6.92 | 2016      | Demetrius Shelton, Drake     |         |               |
| Facility: F     | 6.92 | 2017      | Joshua Raphael, Indian Hills |         |               |
| Name            |      | Year      | School                       | Prelims | Finals Points |

**Finals**

|   |                    |    |                   |      |      |    |       |
|---|--------------------|----|-------------------|------|------|----|-------|
| 1 | Mamer Mamer        | JR | Nebraska Wesleyan | 6.97 | 6.96 | 10 |       |
| 2 | Dylan Kalinay      | SR | Simpson (Iowa)    | 6.98 | 7.00 | 8  |       |
| 3 | Will Daniels       | SO | Central College   | 7.08 | 7.03 | 6  | 7.027 |
| 4 | Malik Morris       | SR | Nebraska Wesleyan | 7.05 | 7.03 | 5  | 7.030 |
| 5 | Brennan Dostal     | SR | Buena Vista       | 7.03 | 7.08 | 4  |       |
| 6 | Denison Harrington | SO | Wartburg          | 6.98 | 7.16 | 3  |       |
| 7 | Isaiah Ellis       | JR | Dubuque           | 7.09 | 7.17 | 2  |       |
| 8 | Clayton Gray       | SR | Dubuque           | 7.08 | 7.20 | 1  |       |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****Men 200 Meter Dash**

| All-Time: A 21.82 2009     |      | Eric Bertelsen, Buena Vista |       |        |    |        |  |
|----------------------------|------|-----------------------------|-------|--------|----|--------|--|
| Championship: C 21.82 2009 |      | Eric Bertelsen, Buena Vista |       |        |    |        |  |
| Facility: F 22.57 2016     |      | Keonte White, Unattached    |       |        |    |        |  |
| Name                       | Year | School                      | Seed  | Finals | H# | Points |  |
| 1 Dylan Kalinay            | SR   | Simpson (Iowa)              | 23.88 | 22.51F | 1  | 10     |  |
| 2 Colfay Pointer           | SO   | Dubuque                     | 22.97 | 22.62  | 6  | 8      |  |
| 3 Mamer Mamer              | JR   | Nebraska Wesleyan           | 22.44 | 22.63  | 8  | 6      |  |
| 4 Brennan Dostal           | SR   | Buena Vista                 | 22.51 | 22.70  | 7  | 5      |  |
| 5 Dallas Wright            | FR   | Wartburg                    | 22.65 | 22.74  | 7  | 4      |  |
| 6 Jeremiah Steed           | FR   | Dubuque                     | 22.58 | 22.90  | 7  | 3      |  |
| 7 Michael Merical          | SO   | Nebraska Wesleyan           | 22.73 | 22.99  | 6  | 2      |  |
| 8 Emmitt Wheatley          | JR   | Simpson (Iowa)              | 23.21 | 23.17  | 4  | 1      |  |
| 9 Patrick Mikel            | SO   | Loras                       | 22.45 | 23.20  | 8  |        |  |
| 10 Joe Duehr               | SO   | Wartburg                    | 23.05 | 23.25  | 5  |        |  |
| 11 Hunter Howe             | JR   | Central College             | 22.91 | 23.30  | 6  |        |  |
| 12 Travis Tupper           | JR   | Simpson (Iowa)              | 23.01 | 23.32  | 5  |        |  |
| 13 Isaiah Ellis            | JR   | Dubuque                     | 23.51 | 23.35  | 4  |        |  |
| 14 Troy Vittetoe           | JR   | Simpson (Iowa)              | 23.52 | 23.46  | 3  |        |  |
| 15 Caleb Rigdon            | FR   | Coe                         | 23.87 | 23.53  | 2  |        |  |
| 16 Nathan Suell            | JR   | Coe                         | 23.57 | 23.56  | 3  |        |  |
| 17 Chris Neeld             | FR   | Central College             | 23.61 | 23.60  | 3  |        |  |
| 18 Austin Gray             | FR   | Nebraska Wesleyan           | 23.87 | 23.74  | 2  |        |  |
| 19 Noah Smith              | SO   | Loras                       | 23.42 | 23.77  | 4  |        |  |
| 20 Mason Cross             | FR   | Central College             | 23.73 | 23.79  | 2  |        |  |
| 21 Maxwell Tapp            | JR   | Luther                      | 24.16 | 24.19  | 1  |        |  |
| 22 Nate Phillips           | SO   | Coe                         | 24.24 | 24.49  | 1  |        |  |
| 23 Kenyon Nunez            | FR   | Buena Vista                 | 24.45 | 25.53  | 1  |        |  |
| -- Denison Harrington      | SO   | Wartburg                    | 22.51 | DNS    | 8  |        |  |
| -- Tyson Morrison          | SO   | Loras                       | 23.10 | DNS    | 5  |        |  |

**Men 400 Meter Dash**

| All-Time: A 48.45 2006     |      | Josh Hauser, Warburg   |                 |        |    |        |  |
|----------------------------|------|------------------------|-----------------|--------|----|--------|--|
| Championship: C 48.78 2008 |      | Guy Dierkx, Central    |                 |        |    |        |  |
| Facility: F 50.47 2015     |      | Dominic Kacich, Truman |                 |        |    |        |  |
| Name                       | Year | School                 | Seed            | Finals | H# | Points |  |
| 1 Colfay Pointer           | SO   | Dubuque                | 49.15           | 49.45F | 7  | 10     |  |
|                            |      | 23.313 (23.313)        | 49.442 (26.129) |        |    |        |  |
| 2 Patrick Mikel            | SO   | Loras                  | 49.44           | 50.08F | 7  | 8      |  |
|                            |      | 23.761 (23.761)        | 50.072 (26.311) |        |    |        |  |
| 3 Jordan Coughenour        | JR   | Simpson (Iowa)         | 50.62           | 50.49  | 7  | 6      |  |
|                            |      | 24.299 (24.299)        | 50.481 (26.182) |        |    |        |  |
| 4 Michael Merical          | SO   | Nebraska Wesleyan      | 50.23           | 50.65  | 7  | 5      |  |
|                            |      | 23.559 (23.559)        | 50.645 (27.086) |        |    |        |  |
| 5 Lucas Hofer              | FR   | Dubuque                | 50.85           | 50.72  | 6  | 4      |  |
|                            |      | 24.260 (24.260)        | 50.712 (26.452) |        |    |        |  |
| 6 Chase Wetterling         | JR   | Simpson (Iowa)         | 50.99           | 50.75  | 6  | 3      |  |
|                            |      | 23.647 (23.647)        | 50.749 (27.102) |        |    |        |  |
| 7 Shamari Scott            | SO   | Loras                  | 51.10           | 51.39  | 5  | 2      |  |
|                            |      | 23.796 (23.796)        | 51.382 (27.586) |        |    |        |  |
| 8 Mitchell Yaw             | FR   | Central College        | 51.36           | 51.64  | 5  | 1      |  |
|                            |      | 24.195 (24.195)        | 51.637 (27.442) |        |    |        |  |

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**Results****....Men 400 Meter Dash**

|    |                   |                      |       |       |   |        |
|----|-------------------|----------------------|-------|-------|---|--------|
| 9  | Anakin Hall       | JR Loras             | 52.20 | 51.78 | 4 |        |
|    | 24.236 (24.236)   | 51.780 (27.544)      |       |       |   |        |
| 10 | Will Coonradt     | SR Wartburg          | 50.83 | 51.91 | 6 |        |
|    | 24.653 (24.653)   | 51.904 (27.251)      |       |       |   |        |
| 11 | Levi Dolphin      | SR Wartburg          | 50.77 | 51.97 | 6 |        |
|    | 23.867 (23.867)   | 51.968 (28.101)      |       |       |   |        |
| 12 | Nathan Suell      | JR Coe               | 52.12 | 52.04 | 4 |        |
|    | 24.783 (24.783)   | 52.039 (27.256)      |       |       |   |        |
| 13 | Eli Barrett       | FR Wartburg          | 51.28 | 52.19 | 5 |        |
|    | 24.621 (24.621)   | 52.185 (27.564)      |       |       |   |        |
| 14 | Travis Ohnoutka   | JR Nebraska Wesleyan | 52.05 | 52.59 | 4 |        |
|    | 24.967 (24.967)   | 52.588 (27.621)      |       |       |   |        |
| 15 | Evan Gradoville   | JR Loras             | 51.49 | 52.80 | 5 |        |
|    | 24.562 (24.562)   | 52.798 (28.236)      |       |       |   |        |
| 16 | Caleb Rigdon      | FR Coe               | 52.95 | 53.59 | 3 |        |
|    | 24.922 (24.922)   | 53.589 (28.667)      |       |       |   |        |
| 17 | Hunter Wendt      | FR Coe               | 53.13 | 53.75 | 3 |        |
|    | 25.184 (25.184)   | 53.741 (28.557)      |       |       |   |        |
| 18 | Casey Lamle       | JR Buena Vista       | 53.53 | 53.77 | 3 |        |
|    | 25.211 (25.211)   | 53.767 (28.556)      |       |       |   |        |
| 19 | Hunter Hartshorne | SO Coe               | 53.78 | 53.91 | 2 | 53.904 |
|    | 24.922 (24.922)   | 53.904 (28.982)      |       |       |   |        |
| 20 | Bryce Exline      | FR Simpson (Iowa)    | 53.77 | 53.91 | 2 | 53.906 |
|    | 25.052 (25.052)   | 53.906 (28.854)      |       |       |   |        |
| 21 | Tre Wilridge      | FR Central College   | 54.48 | 54.41 | 2 |        |
|    | 25.500 (25.500)   | 54.408 (28.908)      |       |       |   |        |
| 22 | Landon Kraus      | JR Coe               | 53.70 | 54.80 | 3 |        |
|    | 25.387 (25.387)   | 54.792 (29.405)      |       |       |   |        |
| 23 | Eric Smedsrud     | FR Luther            |       | 55.32 | 1 |        |
|    | 26.342 (26.342)   | 55.314 (28.972)      |       |       |   |        |
| 24 | Treyten Chiglo    | FR Luther            |       | 55.83 | 1 |        |
|    | 26.518 (26.518)   | 55.824 (29.306)      |       |       |   |        |
| 25 | Struje Robinson   | JR Nebraska Wesleyan | 55.07 | 55.90 | 1 |        |
|    | 25.974 (25.974)   | 55.893 (29.919)      |       |       |   |        |
| -- | Blake Morgan      | SR Central College   | 52.66 | DNS   | 4 |        |

**Men 800 Meter Run**

|       |                 |         |                 |                   |                   |           |
|-------|-----------------|---------|-----------------|-------------------|-------------------|-----------|
| ===== |                 |         |                 |                   |                   |           |
|       | All-Time: A     | 1:51.72 | 2000            | Jon Lindaman,     | Central           |           |
|       | Championship: C | 1:52.30 | 2/27/2016       | Zach Frey,        | Loras             |           |
|       | Facility: F     | 1:56.67 | 2011            | Ben Schornack,    | Central           |           |
|       | Name            | Year    | School          | Seed              | Finals            | H# Points |
| ===== |                 |         |                 |                   |                   |           |
| 1     | Casey Roberts   | JR      | Wartburg        | 1:54.05           | 1:55.54F          | 3 10      |
|       | 28.541 (28.541) |         | 57.850 (29.310) | 1:27.473 (29.623) | 1:55.538 (28.066) |           |
| 2     | Kyle Pape       | JR      | Central College | 1:57.73           | 1:56.63F          | 3 8       |
|       | 28.940 (28.940) |         | 58.285 (29.346) | 1:27.929 (29.644) | 1:56.630 (28.702) |           |
| 3     | Preston Kizer   | SO      | Central College | 1:56.81           | 1:56.93           | 3 6       |
|       | 28.834 (28.834) |         | 58.550 (29.716) | 1:28.266 (29.716) | 1:56.930 (28.664) |           |
| 4     | Cody Snider     | SR      | Wartburg        | 1:54.93           | 1:57.28           | 3 5       |
|       | 28.192 (28.192) |         | 57.656 (29.464) | 1:27.265 (29.610) | 1:57.277 (30.012) |           |
| 5     | Jon Specht      | SR      | Central College | 1:57.94           | 1:57.48           | 3 4       |
|       | 29.200 (29.200) |         | 59.050 (29.851) | 1:28.430 (29.380) | 1:57.474 (29.044) |           |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****....Men 800 Meter Run**

|    |                     |                      |                   |                   |   |   |
|----|---------------------|----------------------|-------------------|-------------------|---|---|
| 6  | Sam McMichael       | JR Wartburg          | 1:57.09           | 1:57.61           | 3 | 3 |
|    | 28.684 (28.684)     | 58.044 (29.360)      | 1:27.714 (29.671) | 1:57.605 (29.891) |   |   |
| 7  | Christian Brothers  | FR Wartburg          | 1:59.68           | 1:58.72           | 2 | 2 |
|    | 29.227 (29.227)     | 58.851 (29.624)      | 1:28.766 (29.915) | 1:58.716 (29.951) |   |   |
| 8  | Kylian Lally        | SR Loras             | 1:58.48           | 1:59.66           | 3 | 1 |
|    | 29.342 (29.342)     | 59.386 (30.044)      | 1:28.512 (29.126) | 1:59.654 (31.143) |   |   |
| 9  | Hunter Klose        | JR Dubuque           | 1:58.77           | 1:59.85           | 3 |   |
|    | 29.570 (29.570)     | 59.744 (30.174)      | 1:29.566 (29.823) | 1:59.841 (30.275) |   |   |
| 10 | Taylor Donner       | SR Central College   | 1:59.26           | 2:00.30           | 2 |   |
|    | 28.876 (28.876)     | 58.594 (29.718)      | 1:28.975 (30.382) | 2:00.296 (31.322) |   |   |
| 11 | Bryan Butler        | SR Nebraska Wesleyan | 1:58.91           | 2:00.70           | 2 |   |
|    | 29.778 (29.778)     | 59.970 (30.192)      | 1:30.447 (30.478) | 2:00.695 (30.248) |   |   |
| 12 | Tyler Combs         | FR Simpson (Iowa)    | 1:58.40           | 2:01.06           | 3 |   |
|    | 29.576 (29.576)     | 59.296 (29.720)      | 1:29.150 (29.855) | 2:01.052 (31.902) |   |   |
| 13 | Cole Conklin-Little | SO Loras             | 1:59.32           | 2:02.07           | 2 |   |
|    | 29.623 (29.623)     | 1:00.147 (30.524)    | 1:31.008 (30.862) | 2:02.070 (31.062) |   |   |
| 14 | Anthony Kemp        | JR Loras             | 2:01.73           | 2:03.51           | 2 |   |
|    | 29.987 (29.987)     | 1:00.684 (30.698)    | 1:32.299 (31.615) | 2:03.502 (31.203) |   |   |
| 15 | Ryan Izer           | JR Coe               | 2:03.81           | 2:04.12           | 2 |   |
|    | 29.703 (29.703)     | 1:00.466 (30.763)    | 1:33.096 (32.631) | 2:04.112 (31.016) |   |   |
| 16 | Alex Loerts         | SO Buena Vista       | 2:03.58           | 2:04.50           | 2 |   |
|    | 29.479 (29.479)     | 59.699 (30.220)      | 1:32.522 (32.823) | 2:04.499 (31.978) |   |   |
| 17 | Austin Greenwalt    | SO Simpson (Iowa)    | 2:05.46           | 2:05.60           | 2 |   |
|    | 29.830 (29.830)     | 59.830 (30.000)      | 1:31.568 (31.739) | 2:05.594 (34.026) |   |   |
| 18 | Blake Patten        | FR Buena Vista       | 2:08.20           | 2:06.16           | 1 |   |
|    | 29.119 (29.119)     | 1:00.485 (31.367)    | 1:33.301 (32.816) | 2:06.152 (32.851) |   |   |
| 19 | Grant Sparstad      | JR Luther            | 2:07.37           | 2:06.41           | 1 |   |
|    | 31.543 (31.543)     | 1:02.615 (31.072)    | 1:34.631 (32.016) | 2:06.401 (31.771) |   |   |
| 20 | Joe Frazier         | FR Nebraska Wesleyan |                   | 2:06.53           | 1 |   |
|    | 30.752 (30.752)     | 1:00.981 (30.230)    | 1:32.816 (31.835) | 2:06.528 (33.712) |   |   |
| 21 | David Will          | FR Luther            | 2:06.19           | 2:08.35           | 1 |   |
|    | 32.012 (32.012)     | 1:03.065 (31.054)    | 1:35.821 (32.756) | 2:08.343 (32.522) |   |   |
| 22 | Magwire Lott        | FR Nebraska Wesleyan | 2:06.45           | 2:08.70           | 1 |   |
|    | 31.985 (31.985)     | 1:02.935 (30.950)    | 1:35.032 (32.098) | 2:08.696 (33.664) |   |   |
| 23 | Tanner Gibbons      | SR Luther            | 2:11.05           | 2:09.12           | 1 |   |
|    | 31.181 (31.181)     | 1:02.157 (30.976)    | 1:34.831 (32.674) | 2:09.119 (34.288) |   |   |
| 24 | Nick Kibby          | SR Simpson (Iowa)    | 2:08.59           | 2:11.56           | 1 |   |
|    | 31.400 (31.400)     | 1:03.691 (32.291)    | 1:36.797 (33.107) | 2:11.553 (34.756) |   |   |
| 25 | Brayden Collins     | FR Buena Vista       | 2:14.44           | 2:12.02           | 1 |   |
|    | 29.753 (29.753)     | 1:00.777 (31.024)    | 1:35.401 (34.624) | 2:12.017 (36.616) |   |   |

**Men 1 Mile Run**

=====  
 All-Time: A 4:10.40 2017 Casey Roberts, Wartburg  
 Championship: C 4:12.98 2/28/2015 Eli Horton, Central College  
 Facility: F 4:17.77 2018 Mark Fairley, Central  
 =====

| Name            | Year              | School             | Seed              | Finals            | H# | Points |
|-----------------|-------------------|--------------------|-------------------|-------------------|----|--------|
| 1 Mark Fairley  |                   | SR Central College | 4:17.50           | 4:21.40           | 2  | 10     |
|                 | 36.422 (36.422)   | 1:09.800 (33.378)  | 1:42.924 (33.124) | 2:16.735 (33.811) |    |        |
|                 | 2:49.906 (33.171) | 3:22.948 (33.042)  | 3:53.435 (30.487) | 4:21.396 (27.961) |    |        |
| 2 Sam Pinkowski |                   | FR Wartburg        | 4:13.61           | 4:21.91           | 2  | 8      |
|                 | 36.073 (36.073)   | 1:08.905 (32.832)  | 1:40.321 (31.416) | 2:13.027 (32.706) |    |        |
|                 | 2:45.410 (32.383) | 3:18.198 (32.788)  | 3:51.203 (33.005) | 4:21.910 (30.707) |    |        |

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|    |                    |                      |                   |                   |   |   |
|----|--------------------|----------------------|-------------------|-------------------|---|---|
| 3  | Jon Specht         | SR Central College   | 4:23.63           | 4:23.79           | 2 | 6 |
|    | 36.323 (36.323)    | 1:10.437 (34.114)    | 1:44.275 (33.838) | 2:17.766 (33.491) |   |   |
|    | 2:51.071 (33.305)  | 3:24.224 (33.153)    | 3:56.281 (32.057) | 4:23.787 (27.506) |   |   |
| 4  | Caleb Appleton     | SO Wartburg          | 4:19.46           | 4:23.81           | 2 | 5 |
|    | 36.261 (36.261)    | 1:09.569 (33.308)    | 1:42.619 (33.050) | 2:16.534 (33.915) |   |   |
|    | 2:49.694 (33.160)  | 3:22.645 (32.951)    | 3:54.274 (31.629) | 4:23.809 (29.535) |   |   |
| 5  | Chad Berens        | SR Nebraska Wesleyan | 4:21.09           | 4:26.71           | 2 | 4 |
|    | 36.006 (36.006)    | 1:09.684 (33.678)    | 1:42.732 (33.048) | 2:16.418 (33.686) |   |   |
|    | 2:49.619 (33.201)  | 3:22.779 (33.160)    | 3:54.510 (31.731) | 4:26.703 (32.193) |   |   |
| 6  | Jack Carroll       | JR Loras             | 4:22.62           | 4:27.09           | 2 | 3 |
|    | 36.889 (36.889)    | 1:10.667 (33.778)    | 1:43.880 (33.213) | 2:17.203 (33.323) |   |   |
|    | 2:50.478 (33.275)  | 3:24.469 (33.991)    | 3:57.453 (32.984) | 4:27.085 (29.632) |   |   |
| 7  | Sam Lorimer        | FR Wartburg          | 4:22.65           | 4:27.59           | 2 | 2 |
|    | 36.713 (36.713)    | 1:10.393 (33.680)    | 1:43.267 (32.874) | 2:16.951 (33.684) |   |   |
|    | 2:50.199 (33.248)  | 3:23.826 (33.627)    | 3:56.833 (33.007) | 4:27.584 (30.751) |   |   |
| 8  | Matt Gagen         | SR Loras             | 4:31.00           | 4:29.78           | 2 | 1 |
|    | 37.075 (37.075)    | 1:11.140 (34.065)    | 1:44.561 (33.421) | 2:18.250 (33.689) |   |   |
|    | 2:51.658 (33.408)  | 3:24.855 (33.197)    | 3:57.453 (32.598) | 4:29.779 (32.326) |   |   |
| 9  | Kyle Hovey         | SR Simpson (Iowa)    | 4:23.25           | 4:32.68           | 2 |   |
|    | 36.506 (36.506)    | 1:10.197 (33.691)    | 1:43.619 (33.422) | 2:17.509 (33.890) |   |   |
|    | 2:51.419 (33.910)  | 3:25.068 (33.649)    | 3:58.609 (33.541) | 4:32.672 (34.063) |   |   |
| 10 | Jakob Phillips     | SO Nebraska Wesleyan | 4:36.43           | 4:35.39           | 2 |   |
|    | 37.475 (37.475)    | 1:11.392 (33.917)    | 1:45.001 (33.609) | 2:18.079 (33.078) |   |   |
|    | 2:52.082 (34.003)  | 3:26.376 (34.294)    | 4:01.707 (35.331) | 4:35.386 (33.679) |   |   |
| 11 | Trey Seibel        | JR Nebraska Wesleyan | 4:32.90           | 4:39.14           | 2 |   |
|    | 36.697 (36.697)    | 1:10.961 (34.264)    | 1:44.429 (33.468) | 2:17.999 (33.570) |   |   |
|    | 2:50.143 (32.144)  | 3:24.757 (34.614)    | 4:02.175 (37.418) | 4:39.139 (36.964) |   |   |
| 12 | Jack Reschenberg   | SR Loras             | 4:42.69           | 4:39.83           | 1 |   |
|    | 37.287 (37.287)    | 1:11.394 (34.107)    | 1:46.237 (34.843) | 2:20.727 (34.490) |   |   |
|    | 2:55.527 (34.800)  | 3:30.389 (34.862)    | 4:05.649 (35.260) | 4:39.825 (34.176) |   |   |
| 13 | Nate Orton         | SR Luther            |                   | 4:40.89           | 1 |   |
|    | 36.388 (36.388)    | 1:09.591 (33.203)    | 1:43.969 (34.378) | 2:19.425 (35.456) |   |   |
|    | 2:55.612 (36.187)  | 3:32.306 (36.694)    | 4:08.311 (36.005) | 4:40.881 (32.570) |   |   |
| 14 | Ryan Courtney      | FR Simpson (Iowa)    | 4:42.91           | 4:42.71           | 1 |   |
|    | 36.155 (36.155)    | 1:10.398 (34.243)    | 1:45.021 (34.623) | 2:20.619 (35.598) |   |   |
|    | 2:56.136 (35.517)  | 3:32.051 (35.915)    | 4:07.640 (35.589) | 4:42.701 (35.061) |   |   |
| 15 | Cale Billheimer    | FR Simpson (Iowa)    | 4:43.02           | 4:42.81           | 1 |   |
|    | 35.792 (35.792)    | 1:09.757 (33.965)    | 1:44.197 (34.440) | 2:19.717 (35.520) |   |   |
|    | 2:55.801 (36.084)  | 3:31.802 (36.001)    | 4:07.963 (36.161) | 4:42.805 (34.842) |   |   |
| 16 | Parker Hill        | JR Central College   | 4:44.59           | 4:43.91           | 1 |   |
|    | 35.573 (35.573)    | 1:09.426 (33.853)    | 1:43.738 (34.312) | 2:19.063 (35.325) |   |   |
|    | 2:54.812 (35.749)  | 3:30.758 (35.946)    | 4:08.113 (37.355) | 4:43.904 (35.791) |   |   |
| 17 | Colin Weber        | SO Luther            | 4:42.94           | 4:44.08           | 1 |   |
|    | 36.942 (36.942)    | 1:10.767 (33.825)    | 1:45.485 (34.718) | 2:20.883 (35.398) |   |   |
|    | 2:56.084 (35.201)  | 3:32.587 (36.503)    | 4:08.675 (36.088) | 4:44.076 (35.401) |   |   |
| 18 | Nick Shaleen       | SO Luther            | 4:46.77           | 4:48.34           | 1 |   |
|    | 37.834 (37.834)    | 1:12.890 (35.056)    | 1:47.929 (35.039) | 2:23.409 (35.480) |   |   |
|    | 2:59.338 (35.929)  | 3:35.853 (36.515)    | 4:12.493 (36.640) | 4:48.331 (35.838) |   |   |
| 19 | Cameron Kaltschnee | FR Buena Vista       | 4:58.61           | 4:56.17           | 1 |   |
|    | 38.445 (38.445)    | 1:14.910 (36.465)    | 1:51.885 (36.975) | 2:29.549 (37.664) |   |   |
|    | 3:06.943 (37.394)  | 3:43.726 (36.783)    | 4:21.201 (37.475) | 4:56.169 (34.968) |   |   |
| 20 | Nick Poff          | JR Coe               | 5:01.47           | 5:04.87           | 1 |   |
|    | 37.612 (37.612)    | 1:13.163 (35.551)    | 1:49.564 (36.401) | 2:27.616 (38.052) |   |   |
|    | 3:06.251 (38.635)  | 3:45.249 (38.998)    | 4:24.672 (39.423) | 5:04.863 (40.191) |   |   |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****....Men 1 Mile Run**

|                   |                   |                   |                   |   |
|-------------------|-------------------|-------------------|-------------------|---|
| 21 Zach Kenny     | SO Buena Vista    | 5:06.12           | 5:16.04           | 1 |
| 38.963 (38.963)   | 1:16.171 (37.208) | 1:54.721 (38.550) | 2:33.369 (38.648) |   |
| 3:13.969 (40.600) | 3:57.039 (43.070) | 4:38.225 (41.186) | 5:16.035 (37.810) |   |

**Men 3000 Meter Run**

| =====             |         |                      |                             |                   |           |
|-------------------|---------|----------------------|-----------------------------|-------------------|-----------|
| All-Time: A       | 8:14.94 | 2014                 | Eli Horton, Central         |                   |           |
| Championship: C   | 8:24.56 | 3/1/2014             | Eli Horton, Central College |                   |           |
| Facility: F       | 8:26.72 | 2014                 | Austin O'Brien, Central     |                   |           |
| Name              | Year    | School               | Seed                        | Finals            | H# Points |
| =====             |         |                      |                             |                   |           |
| 1 Alec Bass       |         | SR Dubuque           | 8:35.32                     | 8:45.58           | 2 10      |
| 38.055 (38.055)   |         | 1:16.645 (38.590)    | 1:55.196 (38.551)           | 2:30.329 (35.133) |           |
| 3:04.464 (34.135) |         | 3:39.743 (35.279)    | 4:15.343 (35.600)           | 4:50.247 (34.904) |           |
| 5:24.539 (34.292) |         | 5:59.191 (34.652)    | 6:33.725 (34.534)           | 7:08.034 (34.309) |           |
| 7:42.357 (34.323) |         | 8:15.583 (33.226)    | 8:45.571 (29.988)           |                   |           |
| 2 Mason Tope      |         | SR Loras             | 8:44.42                     | 8:47.33           | 2 8       |
| 38.545 (38.545)   |         | 1:17.183 (38.638)    | 1:55.692 (38.509)           | 2:31.141 (35.449) |           |
| 3:05.771 (34.630) |         | 3:40.957 (35.186)    | 4:15.200 (34.243)           | 4:49.211 (34.011) |           |
| 5:23.815 (34.604) |         | 5:58.461 (34.646)    | 6:33.275 (34.814)           | 7:08.325 (35.050) |           |
| 7:42.885 (34.560) |         | 8:17.107 (34.222)    | 8:47.325 (30.218)           |                   |           |
| 3 Sam Pinkowski   |         | FR Wartburg          | 8:29.99                     | 8:47.53           | 2 6       |
| 37.504 (37.504)   |         | 1:16.170 (38.666)    | 1:54.757 (38.587)           | 2:30.050 (35.293) |           |
| 3:04.179 (34.129) |         | 3:39.493 (35.314)    | 4:15.051 (35.558)           | 4:50.021 (34.970) |           |
| 5:24.299 (34.278) |         | 5:58.898 (34.599)    | 6:33.478 (34.580)           | 7:08.185 (34.707) |           |
| 7:42.610 (34.425) |         | 8:16.307 (33.697)    | 8:47.527 (31.220)           |                   |           |
| 4 Timothy Sevcik  |         | SR Loras             | 8:41.93                     | 8:48.42           | 2 5       |
| 37.740 (37.740)   |         | 1:16.463 (38.723)    | 1:55.033 (38.570)           | 2:30.506 (35.473) |           |
| 3:05.180 (34.674) |         | 3:40.466 (35.286)    | 4:15.509 (35.043)           | 4:49.871 (34.362) |           |
| 5:24.065 (34.194) |         | 5:58.643 (34.578)    | 6:32.817 (34.174)           | 7:07.177 (34.360) |           |
| 7:42.121 (34.944) |         | 8:16.083 (33.962)    | 8:48.418 (32.335)           |                   |           |
| 5 Mark Fairley    |         | SR Central College   | 8:46.21                     | 8:54.38           | 2 4       |
| 38.269 (38.269)   |         | 1:16.894 (38.625)    | 1:55.419 (38.525)           | 2:30.786 (35.367) |           |
| 3:05.495 (34.709) |         | 3:40.707 (35.212)    | 4:16.049 (35.342)           | 4:50.623 (34.574) |           |
| 5:27.037 (36.414) |         | 6:04.746 (37.709)    | 6:42.145 (37.399)           | 7:17.619 (35.474) |           |
| 7:52.186 (34.567) |         | 8:24.955 (32.769)    | 8:54.371 (29.416)           |                   |           |
| 6 Eli Kaczinski   |         | SR Wartburg          | 8:39.39                     | 8:55.51           | 2 3       |
| 38.163 (38.163)   |         | 1:16.731 (38.568)    | 1:55.247 (38.516)           | 2:30.461 (35.214) |           |
| 3:04.857 (34.396) |         | 3:39.966 (35.109)    | 4:15.563 (35.597)           | 4:50.755 (35.192) |           |
| 5:25.485 (34.730) |         | 6:01.087 (35.602)    | 6:37.283 (36.196)           | 7:12.890 (35.607) |           |
| 7:48.873 (35.983) |         | 8:24.042 (35.169)    | 8:55.503 (31.461)           |                   |           |
| 7 Caleb Appleton  |         | SO Wartburg          | 8:45.32                     | 8:57.41           | 2 2       |
| 38.799 (38.799)   |         | 1:17.585 (38.786)    | 1:55.605 (38.020)           | 2:31.257 (35.652) |           |
| 3:06.159 (34.902) |         | 3:41.438 (35.279)    | 4:16.770 (35.332)           | 4:52.109 (35.339) |           |
| 5:28.221 (36.112) |         | 6:05.235 (37.014)    | 6:42.382 (37.147)           | 7:17.817 (35.435) |           |
| 7:52.837 (35.020) |         | 8:27.199 (34.362)    | 8:57.409 (30.210)           |                   |           |
| 8 Jordan Wheeler  |         | SR Nebraska Wesleyan | 8:40.01                     | 8:57.59           | 2 1       |
| 37.645 (37.645)   |         | 1:16.255 (38.610)    | 1:54.817 (38.562)           | 2:29.450 (34.633) |           |
| 3:03.960 (34.510) |         | 3:39.263 (35.303)    | 4:14.884 (35.621)           | 4:50.522 (35.638) |           |
| 5:25.770 (35.248) |         | 6:01.561 (35.791)    | 6:36.786 (35.225)           | 7:13.221 (36.435) |           |
| 7:49.150 (35.929) |         | 8:25.029 (35.879)    | 8:57.590 (32.561)           |                   |           |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****....Men 3000 Meter Run**

|    |                   |                      |                   |                   |   |
|----|-------------------|----------------------|-------------------|-------------------|---|
| 9  | Hunter Prueger    | SR Luther            | 9:00.15           | 8:59.13           | 1 |
|    | 36.315 (36.315)   | 1:12.856 (36.541)    | 1:49.477 (36.621) | 2:26.252 (36.775) |   |
|    | 3:03.354 (37.102) | 3:39.742 (36.388)    | 4:17.112 (37.370) | 4:54.652 (37.540) |   |
|    | 5:31.268 (36.616) | 6:06.302 (35.034)    | 6:40.072 (33.770) | 7:14.749 (34.677) |   |
|    | 7:50.500 (35.751) | 8:26.042 (35.542)    | 8:59.128 (33.086) |                   |   |
| 10 | Joe Freiburger    | FR Wartburg          | 8:47.80           | 8:59.19           | 2 |
|    | 38.376 (38.376)   | 1:16.963 (38.587)    | 1:55.440 (38.477) | 2:30.945 (35.505) |   |
|    | 3:05.040 (34.095) | 3:40.218 (35.178)    | 4:15.811 (35.593) | 4:50.991 (35.180) |   |
|    | 5:26.381 (35.390) | 6:02.023 (35.642)    | 6:37.913 (35.890) | 7:14.353 (36.440) |   |
|    | 7:51.280 (36.927) | 8:27.487 (36.207)    | 8:59.185 (31.698) |                   |   |
| 11 | Erik Duethman     | SR Luther            | 8:47.20           | 8:59.60           | 2 |
|    | 38.985 (38.985)   | 1:17.359 (38.374)    | 1:55.988 (38.629) | 2:31.545 (35.557) |   |
|    | 3:06.533 (34.988) | 3:42.167 (35.634)    | 4:17.038 (34.871) | 4:52.653 (35.615) |   |
|    | 5:28.949 (36.296) | 6:04.965 (36.016)    | 6:41.075 (36.110) | 7:17.950 (36.875) |   |
|    | 7:53.411 (35.461) | 8:28.250 (34.839)    | 8:59.591 (31.341) |                   |   |
| 12 | Riley Boyce       | SO Dubuque           | 9:11.47           | 9:05.50           | 1 |
|    | 36.231 (36.231)   | 1:13.018 (36.787)    | 1:49.158 (36.140) | 2:26.396 (37.238) |   |
|    | 3:03.909 (37.513) | 3:40.439 (36.530)    | 4:16.659 (36.220) | 4:53.874 (37.215) |   |
|    | 5:31.050 (37.176) | 6:06.712 (35.662)    | 6:42.908 (36.196) | 7:19.558 (36.650) |   |
|    | 7:56.044 (36.486) | 8:31.182 (35.138)    | 9:05.492 (34.310) |                   |   |
| 13 | Ian Mckenzie      | SR Simpson (Iowa)    | 8:49.49           | 9:08.06           | 2 |
|    | 38.333 (38.333)   | 1:17.241 (38.908)    | 1:55.677 (38.436) | 2:31.398 (35.721) |   |
|    | 3:06.137 (34.739) | 3:41.178 (35.041)    | 4:16.479 (35.301) | 4:52.370 (35.891) |   |
|    | 5:28.694 (36.324) | 6:05.985 (37.291)    | 6:43.536 (37.551) | 7:21.647 (38.111) |   |
|    | 7:58.927 (37.280) | 8:34.718 (35.791)    | 9:08.055 (33.337) |                   |   |
| 14 | Ash Gandul        | SR Nebraska Wesleyan | 8:53.65           | 9:12.07           | 2 |
|    | 38.577 (38.577)   | 1:17.441 (38.864)    | 1:55.893 (38.452) | 2:29.758 (33.865) |   |
|    | 3:05.953 (36.195) | 3:41.961 (36.008)    | 4:18.051 (36.090) | 4:54.468 (36.417) |   |
|    | 5:31.089 (36.621) | 6:10.471 (39.382)    | 6:48.627 (38.156) | 7:24.928 (36.301) |   |
|    | 8:01.258 (36.330) | 8:37.469 (36.211)    | 9:12.069 (34.600) |                   |   |
| 15 | Trey Thompson     | JR Simpson (Iowa)    | 9:15.97           | 9:12.56           | 1 |
|    | 35.446 (35.446)   | 1:11.857 (36.411)    | 1:48.328 (36.471) | 2:25.124 (36.796) |   |
|    | 3:02.026 (36.902) | 3:39.074 (37.048)    | 4:16.324 (37.250) | 4:53.808 (37.484) |   |
|    | 5:30.968 (37.160) | 6:07.956 (36.988)    | 6:44.941 (36.985) | 7:22.180 (37.239) |   |
|    | 8:00.117 (37.937) | 8:36.819 (36.702)    | 9:12.554 (35.735) |                   |   |
| 16 | Luke Lumbar       | SR Luther            | 9:08.17           | 9:13.04           | 1 |
|    | 36.088 (36.088)   | 1:12.661 (36.573)    | 1:49.214 (36.553) | 2:25.976 (36.762) |   |
|    | 3:03.210 (37.234) | 3:39.606 (36.396)    | 4:16.887 (37.281) | 4:54.520 (37.633) |   |
|    | 5:31.287 (36.767) | 6:07.561 (36.274)    | 6:44.644 (37.083) | 7:21.873 (37.229) |   |
|    | 7:59.697 (37.824) | 8:37.883 (38.186)    | 9:13.038 (35.155) |                   |   |
| 17 | Tyler Havens      | SO Loras             | 9:28.21           | 9:15.41           | 1 |
|    | 36.634 (36.634)   | 1:12.641 (36.007)    | 1:49.446 (36.805) | 2:25.926 (36.480) |   |
|    | 3:03.730 (37.804) | 3:40.971 (37.241)    | 4:17.575 (36.604) | 4:55.385 (37.810) |   |
|    | 5:33.046 (37.661) | 6:10.408 (37.362)    | 6:48.854 (38.446) | 7:26.321 (37.467) |   |
|    | 8:03.772 (37.451) | 8:40.839 (37.067)    | 9:15.406 (34.567) |                   |   |
| 18 | Jacob Warehime    | SR Luther            | 9:05.12           | 9:17.20           | 1 |
|    | 36.542 (36.542)   | 1:13.040 (36.498)    | 1:49.646 (36.606) | 2:26.526 (36.880) |   |
|    | 3:03.553 (37.027) | 3:39.935 (36.382)    | 4:17.276 (37.341) | 4:54.866 (37.590) |   |
|    | 5:31.528 (36.662) | 6:08.108 (36.580)    | 6:45.290 (37.182) | 7:24.574 (39.284) |   |
|    | 8:03.054 (38.480) | 8:41.759 (38.705)    | 9:17.195 (35.436) |                   |   |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018**

**Hosted by: Central College**

**Kuyper Athletic Complex**

**Results**

**....Men 3000 Meter Run**

|                      |                      |                   |                   |   |
|----------------------|----------------------|-------------------|-------------------|---|
| 19 Jordan Toomey     | JR Central College   | 8:58.08           | 9:18.23           | 2 |
| 38.872 (38.872)      | 1:17.711 (38.839)    | 1:56.096 (38.385) | 2:31.810 (35.714) |   |
| 3:06.776 (34.966)    | 3:42.684 (35.908)    | 4:17.759 (35.075) | 4:53.378 (35.619) |   |
| 5:30.261 (36.883)    | 6:08.061 (37.800)    | 6:46.002 (37.941) | 7:24.344 (38.342) |   |
| 8:02.845 (38.501)    | 8:40.190 (37.345)    | 9:18.228 (38.038) |                   |   |
| 20 Jonathan Facio    | SO Simpson (Iowa)    | 9:06.55           | 9:18.66           | 1 |
| 36.195 (36.195)      | 1:12.140 (35.945)    | 1:48.785 (36.645) | 2:25.256 (36.471) |   |
| 3:02.300 (37.044)    | 3:39.403 (37.103)    | 4:16.634 (37.231) | 4:54.280 (37.646) |   |
| 5:31.931 (37.651)    | 6:09.339 (37.408)    | 6:47.341 (38.002) | 7:26.037 (38.696) |   |
| 8:04.646 (38.609)    | 8:42.790 (38.144)    | 9:18.652 (35.862) |                   |   |
| 21 Preston Decker    | FR Nebraska Wesleyan | 9:08.76           | 9:22.58           | 1 |
| 35.090 (35.090)      | 1:11.917 (36.827)    | 1:48.557 (36.640) | 2:25.472 (36.915) |   |
| 3:02.613 (37.141)    | 3:39.799 (37.186)    | 4:16.879 (37.080) | 4:54.861 (37.982) |   |
| 5:32.764 (37.903)    | 6:10.550 (37.786)    | 6:49.554 (39.004) | 7:28.725 (39.171) |   |
| 8:07.712 (38.987)    | 8:46.317 (38.605)    | 9:22.573 (36.256) |                   |   |
| 22 McCoy Meshach     | SO Coe               | 9:24.71           | 9:27.20           | 1 |
| 36.983 (36.983)      | 1:13.530 (36.547)    | 1:50.538 (37.008) | 2:27.685 (37.147) |   |
| 3:05.316 (37.631)    | 3:42.998 (37.682)    | 4:20.454 (37.456) | 4:58.862 (38.408) |   |
| 5:38.259 (39.397)    | 6:17.274 (39.015)    | 6:56.228 (38.954) | 7:35.356 (39.128) |   |
| 8:14.732 (39.376)    | 8:53.228 (38.496)    | 9:27.193 (33.965) |                   |   |
| 23 Chad Berens       | SR Nebraska Wesleyan | 8:44.33           | 9:29.12           | 2 |
| 37.889 (37.889)      | 1:16.485 (38.596)    | 1:55.028 (38.543) | 2:30.926 (35.898) |   |
| 3:06.353 (35.427)    | 3:42.984 (36.631)    | 4:19.982 (36.998) | 4:58.168 (38.186) |   |
| 5:36.595 (38.427)    | 6:15.835 (39.240)    | 6:55.059 (39.224) | 7:33.488 (38.429) |   |
| 8:11.818 (38.330)    | 8:50.146 (38.328)    | 9:29.119 (38.973) |                   |   |
| 24 Tanner Rathje     | SR Central College   | 8:54.82           | 9:35.74           | 2 |
| 39.067 (39.067)      | 1:17.869 (38.802)    | 1:55.876 (38.007) | 2:32.013 (36.137) |   |
| 3:06.992 (34.979)    | 3:42.769 (35.777)    | 4:18.297 (35.528) | 4:54.336 (36.039) |   |
| 5:31.110 (36.774)    | 6:11.314 (40.204)    | 6:52.086 (40.772) | 7:32.791 (40.705) |   |
| 8:12.935 (40.144)    | 8:54.961 (42.026)    | 9:35.731 (40.770) |                   |   |
| 25 Caleb Blevins     | FR Coe               | 9:52.65           | 9:39.62           | 1 |
| 37.251 (37.251)      | 1:13.846 (36.595)    | 1:50.843 (36.997) | 2:28.088 (37.245) |   |
| 3:06.214 (38.126)    | 3:45.842 (39.628)    | 4:26.045 (40.203) | 5:07.079 (41.034) |   |
| 5:46.971 (39.892)    | 6:27.825 (40.854)    | 7:07.430 (39.605) | 7:48.059 (40.629) |   |
| 8:27.481 (39.422)    | 9:07.043 (39.562)    | 9:39.618 (32.575) |                   |   |
| 26 Christian Deranek | SR Luther            | 9:19.31           | 9:40.15           | 1 |
| 35.856 (35.856)      | 1:12.364 (36.508)    | 1:49.029 (36.665) | 2:25.706 (36.677) |   |
| 3:02.854 (37.148)    | 3:40.231 (37.377)    | 4:18.231 (38.000) | 4:57.974 (39.743) |   |
| 5:38.531 (40.557)    | 6:18.432 (39.901)    | 6:59.094 (40.662) | 7:41.085 (41.991) |   |
| 8:22.931 (41.846)    | 9:03.276 (40.345)    | 9:40.150 (36.874) |                   |   |
| -- Nathan Haerr      | SR Coe               | 9:19.72           | DNS               | 1 |

**Men 5000 Meter Run**

|                 |          |           |                             |               |
|-----------------|----------|-----------|-----------------------------|---------------|
| =====           |          |           |                             |               |
| All-Time: A     | 14:20.44 | 2005      | Josh Moen, Wartburg         |               |
| Championship: C | 14:27.80 | 2/28/2014 | Eli Horton, Central College |               |
| Facility: F     | 14:54.38 | 2014      | Eli Horton, Central         |               |
| Name            | Year     | School    | Seed                        | Finals Points |
| =====           |          |           |                             |               |



**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****....Men 5000 Meter Run**

|   |                    |                      |                    |                    |
|---|--------------------|----------------------|--------------------|--------------------|
| 1 | Mason Tope         | SR Loras             | 14:59.68           | 10                 |
|   | 38.077 (38.077)    | 1:14.033 (35.956)    | 1:49.685 (35.652)  | 2:23.777 (34.092)  |
|   | 2:59.543 (35.766)  | 3:35.503 (35.960)    | 4:11.775 (36.272)  | 4:47.679 (35.904)  |
|   | 5:24.015 (36.336)  | 6:00.489 (36.474)    | 6:37.197 (36.708)  | 7:13.294 (36.097)  |
|   | 7:49.513 (36.219)  | 8:25.957 (36.444)    | 9:02.431 (36.474)  | 9:39.461 (37.030)  |
|   | 10:16.155 (36.694) | 10:52.658 (36.503)   | 11:29.435 (36.777) | 12:05.447 (36.012) |
|   | 12:41.891 (36.444) | 13:17.844 (35.953)   | 13:53.839 (35.995) | 14:29.072 (35.233) |
|   | 14:59.676 (30.604) |                      |                    |                    |
| 2 | Alec Bass          | SR Dubuque           | 14:42.16           | 15:00.13           |
|   | 36.283 (36.283)    | 1:11.378 (35.095)    | 1:46.353 (34.975)  | 2:21.510 (35.157)  |
|   | 2:56.773 (35.263)  | 3:32.588 (35.815)    | 4:08.602 (36.014)  | 4:44.742 (36.140)  |
|   | 5:21.035 (36.293)  | 5:57.213 (36.178)    | 6:33.822 (36.609)  | 7:10.629 (36.807)  |
|   | 7:47.609 (36.980)  | 8:24.361 (36.752)    | 9:01.372 (37.011)  | 9:38.789 (37.417)  |
|   | 10:15.879 (37.090) | 10:52.834 (36.955)   | 11:29.883 (37.049) | 12:05.689 (35.806) |
|   | 12:42.158 (36.469) | 13:18.057 (35.899)   | 13:54.049 (35.992) | 14:28.553 (34.504) |
|   | 15:00.126 (31.573) |                      |                    |                    |
| 3 | Mark Fairley       | SR Central College   | 15:38.88           | 15:07.26           |
|   | 37.392 (37.392)    | 1:13.679 (36.287)    | 1:49.937 (36.258)  | 2:24.630 (34.693)  |
|   | 2:59.791 (35.161)  | 3:35.743 (35.952)    | 4:12.026 (36.283)  | 4:47.913 (35.887)  |
|   | 5:24.288 (36.375)  | 6:00.743 (36.455)    | 6:37.472 (36.729)  | 7:14.277 (36.805)  |
|   | 7:51.554 (37.277)  | 8:29.412 (37.858)    | 9:07.244 (37.832)  | 9:44.895 (37.651)  |
|   | 10:22.133 (37.238) | 11:00.211 (38.078)   | 11:37.918 (37.707) | 12:15.945 (38.027) |
|   | 12:53.143 (37.198) | 13:30.776 (37.633)   | 14:07.050 (36.274) | 14:38.800 (31.750) |
|   | 15:07.253 (28.453) |                      |                    |                    |
| 4 | Jordan Wheeler     | SR Nebraska Wesleyan | 15:01.84           | 15:07.77           |
|   | 36.762 (36.762)    | 1:12.307 (35.545)    | 1:47.283 (34.976)  | 2:22.375 (35.092)  |
|   | 2:57.689 (35.314)  | 3:33.281 (35.592)    | 4:09.306 (36.025)  | 4:45.397 (36.091)  |
|   | 5:21.620 (36.223)  | 5:57.741 (36.121)    | 6:34.349 (36.608)  | 7:11.160 (36.811)  |
|   | 7:48.129 (36.969)  | 8:24.883 (36.754)    | 9:01.740 (36.857)  | 9:39.255 (37.515)  |
|   | 10:16.123 (36.868) | 10:53.069 (36.946)   | 11:30.383 (37.314) | 12:07.726 (37.343) |
|   | 12:45.330 (37.604) | 13:23.011 (37.681)   | 14:00.065 (37.054) | 14:36.355 (36.290) |
|   | 15:07.763 (31.408) |                      |                    |                    |
| 5 | Eli Kaczinski      | SR Wartburg          | 15:16.83           | 15:18.07           |
|   | 36.365 (36.365)    | 1:11.581 (35.216)    | 1:46.553 (34.972)  | 2:21.738 (35.185)  |
|   | 2:56.989 (35.251)  | 3:32.803 (35.814)    | 4:08.829 (36.026)  | 4:44.975 (36.146)  |
|   | 5:21.271 (36.296)  | 5:57.421 (36.150)    | 6:34.045 (36.624)  | 7:10.845 (36.800)  |
|   | 7:47.819 (36.974)  | 8:24.585 (36.766)    | 9:01.576 (36.991)  | 9:38.963 (37.387)  |
|   | 10:15.620 (36.657) | 10:52.531 (36.911)   | 11:29.615 (37.084) | 12:06.798 (37.183) |
|   | 12:45.722 (38.924) | 13:24.681 (38.959)   | 14:04.437 (39.756) | 14:42.852 (38.415) |
|   | 15:18.065 (35.213) |                      |                    |                    |
| 6 | Joe Freiburger     | FR Wartburg          | 15:18.51           | 15:20.14           |
|   | 37.493 (37.493)    | 1:14.247 (36.754)    | 1:50.212 (35.965)  | 2:25.380 (35.168)  |
|   | 3:01.489 (36.109)  | 3:38.262 (36.773)    | 4:15.413 (37.151)  | 4:52.683 (37.270)  |
|   | 5:30.322 (37.639)  | 6:07.781 (37.459)    | 6:45.327 (37.546)  | 7:22.851 (37.524)  |
|   | 8:00.237 (37.386)  | 8:37.856 (37.619)    | 9:15.133 (37.277)  | 9:53.521 (38.388)  |
|   | 10:31.881 (38.360) | 11:09.825 (37.944)   | 11:47.453 (37.628) | 12:24.815 (37.362) |
|   | 13:01.867 (37.052) | 13:37.860 (35.993)   | 14:12.541 (34.681) | 14:45.041 (32.500) |
|   | 15:20.137 (35.096) |                      |                    |                    |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****....Men 5000 Meter Run**

|    |                    |                      |                    |                    |   |
|----|--------------------|----------------------|--------------------|--------------------|---|
| 7  | Ian McKenzie       | SR Simpson (Iowa)    | 15:23.81           | 15:21.95           | 2 |
|    | 37.644 (37.644)    | 1:14.483 (36.839)    | 1:50.453 (35.970)  | 2:25.453 (35.000)  |   |
|    | 3:01.606 (36.153)  | 3:38.307 (36.701)    | 4:15.639 (37.332)  | 4:52.819 (37.180)  |   |
|    | 5:30.566 (37.747)  | 6:08.039 (37.473)    | 6:45.440 (37.401)  | 7:22.661 (37.221)  |   |
|    | 8:00.067 (37.406)  | 8:38.129 (38.062)    | 9:15.352 (37.223)  | 9:53.669 (38.317)  |   |
|    | 10:31.971 (38.302) | 11:09.684 (37.713)   | 11:47.194 (37.510) | 12:24.548 (37.354) |   |
|    | 13:01.637 (37.089) | 13:38.578 (36.941)   | 14:14.047 (35.469) | 14:49.182 (35.135) |   |
|    | 15:21.950 (32.768) |                      |                    |                    |   |
| 8  | Ash Gandul         | SR Nebraska Wesleyan | 15:17.21           | 15:27.76           | 1 |
|    | 36.946 (36.946)    | 1:12.956 (36.010)    | 1:48.921 (35.965)  | 2:25.117 (36.196)  |   |
|    | 3:01.255 (36.138)  | 3:38.091 (36.836)    | 4:15.105 (37.014)  | 4:52.159 (37.054)  |   |
|    | 5:29.819 (37.660)  | 6:07.155 (37.336)    | 6:44.486 (37.331)  | 7:22.300 (37.814)  |   |
|    | 7:59.816 (37.516)  | 8:38.352 (38.536)    | 9:15.917 (37.565)  | 9:54.178 (38.261)  |   |
|    | 10:31.930 (37.752) | 11:09.575 (37.645)   | 11:48.016 (38.441) | 12:25.931 (37.915) |   |
|    | 13:03.981 (38.050) | 13:40.462 (36.481)   | 14:17.159 (36.697) | 14:52.398 (35.239) |   |
|    | 15:27.753 (35.355) |                      |                    |                    |   |
| 9  | Trey Thompson      | JR Simpson (Iowa)    | 15:37.89           | 15:34.69           |   |
|    | 38.016 (38.016)    | 1:14.638 (36.622)    | 1:50.697 (36.059)  | 2:25.873 (35.176)  |   |
|    | 3:02.109 (36.236)  | 3:38.683 (36.574)    | 4:16.033 (37.350)  | 4:53.347 (37.314)  |   |
|    | 5:30.879 (37.532)  | 6:08.559 (37.680)    | 6:45.912 (37.353)  | 7:23.503 (37.591)  |   |
|    | 8:00.547 (37.044)  | 8:38.667 (38.120)    | 9:16.235 (37.568)  | 9:54.543 (38.308)  |   |
|    | 10:33.008 (38.465) | 11:11.111 (38.103)   | 11:49.745 (38.634) | 12:28.699 (38.954) |   |
|    | 13:06.751 (38.052) | 13:44.068 (37.317)   | 14:22.311 (38.243) | 14:59.683 (37.372) |   |
|    | 15:34.681 (34.998) |                      |                    |                    |   |
| 10 | Ali Ali            | FR Wartburg          | 15:21.27           | 15:38.10           |   |
|    | 37.883 (37.883)    | 1:14.749 (36.866)    | 1:50.620 (35.871)  | 2:25.287 (34.667)  |   |
|    | 3:01.375 (36.088)  | 3:38.046 (36.671)    | 4:15.377 (37.331)  | 4:52.569 (37.192)  |   |
|    | 5:30.365 (37.796)  | 6:07.835 (37.470)    | 6:44.719 (36.884)  | 7:22.540 (37.821)  |   |
|    | 8:00.020 (37.480)  | 8:38.117 (38.097)    | 9:15.263 (37.146)  | 9:53.807 (38.544)  |   |
|    | 10:32.535 (38.728) | 11:08.325 (35.790)   | 11:46.841 (38.516) | 12:26.288 (39.447) |   |
|    | 13:05.806 (39.518) | 13:43.515 (37.709)   | 14:16.476 (32.961) | 14:58.991 (42.515) |   |
|    | 15:38.097 (39.106) |                      |                    |                    |   |
| 11 | Hunter Prueger     | SR Luther            | 15:39.27           |                    |   |
|    | 38.737 (38.737)    | 1:15.387 (36.650)    | 1:51.629 (36.242)  | 2:27.662 (36.033)  |   |
|    | 3:04.618 (36.956)  | 3:41.047 (36.429)    | 4:17.172 (36.125)  | 4:54.507 (37.335)  |   |
|    | 5:31.767 (37.260)  | 6:09.111 (37.344)    | 6:45.655 (36.544)  | 7:23.031 (37.376)  |   |
|    | 7:59.872 (36.841)  | 8:37.585 (37.713)    | 9:14.860 (37.275)  | 9:53.307 (38.447)  |   |
|    | 10:31.722 (38.415) | 11:10.004 (38.282)   | 11:48.375 (38.371) | 12:26.858 (38.483) |   |
|    | 13:06.031 (39.173) | 13:45.209 (39.178)   | 14:23.121 (37.912) | 15:02.093 (38.972) |   |
|    | 15:39.261 (37.168) |                      |                    |                    |   |
| 12 | Nathan Haerr       | SR Coe               | 15:59.74           | 15:48.19           |   |
|    | 39.023 (39.023)    | 1:15.933 (36.910)    | 1:52.435 (36.502)  | 2:29.411 (36.976)  |   |
|    | 3:06.317 (36.906)  | 3:43.470 (37.153)    | 4:21.033 (37.563)  | 4:59.005 (37.972)  |   |
|    | 5:37.079 (38.074)  | 6:15.181 (38.102)    | 6:53.959 (38.778)  | 7:32.469 (38.510)  |   |
|    | 8:10.510 (38.041)  | 8:48.776 (38.266)    | 9:26.836 (38.060)  | 10:05.379 (38.543) |   |
|    | 10:44.127 (38.748) | 11:22.566 (38.439)   | 12:00.621 (38.055) | 12:38.352 (37.731) |   |
|    | 13:16.440 (38.088) | 13:54.529 (38.089)   | 14:33.213 (38.684) | 15:12.317 (39.104) |   |
|    | 15:48.181 (35.864) |                      |                    |                    |   |

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|                    |                      |                    |                    |
|--------------------|----------------------|--------------------|--------------------|
| 13 Clay Simpson    | JR Nebraska Wesleyan | 16:07.47           | 15:53.67           |
| 38.447 (38.447)    | 1:15.365 (36.918)    | 1:52.081 (36.716)  | 2:28.405 (36.324)  |
| 3:05.140 (36.735)  | 3:42.736 (37.596)    | 4:20.421 (37.685)  | 4:58.758 (38.337)  |
| 5:36.548 (37.790)  | 6:14.366 (37.818)    | 6:52.212 (37.846)  | 7:30.095 (37.883)  |
| 8:08.619 (38.524)  | 8:47.541 (38.922)    | 9:26.139 (38.598)  | 10:05.134 (38.995) |
| 10:43.992 (38.858) | 11:22.946 (38.954)   | 12:01.791 (38.845) | 12:41.020 (39.229) |
| 13:20.103 (39.083) | 13:59.627 (39.524)   | 14:39.299 (39.672) | 15:17.393 (38.094) |
| 15:53.661 (36.268) |                      |                    |                    |
| 14 Jordan Toomey   | JR Central College   | 15:58.92           | 15:54.44           |
| 38.591 (38.591)    | 1:14.906 (36.315)    | 1:51.257 (36.351)  | 2:26.540 (35.283)  |
| 3:02.418 (35.878)  | 3:39.063 (36.645)    | 4:16.311 (37.248)  | 4:53.606 (37.295)  |
| 5:31.085 (37.479)  | 6:08.839 (37.754)    | 6:46.165 (37.326)  | 7:23.821 (37.656)  |
| 8:01.363 (37.542)  | 8:39.331 (37.968)    | 9:17.785 (38.454)  | 9:56.187 (38.402)  |
| 10:35.323 (39.136) | 11:14.555 (39.232)   | 11:54.433 (39.878) | 12:35.126 (40.693) |
| 13:16.577 (41.451) | 13:57.847 (41.270)   | 14:39.776 (41.929) | 15:18.529 (38.753) |
| 15:54.436 (35.907) |                      |                    |                    |
| 15 Preston Kauder  | JR Loras             | 16:00.51           | 15:58.19           |
| 38.392 (38.392)    | 1:14.803 (36.411)    | 1:51.039 (36.236)  | 2:27.345 (36.306)  |
| 3:04.698 (37.353)  | 3:42.599 (37.901)    | 4:20.305 (37.706)  | 4:58.597 (38.292)  |
| 5:36.272 (37.675)  | 6:14.082 (37.810)    | 6:51.740 (37.658)  | 7:29.689 (37.949)  |
| 8:08.175 (38.486)  | 8:46.974 (38.799)    | 9:25.841 (38.867)  | 10:04.409 (38.568) |
| 10:42.672 (38.263) | 11:22.235 (39.563)   | 12:01.441 (39.206) | 12:41.499 (40.058) |
| 13:22.206 (40.707) | 14:03.235 (41.029)   | 14:42.803 (39.568) | 15:22.139 (39.336) |
| 15:58.187 (36.048) |                      |                    |                    |
| 16 Jonathan Facio  | SO Simpson (Iowa)    | 15:44.34           | 16:02.70           |
| 38.907 (38.907)    | 1:15.651 (36.744)    | 1:51.432 (35.781)  | 2:26.932 (35.500)  |
| 3:02.861 (35.929)  | 3:39.653 (36.792)    | 4:16.901 (37.248)  | 4:54.247 (37.346)  |
| 5:31.411 (37.164)  | 6:09.373 (37.962)    | 6:47.425 (38.052)  | 7:26.112 (38.687)  |
| 8:05.504 (39.392)  | 8:44.783 (39.279)    | 9:24.991 (40.208)  | 10:04.699 (39.708) |
| 10:43.903 (39.204) | 11:23.433 (39.530)   | 12:02.876 (39.443) | 12:43.172 (40.296) |
| 13:23.633 (40.461) | 14:03.635 (40.002)   | 14:44.249 (40.614) | 15:24.398 (40.149) |
| 16:02.695 (38.297) |                      |                    |                    |
| 17 Bryce Hefty     | SR Luther            | 16:07.47           |                    |
| 39.429 (39.429)    | 1:16.588 (37.159)    | 1:53.209 (36.621)  | 2:29.697 (36.488)  |
| 3:06.615 (36.918)  | 3:43.758 (37.143)    | 4:21.185 (37.427)  | 4:59.241 (38.056)  |
| 5:36.982 (37.741)  | 6:14.811 (37.829)    | 6:53.661 (38.850)  | 7:32.750 (39.089)  |
| 8:11.183 (38.433)  | 8:50.676 (39.493)    | 9:30.875 (40.199)  | 10:11.705 (40.830) |
| 10:52.695 (40.990) | 11:34.076 (41.381)   | 12:14.254 (40.178) | 12:53.879 (39.625) |
| 13:33.851 (39.972) | 14:14.586 (40.735)   | 14:53.120 (38.534) | 15:32.299 (39.179) |
| 16:07.461 (35.162) |                      |                    |                    |
| 18 McCoy Meshach   | SO Coe               | 16:12.14           | 16:17.23           |
| 39.112 (39.112)    | 1:16.225 (37.113)    | 1:52.915 (36.690)  | 2:29.799 (36.884)  |
| 3:06.815 (37.016)  | 3:44.089 (37.274)    | 4:21.937 (37.848)  | 5:00.352 (38.415)  |
| 5:38.568 (38.216)  | 6:16.986 (38.418)    | 6:56.320 (39.334)  | 7:35.823 (39.503)  |
| 8:15.930 (40.107)  | 8:55.988 (40.058)    | 9:37.081 (41.093)  | 10:17.282 (40.201) |
| 10:57.601 (40.319) | 11:38.563 (40.962)   | 12:19.007 (40.444) | 13:00.284 (41.277) |
| 13:40.823 (40.539) | 14:21.566 (40.743)   | 15:02.260 (40.694) | 15:42.252 (39.992) |
| 16:17.227 (34.975) |                      |                    |                    |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****....Men 5000 Meter Run**

|                    |                    |                    |                    |
|--------------------|--------------------|--------------------|--------------------|
| 19 Tanner Rathje   | SR Central College | 16:06.19           | 16:23.98           |
| 37.775 (37.775)    | 1:14.301 (36.526)  | 1:50.359 (36.058)  | 2:25.593 (35.234)  |
| 3:01.727 (36.134)  | 3:37.835 (36.108)  | 4:15.180 (37.345)  | 4:52.432 (37.252)  |
| 5:30.087 (37.655)  | 6:07.533 (37.446)  | 6:45.076 (37.543)  | 7:23.096 (38.020)  |
| 8:01.478 (38.382)  | 8:41.619 (40.141)  | 9:23.415 (41.796)  | 10:05.091 (41.676) |
| 10:47.158 (42.067) | 11:30.609 (43.451) | 12:14.345 (43.736) | 12:55.803 (41.458) |
| 13:38.827 (43.024) | 14:20.599 (41.772) | 15:02.157 (41.558) | 15:42.609 (40.452) |
| 16:23.978 (41.369) |                    |                    |                    |
| 20 Billy Jeide     | SR Luther          | 16:26.47           |                    |
| 39.321 (39.321)    | 1:16.829 (37.508)  | 1:53.827 (36.998)  | 2:30.726 (36.899)  |
| 3:08.579 (37.853)  | 3:45.330 (36.751)  | 4:22.809 (37.479)  | 5:01.203 (38.394)  |
| 5:38.267 (37.064)  | 6:16.711 (38.444)  | 6:55.913 (39.202)  | 7:35.327 (39.414)  |
| 8:15.706 (40.379)  | 8:56.392 (40.686)  | 9:37.699 (41.307)  | 10:18.141 (40.442) |
| 10:58.629 (40.488) | 11:40.009 (41.380) | 12:21.243 (41.234) | 13:02.581 (41.338) |
| 13:43.463 (40.882) | 14:24.757 (41.294) | 15:05.962 (41.205) | 15:46.691 (40.729) |
| 16:26.467 (39.776) |                    |                    |                    |
| 21 Jerry Lotz      | FR Central College | 16:06.96           | 16:33.01           |
| 38.636 (38.636)    | 1:15.017 (36.381)  | 1:51.135 (36.118)  | 2:26.633 (35.498)  |
| 3:02.531 (35.898)  | 3:39.216 (36.685)  | 4:16.575 (37.359)  | 4:53.920 (37.345)  |
| 5:31.561 (37.641)  | 6:09.405 (37.844)  | 6:47.505 (38.100)  | 7:25.635 (38.130)  |
| 8:05.087 (39.452)  | 8:45.931 (40.844)  | 9:26.309 (40.378)  | 10:06.302 (39.993) |
| 10:47.137 (40.835) | 11:28.590 (41.453) | 12:10.774 (42.184) | 12:53.881 (43.107) |
| 13:37.216 (43.335) | 14:20.215 (42.999) | 15:03.683 (43.468) | 15:49.423 (45.740) |
| 16:33.008 (43.585) |                    |                    |                    |
| 22 John Stoppelman | SR Loras           | 16:13.70           | 16:36.04           |
| 39.615 (39.615)    | 1:16.815 (37.200)  | 1:54.069 (37.254)  | 2:31.559 (37.490)  |
| 3:09.263 (37.704)  | 3:47.465 (38.202)  | 4:26.009 (38.544)  | 5:04.990 (38.981)  |
| 5:43.940 (38.950)  | 6:22.996 (39.056)  | 7:02.671 (39.675)  | 7:42.647 (39.976)  |
| 8:22.389 (39.742)  | 9:02.512 (40.123)  | 9:42.983 (40.471)  | 10:24.025 (41.042) |
| 11:05.008 (40.983) | 11:45.895 (40.887) | 12:27.113 (41.218) | 13:08.517 (41.404) |
| 13:50.520 (42.003) | 14:32.608 (42.088) | 15:14.320 (41.712) | 15:55.480 (41.160) |
| 16:36.037 (40.557) |                    |                    |                    |

**Men 60 Meter Hurdles****8 Advance: Top 1 Each Heat plus Next 5 Best Times**

|                 |      |           |                                 |
|-----------------|------|-----------|---------------------------------|
| All-Time: A     | 8.00 | 2009      | Shawn Olorundami, Buena Vista   |
| Championship: C | 8.22 | 2/27/2016 | Dan Roemerman, Central College  |
| Facility: F     | 8.06 | 2016      | Blake Alexander, William Jewell |

| Name | Year | School | Seed | Prelims | H# |
|------|------|--------|------|---------|----|
|------|------|--------|------|---------|----|

**Preliminaries**

|                     |    |                   |      |         |         |
|---------------------|----|-------------------|------|---------|---------|
| 1 Dylan Kalinay     | SR | Simpson (Iowa)    | 8.17 | C 8.21Q | 3       |
| 2 Kelshawn Johnson  | FR | Dubuque           | 8.24 | 8.30Q   | 2       |
| 3 Gerrand Moody     | SR | Loras             | 8.29 | 8.35Q   | 1       |
| 4 Famiek Cook       | JR | Wartburg          | 8.62 | 8.39q   | 2       |
| 5 Sam Adeniyi       | SO | Simpson (Iowa)    | 8.49 | 8.45q   | 2       |
| 6 Ryan Kruse        | JR | Central College   | 8.58 | 8.52q   | 1 8.512 |
| 7 Dallas Wright     | FR | Wartburg          | 8.52 | 8.52q   | 3 8.520 |
| 8 Clayton Gray      | SR | Dubuque           | 8.46 | 8.58q   | 1       |
| 9 Nolin Linebaugh   | JR | Nebraska Wesleyan | 8.87 | 8.59    | 1       |
| 10 Hunter Pollpeter | SR | Central College   | 8.54 | 8.60    | 2 8.593 |
| 11 Reese Hennerberg | FR | Nebraska Wesleyan | 8.51 | 8.60    | 3 8.599 |
| 12 Dillon DeMott    | SR | Wartburg          | 8.76 | 8.64    | 1       |

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|    |                  |    |                   |       |      |   |
|----|------------------|----|-------------------|-------|------|---|
| 13 | Braxtyn DeGolyer | SO | Nebraska Wesleyan | 8.69  | 8.68 | 3 |
| 14 | Andrew O'Neill   | SR | Loras             | 8.63  | 8.71 | 3 |
| 15 | Ryan Rogers      | FR | Loras             | 8.74  | 8.80 | 2 |
| 16 | Will Daniels     | SO | Central College   | 8.62  | 8.86 | 1 |
| 17 | Elliott Meyer    | FR | Simpson (Iowa)    | 9.13  | 9.08 | 3 |
| 18 | Tyler Fowler     | SO | Dubuque           | 9.11  | 9.53 | 2 |
| 19 | Nils Boyum       | SR | Luther            | 10.21 | 9.74 | 2 |
| 20 | Trevor Eckols    | FR | Coe               | 9.75  | 9.83 | 3 |

**Men 60 Meter Hurdles**

|                 |      |           |                                 |         |        |        |
|-----------------|------|-----------|---------------------------------|---------|--------|--------|
| All-Time: A     | 8.00 | 2009      | Shawn Olorundami, Buena Vista   |         |        |        |
| Championship: C | 8.22 | 2/27/2016 | Dan Roemerman, Central College  |         |        |        |
| Facility: F     | 8.06 | 2016      | Blake Alexander, William Jewell |         |        |        |
| Name            |      | Year      | School                          | Prelims | Finals | Points |

**Finals**

|   |                  |    |                 |      |       |    |
|---|------------------|----|-----------------|------|-------|----|
| 1 | Dylan Kalinay    | SR | Simpson (Iowa)  | 8.21 | 8.20C | 10 |
| 2 | Gerrand Moody    | SR | Loras           | 8.35 | 8.29  | 8  |
| 3 | Kelshawn Johnson | FR | Dubuque         | 8.30 | 8.30  | 6  |
| 4 | Famiek Cook      | JR | Wartburg        | 8.39 | 8.35  | 5  |
| 5 | Dallas Wright    | FR | Wartburg        | 8.52 | 8.52  | 4  |
| 6 | Clayton Gray     | SR | Dubuque         | 8.58 | 8.58  | 3  |
| 7 | Ryan Kruse       | JR | Central College | 8.52 | 8.62  | 2  |
| 8 | Sam Adeniyi      | SO | Simpson (Iowa)  | 8.45 | 9.30  | 1  |

**Men 4x200 Meter Relay**

|                 |         |      |   |        |    |        |
|-----------------|---------|------|---|--------|----|--------|
| All-Time: A     | 1:28.37 | 2003 | Wartburg, Wartburg                      |        |    |        |
|                 |         |      | S Bubb, J Hauser, A Six, B Showlater    |        |    |        |
| Championship: C | 1:28.37 | 2003 | Wartburg, Wartburg                      |        |    |        |
|                 |         |      | S Bubb, J Hauser, A Six, B Showlater    |        |    |        |
| Facility: F     | 1:31.88 | 2011 | Loras, Loras                            |        |    |        |
|                 |         |      | R Seymour, S Lewis, J Kawka, A Arthofer |        |    |        |
| School          |         |      | Seed                                    | Finals | H# | Points |

|   |                          |                   |                        |          |   |    |
|---|--------------------------|-------------------|------------------------|----------|---|----|
| 1 | Simpson (Iowa)           |                   | 1:30.13                | 1:30.57F | 3 | 10 |
|   | 1) Dylan Kalinay SR      |                   | 2) Travis Tupper JR    |          |   |    |
|   | 3) Emmitt Wheatley JR    |                   | 4) Chase Wetterling JR |          |   |    |
|   | 45.023 (45.023)          | 1:07.662 (22.640) | 1:30.567 (22.905)      |          |   |    |
| 2 | Wartburg                 |                   | 1:33.36                | 1:31.84F | 3 | 8  |
|   | 1) Denison Harrington SO |                   | 2) Dallas Wright FR    |          |   |    |
|   | 3) Joe Duehr SO          |                   | 4) Ryan Richmond SR    |          |   |    |
|   | 45.606 (45.606)          | 1:08.695 (23.089) | 1:31.833 (23.139)      |          |   |    |
| 3 | Nebraska Wesleyan        |                   | 1:33.41                | 1:32.26  | 2 | 6  |
|   | 1) Mamer Mamer JR        |                   | 2) Michael Merial SO   |          |   |    |
|   | 3) Chase Keller FR       |                   | 4) Marcus Thimm FR     |          |   |    |
|   | 45.070 (45.070)          | 1:08.866 (23.796) | 1:32.258 (23.392)      |          |   |    |
| 4 | Loras                    |                   | 1:31.08                | 1:32.67  | 3 | 5  |
|   | 1) Patrick Mikel SO      |                   | 2) Shamari Scott SO    |          |   |    |
|   | 3) Tyson Morrison SO     |                   | 4) Jacob Beaton SO     |          |   |    |
|   | 45.613 (45.613)          | 1:09.166 (23.553) | 1:32.666 (23.500)      |          |   |    |
| 5 | Dubuque                  |                   | 1:33.94                | 1:32.77  | 2 | 4  |

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|                         |                       |                   |         |   |   |
|-------------------------|-----------------------|-------------------|---------|---|---|
| 1) Jeremiah Steed FR    | 2) Colfay Pointer SO  |                   |         |   |   |
| 3) Ryan Kind JR         | 4) Isaiah Ellis JR    |                   |         |   |   |
| 45.320 (45.320)         | 1:09.039 (23.719)     | 1:32.769 (23.730) |         |   |   |
| 6 Central College       |                       | 1:34.36           | 1:33.25 | 2 | 3 |
| 1) Mitchell Yaw FR      | 2) Hunter Howe JR     |                   |         |   |   |
| 3) Blake Morgan SR      | 4) Chris Neeld FR     |                   |         |   |   |
| 46.252 (46.252)         | 1:09.465 (23.214)     | 1:33.247 (23.782) |         |   |   |
| 7 Buena Vista           |                       |                   | 1:35.12 | 1 | 2 |
| 1) Brennan Dostal SR    | 2) Casey Lamle JR     |                   |         |   |   |
| 3) Sam McCain FR        | 4) Jeremiah Rice FR   |                   |         |   |   |
| 46.466 (46.466)         | 1:11.009 (24.543)     | 1:35.116 (24.107) |         |   |   |
| 8 Luther                |                       | 1:36.48           | 1:38.08 | 1 | 1 |
| 1) Maxwell Tapp JR      | 2) Robert Smedsrud SO |                   |         |   |   |
| 3) Jackson Hendricks SR | 4) Carter Fritz SO    |                   |         |   |   |
| 48.650 (48.650)         | 1:13.908 (25.258)     | 1:38.079 (24.172) |         |   |   |
| 9 Coe                   |                       | 1:37.55           | 1:40.64 | 1 |   |
| 1) Nate Phillips SO     | 2) Gabe Varney SO     |                   |         |   |   |
| 3) Trevor Eckols FR     | 4) Landon Kraus JR    |                   |         |   |   |
| 50.924 (50.924)         | 1:16.074 (25.150)     | 1:40.635 (24.562) |         |   |   |

**Men 4x400 Meter Relay**

| All-Time: A 3:14.04     | 2004                    | Wartburg, Wartburg                     |          |          |  |
|-------------------------|-------------------------|--|----------|----------|--|
| Championship: C 3:21.51 | 2/25/2017               | Simpson (Iowa), Simpson (Iowa)         |          |          |  |
| Facility: F 3:25.76     | 2015                    | William Penn, William Penn             |          |          |  |
|                         |                         | C Watts, S Medlin, N Thomas, A Edwards |          |          |  |
| School                  | Seed                    | Finals                                 | H#       | Points   |  |
| 1 Simpson (Iowa)        | 3:24.89                 | 3:24.44F                               | 2        | 10       |  |
| 1) Chase Wetterling JR  | 2) Travis Tupper JR     |  |          |          |  |
| 3) Emmitt Wheatley JR   | 4) Jordan Coughenour JR |  |          |          |  |
| 50.771 (50.771)         | 1:41.992 (51.221)       | 2:33.561 (51.569)                      | 3:24.434 | (50.874) |  |
| 2 Loras                 | 3:18.74                 | 3:26.30                                | 2        | 8        |  |
| 1) Shamari Scott SO     | 2) Evan Gradoville JR   |  |          |          |  |
| 3) Gerrand Moody SR     | 4) Patrick Mikel SO     |  |          |          |  |
| 51.599 (51.599)         | 1:43.745 (52.147)       | 2:35.761 (52.016)                      | 3:26.297 | (50.537) |  |
| 3 Dubuque               | 3:25.59                 | 3:28.82                                | 2        | 6        |  |
| 1) Lucas Hofer FR       | 2) Colfay Pointer SO    |  |          |          |  |
| 3) Hunter Klose JR      | 4) Tyler Fowler SO      |  |          |          |  |
| 52.095 (52.095)         | 1:41.658 (49.564)       | 2:33.933 (52.275)                      | 3:28.816 | (54.884) |  |
| 4 Central College       | 3:27.40                 | 3:30.08                                | 1        | 5        |  |
| 1) Mitchell Yaw FR      | 2) Blake Morgan SR      |  |          |          |  |
| 3) Cory Suedmeier SO    | 4) Hunter Howe JR       |  |          |          |  |
| 52.122 (52.122)         | 1:44.203 (52.081)       | 2:37.616 (53.414)                      | 3:30.076 | (52.460) |  |
| 5 Nebraska Wesleyan     | 3:29.60                 | 3:30.17                                | 1        | 4        |  |
| 1) Michael Merical SO   | 2) Tyler Janssen SR     |  |          |          |  |
| 3) Travis Ohnoutka JR   | 4) Marcus Thimm FR      |  |          |          |  |
| 51.871 (51.871)         | 1:44.264 (52.394)       | 2:37.851 (53.588)                      | 3:30.163 | (52.312) |  |
| 6 Coe                   | 3:30.00                 | 3:33.14                                | 1        | 3        |  |
| 1) Hunter Wendt FR      | 2) Caleb Rigdon FR      |  |          |          |  |
| 3) Nathan Suell JR      | 4) Ryan Izer JR         |  |          |          |  |
| 54.298 (54.298)         | 1:46.837 (52.540)       | 2:39.539 (52.703)                      | 3:33.138 | (53.599) |  |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****....Men 4x400 Meter Relay**

|                      |                     |                   |                   |   |
|----------------------|---------------------|-------------------|-------------------|---|
| 7 Buena Vista        | 3:33.99             | 3:41.62           | 1                 | 2 |
| 1) Brennan Dostal SR | 2) Blake Patten FR  |                   |                   |   |
| 3) Sam McCain FR     | 4) Casey Lamle JR   |                   |                   |   |
| 52.202 (52.202)      | 1:48.901 (56.700)   | 2:45.671 (56.770) | 3:41.617 (55.947) |   |
| 8 Wartburg           | 3:20.05             | 3:42.04           | 2                 | 1 |
| 1) Dallas Wright FR  | 2) Will Coonradt SR |                   |                   |   |
| 3) Levi Dolphin SR   | 4) Cody Snider SR   |                   |                   |   |
| 51.047 (51.047)      | 1:57.054 (1:06.008) | 2:48.915 (51.861) | 3:42.037 (53.123) |   |
| 9 Luther             | 3:43.50             | 3:42.53           | 1                 |   |
| 1) Carter Fritz SO   | 2) Trevor Haren FR  |                   |                   |   |
| 3) Ty Kloft JR       | 4) Eric Smedsrud FR |                   |                   |   |
| 55.613 (55.613)      | 1:50.506 (54.893)   | 2:47.563 (57.058) | 3:42.523 (54.960) |   |

**Men 4x800 Meter Relay**

|                           |                       |                     |  |               |
|---------------------------|-----------------------|---------------------|--|---------------|
| =====                     |                       |                     |  |               |
| All-Time: A               | 7:48.50               | 2017                | Central, Central                             |               |
|                           |                       |                     | J Specht, T Rathje, K Pape, M Fairley        |               |
| Championship: C           | 7:52.15               | 2013                | Buena Vista, Buena Vista                     |               |
|                           |                       |                     | A Smith, G Woodson, B Berberich, S Woodson   |               |
| Facility: F               | 8:02.75               | 2011                | Cornell, Cornell                             |               |
|                           |                       |                     | A Rooyakkers, C Stadler, S Riedel, K Donavin |               |
| School                    |                       |                     | Seed   | Finals Points |
| =====                     |                       |                     |  |               |
| 1 Central College         | 7:55.20               |                     | 7:59.50F                                     | 10            |
| 1) Jon Specht SR          | 2) Taylor Donner SR   |                     |  |               |
| 3) Kyle Pape JR           | 4) Preston Kizer SO   |                     |  |               |
| 2:00.418 (2:00.418)       | 4:01.138 (2:00.720)   | 6:00.784 (1:59.646) | 7:59.498 (1:58.714)                          |               |
| 2 Wartburg                |                       |                     | 7:59.55F                                     | 8             |
| 1) Sam Lorimer FR         | 2) Conor Sapp SO      |                     |  |               |
| 3) Sam McMichael JR       | 4) Casey Roberts JR   |                     |  |               |
| 2:03.174 (2:03.174)       | 4:03.816 (2:00.642)   | 6:04.646 (2:00.830) | 7:59.544 (1:54.898)                          |               |
| 3 Luther                  |                       |                     | 8:03.87                                      | 6             |
| 1) Alex Streitz JR        | 2) Kyle Gilberg JR    |                     |  |               |
| 3) Jonah Gehrt JR         | 4) Collin Kern SO     |                     |  |               |
| 2:04.506 (2:04.506)       | 4:03.236 (1:58.730)   | 6:05.334 (2:02.098) | 8:03.866 (1:58.532)                          |               |
| 4 Nebraska Wesleyan       |                       |                     | 8:06.05                                      | 5             |
| 1) Bryan Butler SR        | 2) Cory Plugge SR     |                     |  |               |
| 3) Alex Main JR           | 4) Bryson Williams FR |                     |  |               |
| 2:02.164 (2:02.164)       | 4:03.656 (2:01.492)   | 6:05.244 (2:01.588) | 8:06.042 (2:00.798)                          |               |
| 5 Loras                   |                       |                     | 8:11.88                                      | 4             |
| 1) Cole Conklin-Little SO | 2) Conor Otting FR    |                     |  |               |
| 3) Jack Carroll JR        | 4) Kylia Lally SR     |                     |  |               |
| 2:02.418 (2:02.418)       | 4:04.558 (2:02.140)   | 6:10.414 (2:05.856) | 8:11.878 (2:01.464)                          |               |
| 6 Simpson (Iowa)          |                       |                     | 8:12.50                                      | 3             |
| 1) Tyler Combs FR         | 2) Levi Lefebure SO   |                     |  |               |
| 3) Josh Paulson SO        | 4) Kyle Hovey SR      |                     |  |               |
| 2:03.124 (2:03.124)       | 4:05.042 (2:01.918)   | 6:08.038 (2:02.996) | 8:12.494 (2:04.456)                          |               |
| 7 Dubuque                 |                       |                     | 8:41.74                                      | 2             |
| 1) Chad Manternach SO     | 2) Michael Orcutt FR  |                     |  |               |
| 3) Joseph Tobin SO        | 4) Jacob Mentzer SR   |                     |  |               |
| 2:07.954 (2:07.954)       | 4:16.736 (2:08.782)   | 6:29.166 (2:12.430) | 8:41.734 (2:12.568)                          |               |
| 8 Buena Vista             |                       |                     | 8:57.90                                      | 1             |
| 1) Alex Loerts SO         | 2) Casey Lamle JR     |                     |  |               |

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3) Brayden Collins FR 4) Blake Patten FR  
 2:11.630 (2:11.630) 4:21.784 (2:10.154) 6:40.718 (2:18.934) 8:57.894 (2:17.176)

**Men Distance Medley**

| All-Time: A 9:54.08 2014 Central, Central        |                          | A O'Brien, S Hammack, D Jackson, E Horton   |                      |
|--|--------------------------|---|----------------------|
| Championship: C 10:01.66 2008 Wartburg, Wartburg |                          | A Hodge, D Peth, J Hommer, K Balster        |                      |
| Facility: F 10:26.94 2011 Cornell, Cornell       |                          | A Rooyakkers, R Skoog, C Stadler, K Donavin |                      |
| School   | Seed                     | Finals                                      | Points               |
| 1 Wartburg                                       | 10:03.13                 | 10:24.62F                                   | 10                   |
| 1) Conor Sapp SO                                 | 2) Levi Dolphin SR       |   |                      |
| 3) Cody Snider SR                                | 4) Casey Roberts JR      |   |                      |
| 3:15.916 (3:15.916)                              | 4:07.647 (51.731)        | 6:04.234 (1:56.587)                         | 10:24.615 (4:20.381) |
| 2 Simpson (Iowa)                                 | 11:16.28                 | 10:27.83                                    | 8                    |
| 1) Tyler Combs FR                                | 2) Jordan Coughenour JR  |   |                      |
| 3) Levi Lefebure SO                              | 4) Kyle Hovey SR         |   |                      |
| 3:13.950 (3:13.950)                              | 4:04.370 (50.420)        | 6:04.909 (2:00.539)                         | 10:27.829 (4:22.920) |
| 3 Luther   |                          | 10:28.14                                    | 6                    |
| 1) Collin Kern SO                                | 2) Trevor Haren FR       |   |                      |
| 3) Kyle Gilberg JR                               | 4) Erik Duethman SR      |   |                      |
| 3:10.705 (3:10.705)                              | 4:05.332 (54.627)        | 6:04.815 (1:59.483)                         | 10:28.137 (4:23.322) |
| 4 Central College                                | 10:21.62                 | 10:30.98                                    | 5                    |
| 1) Preston Kizer SO                              | 2) Cory Suedmeier SO     |   |                      |
| 3) Taylor Donner SR                              | 4) Kyle Pape JR          |   |                      |
| 3:13.083 (3:13.083)                              | 4:05.108 (52.025)        | 6:05.103 (1:59.995)                         | 10:30.974 (4:25.871) |
| 5 Loras  | 11:35.34                 | 10:36.11                                    | 4                    |
| 1) Cole Conklin-Little SO                        | 2) Evan Gradoville JR    |   |                      |
| 3) Kylian Lally SR                               | 4) Jack Carroll JR       |   |                      |
| 3:14.923 (3:14.923)                              | 4:06.723 (51.800)        | 6:04.706 (1:57.983)                         | 10:36.107 (4:31.401) |
| 6 Nebraska Wesleyan                              | 10:50.35                 | 10:58.80                                    | 3                    |
| 1) Cory Plugge SR                                | 2) Tyler Janssen SR      |   |                      |
| 3) Alex Main JR                                  | 4) Joe Frazier FR        |   |                      |
| 3:18.469 (3:18.469)                              | 4:12.099 (53.630)        | 6:14.674 (2:02.575)                         | 10:58.794 (4:44.120) |
| 7 Dubuque  |                          | 11:06.88                                    | 2                    |
| 1) Hunter Klose JR                               | 2) Lucas Hofer FR        |   |                      |
| 3) Michael Orcutt FR                             | 4) Riley Boyce SO        |   |                      |
| 3:17.671 (3:17.671)                              | 4:09.300 (51.629)        | 6:17.781 (2:08.481)                         | 11:06.877 (4:49.096) |
| 8 Buena Vista                                    |                          | 12:01.75                                    | 1                    |
| 1) Zach Kenny SO                                 | 2) Kenyon Nunez FR       |   |                      |
| 3) Brayden Collins FR                            | 4) Cameron Kaltschnee FR |   |                      |
| 3:47.066 (3:47.066)                              | 4:43.257 (56.191)        | 7:00.207 (2:16.950)                         | 12:01.745 (5:01.538) |

**Men High Jump**

| All-Time: A 2.17m 2005 Cale VanGenderen, Central |      | Championship: C 2.13m 2/27/2016 Logan Mulford, Central College |      | Facility: F 2.12m 2016 Logan Mulford, Central |        |
|--|------|--|------|---|--------|
| Name   | Year | School   | Seed | Finals  | Points |



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|    |   |                      |       |       |         |      |
|----|---|----------------------|-------|-------|---------|------|
| 1  | Will Daniels                            | SO Central College   | 2.10m | 2.07m | 6-09.50 | 10   |
|    | 1.77 1.82 1.87 1.92 1.97 2.02 2.07 2.12 |                      |       |       |         |      |
|    | PPP PPP PPP 0 0 0 0 XXX                 |                      |       |       |         |      |
| 2  | Darrion Morgan                          | FR Dubuque           | 2.06m | 1.97m | 6-05.50 | 8    |
|    | 1.77 1.82 1.87 1.92 1.97 2.02           |                      |       |       |         |      |
|    | PPP PPP 0 0 0 XXX                       |                      |       |       |         |      |
| 3  | Isaiah Strong                           | SO Simpson (Iowa)    | 1.97m | 1.97m | 6-05.50 | 6    |
|    | 1.77 1.82 1.87 1.92 1.97 2.02           |                      |       |       |         |      |
|    | PPP PPP 0 XO 0 XXX                      |                      |       |       |         |      |
| 4  | Nathan Keck                             | JR Wartburg          | 1.97m | 1.97m | 6-05.50 | 5    |
|    | 1.77 1.82 1.87 1.92 1.97 2.02           |                      |       |       |         |      |
|    | PPP PPP 0 0 XXO XXX                     |                      |       |       |         |      |
| 5  | Malik Morris                            | SR Nebraska Wesleyan | 1.99m | 1.97m | 6-05.50 | 3.50 |
|    | 1.77 1.82 1.87 1.92 1.97 2.02           |                      |       |       |         |      |
|    | PPP PPP 0 XXO XXO XXX                   |                      |       |       |         |      |
| 5  | Chandler Petersen                       | JR Nebraska Wesleyan | 2.02m | 1.97m | 6-05.50 | 3.50 |
|    | 1.77 1.82 1.87 1.92 1.97 2.02           |                      |       |       |         |      |
|    | PPP PPP 0 XXO XXO XXX                   |                      |       |       |         |      |
| 7  | Sam Rew                                 | JR Nebraska Wesleyan | 1.94m | 1.92m | 6-03.50 | 1    |
|    | 1.77 1.82 1.87 1.92 1.97                |                      |       |       |         |      |
|    | PPP PPP 0 0 XXX                         |                      |       |       |         |      |
| 7  | Daelin Lockman                          | FR Wartburg          | 1.97m | 1.92m | 6-03.50 | 1    |
|    | 1.77 1.82 1.87 1.92 1.97                |                      |       |       |         |      |
|    | PPP 0 0 0 XXX                           |                      |       |       |         |      |
| 7  | Devante Pearson                         | SO Wartburg          | 1.91m | 1.92m | 6-03.50 | 1    |
|    | 1.77 1.82 1.87 1.92 1.97                |                      |       |       |         |      |
|    | PPP 0 0 0 XXX                           |                      |       |       |         |      |
| 10 | Grayson McBride                         | FR Nebraska Wesleyan | 1.94m | 1.92m | 6-03.50 |      |
|    | 1.77 1.82 1.87 1.92 1.97                |                      |       |       |         |      |
|    | PPP PPP XO 0 XXX                        |                      |       |       |         |      |
| 11 | Caleb Cowles                            | FR Central College   | 1.93m | 1.92m | 6-03.50 |      |
|    | 1.77 1.82 1.87 1.92 1.97                |                      |       |       |         |      |
|    | PPP 0 0 XXO XXX                         |                      |       |       |         |      |
| 12 | Quintin Durov                           | SO Loras             | 1.90m | 1.87m | 6-01.50 |      |
|    | 1.77 1.82 1.87 1.92                     |                      |       |       |         |      |
|    | 0 0 0 XXX                               |                      |       |       |         |      |
| 13 | Sirrus Bier                             | FR Dubuque           | 1.93m | 1.87m | 6-01.50 |      |
|    | 1.77 1.82 1.87 1.92                     |                      |       |       |         |      |
|    | 0 0 XO XXX                              |                      |       |       |         |      |
| 14 | David Johnson                           | SO Dubuque           | 1.83m | 1.77m | 5-09.75 |      |
|    | 1.77 1.82                               |                      |       |       |         |      |
|    | 0 XXX                                   |                      |       |       |         |      |
| 15 | Josh Dietrich                           | SO Simpson (Iowa)    |       | 1.77m | 5-09.75 |      |
|    | 1.77 1.82                               |                      |       |       |         |      |
|    | XO XXX                                  |                      |       |       |         |      |
| 16 | Sam Adeniyi                             | SO Simpson (Iowa)    | 1.92m | 1.77m | 5-09.75 |      |
|    | 1.77 1.82                               |                      |       |       |         |      |
|    | XXO XXX                                 |                      |       |       |         |      |
| -- | Grant Preheim                           | SR Luther            | 1.73m | NH    |         |      |
|    | 1.77                                    |                      |       |       |         |      |
|    | XXX                                     |                      |       |       |         |      |
| -- | Dray Schreiber                          | SR Coe               | 1.71m | NH    |         |      |
|    | 1.77                                    |                      |       |       |         |      |
|    | XXX                                     |                      |       |       |         |      |

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-- Reese Iversen SR Central College 1.89m DNS

**Men Pole Vault**

| All-Time: A 5.20m 2008                  |      | Kyle Calvert, Loras    |       |        |               |
|---|------|------------------------|-------|--------|---------------|
| Championship: C 4.91m 2007              |      | Kyle Calvert, Loras    |       |        |               |
| Facility: F 5.10m 2017                  |      | Nick Homan, Unattached |       |        |               |
| Name                                    | Year | School                 | Seed  | Finals | Points        |
| 1 Ian Christ                            |      | FR Dubuque             | 3.95m | 4.35m  | 14-03.25 10   |
| 3.45 3.60 3.75 3.90 4.05 4.20 4.35 4.50 |      |                        |       |        |               |
| PPP XO O O O O O XXX                    |      |                        |       |        |               |
| 2 Hunter Dunlap                         |      | SR Loras               | 4.30m | 4.35m  | 14-03.25 8    |
| 3.45 3.60 3.75 3.90 4.05 4.20 4.35 4.50 |      |                        |       |        |               |
| PPP PPP PPP PPP O XO O XXX              |      |                        |       |        |               |
| 3 Ryan Kruse                            |      | JR Central College     | 4.20m | 4.20m  | 13-09.25 5.50 |
| 3.45 3.60 3.75 3.90 4.05 4.20 4.35      |      |                        |       |        |               |
| PPP PPP O O O O XXX                     |      |                        |       |        |               |
| 3 Tanner Johnson                        |      | FR Central College     | 4.12m | 4.20m  | 13-09.25 5.50 |
| 3.45 3.60 3.75 3.90 4.05 4.20 4.35      |      |                        |       |        |               |
| PPP PPP PPP O O O XXX                   |      |                        |       |        |               |
| 5 Nick Dreska                           |      | SR Loras               | 4.11m | 4.05m  | 13-03.50 4    |
| 3.45 3.60 3.75 3.90 4.05 4.20           |      |                        |       |        |               |
| PPP PPP PPP O XXO XXX                   |      |                        |       |        |               |
| 6 Trent Ostby                           |      | SO Luther              | 4.13m | 3.90m  | 12-09.50 3    |
| 3.45 3.60 3.75 3.90 4.05                |      |                        |       |        |               |
| PPP PPP PPP XXO XXX                     |      |                        |       |        |               |
| 7 Will Daniels                          |      | SO Central College     | 3.97m | 3.75m  | 12-03.50 2    |
| 3.45 3.60 3.75 3.90                     |      |                        |       |        |               |
| XO O O XXX                              |      |                        |       |        |               |
| 8 Philip Senn                           |      | SR Dubuque             | 3.90m | 3.75m  | 12-03.50 1    |
| 3.45 3.60 3.75 3.90                     |      |                        |       |        |               |
| O PPP XXO XXX                           |      |                        |       |        |               |
| 9 Elijah Kane                           |      | SR Luther              | 3.85m | 3.60m  | 11-09.75      |
| 3.45 3.60 3.75                          |      |                        |       |        |               |
| O O XXX                                 |      |                        |       |        |               |
| 10 Nils Boyum                           |      | SR Luther              | 3.60m | 3.60m  | 11-09.75      |
| 3.45 3.60 3.75                          |      |                        |       |        |               |
| XXO XO XXX                              |      |                        |       |        |               |
| 11 Zach Pogorzelski                     |      | JR Wartburg            | 3.71m | 3.60m  | 11-09.75      |
| 3.45 3.60 3.75                          |      |                        |       |        |               |
| O XXO XXX                               |      |                        |       |        |               |
| 12 Brit Nelson                          |      | JR Wartburg            | 3.71m | 3.45m  | 11-03.75      |
| 3.45 3.60                               |      |                        |       |        |               |
| XO XXX                                  |      |                        |       |        |               |
| -- Spencer Pemelton                     |      | FR Buena Vista         | 3.00m | NH     |               |
| 3.45                                    |      |                        |       |        |               |
| XXX                                     |      |                        |       |        |               |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****Men Long Jump**

| All-Time: A 7.69m 2009     |       | Eric Bertelsen, Buena Vista |       |        |             |
|----------------------------|-------|-----------------------------|-------|--------|-------------|
| Championship: C 7.69m 2009 |       | Eric Bertelsen, Buena Vista |       |        |             |
| Facility: F 7.36m 2011     |       | Ethan Miller, Central       |       |        |             |
| Name                       | Year  | School                      | Seed  | Finals | Points      |
| 1 Maurice Cushion-Lewis    | SO    | Dubuque                     | 7.00m | 6.98m  | 22-11.00 10 |
|                            | 6.75m | 6.70m                       | 6.92m | 6.58m  | 6.62m 6.98m |
| 2 Will Daniels             | SO    | Central College             | 6.79m | 6.94m  | 22-09.25 8  |
|                            | 6.94m | FOUL                        | 6.72m | PASS   | PASS FOUL   |
| 3 Trent Koehler            | SO    | Nebraska Wesleyan           | 7.19m | 6.84m  | 22-05.25 6  |
|                            | FOUL  | 6.84m                       | 6.80m | 6.68m  | 6.82m 6.67m |
| 4 Malik Morris             | SR    | Nebraska Wesleyan           | 7.07m | 6.74m  | 22-01.50 5  |
|                            | 6.50m | FOUL                        | FOUL  | 6.24m  | 6.74m       |
| 5 Colby Rattenborg         | SR    | Loras                       | 6.84m | 6.67m  | 21-10.75 4  |
|                            | FOUL  | FOUL                        | 6.65m | 6.57m  | 6.67m 6.64m |
| 6 Ryan Rogers              | FR    | Loras                       | 6.73m | 6.56m  | 21-06.25 3  |
|                            | 6.19m | 5.78m                       | 5.05m | 5.45m  | 5.30m 6.56m |
| 7 Neal Valant              | SO    | Dubuque                     | 6.58m | 6.48m  | 21-03.25 2  |
|                            | 6.15m | 6.07m                       | 5.97m | FOUL   | 6.36m 6.48m |
| 8 Eli Barrett              | FR    | Wartburg                    | 6.35m | 6.26m  | 20-06.50 1  |
|                            | FOUL  | FOUL                        | 6.16m | 6.12m  | 6.26m FOUL  |
| 9 Doyle Carroll            | FR    | Loras                       | 6.28m | 6.08m  | 19-11.50    |
|                            | 5.90m | 6.07m                       | 6.07m | 6.08m  | FOUL FOUL   |
| 10 Matt Winter             | FR    | Nebraska Wesleyan           | 6.58m | 6.07m  | 19-11.00    |
|                            | 6.07m | 5.06m                       | 5.96m | 5.93m  | 5.97m 5.92m |
| 11 Austin Greenwalt        | SO    | Simpson (Iowa)              | 6.14m | 6.03m  | 19-09.50    |
|                            | 6.02m | 6.00m                       | 6.03m |        |             |
| 12 Jeremiah Rice           | FR    | Buena Vista                 | 6.24m | 6.03m  | 19-09.50    |
|                            | 6.03m | FOUL                        | 5.98m |        |             |
| 13 Daelin Lockman          | FR    | Wartburg                    | 6.19m | 6.00m  | 19-08.25    |
|                            | 6.00m | 5.78m                       | 5.56m |        |             |
| 14 Zakary Harbach          | FR    | Dubuque                     | 6.07m | 5.77m  | 18-11.25    |
|                            | 5.61m | FOUL                        | 5.77m |        |             |
| 15 Grant Preheim           | SR    | Luther                      | 6.11m | 5.70m  | 18-08.50    |
|                            | 5.70m | FOUL                        | 5.68m |        |             |
| 16 Brian Rew               | SO    | Simpson (Iowa)              | 5.67m | 5.66m  | 18-07.00    |
|                            | 5.66m | FOUL                        | 5.22m |        |             |
| 17 Maxwell Tapp            | JR    | Luther                      | 5.83m | 5.47m  | 17-11.50    |
|                            | FOUL  | FOUL                        | 5.47m |        |             |
| 18 Dray Schreiber          | SR    | Coe                         | 5.66m | 5.44m  | 17-10.25    |
|                            | 5.44m | FOUL                        | FOUL  |        |             |
| -- Famiek Cook             | JR    | Wartburg                    | 7.07m | FOUL   |             |
|                            | FOUL  | FOUL                        | FOUL  |        |             |

**Men Triple Jump**

| All-Time: A 14.60m 2005     |        | DeAndre Bovan, Dubuque         |        |        |             |
|-----------------------------|--------|--------------------------------|--------|--------|-------------|
| Championship: C 14.60m 2005 |        | DeAndre Bovan, Dubuque         |        |        |             |
| Facility: F 14.59m 2016     |        | Johnathan Osifuye-White, Drake |        |        |             |
| Name                        | Year   | School                         | Seed   | Finals | Points      |
| 1 Trent Koehler             | SO     | Nebraska Wesleyan              | 13.61m | 13.98m | 45-10.50 10 |
|                             | 13.46m | FOUL                           | 13.40m | 13.98m | FOUL 13.94m |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****....Men Triple Jump**

|    |                      |                      |        |        |          |   |
|----|----------------------|----------------------|--------|--------|----------|---|
| 2  | Colby Rattenborg     | SR Loras             | 13.21m | 13.52m | 44-04.25 | 8 |
|    | FOUL 13.52m 13.44m   | FOUL 13.36m 13.01m   |        |        |          |   |
| 3  | Nathan Keck          | JR Wartburg          | 12.99m | 13.46m | 44-02.00 | 6 |
|    | 12.90m 13.33m 13.38m | 13.26m 13.34m 13.46m |        |        |          |   |
| 4  | Nicholas Beatty      | FR Dubuque           | 13.28m | 13.16m | 43-02.25 | 5 |
|    | 12.82m 12.79m 13.16m | 12.77m FOUL 12.58m   |        |        |          |   |
| 5  | Tyler Sharp          | JR Nebraska Wesleyan | 12.96m | 13.14m | 43-01.50 | 4 |
|    | 12.80m 13.14m 12.62m | 12.85m 13.13m FOUL   |        |        |          |   |
| 6  | Sam McCain           | FR Buena Vista       | 12.30m | 12.71m | 41-08.50 | 3 |
|    | 12.40m 12.38m 12.51m | 12.22m 12.65m 12.71m |        |        |          |   |
| 7  | Jeremiah Rice        | FR Buena Vista       | 12.45m | 12.71m | 41-08.50 | 2 |
|    | 12.22m 12.09m 12.71m | FOUL 12.46m 12.63m   |        |        |          |   |
| 8  | Grant Preheim        | SR Luther            | 12.18m | 12.59m | 41-03.75 | 1 |
|    | 12.49m 12.26m 12.42m | 12.49m 12.47m 12.59m |        |        |          |   |
| 9  | Neal Valant          | SO Dubuque           | 12.84m | 12.40m | 40-08.25 |   |
|    | 12.21m FOUL 12.40m   | 11.63m FOUL 11.80m   |        |        |          |   |
| 10 | Peter Kilburg        | FR Loras             | 12.48m | 12.38m | 40-07.50 |   |
|    | 11.91m 12.38m 12.30m |                      |        |        |          |   |
| 11 | Famiek Cook          | JR Wartburg          |        | 12.35m | 40-06.25 |   |
|    | 11.59m 12.35m 12.11m |                      |        |        |          |   |
| 12 | Austin Greenwalt     | SO Simpson (Iowa)    | 12.53m | 12.32m | 40-05.00 |   |
|    | 11.84m 12.32m 11.90m |                      |        |        |          |   |
| 13 | Ahymad Lee           | JR Wartburg          | 12.20m | 12.06m | 39-07.00 |   |
|    | FOUL 12.06m FOUL     |                      |        |        |          |   |
| 14 | Chris Ball           | SR Loras             | 11.94m | 11.93m | 39-01.75 |   |
|    | 11.75m FOUL 11.93m   |                      |        |        |          |   |
| 15 | Doyle Carroll        | FR Loras             | 12.12m | 11.72m | 38-05.50 |   |
|    | FOUL 11.72m 11.48m   |                      |        |        |          |   |
| 16 | Dray Schreiber       | SR Coe               | 12.03m | 11.37m | 37-03.75 |   |
|    | FOUL FOUL 11.37m     |                      |        |        |          |   |
| 17 | Aaron Poppert        | FR Nebraska Wesleyan | 12.06m | 11.36m | 37-03.25 |   |
|    | 11.36m FOUL FOUL     |                      |        |        |          |   |
| -- | Blaze Barista        | SO Dubuque           | 14.17m | SCR    |          |   |

**Men Shot Put**

|       |                       |        |                      |                       |        |             |
|-------|-----------------------|--------|----------------------|-----------------------|--------|-------------|
| ===== |                       |        |                      |                       |        |             |
|       | All-Time: A           | 18.58m | 2015                 | Colt Feltes, Wartburg |        |             |
|       | Championship: C       | 18.10m | 2/27/2015            | Colt Feltes, Wartburg |        |             |
|       | Facility: F           | 16.33m | 2011                 | Matt Graber, Central  |        |             |
|       | Name                  |        | Year School          | Seed                  | Finals | Points      |
| ===== |                       |        |                      |                       |        |             |
| 1     | Josh Mathis           |        | SO Dubuque           | 15.73m                | 15.96m | 52-04.50 10 |
|       | 15.11m 15.87m 14.89m  |        | FOUL 15.96m FOUL     |                       |        |             |
| 2     | Nathan Fitzgerald     |        | JR Central College   | 15.52m                | 15.93m | 52-03.25 8  |
|       | 15.34m 15.33m 15.86m  |        | FOUL 15.93m FOUL     |                       |        |             |
| 3     | Blaze Murfin          |        | JR Dubuque           | 17.16m                | 15.91m | 52-02.50 6  |
|       | FOUL FOUL 15.91m FOUL |        | 15.53m FOUL          |                       |        |             |
| 4     | Jake Berg             |        | JR Loras             | 15.17m                | 15.57m | 51-01.00 5  |
|       | 15.57m 15.31m 15.38m  |        | 14.08m 14.15m FOUL   |                       |        |             |
| 5     | Drew Beall            |        | JR Buena Vista       | 15.00m                | 15.39m | 50-06.00 4  |
|       | 15.39m 14.99m FOUL    |        | 14.17m 14.40m 15.38m |                       |        |             |
| 6     | Austin Feyen          |        | SO Dubuque           | 13.75m                | 15.01m | 49-03.00 3  |
|       | 14.19m 14.31m 14.51m  |        | 15.01m FOUL FOUL     |                       |        |             |

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|    |                                     |                      |        |        |          |   |
|----|-------------------------------------|----------------------|--------|--------|----------|---|
| 7  | Chase Bonner                        | JR Buena Vista       | 14.99m | 14.94m | 49-00.25 | 2 |
|    | FOUL FOUL 14.29m FOUL 14.94m 14.44m |                      |        |        |          |   |
| 8  | Georg Niit                          | SR Nebraska Wesleyan | 14.78m | 14.79m | 48-06.25 | 1 |
|    | 14.43m 14.79m FOUL FOUL FOUL FOUL   |                      |        |        |          |   |
| 9  | Garrett Rohlk                       | SR Buena Vista       | 13.56m | 14.39m | 47-02.50 |   |
|    | 14.39m 13.39m FOUL FOUL FOUL FOUL   |                      |        |        |          |   |
| 10 | Zachary Naatz                       | FR Dubuque           | 13.51m | 14.13m | 46-04.25 |   |
|    | 13.61m 14.10m 14.13m                |                      |        |        |          |   |
| 11 | Charles Goodman                     | JR Nebraska Wesleyan | 15.07m | 14.13m | 46-04.25 |   |
|    | FOUL 14.13m FOUL                    |                      |        |        |          |   |
| 12 | Robbie Peters                       | SR Coe               | 14.28m | 13.86m | 45-05.75 |   |
|    | 13.55m 13.73m 13.86m                |                      |        |        |          |   |
| 13 | Garrett Hammond                     | JR Loras             | 14.36m | 13.77m | 45-02.25 |   |
|    | 13.77m 12.93m FOUL                  |                      |        |        |          |   |
| 14 | Caleb Striegel                      | SO Simpson (Iowa)    | 14.29m | 13.74m | 45-01.00 |   |
|    | 13.49m 13.74m 13.26m                |                      |        |        |          |   |
| 15 | Josh Seymour                        | SO Coe               | 13.52m | 13.69m | 44-11.00 |   |
|    | 12.20m 13.69m FOUL                  |                      |        |        |          |   |
| 16 | Jacob Hayes                         | SR Coe               | 12.65m | 13.26m | 43-06.00 |   |
|    | 12.62m FOUL 13.26m                  |                      |        |        |          |   |
| 17 | Patrick Norem                       | JR Central College   | 13.57m | 13.16m | 43-02.25 |   |
|    | 12.57m FOUL 13.16m                  |                      |        |        |          |   |
| 18 | Erik Killgore                       | FR Buena Vista       | 12.80m | 13.00m | 42-08.00 |   |
|    | 12.73m 12.48m 13.00m                |                      |        |        |          |   |
| 19 | Sam Heimer                          | SR Wartburg          | 12.30m | 12.85m | 42-02.00 |   |
|    | 11.95m 12.85m FOUL                  |                      |        |        |          |   |
| 20 | Lucas Kane                          | SR Luther            | 12.88m | 12.67m | 41-07.00 |   |
|    | 12.02m 12.67m 11.99m                |                      |        |        |          |   |
| 21 | Zac Couture                         | FR Loras             | 13.41m | 12.42m | 40-09.00 |   |
|    | FOUL 12.42m 12.30m                  |                      |        |        |          |   |
| 22 | Mason Spree                         | FR Simpson (Iowa)    | 12.80m | 12.34m | 40-06.00 |   |
|    | FOUL FOUL 12.34m                    |                      |        |        |          |   |
| 23 | Connor Warrick                      | SO Simpson (Iowa)    | 11.96m | 11.88m | 38-11.75 |   |
|    | FOUL 11.63m 11.88m                  |                      |        |        |          |   |
| 24 | Josh Kreitlow                       | FR Wartburg          | 11.19m | 10.79m | 35-05.00 |   |
|    | 10.79m FOUL 10.54m                  |                      |        |        |          |   |
| 25 | Reihana Paewai                      | FR Luther            | 8.10m  | 8.49m  | 27-10.25 |   |
|    | 8.11m 8.49m 8.27m                   |                      |        |        |          |   |
| -- | Dakota Moore                        | SR Wartburg          | 14.75m | FOUL   |          |   |
|    | FOUL FOUL FOUL                      |                      |        |        |          |   |
| -- | Jackson Harkness                    | FR Dubuque           | 15.17m | FOUL   |          |   |
|    | FOUL FOUL FOUL                      |                      |        |        |          |   |
| -- | Seth Lindgren                       | SR Nebraska Wesleyan | 15.26m | FOUL   |          |   |
|    | FOUL FOUL FOUL                      |                      |        |        |          |   |

**Men Weight Throw**

|       |                                     |        |             |                            |         |             |
|-------|-------------------------------------|--------|-------------|----------------------------|---------|-------------|
| ===== |                                     |        |             |                            |         |             |
|       | All-Time: A                         | 19.59m | 2/25/2017   | Ron Brown, Dubuque         |         |             |
|       | Championship: C                     | 19.59m | 2/25/2017   | Ron Brown, Dubuque         |         |             |
|       | Facility: F                         | 17.99m | 2017        | Derek Seddon, William Penn |         |             |
|       | Name                                |        | Year School | Seed                       | Finals  | Points      |
| ===== |                                     |        |             |                            |         |             |
| 1     | Blaze Murfin                        |        | JR Dubuque  | 18.46m                     | 18.87mF | 61-11.00 10 |
|       | 17.70m 18.77m FOUL FOUL FOUL 18.87m |        |             |                            |         |             |

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|    |   |                      |        |         |          |   |
|----|---|----------------------|--------|---------|----------|---|
| 2  | Georg Niit                              | SR Nebraska Wesleyan | 18.13m | 18.24mF | 59-10.25 | 8 |
|    | FOUL 16.98m 16.73m 18.24m FOUL 18.06m   |                      |        |         |          |   |
| 3  | Jake Berg                               | JR Loras             | 16.48m | 17.09m  | 56-01.00 | 6 |
|    | 14.80m 16.39m 15.39m FOUL 15.38m 17.09m |                      |        |         |          |   |
| 4  | Garrett Rohlk                           | SR Buena Vista       | 16.90m | 17.07m  | 56-00.00 | 5 |
|    | 17.00m FOUL FOUL 17.07m FOUL 16.40m     |                      |        |         |          |   |
| 5  | Robbie Peters                           | SR Coe               | 17.12m | 17.04m  | 55-11.00 | 4 |
|    | 16.33m FOUL 17.04m FOUL 16.79m 16.60m   |                      |        |         |          |   |
| 6  | John Gregory                            | JR Dubuque           | 16.43m | 16.95m  | 55-07.50 | 3 |
|    | 16.48m 15.70m FOUL FOUL 16.33m 16.95m   |                      |        |         |          |   |
| 7  | Jacob Hayes                             | SR Coe               | 16.62m | 16.67m  | 54-08.25 | 2 |
|    | 16.36m 15.90m 16.67m FOUL FOUL 15.75m   |                      |        |         |          |   |
| 8  | Michael Firkins                         | JR Central College   | 16.87m | 16.60m  | 54-05.50 | 1 |
|    | 16.60m FOUL FOUL FOUL FOUL FOUL         |                      |        |         |          |   |
| 9  | Dakota Moore                            | SR Wartburg          | 15.85m | 16.38m  | 53-09.00 |   |
|    | 15.25m 15.07m 16.38m FOUL FOUL FOUL     |                      |        |         |          |   |
| 10 | John Meskimen                           | JR Loras             | 16.03m | 15.96m  | 52-04.50 |   |
|    | 14.90m FOUL 15.96m                      |                      |        |         |          |   |
| 11 | Garrett Hammond                         | JR Loras             | 16.81m | 15.84m  | 51-11.75 |   |
|    | 15.12m 15.84m FOUL                      |                      |        |         |          |   |
| 12 | Josh Mathis                             | SO Dubuque           | 15.67m | 15.76m  | 51-08.50 |   |
|    | FOUL 15.76m FOUL                        |                      |        |         |          |   |
| 13 | Jared Pohlmann                          | SO Nebraska Wesleyan | 15.91m | 15.68m  | 51-05.50 |   |
|    | FOUL 15.68m FOUL                        |                      |        |         |          |   |
| 14 | Patrick Norem                           | JR Central College   | 12.86m | 15.16m  | 49-09.00 |   |
|    | FOUL 14.93m 15.16m                      |                      |        |         |          |   |
| 15 | Shelmund Mercalina                      | JR Buena Vista       | 14.95m | 15.14m  | 49-08.25 |   |
|    | 15.13m FOUL 15.14m                      |                      |        |         |          |   |
| 16 | Seth Lindgren                           | SR Nebraska Wesleyan | 15.67m | 15.10m  | 49-06.50 |   |
|    | 15.10m FOUL FOUL                        |                      |        |         |          |   |
| 17 | Drew Beall                              | JR Buena Vista       | 15.85m | 15.07m  | 49-05.50 |   |
|    | 14.14m 15.03m 15.07m                    |                      |        |         |          |   |
| 18 | Sam Heimer                              | SR Wartburg          | 15.30m | 14.96m  | 49-01.00 |   |
|    | 14.44m 14.96m FOUL                      |                      |        |         |          |   |
| 19 | Chase Bonner                            | JR Buena Vista       | 15.10m | 14.74m  | 48-04.50 |   |
|    | 14.74m FOUL FOUL                        |                      |        |         |          |   |
| 20 | Mason Spree                             | FR Simpson (Iowa)    | 13.64m | 14.05m  | 46-01.25 |   |
|    | 14.05m FOUL 14.03m                      |                      |        |         |          |   |
| 21 | Nathan Fitzgerald                       | JR Central College   | 13.92m | 13.93m  | 45-08.50 |   |
|    | 13.93m FOUL FOUL                        |                      |        |         |          |   |
| 22 | Lucas Kane                              | SR Luther            | 14.88m | 13.82m  | 45-04.25 |   |
|    | 13.82m 13.58m FOUL                      |                      |        |         |          |   |
| 23 | Joseph Peck                             | JR Simpson (Iowa)    | 14.13m | 13.49m  | 44-03.25 |   |
|    | 13.49m 13.05m 13.11m                    |                      |        |         |          |   |
| 24 | Lotu Ahomana                            | JR Coe               | 13.21m | 12.75m  | 41-10.00 |   |
|    | 12.14m 12.75m 12.65m                    |                      |        |         |          |   |
| 25 | Josh Kreitlow                           | FR Wartburg          | 12.42m | 12.52m  | 41-01.00 |   |
|    | 12.52m FOUL FOUL                        |                      |        |         |          |   |
| 26 | Reihana Paewai                          | FR Luther            | 8.84m  | 9.00m   | 29-06.50 |   |
|    | 8.63m 9.00m 8.43m                       |                      |        |         |          |   |
| -- | Caleb Striegel                          | SO Simpson (Iowa)    | 13.45m | FOUL    |          |   |
|    | FOUL FOUL FOUL                          |                      |        |         |          |   |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****Heptathlon: #1 Men 60 Meter Dash Heptathlon**

| =====                 |      |                      |                           |    |        |       |
|-----------------------|------|----------------------|---------------------------|----|--------|-------|
| Championship: C       | 7.23 | 2/24/2012            | Breighen Powerll, Central |    |        |       |
| Facility: F           | 7.25 | 2016                 | Jaemin Powell, Central    |    |        |       |
| Name                  | Year | School               | Finals                    | H# | Points |       |
| =====                 |      |                      |                           |    |        |       |
| 1 Caleb Jennings      |      | JR Central College   | 7.24F                     | 2  | 799    |       |
| 2 Ryan Kruse          |      | JR Central College   | 7.26                      | 2  | 792    |       |
| 3 Elijah Kane         |      | SR Luther            | 7.39                      | 1  | 749    | 7.385 |
| 4 Ryan Rogers         |      | FR Loras             | 7.39                      | 2  | 749    | 7.386 |
| 5 Sam Adeniyi         |      | SO Simpson (Iowa)    | 7.43                      | 2  | 736    |       |
| 6 Alexies Escotto     |      | SR Wartburg          | 7.46                      | 1  | 726    |       |
| 7 Reese Iversen       |      | SR Central College   | 7.54                      | 2  | 700    |       |
| 8 Jackson Hendricks   |      | SR Luther            | 7.64                      | 1  | 668    |       |
| 9 Riley Barrett       |      | FR Wartburg          | 7.66                      | 1  | 662    |       |
| 10 Robert Smedsrud    |      | SO Luther            | 7.67                      | 1  | 659    |       |
| 11 Ian Christ         |      | FR Dubuque           | 7.69                      | 2  | 653    | 7.686 |
| 12 Corbin Stillmunkes |      | FR Dubuque           | 7.69                      | 2  | 653    | 7.688 |
| 13 Mychael Holliday   |      | FR Wartburg          | 7.80                      | 1  | 619    |       |
| 14 Trevor Polivka     |      | JR Nebraska Wesleyan | 7.86                      | 1  | 601    |       |
| 15 Peyton Wetzel      |      | JR Nebraska Wesleyan | 8.20                      | 1  | 503    |       |

**Heptathlon: #7 Men 1000 Meter Run Heptathlon**

| =====               |                   |                      |                          |                   |  |  |
|---------------------|-------------------|----------------------|--------------------------|-------------------|--|--|
| Championship: C     | 2:47.82           | 2/25/2012            | Dalen Dirth, Luther      |                   |  |  |
| Facility: F         | 2:47.30           | 2015                 | Eric Larson, NW Missouri |                   |  |  |
| Name                | Year              | School               | Finals                   | Points            |  |  |
| =====               |                   |                      |                          |                   |  |  |
| 1 Riley Barrett     |                   | FR Wartburg          | 2:50.31                  | 762               |  |  |
|                     | 33.052 (33.052)   | 1:08.160 (35.108)    | 1:43.696 (35.536)        | 2:19.448 (35.752) |  |  |
|                     | 2:50.308 (30.860) |                      |                          |                   |  |  |
| 2 Ryan Rogers       |                   | FR Loras             | 2:58.76                  | 676               |  |  |
|                     | 35.832 (35.832)   | 1:11.872 (36.040)    | 1:48.160 (36.288)        | 2:24.638 (36.478) |  |  |
|                     | 2:58.758 (34.120) |                      |                          |                   |  |  |
| 3 Sam Adeniyi       |                   | SO Simpson (Iowa)    | 3:03.76                  | 628               |  |  |
|                     | 34.894 (34.894)   | 1:11.314 (36.420)    | 1:49.504 (38.190)        | 2:28.626 (39.122) |  |  |
|                     | 3:03.754 (35.128) |                      |                          |                   |  |  |
| 4 Robert Smedsrud   |                   | SO Luther            | 3:09.11                  | 578               |  |  |
|                     | 37.364 (37.364)   | 1:13.482 (36.118)    | 1:52.222 (38.740)        | 2:31.806 (39.584) |  |  |
|                     | 3:09.106 (37.300) |                      |                          |                   |  |  |
| 5 Caleb Jennings    |                   | JR Central College   | 3:10.28                  | 567               |  |  |
|                     | 36.652 (36.652)   | 1:14.896 (38.244)    | 1:57.420 (42.524)        | 2:39.620 (42.200) |  |  |
|                     | 3:10.278 (30.658) |                      |                          |                   |  |  |
| 6 Trevor Polivka    |                   | JR Nebraska Wesleyan | 3:12.02                  | 551               |  |  |
|                     | 36.982 (36.982)   | 1:13.848 (36.866)    | 1:54.978 (41.130)        | 2:36.878 (41.900) |  |  |
|                     | 3:12.016 (35.138) |                      |                          |                   |  |  |
| 7 Ian Christ        |                   | FR Dubuque           | 3:15.15                  | 523               |  |  |
|                     | 35.494 (35.494)   | 1:13.372 (37.878)    | 1:54.940 (41.568)        | 2:39.334 (44.394) |  |  |
|                     | 3:15.142 (35.808) |                      |                          |                   |  |  |
| 8 Mychael Holliday  |                   | FR Wartburg          | 3:16.73                  | 510               |  |  |
|                     | 39.516 (39.516)   | 1:18.246 (38.730)    | 2:00.146 (41.900)        | 2:42.254 (42.108) |  |  |
|                     | 3:16.724 (34.470) |                      |                          |                   |  |  |
| 9 Jackson Hendricks |                   | SR Luther            | 3:18.36                  | 496               |  |  |
|                     | 39.958 (39.958)   | 1:19.078 (39.120)    | 1:59.674 (40.596)        | 2:41.054 (41.380) |  |  |
|                     | 3:18.360 (37.306) |                      |                          |                   |  |  |

**2018 IAC Indoor Track & Field Championships - 2/23/2018 to 2/24/2018****Hosted by: Central College****Kuyper Athletic Complex****Results****....Heptathlon: #7 Men 1000 Meter Run Heptathlon**

|                       |                      |                   |                   |
|-----------------------|----------------------|-------------------|-------------------|
| 10 Ryan Kruse         | JR Central College   | 3:18.41           | 495               |
| 39.114 (39.114)       | 1:19.982 (40.868)    | 2:00.538 (40.556) | 2:39.342 (38.804) |
| 3:18.402 (39.060)     |                      |                   |                   |
| 11 Alexies Escotto    | SR Wartburg          | 3:21.69           | 467               |
| 37.968 (37.968)       | 1:16.526 (38.558)    | 1:58.728 (42.202) | 2:42.034 (43.306) |
| 3:21.686 (39.652)     |                      |                   |                   |
| 12 Elijah Kane        | SR Luther            | 3:23.94           | 449               |
| 40.216 (40.216)       | 1:19.532 (39.316)    | 2:00.296 (40.764) | 2:43.056 (42.760) |
| 3:23.936 (40.880)     |                      |                   |                   |
| 13 Peyton Wetzel      | JR Nebraska Wesleyan | 3:25.45           | 437               |
| 39.226 (39.226)       | 1:18.372 (39.146)    | 2:00.682 (42.310) | 2:44.246 (43.564) |
| 3:25.448 (41.202)     |                      |                   |                   |
| 14 Reese Iversen      | SR Central College   | 3:35.77           | 357               |
| 39.328 (39.328)       | 1:20.302 (40.974)    | 2:02.498 (42.196) | 2:49.774 (47.276) |
| 3:35.766 (45.992)     |                      |                   |                   |
| -- Corbin Stillmunkes | FR Dubuque           | DNS               |                   |

**Heptathlon: #5 Men 60 Meter Hurdles Heptathlon**

|                      |      |                   |                          |    |        |
|----------------------|------|-------------------|--------------------------|----|--------|
| Championship: C      | 8.58 | 2/27/2015         | Jacoby Firkins, Wartburg |    |        |
| Facility: F          | 8.75 | 2016              | Isaac Frazier, Simpson   |    |        |
| Name                 | Year | School            | Finals                   | H# | Points |
| 1 Sam Adeniyi        | SO   | Simpson (Iowa)    | 8.58C                    | 4  | 841    |
| 2 Ryan Kruse         | JR   | Central College   | 8.72F                    | 4  | 809    |
| 3 Ryan Rogers        | FR   | Loras             | 8.77                     | 4  | 797    |
| 4 Riley Barrett      | FR   | Wartburg          | 8.91                     | 4  | 766    |
| 5 Reese Iversen      | SR   | Central College   | 8.94                     | 3  | 759    |
| 6 Ian Christ         | FR   | Dubuque           | 9.21                     | 3  | 700    |
| 7 Elijah Kane        | SR   | Luther            | 9.38                     | 2  | 664    |
| 8 Corbin Stillmunkes | FR   | Dubuque           | 9.54                     | 3  | 631    |
| 9 Alexies Escotto    | SR   | Wartburg          | 9.60                     | 3  | 619    |
| 10 Peyton Wetzel     | JR   | Nebraska Wesleyan | 10.05                    | 2  | 532    |
| 11 Trevor Polivka    | JR   | Nebraska Wesleyan | 10.10                    | 2  | 522    |
| 12 Mychael Holliday  | FR   | Wartburg          | 10.12                    | 1  | 519    |
| 13 Caleb Jennings    | JR   | Central College   | 10.83                    | 1  | 395    |
| 14 Jackson Hendricks | SR   | Luther            | 10.84                    | 2  | 393    |
| 15 Robert Smedsrud   | SO   | Luther            | 11.99                    | 1  | 228    |

**Heptathlon: #4 Men High Jump Heptathlon**

|                 |       |                 |                               |         |      |      |      |
|-----------------|-------|-----------------|-------------------------------|---------|------|------|------|
| Championship: C | 2.06m | 2/27/2009       | Chris Buresh, Loras           |         |      |      |      |
| Championship: C | 2.06m | 2/24/2017       | Will Daniels, Central College |         |      |      |      |
| Facility: F     | 2.02m | 2015            | Eric Larson, Central          |         |      |      |      |
| Name            | Year  | School          | Finals                        | Points  |      |      |      |
| 1 Reese Iversen | SR    | Central College | 1.92m                         | 6-03.50 | 731  |      |      |
| 1.74            | 1.77  | 1.80            | 1.83                          | 1.86    | 1.89 | 1.92 | 1.95 |
| O               | PPP   | O               | XO                            | O       | O    | XO   | XXX  |
| 2 Sam Adeniyi   | SO    | Simpson (Iowa)  | 1.89m                         | 6-02.25 | 705  |      |      |
| 1.77            | 1.80  | 1.83            | 1.86                          | 1.89    | 1.92 |      |      |
| XO              | O     | O               | O                             | O       | XXX  |      |      |



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**Results****....Heptathlon: #4 Men High Jump Heptathlon**

|    |   |                      |       |         |     |
|----|---|----------------------|-------|---------|-----|
| 2  | Ryan Rogers                                       | FR Loras             | 1.89m | 6-02.25 | 705 |
|    | 1.68 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.92      |                      |       |         |     |
|    | O PPP O O O XO O XXO XXX                          |                      |       |         |     |
| 4  | Ryan Kruse  | JR Central College   | 1.80m | 5-10.75 | 627 |
|    | 1.68 1.71 1.74 1.77 1.80 1.83                     |                      |       |         |     |
|    | O PPP XO PPP XXO XXX                              |                      |       |         |     |
| 5  | Elijah Kane                                       | SR Luther            | 1.71m | 5-07.25 | 552 |
|    | 1.56 1.59 1.62 1.65 1.68 1.71 1.74                |                      |       |         |     |
|    | O O O XO O XXO XXX                                |                      |       |         |     |
| 5  | Trevor Polivka                                    | JR Nebraska Wesleyan | 1.71m | 5-07.25 | 552 |
|    | 1.62 1.65 1.68 1.71 1.74                          |                      |       |         |     |
|    | O O XO O XXX                                      |                      |       |         |     |
| 5  | Riley Barrett                                     | FR Wartburg          | 1.71m | 5-07.25 | 552 |
|    | 1.47 1.50 1.53 1.56 1.59 1.62 1.65 1.68 1.71 1.74 |                      |       |         |     |
|    | O PPP O PPP O O XO O XO XXX                       |                      |       |         |     |
| 5  | Ian Christ  | FR Dubuque           | 1.71m | 5-07.25 | 552 |
|    | 1.62 1.65 1.68 1.71 1.74                          |                      |       |         |     |
|    | O O O XXO XXX                                     |                      |       |         |     |
| 9  | Jackson Hendricks                                 | SR Luther            | 1.62m | 5-03.75 | 480 |
|    | 1.56 1.59 1.62 1.65                               |                      |       |         |     |
|    | XO XO O XXX                                       |                      |       |         |     |
| 9  | Caleb Jennings                                    | JR Central College   | 1.62m | 5-03.75 | 480 |
|    | 1.62 1.65   |                      |       |         |     |
|    | O XXX   |                      |       |         |     |
| 11 | Mychael Holliday                                  | FR Wartburg          | 1.56m | 5-01.25 | 434 |
|    | 1.47 1.50 1.53 1.56 1.59                          |                      |       |         |     |
|    | O O XO XXO XXX                                    |                      |       |         |     |
| 11 | Peyton Wetzel                                     | JR Nebraska Wesleyan | 1.56m | 5-01.25 | 434 |
|    | 1.50 1.53 1.56 1.59                               |                      |       |         |     |
|    | XO O O XXX  |                      |       |         |     |
| 13 | Robert Smedsrud                                   | SO Luther            | 1.53m | 5-00.25 | 411 |
|    | 1.47 1.50 1.53 1.56                               |                      |       |         |     |
|    | O XXO O XXX                                       |                      |       |         |     |
| 14 | Alexies Escotto                                   | SR Wartburg          | 1.41m | 4-07.50 | 324 |
|    | 1.41 1.44   |                      |       |         |     |
|    | XXO XXX   |                      |       |         |     |
| -- | Corbin Stillmunkes                                | FR Dubuque           | NH    |         |     |
|    | 1.47  |                      |       |         |     |
|    | XXX   |                      |       |         |     |

**Heptathlon: #6 Men Pole Vault Heptathlon**

Championship: C 4.49m 2/25/2012 Aaron Fuller, Central

Facility: F 4.40m 2014 Dylan Poirier, NW Missouri

| Name | Year   | School             | Finals |          |     |  |  |  |  |  |  |  |  |  |  |  | Points |
|------|--|--------------------|--------|----------|-----|--|--|--|--|--|--|--|--|--|--|--|--------|
| 1    | Ryan Kruse   | JR Central College | 4.30m  | 14-01.25 | 702 |  |  |  |  |  |  |  |  |  |  |  |        |
|      | 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 |                    |        |          |     |  |  |  |  |  |  |  |  |  |  |  |        |
|      | PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP O PPP O XO O XO                            |                    |        |          |     |  |  |  |  |  |  |  |  |  |  |  |        |
| 2    | Ryan Rogers  | FR Loras           | 4.20m  | 13-09.25 | 673 |  |  |  |  |  |  |  |  |  |  |  |        |
|      | 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 |                    |        |          |     |  |  |  |  |  |  |  |  |  |  |  |        |
|      | PPP PPP PPP PPP PPP PPP PPP PPP O O XO O O O XO XO XXX                               |                    |        |          |     |  |  |  |  |  |  |  |  |  |  |  |        |

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|    |  |                      |       |          |     |
|----|--|----------------------|-------|----------|-----|
| 3  | Elijah Kane  | SR Luther            | 3.80m | 12-05.50 | 562 |
|    | 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 |                      |       |          |     |
|    | PPP PPP PPP PPP PPP PPP PPP O XO O XO O XXX                      |                      |       |          |     |
| 4  | Reese Iversen  | SR Central College   | 3.70m | 12-01.50 | 535 |
|    | 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80      |                      |       |          |     |
|    | PPP PPP PPP PPP PPP PPP PPP O O XXO XXO XXX                      |                      |       |          |     |
| 5  | Mychael Holliday   | FR Wartburg          | 3.30m | 10-10.00 | 431 |
|    | 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40                          |                      |       |          |     |
|    | O PPP XXO O O XXO XXO XXX  |                      |       |          |     |
| 5  | Robert Smedsrud  | SO Luther            | 3.30m | 10-10.00 | 431 |
|    | 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40                          |                      |       |          |     |
|    | O O O O XO XXO XXO XXX   |                      |       |          |     |
| 7  | Alexies Escotto  | SR Wartburg          | 3.20m | 10-06.00 | 406 |
|    | 2.70 2.80 2.90 3.00 3.10 3.20 3.30                               |                      |       |          |     |
|    | PPP O O XO XO O XXX  |                      |       |          |     |
| 8  | Trevor Polivka   | JR Nebraska Wesleyan | 3.00m | 9-10.00  | 357 |
|    | 2.70 2.80 2.90 3.00 3.10   |                      |       |          |     |
|    | O XXO O XO XXX   |                      |       |          |     |
| 8  | Sam Adeniyi  | SO Simpson (Iowa)    | 3.00m | 9-10.00  | 357 |
|    | 2.70 2.80 2.90 3.00 3.10   |                      |       |          |     |
|    | O O O O XXX  |                      |       |          |     |
| 10 | Jackson Hendricks  | SR Luther            | 2.70m | 8-10.25  | 286 |
|    | 2.70 2.80  |                      |       |          |     |
|    | XXO XXX  |                      |       |          |     |
| 11 | Caleb Jennings   | JR Central College   | 2.60m | 8-06.25  | 264 |
|    | 2.70   |                      |       |          |     |
|    | XXX  |                      |       |          |     |
| 11 | Peyton Wetzel  | JR Nebraska Wesleyan | 2.60m | 8-06.25  | 264 |
|    | 2.70   |                      |       |          |     |
|    | XXX  |                      |       |          |     |
| 13 | Riley Barrett  | FR Wartburg          | 2.50m | 8-02.50  | 242 |
| -- | Ian Christ   | FR Dubuque           |       | NH       |     |
|    | 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70           |                      |       |          |     |
|    | PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP XXX                      |                      |       |          |     |
| -- | Corbin Stillmunkes   | FR Dubuque           |       | DNS      |     |

**Heptathlon: #2 Men Long Jump Heptathlon**

|   |                   |                    |        |          |        |  |
|---|-------------------|--------------------|--------|----------|--------|--|
| =====   |                   |                    |        |          |        |  |
| Championship: C 7.24m 2/25/2011 Ethan Miller, Central College |                   |                    |        |          |        |  |
| Facility: F 7.24m 2011 Ethan Miller, Central                  |                   |                    |        |          |        |  |
| Name  | Year              | School             | Finals |          | Points |  |
| =====   |                   |                    |        |          |        |  |
| 1   | Reese Iversen     | SR Central College | 6.42m  | 21-00.75 | 679    |  |
|   | 6.42m FOUL PASS   |                    |        |          |        |  |
| 2   | Ryan Rogers       | FR Loras           | 6.33m  | 20-09.25 | 659    |  |
|   | 5.75m 5.67m 6.33m |                    |        |          |        |  |
| 3   | Sam Adeniyi       | SO Simpson (Iowa)  | 6.21m  | 20-04.50 | 632    |  |
|   | 6.16m FOUL 6.21m  |                    |        |          |        |  |
| 4   | Ryan Kruse        | JR Central College | 6.19m  | 20-03.75 | 628    |  |
|   | 6.02m 6.19m 6.18m |                    |        |          |        |  |

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|    |                    |                      |       |          |     |
|----|--------------------|----------------------|-------|----------|-----|
| 5  | Ian Christ         | FR Dubuque           | 6.17m | 20-03.00 | 624 |
|    | FOUL FOUL 6.17m    |                      |       |          |     |
| 6  | Trevor Polivka     | JR Nebraska Wesleyan | 5.89m | 19-04.00 | 563 |
|    | 5.89m 5.82m 5.76m  |                      |       |          |     |
| 7  | Riley Barrett      | FR Wartburg          | 5.66m | 18-07.00 | 514 |
|    | 5.51m 5.56m 5.66m  |                      |       |          |     |
| 8  | Mychael Holliday   | FR Wartburg          | 5.61m | 18-05.00 | 504 |
|    | FOUL FOUL 5.61m    |                      |       |          |     |
| 9  | Caleb Jennings     | JR Central College   | 5.52m | 18-01.50 | 485 |
|    | 5.52m 5.47m 5.51m  |                      |       |          |     |
| 10 | Alexies Escotto    | SR Wartburg          | 5.48m | 17-11.75 | 477 |
|    | 5.48m 5.21m FOUL   |                      |       |          |     |
| 11 | Jackson Hendricks  | SR Luther            | 5.47m | 17-11.50 | 475 |
|    | 5.22m FOUL 5.47m   |                      |       |          |     |
| 12 | Robert Smedsrud    | SO Luther            | 5.38m | 17-08.00 | 457 |
|    | 5.38m 5.33m 5.34m  |                      |       |          |     |
| 13 | Elijah Kane        | SR Luther            | 5.36m | 17-07.00 | 453 |
|    | 5.36m 5.33m 4.96m  |                      |       |          |     |
| 14 | Peyton Wetzel      | JR Nebraska Wesleyan | 4.93m | 16-02.25 | 369 |
|    | FOUL FOUL 4.93m    |                      |       |          |     |
| 15 | Corbin Stillmunkes | FR Dubuque           | 4.75m | 15-07.00 | 335 |
|    | FOUL FOUL 4.75m    |                      |       |          |     |

**Heptathlon: #3 Men Shot Put Heptathlon**

|  |                      |                      |         |          |        |  |
|--|----------------------|----------------------|---------|----------|--------|--|
| =====  |                      |                      |         |          |        |  |
| Championship: C 14.41m 2/26/2016 Ryan Kruse, Central College |                      |                      |         |          |        |  |
| Facility: F 13.44m 2016 Ryan Kruse, Central                  |                      |                      |         |          |        |  |
|  | Name                 | Year School          | Finals  |          | Points |  |
| =====  |                      |                      |         |          |        |  |
| 1  | Ryan Kruse           | JR Central College   | 14.48mC | 47-06.25 | 758    |  |
|  | 13.31m 14.48m 14.03m |                      |         |          |        |  |
| 2  | Sam Adeniyi          | SO Simpson (Iowa)    | 11.76m  | 38-07.00 | 592    |  |
|  | 11.76m FOUL 10.95m   |                      |         |          |        |  |
| 3  | Reese Iversen        | SR Central College   | 11.70m  | 38-04.75 | 588    |  |
|  | 11.70m 11.02m 10.93m |                      |         |          |        |  |
| 4  | Elijah Kane          | SR Luther            | 11.26m  | 36-11.50 | 562    |  |
|  | 10.78m 11.26m 10.85m |                      |         |          |        |  |
| 5  | Riley Barrett        | FR Wartburg          | 10.49m  | 34-05.00 | 515    |  |
|  | 9.88m 10.49m 9.73m   |                      |         |          |        |  |
| 6  | Corbin Stillmunkes   | FR Dubuque           | 10.34m  | 33-11.25 | 506    |  |
|  | 10.20m 10.10m 10.34m |                      |         |          |        |  |
| 7  | Jackson Hendricks    | SR Luther            | 10.13m  | 33-03.00 | 493    |  |
|  | 9.14m 10.13m 9.70m   |                      |         |          |        |  |
| 8  | Trevor Polivka       | JR Nebraska Wesleyan | 10.12m  | 33-02.50 | 493    |  |
|  | FOUL 10.09m 10.12m   |                      |         |          |        |  |
| 9  | Robert Smedsrud      | SO Luther            | 9.99m   | 32-09.50 | 485    |  |
|  | 9.74m 9.16m 9.99m    |                      |         |          |        |  |
| 10   | Alexies Escotto      | SR Wartburg          | 9.33m   | 30-07.50 | 445    |  |
|  | 9.33m 9.17m 8.55m    |                      |         |          |        |  |
| 11   | Ian Christ           | FR Dubuque           | 9.00m   | 29-06.50 | 426    |  |
|  | 9.00m 8.61m FOUL     |                      |         |          |        |  |
| 12   | Caleb Jennings       | JR Central College   | 8.89m   | 29-02.00 | 419    |  |
|  | 8.40m 8.25m 8.89m    |                      |         |          |        |  |

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|    |                   |                      |       |          |     |
|----|-------------------|----------------------|-------|----------|-----|
| 13 | Ryan Rogers       | FR Loras             | 8.73m | 28-07.75 | 410 |
|    | 7.32m 7.79m 8.73m |                      |       |          |     |
| 14 | Peyton Wetzel     | JR Nebraska Wesleyan | 8.63m | 28-03.75 | 404 |
|    | 7.90m 7.69m 8.63m |                      |       |          |     |
| 15 | Mychael Holliday  | FR Wartburg          | 7.63m | 25-00.50 | 344 |
|    | 6.53m 7.63m 7.02m |                      |       |          |     |

**Men Heptathlon**

|                 |                   |                      |                               |        |        |  |
|-----------------|-------------------|----------------------|-------------------------------|--------|--------|--|
| =====           |                   |                      |                               |        |        |  |
| All-Time: A     | 5375              | 2015                 | Eric Larson, Central          |        |        |  |
| Championship: C | 4753              | 2/24/2017            | Will Daniels, Central College |        |        |  |
| Facility: F     | 5239              | 2015                 | Eric Larson, Central          |        |        |  |
| Name            | Year              | School               | Seed                          | Finals | Points |  |
| =====           |                   |                      |                               |        |        |  |
| 1               | Ryan Kruse        | JR Central College   | 4880                          | 4811C  | 10     |  |
| 2               | Ryan Rogers       | FR Loras             |                               | 4669   | 8      |  |
| 3               | Sam Adeniyi       | SO Simpson (Iowa)    | 3960                          | 4491   | 6      |  |
| 4               | Reese Iversen     | SR Central College   | 3994                          | 4349   | 5      |  |
| 5               | Riley Barrett     | FR Wartburg          |                               | 4013   | 4      |  |
| 6               | Elijah Kane       | SR Luther            |                               | 3991   | 3      |  |
| 7               | Trevor Polivka    | JR Nebraska Wesleyan |                               | 3639   | 2      |  |
| 8               | Ian Christ        | FR Dubuque           | 3858                          | 3478   | 1      |  |
| 9               | Alexies Escotto   | SR Wartburg          |                               | 3464   |        |  |
| 10              | Caleb Jennings    | JR Central College   |                               | 3409   |        |  |
| 11              | Mychael Holliday  | FR Wartburg          |                               | 3361   |        |  |
| 12              | Jackson Hendricks | SR Luther            |                               | 3291   |        |  |
| 13              | Robert Smedsrud   | SO Luther            |                               | 3249   |        |  |
| 14              | Peyton Wetzel     | JR Nebraska Wesleyan |                               | 2943   |        |  |
| =====           |                   |                      |                               |        |        |  |

**Women - Team Rankings - 19 Events Scored**

|                    |        |                      |       |
|--------------------|--------|----------------------|-------|
| 1) Wartburg        | 212.50 | 2) Nebraska Wesleyan | 182   |
| 3) Loras           | 92     | 4) Dubuque           | 91.50 |
| 5) Central College | 70     | 6) Luther            | 30    |
| 7) Coe             | 28     | 8) Buena Vista       | 17    |
| 8) Simpson (Iowa)  | 17     |                      |       |

**Men - Team Rankings - 19 Events Scored**

|                      |     |                    |     |
|----------------------|-----|--------------------|-----|
| 1) Dubuque           | 138 | 2) Central College | 131 |
| 3) Wartburg          | 114 | 4) Loras           | 113 |
| 5) Nebraska Wesleyan | 101 | 6) Simpson (Iowa)  | 84  |
| 7) Buena Vista       | 31  | 8) Luther          | 20  |
| 9) Coe               | 9   |                    |     |