

Good Friday Open
Douglas J. Miller Track - University of Dubuque
Dubuque, Iowa - 4/19/2019
Meet Program

Event 1 Women 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Beloit	C	59.00
	1) Jaime Lepito JR	2) Nicole Hebel SR	
	3) Isabel Mendoza FR	4) Joyce Janvier SO	
2	Beloit	B	51.50
	1) Lena Ramsey SO	2) Sydney Crockett SO	
	3) Melissa Pelkey SR	4) Branda Joseph FR	
3	Hawkeye CC		49.70
	1) Krayton Allen FR	2) Paighton Malek FR	
	3) Megan Hudson SO	4) Emily Hovden FR	
4	Dubuque		48.00
	1) Ya'Mia Ailes-Primes FR	2) Alison Beeman JR	
	3) Alyssa Skrove JR	4) Brittany Burks JR	
5	Beloit		48.92
	1) Eva Laun-Smith SO	2) Aminah Crawford SO	
	3) Genesis Dade SR	4) Aleeshah Heinzen SR	
6	Dubuque	B	50.90
	1) Laura Klein JR	2) Aleyha Slatter SR	
	3) Destiny Wash FR	4) Vanessa Eniola FR	
7	Edgewood		53.35
	1) Jordan Chrisbaum FR	2) Grace Wildeboer FR	
	3) Claire Wichert SR	4) Miranda Connell SO	

Event 2 Men 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Rockford		46.70
	1) Emani Johnson FR	2) Quentin Hernandez FR	
	3) Bilgehan Korkmaz FR	4) Randy Stegenga FR	
2	Edgewood		44.22
	1) James Bockhop FR	2) Ryan Buss SO	
	3) Justin Christiansen FR	4) Quentin Zwiers SR	
3	Dubuque	B	43.90
	1) Dante Burchfield JR	2) Jaelen Boysen FR	
	3) Ryan Kind SR	4) Alexander Maras JR	
4	Hawkeye CC		41.90
	1) Desmond Stevens FR	2) Cameron Williams SO	
	3) Kenneth Beard SO	4) Zak Pakingham FR	
5	Dubuque		42.04
	1) Maurice Cushion-Lewis JR	2) Jeremiah Steed SO	
	3) Isaiah Ellis SR	4) Dylan Kutsch FR	
6	Beloit		44.04
	1) Jose Gutierrez SR	2) Jason Dormon SR	
	3) Travis Price SO	4) Xavier Haynes JR	
7	Beloit	B	46.00
	1) Courtney Bingham SR	2) Isreal Murray FR	
	3) Desire Mukucha SO	4) Mauricio Penn SO	

Event 3 Women 3000 Meter Steeplechase

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Molly Gniady	SO	Lake Forest	12:54.64
2	Maggie Baugh	FR	Beloit	NT
3	Emma Newsham	FR	Beloit	NT
4	Shelby Kline	SR	Beloit	NT
5	Joanna Topham	SO	Hawkeye CC	12:00.00
6	Madison Larsen	FR	Hawkeye CC	13:00.00
7	Maria Jones	FR	Beloit	NT

Event 4 Men 3000 Meter Steeplechase

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Dillon Rice	SO	Lake Forest	10:45.00
2	Mahlon Steepleton	SO	Mount Mercy	11:01.40
3	Alexander Baker	SO	Knox	NT
4	Avery Sutherland	SR	Beloit	NT
5	Lucas Caminiti	SO	Edgewood	9:54.79
6	Jonny Smith	FR	Hawkeye CC	NT

Event 5 Women 100 Meter Hurdles

Top 8 Advance by Time				
Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
3	Naomi Amani	SR	Dubuque	16.86
4	Demetria Johnson	SO	Dubuque	14.85
5	Megan Hudson	SO	Hawkeye CC	14.99
6	Vanessa Eniola	FR	Dubuque	17.44
Heat 2 of 2 Prelims				
2	Jordan Chrisbaum	FR	Edgewood	18.23
3	Tamya Vaultonburg	FR	Dubuque	16.77
4	Eva Laun-Smith	SO	Beloit	14.76
5	Brittany Burks	JR	Dubuque	16.75
6	Alyssa Ashford	FR	Rockford	17.69

Event 6 Men 110 Meter Hurdles

Top 8 Advance by Time				
Lane	Name	Yr	School	Seed Time
Heat 1 of 1 Prelims				
3	James Bockhop	FR	Edgewood	15.40
4	Riley Little	SO	Hawkeye CC	14.89
5	Nick Durnin	SO	Hawkeye CC	15.10

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Event 7 Women 100 Meter Dash**Top 8 Advance by Time**

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
2	Brie Fuller	FR	Mount Mercy	13.60
3	Krayton Allen	FR	Hawkeye CC	12.90
4	Aminah Crawford	SO	Beloit	12.52
5	Ya'Mia Ailes-Primes	FR	Dubuque	12.58
6	Sophie Feahn	FR	Mount Mercy	12.92
7	Claire Wichert	SR	Edgewood	13.68
Heat 2 of 3 Prelims				
1	Joyce Janvier	SO	Beloit	NT
2	Josie Claude	FR	Hawkeye CC	13.50
3	Paighton Malek	FR	Hawkeye CC	12.90
4	Valarie Varanese	SR	Knox	12.42
5	Aleeshah Heinzen	SR	Beloit	12.59
6	Genesis Dade	SR	Beloit	13.10
7	Madison Pearson	SR	Rockford	15.38
Heat 3 of 3 Prelims				
1	Rachel Corzine	FR	Knox	15.64
2	Angela Willoughby	FR	Mount Mercy	13.40
3	Destiny Wash	FR	Dubuque	12.90
4	Alison Beeman	JR	Dubuque	12.07
5	Lena Ramsey	SO	Beloit	12.60
6	Laura Klein	JR	Dubuque	13.33
7	Branda Joseph	FR	Beloit	15.46

Event 8 Men 100 Meter Dash**Top 8 Advance by Time**

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Prelims				
1	Desire Mukucha	SO	Beloit	NT
2	Kameron Blosch	FR	Dubuque	11.75
3	Ryan Buss	SO	Edgewood	11.35
4	Zak Pakingham	FR	Hawkeye CC	10.98
5	Riley Little	SO	Hawkeye CC	10.99
6	Joel Barnes	SO	Mount Mercy	11.40
7	Courtney Bingham	SR	Beloit	12.01
8	Carlos Flores	FR	Rockford	NT
Heat 2 of 4 Prelims				
1	Josh Schilling	FR	Beloit	NT
2	Ryan Kind	SR	Dubuque	11.50
3	Connor Christophersen	SO	Mount Mercy	11.29
4	Desmond Stevens	FR	Hawkeye CC	10.98
5	Dylan Kutsch	FR	Dubuque	11.00
6	Josh Harmon	SO	Mount Mercy	11.40
7	Bilgehan Korkmaz	FR	Rockford	12.02

Heat 3 of 4 Prelims

1	Damon Hofmann	SR	Rockford	13.98
2	Alexander Maras	JR	Dubuque	11.50
3	Colfay Pointer	JR	Dubuque	11.15
4	Maurice Cushion-Lewis	JR	Dubuque	10.94
5	Isaiah Ellis	SR	Dubuque	11.00
6	Kevin Wissing	JR	Dubuque	11.42
7	Xavier Haynes	JR	Beloit	12.13

Heat 4 of 4 Prelims

1	Ellis Lewis	SO	Beloit	12.89
2	Justin Christiansen	FR	Edgewood	11.50
3	Jason Dormon	SR	Beloit	11.14
4	Derrick Jackson	FR	Knox	10.94
5	Clayton Gray		Dubuque	11.08
6	Rafael Passanha	FR	Mount Mercy	11.49
7	Emani Johnson	FR	Rockford	12.17

Event 9 Women 1500 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Madison Larsen	FR	Hawkeye CC	NT
2	Meaghan Dorsey	SR	Knox	5:35.90
3	Madi Hanseder	JR	Edgewood	5:31.61
4	Fiona Cismesia	SO	Beloit	5:33.26
5	Emily Miller	SR	Knox	5:49.61
6	Shelby Kline	SR	Beloit	5:26.56
7	McKenzie Meadows	SO	Knox	6:15.63
8	Danica Dosmann	SO	Knox	5:47.32
9	Allison Woods	JR	Mount Mercy	5:52.00
10	Natalia Kucharczyk	SO	Rockford	7:36.71
Section 2 of 2 Finals				
1	Jessica Ertz	SO	Mount Mercy	5:20.00
2	Lauren Kane	FR	Edgewood	5:25.00
3	Yaneli Guajardo	SO	Lake Forest	4:52.52
4	Jamie Manchen	SR	Beloit	5:17.00
5	Alayna Kollasch	SO	Hawkeye CC	5:00.00
6	Emily Erickson	FR	Mount Mercy	5:10.34
7	McKenna Johnson	SO	Mount Mercy	4:56.00
8	Mady Roth	JR	Mount Mercy	5:17.77
9	Joanna Topham	SO	Hawkeye CC	4:51.88
10	Kelsi Huhndorf	FR	Mount Mercy	5:22.44

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Event 10 Men 1500 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Nathaniel Bodnar	SO	Lake Forest	4:29.46
2	Michael Natchwey	FR	Edgewood	4:52.48
3	John Tower, Jr.	SO	Beloit	4:44.21
4	Joseph Tobin	JR	Dubuque	4:21.24
5	Jonny Smith	FR	Hawkeye CC	4:22.54
6	Nathan Marklin	SO	Beloit	NT
7	Sam Barton	SO	Lake Forest	4:26.15
8	Derrick Byrne	JR	Edgewood	4:45.18
9	Benjiman Smith	JR	Dubuque	4:48.09
10	Carlos Flores	FR	Rockford	5:52.47
11	Jared Tegeler	FR	Mount Mercy	4:36.10
12	Alex Krause	FR	Edgewood	NT
13	Cody Samuelson	FR	Hawkeye CC	4:51.00
14	Noah Haynes	FR	Hawkeye CC	4:51.64
15	Chase Kress	SO	Mount Mercy	4:41.96
16	Cody Mathis	JR	Mount Mercy	4:36.00

Section 2 of 2 Finals

1	Dan Arkes	SR	Beloit	4:10.20
2	Tavian Rumble	JR	Dubuque	4:17.43
3	Gage Hunter	FR	Edgewood	4:20.00
4	Michael Marshall	SR	Mount Mercy	4:10.00
5	Tyler Cernohous	FR	Dubuque	4:15.00
6	Lucas Caminiti	SO	Edgewood	4:15.00
7	Jacob Blackmon	JR	Mount Mercy	4:14.67
8	Cameron Steffens	SO	Mount Mercy	4:13.69
9	Charles Sandberg	JR	Beloit	4:07.40
10	Jasper Severn	JR	Mount Mercy	4:18.00
11	Mark Biechler	FR	Dubuque	4:06.00
12	Jack Klobucar	SR	Beloit	4:05.84
13	James Lindstrom	SR	Mount Mercy	4:04.00
14	Christian Reyes	FR	Lake Forest	4:20.82
15	Sayed Opeyany	SO	Mount Mercy	4:17.47
16	Christian Aldana	SO	Lake Forest	4:05.09

Event 11 Women 400 Meter Dash

Lane	Name	Yr	School	Seed Time
Section 1 of 3 Finals				
3	Rachel Corzine	FR	Knox	1:20.14
4	Jennifer Bolek	SO	Lake Forest	1:14.58
5	Jaime Lepito	JR	Beloit	1:16.46

Section 2 of 3 Finals

1	Nicole Hebel	SR	Beloit	1:13.15
2	Danielle Johnsen	FR	Dubuque	1:12.17
3	Estefania Ramirez	SO	Lake Forest	1:10.24
4	Jacqueline Chapman	JR	Lake Forest	1:09.12
5	Dana Midani	SO	Lake Forest	1:09.53
6	Madison Harper	SO	Mount Mercy	1:10.69
7	Isabel Mendoza	FR	Beloit	1:13.00

Section 3 of 3 Finals

1	Sondra VanZeeland	SO	Edgewood	1:08.69
2	Aminah Crawford	SO	Beloit	1:07.56
3	Rebecca McDermott	FR	Hawkeye CC	1:04.00
4	Melissa Pelkey	SR	Beloit	1:01.90
5	Emma Hartz	FR	Hawkeye CC	1:02.00
6	Bianca Malone	FR	Hawkeye CC	1:06.00
7	Kati Eden	FR	Dubuque	1:08.00
8	Alyssa Ashford	FR	Rockford	1:08.77

Event 12 Men 400 Meter Dash

Lane	Name	Yr	School	Seed Time
Section 1 of 3 Finals				
3	Carlos Flores	FR	Rockford	1:06.78
4	Noah Haynes	FR	Hawkeye CC	58.88
5	Diego Quebrado	FR	Mount Mercy	59.70
Section 2 of 3 Finals				
2	Deshawn Hopkins	FR	Dubuque	57.36
3	Mathieu Norcross	FR	Lake Forest	54.50
4	Josiah Watson	FR	Mount Mercy	54.00
5	Travis Price	SO	Beloit	54.15
6	Devin Blish	SO	Mount Mercy	56.20
7	Nick Jordan	FR	Mount Mercy	58.13
Section 3 of 3 Finals				
1	Jordan Jesse	FR	Dubuque	52.51
2	Sam Roth	FR	Hawkeye CC	50.90
3	Quentin Zwiers	SR	Edgewood	50.67
4	Cameron Williams	SO	Hawkeye CC	48.90
5	Jose Gutierrez	SR	Beloit	50.67
6	Kenneth Beard	SO	Hawkeye CC	50.79
7	Mauricio Penn	SO	Beloit	51.10
8	James McLean	SO	Hawkeye CC	53.00

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Event 13 Women 800 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Audrey Paglia	SO	Lake Forest	2:32.23
2	McKenzie Mellecker	JR	Mount Mercy	2:43.00
3	Kelsi Huhndorf	FR	Mount Mercy	2:37.84
4	Meaghan Dorsey	SR	Knox	2:50.90
5	Maria Jones	FR	Beloit	2:53.26
6	Emily Miller	SR	Knox	2:53.90
7	McKenzie Meadows	SO	Knox	3:00.90
8	Natalia Kucharczyk	SO	Rockford	3:41.78
Section 2 of 2 Finals				
1	Ellen Szostak	FR	Lake Forest	2:30.00
2	Kathryn Vander Poel	SR	Mount Mercy	2:15.90
3	Rebecca McDermott	FR	Hawkeye CC	2:29.76
4	Madison Larsen	FR	Hawkeye CC	2:30.00
5	Joanna Topham	SO	Hawkeye CC	2:23.00
6	Alayna Kollasch	SO	Hawkeye CC	2:26.85
7	Yaneli Guajardo	SO	Lake Forest	2:18.48
8	Andrea Ertz	JR	Mount Mercy	2:19.00

Event 14 Men 800 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Cody Samuelson	FR	Hawkeye CC	2:10.00
2	Cody Mathis	JR	Mount Mercy	2:16.34
3	Carlos Flores	FR	Rockford	2:45.05
4	Alex Krause	FR	Edgewood	2:10.40
5	Noah Haynes	FR	Hawkeye CC	2:20.40
6	Sayed Opeyany	SO	Mount Mercy	2:07.63
7	Jared Tegeler	FR	Mount Mercy	2:16.80
8	Jonny Smith	FR	Hawkeye CC	NT
9	Aaron Holzmueller	FR	Beloit	3:01.73
10	Nico Enciso	SR	Beloit	2:45.94
11	Hunter Filloon	SO	Mount Mercy	2:09.00
Section 2 of 2 Finals				
1	Konner Roth	SO	Hawkeye CC	1:55.28
2	Payton Bahl	FR	Hawkeye CC	1:55.21
3	Hunter Klose	SR	Dubuque	2:00.69
4	Ryan Millikin	SO	Hawkeye CC	1:57.00
5	David Thompson	SO	Hawkeye CC	1:54.84
6	Joe Werkheiser	SR	Rockford	2:05.00
7	Joshua Cash	FR	Dubuque	2:01.00
8	Landon Boomsma	SO	Hawkeye CC	1:55.00
9	David Carrillo	SO	Lake Forest	2:03.82
10	Colfay Pointer	JR	Dubuque	1:59.50
11	Josh Long	SR	Mount Mercy	2:05.00
12	Jasper Severn	JR	Mount Mercy	2:05.00

Event 15 Women 400 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
3	Tamya Vaultonburg	FR	Dubuque	NT
4	Sydney Davis	FR	Hawkeye CC	1:06.00
5	Demetria Johnson	SO	Dubuque	1:10.45
6	Naomi Amani	SR	Dubuque	NT

Event 16 Men 400 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
2	Isreal Murray	FR	Beloit	1:02.25
3	James Bockhop	FR	Edgewood	58.88
4	Nick Durnin	SO	Hawkeye CC	55.50
5	Peter Torkleson	SO	Hawkeye CC	56.90
6	Dante Burchfield	JR	Dubuque	1:00.07
7	Harrison Shelby	FR	Hawkeye CC	1:03.00

Event 17 Women 200 Meter Dash

Lane	Name	Yr	School	Seed Time
Section 1 of 5 Finals				
1	Virginia Reed	SR	Rockford	NT
2	Isabel Mendoza	FR	Beloit	34.08
3	Branda Joseph	FR	Beloit	32.00
4	Jaime Lepito	JR	Beloit	31.68
5	Cece Desko	FR	Mount Mercy	31.98
6	Nicole Hebel	SR	Beloit	33.75
7	Rachel Corzine	FR	Knox	34.35
8	Natalia Kucharczyk	SO	Rockford	NT
Section 2 of 5 Finals				
1	Grace Wildeboer	FR	Edgewood	30.82
2	Lea Burshtein	FR	Lake Forest	30.42
3	Melissa Pelkey	SR	Beloit	29.30
4	Sondra VanZeeland	SO	Edgewood	29.26
5	Brie Fuller	FR	Mount Mercy	29.30
6	Alyssa Ashford	FR	Rockford	29.54
7	Jordan Chrisbaum	FR	Edgewood	30.49
8	Dana Midani	SO	Lake Forest	31.10
Section 3 of 5 Finals				
1	Miranda Connell	SO	Edgewood	29.20
2	Bianca Malone	FR	Hawkeye CC	28.90
3	Abigal Talton	SO	Hawkeye CC	28.20
4	Lena Ramsey	SO	Beloit	27.86
5	Emma Hartz	FR	Hawkeye CC	28.04
6	Angela Willoughby	FR	Mount Mercy	28.85
7	Jacqueline Chapman	JR	Lake Forest	29.00
8	Sydney Crockett	SO	Beloit	29.20

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Section 4 of 5 Finals...(Event 17 Women 200 Meter Dash)

1	Destiny Wash	FR	Dubuque	27.85	_____
2	Emily Hovden	FR	Hawkeye CC	27.50	_____
3	Sophie Feahn	FR	Mount Mercy	27.30	_____
4	Krayton Allen	FR	Hawkeye CC	27.04	_____
5	Valarie Varanese	SR	Knox	27.27	_____
6	Genesis Dade	SR	Beloit	27.40	_____
7	Eva Laun-Smith	SO	Beloit	27.80	_____
8	Laura Klein	JR	Dubuque	27.85	_____

Section 5 of 5 Finals

1	Alyssa Skrove	JR	Dubuque	27.00	_____
2	Megan Hudson	SO	Hawkeye CC	26.50	_____
3	Aminah Crawford	SO	Beloit	26.49	_____
4	Alison Beeman	JR	Dubuque	24.80	_____
5	Ya'Mia Ailes-Primes	FR	Dubuque	26.04	_____
6	Paighton Malek	FR	Hawkeye CC	26.50	_____
7	Brittany Burks	JR	Dubuque	26.99	_____
8	Josie Claude	FR	Hawkeye CC	27.00	_____

Event 18 Men 200 Meter Dash

Lane	Name	Yr	School	Seed Time	
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Section 1 of 6 Finals

3	Ethan Sena	FR	Knox	28.39	_____
4	Ellis Lewis	SO	Beloit	26.65	_____
5	Carlos Flores	FR	Rockford	27.00	_____
6	Marlon Flores-Paniagua	FR	Mount Mercy	NT	_____

Section 2 of 6 Finals

1	Quentin Hernandez	FR	Rockford	26.16	_____
2	Josh Schilling	FR	Beloit	25.80	_____
3	Emani Johnson	FR	Rockford	25.58	_____
4	Brandon Johnson	SO	Lake Forest	25.45	_____
5	Courtney Bingham	SR	Beloit	25.50	_____
6	Deshawn Hopkins	FR	Dubuque	25.65	_____
7	Desire Mukucha	SO	Beloit	25.86	_____
8	Jared Johnson	SR	Rockford	26.41	_____

Section 3 of 6 Finals

1	Devin Blish	SO	Mount Mercy	24.90	_____
2	Charles Chihak	FR	Mount Mercy	24.77	_____
3	Kameron Blosch	FR	Dubuque	24.44	_____
4	Rafael Passanha	FR	Mount Mercy	23.75	_____
5	Travis Price	SO	Beloit	24.06	_____
6	Josiah Watson	FR	Mount Mercy	24.70	_____
7	Bilgehan Korkmaz	FR	Rockford	24.78	_____
8	Randy Stegenga	FR	Rockford	25.14	_____

Section 4 of 6 Finals

1	Mauricio Penn	SO	Beloit	23.70	_____
2	Jason Dornon	SR	Beloit	23.60	_____
3	Joel Barnes	SO	Mount Mercy	23.30	_____
4	Justin Christiansen	FR	Edgewood	23.09	_____
5	Jose Gutierrez	SR	Beloit	23.18	_____
6	Joe Werkheiser	SR	Rockford	23.47	_____
7	Josh Harmon	SO	Mount Mercy	23.60	_____
8	Kevin Wissing	JR	Dubuque	23.75	_____

Section 5 of 6 Finals

1	Sam Roth	FR	Hawkeye CC	23.00	_____
2	Quentin Zwiers	SR	Edgewood	22.98	_____
3	Ryan Buss	SO	Edgewood	22.90	_____
4	Desmond Stevens	FR	Hawkeye CC	22.40	_____
5	Kenneth Beard	SO	Hawkeye CC	22.50	_____
6	Dylan Kutsch	FR	Dubuque	22.91	_____
7	James McLean	SO	Hawkeye CC	22.99	_____
8	Chandler Diehl	SO	Unattached	X23.00	_____

Section 6 of 6 Finals

1	Cameron Williams	SO	Hawkeye CC	22.30	_____
2	Jeremiah Steed	SO	Dubuque	22.22	_____
3	Zak Packingham	FR	Hawkeye CC	21.98	_____
4	Colfay Pointer	JR	Dubuque	21.89	_____
5	Riley Little	SO	Hawkeye CC	21.90	_____
6	Isaiah Ellis	SR	Dubuque	22.10	_____
7	Connor Christophersen	SO	Mount Mercy	22.30	_____
8	Derrick Jackson	FR	Knox	22.32	_____

Event 19 Women 3000 Meter Run

Lane	Name	Yr	School	Seed Time	
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Section 1 of 1 Finals

1	Megan Ely	JR	Dubuque	11:49.09	_____
2	Madison Larsen	FR	Hawkeye CC	10:50.89	_____
3	Isabella Mazzanti	JR	Dubuque	11:41.39	_____
4	Grace Kosmatka	SR	Edgewood	12:23.36	_____
5	Danica Dosmann	SO	Knox	12:02.93	_____
6	Mackenzie Helgemoe	JR	Dubuque	12:55.92	_____
7	Lauren Kane	FR	Edgewood	NT	_____
8	Ashley Risley	JR	Edgewood	12:09.41	_____
9	Maggie Baugh	FR	Beloit	13:37.45	_____
10	Edith Flores	SO	Dubuque	11:37.07	_____

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Event 20 Men 3000 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Lucas Caminiti	SO	Edgewood	8:57.45
2	Derrick Byrne	JR	Edgewood	10:49.71
3	Michael Orcutt	SO	Dubuque	9:20.00
4	Mark Biechler	FR	Dubuque	9:11.00
5	Yusuke Hatano	JR	Beloit	9:46.92
6	Michael Natchwey	FR	Edgewood	10:42.93
7	Noah Sisson	SO	Beloit	10:22.13
8	Jonny Smith	FR	Hawkeye CC	9:20.52
9	Jayden Oshirak	FR	Dubuque	9:35.00
10	Noah Miller	SR	Edgewood	9:09.59
11	Cody Samuelson	FR	Hawkeye CC	10:11.41
12	Alex Krause	FR	Edgewood	NT

Event 21 Women 4x400 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Lake Forest		4:40.00
	1) Yaneli Guajardo SO	2) Audrey Paglia SO	
	3) Ellen Szostak FR	4) Estefania Ramirez SO	
2	Mount Mercy	B	4:34.00
	1) Mady Roth JR	2) Jessica Ertz SO	
	3) Madison Harper SO	4) Karley Jaynes SR	
3	Hawkeye CC		4:14.00
	1) Sydney Davis FR	2) Paighton Malek FR	
	3) Emma Hartz FR	4) Megan Hudson SO	
4	Mount Mercy		4:07.00
	1) Rachel Gadiant JR	2) Kathryn Vander Poel SR	
	3) Andrea Ertz JR	4) McKenna Johnson SO	
5	Beloit		4:09.73
	1) Genesis Dade SR	2) Melissa Pelkey SR	
	3) Aminah Crawford SO	4) Aleeshah Heizen SR	
6	Dubuque		4:20.10
	1) Vanessa Eniola FR	2) Brittany Burks JR	
	3) Laura Klein JR	4) Danielle Johnsen FR	
7	Beloit	B	4:40.00
	1) Shelby Kline SR	2) Nicole Hebel SR	
	3) Isabel Mendoza FR	4) Maria Jones FR	

Event 22 Men 4x400 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Mount Mercy	B	3:59.00
	1) Jacob Blackmon JR	2) Cameron Steffens SO	
	3) Nick Jordan FR	4) Diego Quebrado FR	
4	Lake Forest		3:40.00
	1) Nathaniel Bodnar SO	2) Sam Barton SO	
	3) David Carrillo SO	4) Christian Aldana SO	
5	Lake Forest	B	3:45.00
	1) Brandon Johnson SO	2) Christian Reyes FR	
	3) Dillon Rice SO	4) Mathieu Norcross FR	
Section 2 of 2 Finals			
1	Dubuque	C	3:39.90
	1) Nicholas Beatty JR	2) Kevin Wissing JR	
	3) Alexander Maras JR	4) Deshawn Hopkins FR	
2	Beloit	B	3:34.00
	1) Isreal Murray FR	2) Travis Price SO	
	3) Jason Dormon SR	4) Josh Schilling FR	
3	Beloit		3:26.00
	1) Mauricio Penn SO	2) Charles Sandberg JR	
	3) Jack Klobucar SR	4) Jose Gutierrez SR	
4	Hawkeye CC		3:20.47
	1) Cameron Williams SO	2) Kenneth Beard SO	
	3) Sam Roth FR	4) Payton Bahl FR	
5	Dubuque		3:25.90
	1) Jaelen Boysen FR	2) Joshua Cash FR	
	3) Hunter Klose SR	4) Isaiah Ellis SR	
6	Dubuque	B	3:27.90
	1) Dante Burchfield JR	2) Jeremiah Steed SO	
	3) Jordan Jesse FR	4) Maurice Cushion-Lewis JR	
7	Mount Mercy		3:35.00
	1) Michael Marshall SR	2) Hunter Filloon SO	
	3) Josh Long SR	4) Jon Kastantin FR	

Event 23 Women Hammer Throw

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Nicole Forson		UD Alumni	ND
2	Olivia Palepoi	FR	Knox	14.23m
3	Joyce Janvier	SO	Beloit	17.13m
4	Taliah Ellis	SR	Knox	21.24m
5	Kaytlyn Rumelhart	SO	Mount Mercy	25.50m
6	Kiara Davis	SO	Beloit	28.60m
7	Grace Dupuy	FR	Dubuque	29.86m
8	Hannah Lueck	FR	Mount Mercy	32.59m
9	Alice Lee	SR	Knox	33.75m
10	Madison Pearson	SR	Rockford	34.11m
11	Lauren Willson	SO	Mount Mercy	35.11m

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Flight 2 of 2 Finals...(Event 23 Women Hammer Throw)

1	Mari Shavers	FR	Hawkeye CC	35.36m	_____
2	Mackenzie Goeller	FR	Dubuque	37.39m	_____
3	Katrina Kopfhamer	JR	Rockford	39.77m	_____
4	Caroline Ferguson	SO	Dubuque	40.54m	_____
5	Jasmine Wardell	SO	Mount Mercy	41.06m	_____
6	Kayla Slowick	SO	Dubuque	42.18m	_____
7	Kaylynn Terry	SO	Rockford	42.47m	_____
8	Haile Cook	SO	Hawkeye CC	42.55m	_____
9	Kelsey Betthausen	SR	Dubuque	45.33m	_____
10	Shelby Lane	SR	Dubuque	48.19m	_____
11	Rebecca Burmahl	SR	Dubuque	54.86m	_____

Event 24 Men Hammer Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Alex Link		UD Alumni	ND	_____
2	Owen Clextan	SO	Beloit	20.77m	_____
3	Michael Strawbridge	SR	Beloit	26.66m	_____
4	Daniel Morales Avalos	FR	Mount Mercy	30.10m	_____
5	Connor McClelland	JR	Knox	31.33m	_____
6	Alex Evitts	SR	Rockford	32.01m	_____
7	Devon Lawrence	SO	Rockford	34.26m	_____
8	Corey Mcknight	JR	Knox	34.53m	_____
9	Cole Overton	FR	Hawkeye CC	35.65m	_____
10	Tommy Brown	SO	Rockford	36.63m	_____
11	Charles Broomfield	FR	Knox	37.30m	_____

Flight 2 of 2 Finals

1	Josh Cole-Brodnax	SR	Mount Mercy	37.83m	_____
2	Mario Whitley	SR	Knox	38.63m	_____
3	Clayton Hahn	FR	Dubuque	39.58m	_____
4	Jared Johnson	SR	Rockford	41.38m	_____
5	Ethan Harycki	SR	Beloit	41.92m	_____
6	Colton Youngren	SO	Dubuque	42.93m	_____
7	Dylan Draeger	SR	Dubuque	44.75m	_____
8	Aidan Carr	JR	Dubuque	45.43m	_____
9	Zachary Naatz	SO	Dubuque	50.56m	_____
10	Austin Feyen	JR	Dubuque	51.81m	_____
11	John Gregory	SR	Dubuque	52.70m	_____
12	Blaze Murfin	SR	Dubuque	57.65m	_____

Event 25 Women Shot Put

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Nicole Forson		UD Alumni	ND	_____
2	Joyce Janvier	SO	Beloit	5.98m	_____
3	Kiara Davis	SO	Beloit	8.23m	_____
4	Kyra Huffman	FR	Knox	8.65m	_____
5	Olivia Palepoi	FR	Knox	9.02m	_____
6	Katrina Kopfhamer	JR	Rockford	9.65m	_____
7	Mari Shavers	FR	Hawkeye CC	10.21m	_____
8	Rachel Gadiant	JR	Mount Mercy	10.28m	_____
9	Lauren Willson	SO	Mount Mercy	11.23m	_____
10	Haile Cook	SO	Hawkeye CC	11.43m	_____

Flight 2 of 2 Finals

1	Alice Lee	SR	Knox	11.48m	_____
2	Hannah Lueck	FR	Mount Mercy	11.62m	_____
3	Kelsey Betthausen	SR	Dubuque	12.02m	_____
4	Mackenzie Goeller	FR	Dubuque	12.02m	_____
5	Jasmine Wardell	SO	Mount Mercy	12.28m	_____
6	Grace Dupuy	FR	Dubuque	12.64m	_____
7	Kayla Schlichting	JR	Dubuque	12.64m	_____
8	Kaylynn Terry	SO	Rockford	12.98m	_____
9	Caroline Ferguson	SO	Dubuque	13.27m	_____
10	Kayla Slowick	SO	Dubuque	13.52m	_____

Event 26 Men Shot Put

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Alex Link		UD Alumni	ND	_____
2	Owen Clextan	SO	Beloit	9.00m	_____
3	Alex Evitts	SR	Rockford	9.40m	_____
4	Daniel Morales Avalos	FR	Mount Mercy	9.80m	_____
5	Michael Strawbridge	SR	Beloit	10.48m	_____
6	Terry Cox, Jr	SO	Knox	10.62m	_____
7	Devon Lawrence	SO	Rockford	10.73m	_____
8	Josh Cole-Brodnax	SR	Mount Mercy	10.98m	_____
9	Connor McClelland	JR	Knox	11.70m	_____

Flight 2 of 2 Finals

1	Corey Mcknight	JR	Knox	11.72m	_____
2	Ethan Harycki	SR	Beloit	11.76m	_____
3	Jared Johnson	SR	Rockford	12.31m	_____
4	Clayton Hahn	FR	Dubuque	12.50m	_____
5	Charles Broomfield	FR	Knox	13.63m	_____
6	Dylan Draeger	SR	Dubuque	13.75m	_____
7	Tommy Brown	SO	Rockford	14.10m	_____
8	Cole Overton	FR	Hawkeye CC	14.24m	_____
9	Zachary Naatz	SO	Dubuque	15.02m	_____
10	Austin Feyen	JR	Dubuque	15.36m	_____

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Event 27 Women Javelin Throw

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Kiana Arango	SR	Knox	ND
2	Megan Hudson	SO	Hawkeye CC	ND
3	Joyce Janvier	SO	Beloit	11.95m
4	Mari Shavers	FR	Hawkeye CC	16.00m
5	Kiara Davis	SO	Beloit	17.01m
6	Zarreeel Knox	SO	Hawkeye CC	18.43m
7	Kaytlyn Rumelhart	SO	Mount Mercy	20.00m
8	Kaylynne Terry	SO	Rockford	24.15m
9	Taliah Ellis	SR	Knox	25.00m
10	Madison Pearson	SR	Rockford	28.33m
11	Karley Jaynes	SR	Mount Mercy	30.09m
12	Emily Schwendinger	JR	Dubuque	32.42m
13	Abby Willis		UD Alumni	35.00m

Event 28 Men Javelin Throw

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Tyshaun Straw	JR	Knox	ND
2	Kwame Owusu-Nyantaky	SO	Knox	20.53m
3	Tommy Brown	SO	Rockford	24.88m
4	Alex Evitts	SR	Rockford	25.89m
5	Josh Schilling	FR	Beloit	26.78m
6	Ethan Harycki	SR	Beloit	31.53m
7	Carson McDonald	SO	Beloit	32.11m
8	Brandon Washburn	SO	Beloit	32.37m
9	Michael Strawbridge	SR	Beloit	33.25m
Flight 2 of 2 Finals				
1	Mario Whitley	SR	Knox	35.90m
2	Devon Lawrence	SO	Rockford	36.11m
3	Aidan Carr	JR	Dubuque	36.17m
4	Dylan Draeger	SR	Dubuque	37.05m
5	Jon Kastantin	FR	Mount Mercy	39.00m
6	Jared Johnson	SR	Rockford	39.23m
7	Charles Chihak	FR	Mount Mercy	39.55m
8	Jaelen Boysen	FR	Dubuque	46.07m
9	John Gregory	SR	Dubuque	46.90m
10	Ty Chrisman	FR	Dubuque	53.23m

Event 29 Women Discus Throw

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Nicole Forson		UD Alumni	ND
2	Kiana Arango	SR	Knox	ND
3	Kyra Huffman	FR	Knox	22.85m
4	Olivia Palepoi	FR	Knox	23.69m
5	Katrina Kopfhamer	JR	Rockford	29.24m
6	Lauren Willson	SO	Mount Mercy	29.25m
7	Grace Dupuy	FR	Dubuque	30.19m
8	Alice Lee	SR	Knox	30.69m
9	Mari Shavers	FR	Hawkeye CC	32.47m
Flight 2 of 2 Finals				
1	Hannah Lueck	FR	Mount Mercy	33.58m
2	Jasmine Wardell	SO	Mount Mercy	35.78m
3	Haile Cook	SO	Hawkeye CC	35.83m
4	Abby Willis		UD Alumni	36.00m
5	Kaylynne Terry	SO	Rockford	37.60m
6	Mackenzie Goeller	FR	Dubuque	40.63m
7	Rebecca Burmahl	SR	Dubuque	43.39m
8	Kayla Slowick	SO	Dubuque	44.04m
9	Shelby Lane	SR	Dubuque	46.13m
10	Kelsey Betthausen	SR	Dubuque	46.16m

Event 30 Men Discus Throw

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Alex Link		UD Alumni	ND
2	Clayton Hahn	FR	Dubuque	ND
3	Daniel Morales Avalos	FR	Mount Mercy	24.38m
4	Owen Clextan	SO	Beloit	24.61m
5	Alex Evitts	SR	Rockford	24.99m
6	Michael Strawbridge	SR	Beloit	28.26m
7	Cole Overton	FR	Hawkeye CC	30.49m
8	Kwame Owusu-Nyantaky	SO	Knox	30.63m
9	Ethan Harycki	SR	Beloit	30.83m
10	Terry Cox, Jr	SO	Knox	32.85m
Flight 2 of 2 Finals				
1	Tommy Brown	SO	Rockford	33.04m
2	Austin Feyen	JR	Dubuque	37.01m
3	Devon Lawrence	SO	Rockford	37.25m
4	Josh Cole-Brodnax	SR	Mount Mercy	38.13m
5	Mario Whitley	SR	Knox	39.35m
6	Zachary Naatz	SO	Dubuque	39.88m
7	Colton Youngren	SO	Dubuque	40.57m
8	Jared Johnson	SR	Rockford	42.10m
9	Aidan Carr	JR	Dubuque	42.51m
10	Blaze Murfin	SR	Dubuque	53.52m

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Event 31 Women Long Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Abigal Talton	SO	Hawkeye CC	ND
2	Alyssa Ashford	FR	Rockford	3.96m
3	Brie Fuller	FR	Mount Mercy	4.64m
4	Karley Jaynes	SR	Mount Mercy	4.67m
5	Sydney Crockett	SO	Beloit	4.80m
6	Miranda Connell	SO	Edgewood	4.81m
7	Aleyha Slatter	SR	Dubuque	5.00m
8	Laura Klein	JR	Dubuque	5.01m
Flight 2 of 2 Finals				
1	Zarreeel Knox	SO	Hawkeye CC	5.01m
2	Lena Ramsey	SO	Beloit	5.23m
3	Demetria Johnson	SO	Dubuque	5.25m
4	Paighton Malek	FR	Hawkeye CC	5.32m
5	Alyssa Skrove	JR	Dubuque	5.37m
6	Vanessa Eniola	FR	Dubuque	5.38m
7	Rachel Gadiant	JR	Mount Mercy	5.53m
8	Aleeshah Heinzen	SR	Beloit	5.56m
9	Eva Laun-Smith	SO	Beloit	5.57m

Event 32 Men Long Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Jon Kastantin	FR	Mount Mercy	ND
2	Damon Hofmann	SR	Rockford	4.38m
3	Quentin Hernandez	FR	Rockford	5.62m
4	Xavier Haynes	JR	Beloit	5.85m
5	Randy Stegenga	FR	Rockford	5.86m
6	Kevin Wissing	JR	Dubuque	5.91m
7	Charles Chihak	FR	Mount Mercy	5.94m
8	Courtney Bingham	SR	Beloit	5.97m
9	Joshua Milligan	SO	Beloit	6.04m
Flight 2 of 2 Finals				
1	Kortez Pickett	SR	Dubuque	6.12m
2	Alexander Maras	JR	Dubuque	6.16m
3	Christian Reischauer	JR	Mount Mercy	6.45m
4	Jaelen Boysen	FR	Dubuque	6.57m
5	Austin Rauch	FR	Knox	6.84m
6	Desmond Stevens	FR	Hawkeye CC	6.88m
7	Eric Chanos	SR	Unattached	X6.98m
8	Maurice Cushion-Lewis	JR	Dubuque	7.02m
9	Luke Nickelson	JR	Mount Mercy	7.05m

Event 33 Women Triple Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Vanessa Eniola	FR	Dubuque	ND
2	Virginia Reed	SR	Rockford	8.51m
3	Demetria Johnson	SO	Dubuque	10.11m
4	Aleyha Slatter	SR	Dubuque	10.33m
5	Sydney Crockett	SO	Beloit	10.84m
6	Zarreeel Knox	SO	Hawkeye CC	11.02m
7	Jenna Heimark	JR	Dubuque	11.26m
8	Lena Ramsey	SO	Beloit	11.29m
9	Aleeshah Heinzen	SR	Beloit	11.44m
10	Alyssa Skrove	JR	Dubuque	11.51m
11	Eva Laun-Smith	SO	Beloit	11.91m

Event 34 Men Triple Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Kebba Bojang		UD Alumni	ND
2	Damon Hofmann	SR	Rockford	ND
3	Eric Chanos	SR	Unattached	X13.05m
4	Dante Burchfield	JR	Dubuque	13.47m
5	Jeremiah Steed	SO	Dubuque	13.54m
6	Luke Nickelson	JR	Mount Mercy	14.00m
7	Kortez Pickett	SR	Dubuque	14.03m

Event 35 Women Pole Vault

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Alyssa Ashford	FR	Rockford	NH
2	Cece Desko	FR	Mount Mercy	2.15m
3	Brooklynn Ossman	SO	Mount Mercy	2.15m
4	Genesis Dade	SR	Beloit	2.55m
5	Caroline Dochterman	FR	Dubuque	2.81m
6	Emily Hovden	FR	Hawkeye CC	2.85m
7	Linnae Capuder	SR	Beloit	2.85m
8	Jenna Heimark	JR	Dubuque	3.20m

Event 36 Men Pole Vault

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Wil Kangas-Olson	SO	Beloit	NH
2	Kevin Wissing	JR	Dubuque	3.05m
3	Alexander Baker	SO	Knox	3.50m
4	Leeland Crum	FR	Beloit	3.51m
5	Ethan Sena	FR	Knox	3.85m
6	Philip Senn	SR	Dubuque	4.02m

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Event 37 Women High Jump

Pos	Name	Yr	School	Seed Mark	
Flight 1 of 1 Finals					
1	Zarreeel Knox	SO	Hawkeye CC	1.30m	_____
2	Virginia Reed	SR	Rockford	1.36m	_____
3	Eva Laun-Smith	SO	Beloit	1.51m	_____
4	Rachel Gadiant	JR	Mount Mercy	1.65m	_____

Event 38 Men High Jump

Pos	Name	Yr	School	Seed Mark	
Flight 1 of 1 Finals					
1	Carlos Flores	FR	Rockford	1.60m	_____
2	Kevin Wissing	JR	Dubuque	1.73m	_____
3	Jacob Ehlen	JR	Mount Mercy	1.85m	_____
4	Kortez Pickett	SR	Dubuque	2.00m	_____
5	Zackary Conger	SO	Hawkeye CC	2.00m	_____
6	Austin Rauch	FR	Knox	2.05m	_____