

University of Dubuque Invitational
Douglas J. Miller Track
Dubuque, IA - 4/18/2015
Meet Program

Event 1 Women 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Beloit	B	57.00
4	Beloit		52.50
5	Dubuque	C	53.00
Section 2 of 2 Finals			
2	Cornell Coll		51.69
3	Dubuque	B	49.90
4	Loras		49.43
5	Dubuque		49.90
6	Loras	B	51.46
7	North Iowa A		52.00

Event 2 Men 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Dubuque	D	49.00
4	Dubuque	C	46.00
5	Beloit	B	47.00
Section 2 of 2 Finals			
1	Loras	B	44.80
2	Cornell Coll		44.50
3	Dubuque	B	43.80
4	Dubuque		41.90
5	Loras		42.36
6	North Iowa A		44.18
7	Beloit		44.80

Event 4 Women 5000 Meter Run

Lane	Name	Yr School	Seed Time
Section 1 of 1 Finals			
1	Karen Jones	SR Beloit	18:10.00
2	Mingyi Zhang	FR Beloit	20:50.00
3	Emma Koenig	SR Beloit	18:13.00
4	Anna Wenzel	SR Beloit	19:30.00
5	Mariel Guzman	FR Knox	NT
6	Rebecca katz	FR Knox	19:44.65
7	Taylor Luczak	JR Clarke	21:17.39
8	Kelly Minear	FR Loras	19:51.01

Event 5 Women 100 Meter Hurdles

Top 8 Advance by Time			
Lane	Name	Yr School	Seed Time
Heat 1 of 2 Prelims			
1	Emily Sotelo	SR Loras	16.19
2	Elizabeth Brandenburg	SO Loras	15.16
3	Desirae Diener	FR Edgewood	17.33
4	Bobbi Jo Helgemoe	FR Dubuque	NT
5	Audrey Hooks	SO Loras	15.34
6	MichelleAnn Sanchez	FR Dubuque	17.09
7	Sybbie Sears	FR Dubuque	NT
8	Devin Hasson	FR Loras	16.61
Heat 2 of 2 Prelims			
2	Krista Bushkofsky	SO Clarke	14.89
3	Jada Viner	SR Beloit	18.50
4	Nikki Leach	SO Cornell Coll	15.91
5	Allison Smith	JR Clarke	15.78
6	Leta Jaquis	SO North Iowa A	16.94
7	Karly Clippinger	SR Beloit	18.50
8	Emily Ruhser	SR Loras	16.77

Event 6 Men 110 Meter Hurdles

Top 8 Advance by Time			
Lane	Name	Yr School	Seed Time
Heat 1 of 2 Prelims			
1	Gerrand Moody	FR Loras	15.77
2	Devan Kennedy	JR Loras	16.77
3	Jacob Waddle	FR North Iowa A	18.80
4	Andrew O'Neill	FR Loras	15.68
5	Matt Kreiser	JR Beloit	17.80
6	Nicholas Thomas	FR Rockford	17.00
Heat 2 of 2 Prelims			
2	Taylor Nelson	SO North Iowa A	16.46
3	Jake Brock	JR Loras	16.12
4	Demetriyone Singleton	SR Clarke	14.71
5	Terrance Smith	FR North Iowa A	17.79
6	Mateo Pena	FR North Iowa A	17.00

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Event 7 Women 100 Meter Dash**Top 8 Advance by Time**

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Prelims				
1	Chione Brooks	FR	North Iowa A	14.12
2	ShirJia Bielefeld	SR	Knox	15.46
3	Deidre Franzen	JR	Cornell Coll	13.50
4	Katie Popanz	FR	Dubuque	12.84
5	Brittnee Powers	JR	Loras	12.87
6	Emma Peterson	FR	Beloit	15.00
7	Shay Rule	FR	Cornell Coll	14.00
8	Jade Fricks	FR	Rockford	13.50
Heat 2 of 4 Prelims				
1	Cherrelle Phon	SR	Beloit	14.20
2	Ngan Le	SO	Knox	16.60
3	Angie Earley	SR	Beloit	13.47
4	Erica Carradine	FR	Clarke	12.80
5	Tynisha Person	SR	Cornell Coll	12.98
6	Caroline Hickey	FR	Knox	14.83
7	Hannah Rehder	FR	Clarke	13.80
8	Jourdan Plautz	SR	Beloit	13.60
Heat 3 of 4 Prelims				
1	Moi Yamazaki	FR	Beloit	14.20
2	Chalea Coleman	SR	Loras	NT
3	Alyssa Simon	FR	Loras	13.42
4	Adrine Monagi	SO	North Iowa A	12.78
5	Marissa Hoyer	FR	Edgewood	12.99
6	Clare McCarthy	JR	Cornell Coll	14.76
7	Rachel Kilburg	FR	Loras	13.72
8	Chantel Christiansen	JR	Dubuque	13.60
Heat 4 of 4 Prelims				
2	Rebecca DuCharme	SO	Edgewood	14.21
3	Amanda Zbilski	SO	Dubuque	13.24
4	Brittany Burns	SO	Dubuque	12.72
5	Jasmine Bethea	SO	Dubuque	13.10
6	Shujie Xu	SR	Beloit	14.30
7	Katie Gilbert	JR	Cornell Coll	13.70
8	Alexis Strong	FR	Dubuque	13.60

Event 8 Men 100 Meter Dash**Top 8 Advance by Time**

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Prelims				
1	Chris Ball	FR	Loras	NT
2	Devan Clark	FR	Cornell Coll	11.70
3	DeQuan Reed	FR	Dubuque	NT
4	Aavante Clay	SO	Edgewood	11.18
5	Preston Ritchie	SR	Cornell Coll	11.10
6	Dewight Walker	SO	Beloit	12.30
7	Blake MacDowell	FR	Cornell Coll	11.70
8	Jordan Stiefel	FR	Loras	12.29
Heat 2 of 4 Prelims				
1	Levan Sawyer	JR	Rockford	13.57
2	Rayvon Gray	FR	North Iowa A	11.77
3	Ruben Dorsey	FR	North Iowa A	NT
4	Zac Gassman	SR	Loras	11.18
5	Kyle Williams	SR	Dubuque	10.95
6	Patrick Ford	JR	Knox	12.33
7	Brandon Gradoville	SO	Loras	11.59
8	Xerxes Ingram	FR	Rockford	12.17
Heat 3 of 4 Prelims				
1	John Jeffreys-White	SR	Beloit	13.28
2	Alex Eckes	SO	Dubuque	11.87
3	Grant Braker	SR	Edgewood	NT
4	Nick Ball	JR	Loras	11.19
5	Kyle Ward	SR	Loras	10.92
6	Stephen Baca	FR	Dubuque	12.44
7	Reggie Cole	SO	Dubuque	11.51
8	Jalen Tucker	SO	Knox	12.11
Heat 4 of 4 Prelims				
1	Will McAneny	SR	Beloit	12.70
2	DuVaun Goodlow	SO	Dubuque	11.88
3	Stedman Foster	JR	Loras	NT
4	Andy Sierra	JR	Dubuque	11.33
5	Ernest Winters	FR	Dubuque	10.49
6	Benigno Barrera	SO	Edgewood	12.57
7	Marcus Weathers	SO	Dubuque	11.36
8	Kebba Bojang	JR	Dubuque	11.93

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Event 9 Women 1500 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Allie Kastein	SO	Edgewood	5:40.93
2	Taylor Luczak	JR	Clarke	5:44.54
3	Mariel Guzman	FR	Knox	6:18.59
4	Lisa Kaudasch	FR	Edgewood	NT
5	Caitlin Paterson	SR	Beloit	5:38.00
6	Katie Marter	FR	Clarke	5:43.22
7	Sara Brown	SR	Beloit	5:35.00
8	Kristin Mackenburgh	FR	Dubuque	5:31.47
9	Frances Larsen	FR	Knox	5:38.72
10	Melanie Smrstick	SO	Edgewood	6:16.59
11	Mayra Rodriguez	JR	Rockford	6:04.45
12	Ashley Harnack	FR	Edgewood	5:32.47
13	Caroline Murton	SR	Beloit	5:48.00
14	Theresa Birzer	SO	Knox	6:02.46
15	Stephanie Kasiurak	JR	Clarke	5:35.00
16	Grace Voelliger	FR	Dubuque	5:48.00
Section 2 of 2 Finals				
1	Laura Wetzel	JR	Cornell Coll	5:01.00
2	Alyse Peters	FR	Edgewood	5:25.34
3	MariKate Murphy	FR	Cornell Coll	5:19.00
4	Abby Heiderscheit	SO	Loras	5:30.00
5	Emily Sneed	SO	Beloit	5:28.00
6	Melissa Todman	SO	Dubuque	5:25.00
7	Cassandra Stuflick	SO	Clarke	5:09.00
8	Katherine Herrig	SO	Clarke	5:27.05
9	Sanjuanita Martinez	JR	Cornell Coll	4:45.00
10	Fabiola Ortiz	SO	Dubuque	4:51.41
11	Kiersten Wenthold	SO	Dubuque	5:09.00
12	Ellie Waddle	SR	Beloit	4:57.20
13	Carly Pierson	SO	Cornell Coll	5:27.00
14	Rachel Moline	SO	Cornell Coll	5:02.00
15	Anna Herber	SO	Clarke	5:21.71
16	Lily Niswonger	FR	Cornell Coll	5:18.00
17	Jenny Larson	SO	Edgewood	5:05.00

Event 10 Men 1500 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 3 Finals				
1	Isaac Hernandez	SO	Dubuque	4:38.50
2	Joel Avila	FR	Dubuque	4:48.62
3	Michael Uhl	JR	Loras	4:39.47
4	Harry Carpenter	FR	Knox	5:08.86
5	Joy Kannookaden	FR	Knox	NT
6	Khusrav Mahkamov	JR	Beloit	5:01.00
7	Jack Reschenberg	FR	Loras	NT
8	Taylor Christen	SO	Cornell Coll	4:40.00
9	Carl-Lars Engen	SO	Beloit	4:48.00
10	Kyle May	SO	Beloit	4:45.00
11	Nicholas Dolan	FR	Dubuque	4:41.59
12	Tim Abendroth	JR	Edgewood	4:38.74
13	Cristan Newton	FR	Rockford	5:16.10
Section 2 of 3 Finals				
1	Sean Beckford	FR	Beloit	4:20.00
2	Chase Gregory	JR	Clarke	4:30.00
3	David Meyers	SR	Clarke	4:30.00
4	Josh Smith	SR	Beloit	4:34.00
5	Joe Hanson	JR	Edgewood	4:22.34
6	Hunter Salmon	SO	Edgewood	4:25.30
7	John Finley	SO	Rockford	4:35.70
8	Kyle Collins	JR	Clarke	4:37.00
9	Matt Kane	SR	Loras	4:21.87
10	Brady Hunt	JR	Loras	4:20.00
11	Malik McCrary	FR	Clarke	4:25.00
12	Nick Anderson	SR	Clarke	4:30.00
13	Nicholas Anderson	FR	Clarke	4:22.73
Section 3 of 3 Finals				
1	Josh Tvrdy	SO	Knox	4:16.82
2	Adam Varnas	SR	Loras	4:07.00
3	George Gray	JR	Beloit	4:10.00
4	Sam Whan	JR	Loras	4:00.00
5	Lawrence Dennis	SR	Cornell Coll	4:12.00
6	Dan Hyde	SO	Edgewood	4:19.94
7	Timothy Sevcik	FR	Loras	4:05.00
8	Matt Marter	JR	Loras	4:16.07
9	Brien Nugent	SO	Loras	4:04.98
10	Ryan Sheeran	SR	Loras	4:08.66
11	Imad Amenzou	FR	North Iowa A	4:02.00
12	Josh Lindsay	JR	Cornell Coll	4:13.00
13	Nathan Kimbrell	SO	Loras	4:14.30

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Event 11 Women 3000 Meter Steeplechase

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Karen Jones	SR	Beloit	11:32.00
2	Maggie Cress	SR	Beloit	12:10.00
3	MariKate Murphy	FR	Cornell Coll	12:42.86
4	Sara DeLong	SR	Beloit	12:15.00
5	Frances Larsen	FR	Knox	13:03.69

Event 12 Men 3000 Meter Steeplechase

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Tucker Horan	SO	Cornell Coll	11:12.25
2	Josh Tvrdy	SO	Knox	10:21.56
3	Matt Gagen	FR	Loras	NT
4	Alberto Torres	SO	Beloit	10:20.00
5	Jaime Zarate	SO	North Iowa A	10:03.46
6	Colby Kraninger	FR	North Iowa A	NT
7	Zachary Stoll	FR	Cornell Coll	11:36.21

Event 15 Women 400 Meter Dash

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
2	Caitlin Hemby	JR	Knox	1:13.37
3	Rebecca DuCharme	SO	Edgewood	1:07.50
4	Carolina Goncalves	JR	Knox	1:04.57
5	Maddy Zwiers	SO	Edgewood	1:04.84
6	Margo Stanger	SO	Knox	1:09.21
7	Caroline Hickey	FR	Knox	1:13.68

Section 2 of 2 Finals

1	Deidre Franzen	JR	Cornell Coll	1:04.00
2	Kalama Towarap	SO	North Iowa A	1:01.83
3	Ellen Padmore	FR	North Iowa A	1:01.30
4	Rachael Busjahn	SR	Dubuque	59.50
5	Adrine Monagi	SO	North Iowa A	1:00.13
6	Nadia Hecker-O'Brien	SR	Beloit	1:01.40
7	Katie Swoboda	SO	Loras	1:03.00
8	Stephanie Harpeneu	FR	Loras	1:04.13

Event 16 Men 400 Meter Dash

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
3	Kyle May	SO	Beloit	57.50
4	Joseph Callan	SR	Cornell Coll	54.00
5	Nathan Hathcock	FR	Rockford	55.29
6	James Egan	FR	Knox	58.78

Section 2 of 2 Finals

1	Jacob Mentzer	SO	Dubuque	53.00
2	Jeremy Rainey-Brown	SO	Knox	52.60
3	Brad Petersen	FR	North Iowa A	52.42
4	Deshond Robinson	FR	Dubuque	49.65
5	John Enright	FR	North Iowa A	52.32
6	Oryiane Espeut	FR	North Iowa A	52.58
7	Blake Worth	FR	Dubuque	53.00
8	Jamie Medina	SO	Dubuque	53.00

Event 17 Women 400 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Taylor Glawe	FR	North Iowa A	1:22.82
2	Jada Viner	SR	Beloit	1:18.00
3	Devin Hasson	FR	Loras	1:09.00
4	Emily Sotelo	SR	Loras	1:07.00
5	Myra Nichols	SR	Clarke	1:05.20
6	Samantha Francois	SR	Clarke	1:06.00
7	Sybbie Sears	FR	Dubuque	1:08.17
8	Corey Bormann	SR	Clarke	1:12.00
9	Karly Clippinger	SR	Beloit	1:22.00

Event 18 Men 400 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
4	Carl-Lars Engen	SO	Beloit	NT
5	Nicholas Thomas	FR	Rockford	1:05.00
6	Tyler Peugh	JR	Dubuque	NT
Section 2 of 2 Finals				
2	Gerrand Moody	FR	Loras	1:02.00
3	Nick Friedmann	SO	Loras	1:01.00
4	Jake Brock	JR	Loras	58.79
5	Paul Cave	SR	Clarke	55.00
6	Matt Kreiser	JR	Beloit	58.50
7	Andrew O'Neill	FR	Loras	59.48
8	Patrick Rothert	SR	Clarke	1:01.21
9	Terrance Smith	FR	North Iowa A	1:02.85

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Event 19 Women 800 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Katia Nonet	JR	Beloit	2:50.00
2	Jessica Kingston	SO	North Iowa A	NT
3	Sandra Gomez	FR	Cornell Coll	2:48.00
4	Meredith Shimek	SO	Beloit	3:02.00
5	Leta Jaquis	SO	North Iowa A	2:54.04
6	Ashley Wenthold	JR	Loras	2:37.38
7	Kayla Kinateder	FR	Dubuque	2:37.00
8	Skylar Brooks	FR	Dubuque	2:37.00
9	Genevieve Brockway	FR	Loras	2:50.00
10	Mayra Rodriguez	JR	Rockford	3:00.00
11	Theresa Birzer	SO	Knox	2:48.58
12	MariKate Murphy	FR	Cornell Coll	2:41.00

Section 2 of 2 Finals

1	Becky Hilby	SR	Loras	2:32.00
2	Abrah Masterson	SO	Cornell Coll	2:16.94
3	Mercedes Kennedy	SR	Loras	2:26.00
4	Sydney Hendricks	FR	Clarke	2:31.24
5	Austyn Their	JR	Clarke	2:19.00
6	Amanda Elsen	SR	Loras	2:36.88
7	Emmorie Stokka	SO	North Iowa A	2:35.00
8	Morgan Meyer	SO	North Iowa A	2:35.14
9	Sydney Brokaw	FR	Loras	2:27.62
10	Anna Cole	FR	Clarke	2:30.00
11	Maddy Zwiers	SO	Edgewood	2:32.26
12	Lindsey Gidel	SO	Loras	2:30.00
13	Melissa Todman	SO	Dubuque	2:30.82

Event 20 Men 800 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Josh Smith	SR	Beloit	2:11.00
2	John Finley	SO	Rockford	2:16.30
3	Mike Casey	SR	Beloit	2:22.00
4	Tyler Miller	FR	Dubuque	2:05.11
5	Nicholas Lohr	SR	Edgewood	NT
6	Joy Kannoakaden	FR	Knox	2:18.66
7	John Herber	JR	Clarke	2:12.00
8	Kyle Collins	JR	Clarke	2:12.00
9	Ames Helzer	FR	Dubuque	2:12.00
10	Zack Molid	SR	Clarke	2:12.00
11	Harry Carpenter	FR	Knox	2:36.73
12	Cristan Newton	FR	Rockford	NT
13	Colton Segerstrom	FR	North Iowa A	2:04.94

Section 2 of 2 Finals

1	Remington Meggers	SO	Dubuque	1:59.90
2	Tim Wittman	SO	Loras	1:57.74
3	Zach Frey	JR	Loras	1:52.64
4	Aaron Ofosu	FR	Dubuque	2:02.53
5	Sam Whan	JR	Loras	1:58.76
6	Adam Varnas	SR	Loras	1:59.24
7	Nicholas Anderson	FR	Clarke	1:59.49
8	Serigne Sarr	SR	Dubuque	2:00.75
9	Zach Becicka	FR	Cornell Coll	2:04.50
10	Chris Williams	FR	Edgewood	2:04.78
11	Kylian Lally	FR	Loras	2:00.15
12	Mark Maddox	FR	North Iowa A	2:02.78
13	Imad Amenzou	FR	North Iowa A	1:54.26

Event 21 Women 200 Meter Dash

Lane	Name	Yr	School	Seed Time
Section 1 of 5 Finals				
1	Emma Peterson	FR	Beloit	33.00
2	Maimouna Dia	FR	Cornell Coll	32.10
3	Kelly Mickael	FR	Cornell Coll	32.00
4	Caroline Hickey	FR	Knox	31.19
5	Shujie Xu	SR	Beloit	31.20
6	Katrina Lewis	FR	Cornell Coll	32.00
7	Caitlin Hemby	JR	Knox	32.32
8	Ngan Le	SO	Knox	34.97

Section 2 of 5 Finals

1	Margo Stanger	SO	Knox	30.82
2	Alicia Wilson	SO	Cornell Coll	29.90
3	Breann Grell	SO	Cornell Coll	29.50
4	Jourdan Plautz	SR	Beloit	29.20
5	Chione Brooks	FR	North Iowa A	29.46
6	Desirae Diener	FR	Edgewood	29.67
7	Clare McCarthy	JR	Cornell Coll	30.59
8	Moi Yamazaki	FR	Beloit	31.00

Section 3 of 5 Finals

1	Corey Bormann	SR	Clarke	28.84
2	Alexis Strong	FR	Dubuque	28.75
3	MichelleAnn Sanchez	FR	Dubuque	28.70
4	Jade Fricks	FR	Rockford	28.41
5	Rachel Kilburg	FR	Loras	28.50
6	Chantel Christiansen	JR	Dubuque	28.75
7	Katie Gilbert	JR	Cornell Coll	28.75
8	Nikki Leach	SO	Cornell Coll	29.00

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Section 4 of 5 Finals...(Event 21 Women 200 Meter Dash)

1	Hannah Rehder	FR	Clarke	28.22	_____
2	Krista Bushkofsky	SO	Clarke	27.96	_____
3	Jasmine Bethea	SO	Dubuque	27.80	_____
4	Alexis Higgins	JR	Dubuque	27.70	_____
5	Nikki McKenzie	SR	Dubuque	27.80	_____
6	Amanda Zbilski	SO	Dubuque	27.86	_____
7	Alyssa Simon	FR	Loras	28.19	_____
8	Nadia Hecker-O'Brien	SR	Beloit	28.40	_____

Section 5 of 5 Finals

1	Emily Ney	FR	Loras	27.50	_____
2	Katie Popanz	FR	Dubuque	27.28	_____
3	Marissa Hoyer	FR	Edgewood	27.13	_____
4	Brittnee Powers	JR	Loras	26.03	_____
5	Alexis Hanson	SO	Loras	26.50	_____
6	Erica Carradine	FR	Clarke	27.22	_____
7	Samantha Francois	SR	Clarke	27.43	_____
8	Sydney Strunk	SO	Cornell Coll	27.50	_____

Event 22 Men 200 Meter Dash

Lane	Name	Yr	School	Seed	Time
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Section 1 of 5 Finals

2	Benigno Barrera	SO	Edgewood	26.62	_____
3	James Egan	FR	Knox	25.98	_____
4	Jordan Stiefel	FR	Loras	25.02	_____
5	Levan Sawyer	JR	Rockford	25.94	_____
6	John Jeffreys-White	SR	Beloit	26.50	_____
7	Will McAneny	SR	Beloit	26.80	_____

Section 2 of 5 Finals

1	Patrick Ford	JR	Knox	24.95	_____
2	Nathan Hathcock	FR	Rockford	24.75	_____
3	Alex Eckes	SO	Dubuque	24.70	_____
4	Cole Horan	FR	Cornell Coll	24.50	_____
5	Dewight Walker	SO	Beloit	24.60	_____
6	DuVaun Goodlow	SO	Dubuque	24.74	_____
7	Alexander Schlueter	JR	Dubuque	24.90	_____
8	Nicholas Kazmierczak	SO	Dubuque	24.99	_____

Section 3 of 5 Finals

1	DeQuan Reed	FR	Dubuque	24.18	_____
2	Colby Rattenborg	FR	Dubuque	24.10	_____
3	Jeremy Rainey-Brown	SO	Knox	23.91	_____
4	Rayvon Gray	FR	North Iowa A	23.52	_____
5	Alex Kuffel	FR	Edgewood	23.90	_____
6	Xerxes Ingram	FR	Rockford	24.00	_____
7	Jalen Tucker	SO	Knox	24.16	_____
8	Jordan Garcia	SO	Beloit	24.40	_____

Section 4 of 5 Finals

1	Nick Ball	JR	Loras	23.20	_____
2	Devan Kennedy	JR	Loras	23.17	_____
3	Grant Braker	SR	Edgewood	23.03	_____
4	Brandon Gradoville	SO	Loras	22.90	_____
5	Andy Sierra	JR	Dubuque	22.98	_____
6	Hurshel Ross	FR	Dubuque	23.10	_____
7	Marcus Weathers	SO	Dubuque	23.20	_____
8	Reggie Cole	SO	Dubuque	23.29	_____

Section 5 of 5 Finals

1	Paul Cave	SR	Clarke	22.80	_____
2	Demetriyone Singleton	SR	Clarke	22.56	_____
3	Preston Ritchie	SR	Cornell Coll	22.50	_____
4	Ernest Winters	FR	Dubuque	22.00	_____
5	Josh Goerdts	SR	Loras	22.10	_____
6	Kyle Ward	SR	Loras	22.50	_____
7	Stedman Foster	JR	Loras	22.70	_____
8	Husani Newbold	FR	Cornell Coll	22.89	_____

Event 23 Men 5000 Meter Run

Lane	Name	Yr	School	Seed	Time
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Section 1 of 1 Finals

1	Forrest Lloyd	FR	Beloit	17:10.00	_____
2	Joseph Gilmore	SO	Knox	16:59.76	_____
3	Tyler Randall	FR	North Iowa A	17:19.74	_____
4	Colby Kraninger	FR	North Iowa A	17:10.57	_____
5	Ryan Conrardy	SO	Cornell Coll	16:58.45	_____
6	Jack Lindsay	FR	Dubuque	16:25.00	_____
7	Brian Cole	JR	Knox	16:02.77	_____
8	Ben Hosto	FR	Knox	18:22.90	_____
9	Ben Hedges	SO	Loras	16:32.32	_____
10	Victor Schultz	JR	Knox	16:37.18	_____
11	Joe Peacock		Beloit	18:07.00	_____
12	Jonathan Berland	SO	Dubuque	16:30.00	_____
13	Hunter Salmon	SO	Edgewood	16:43.26	_____
14	Ricky Jeray	SO	North Iowa A	17:03.07	_____

Event 25 Women 4x400 Meter Relay

Lane	Team	Relay	Seed	Time
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Section 1 of 2 Finals

2	Beloit	B	4:39.00	_____
3	Dubuque	B	4:35.00	_____
4	Clarke	B	4:25.00	_____
5	Loras	C	4:30.00	_____
6	Cornell Coll	B	4:35.00	_____

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Section 2 of 2 Finals...(Event 25 Women 4x400 Meter Relay)

1	Loras	B	4:24.00	_____
2	North Iowa A		4:18.00	_____
3	Cornell Coll		4:03.00	_____
4	Loras		3:59.04	_____
5	Dubuque		4:02.62	_____
6	Clarke		4:16.71	_____
7	Beloit		4:20.00	_____
8	Edgewood		4:24.67	_____

Event 26 Men 4x400 Meter Relay

Lane	Team	Relay	Seed Time	
Section 1 of 2 Finals				
2	Edgewood		3:45.66	_____
3	Clarke	B	3:40.00	_____
4	Loras	C	3:40.00	_____
5	Cornell Coll		3:40.00	_____
6	Dubuque	C	3:42.00	_____
Section 2 of 2 Finals				
1	Dubuque	B	3:31.00	_____
2	Beloit		3:29.00	_____
3	North Iowa A		3:23.65	_____
4	Loras		3:21.00	_____
5	Loras	B	3:21.00	_____
6	Dubuque		3:25.63	_____
7	Clarke		3:31.00	_____
8	North Iowa A	B	3:37.00	_____

Event 27 Women Hammer Throw

Pos	Name	Yr	School	Seed Mark	
Flight 1 of 3 Finals					
1	Sharon Toako	SO	North Iowa A	ND	_____
2	Rachel Bork	FR	Clarke	25.91m	_____
3	Esperanza Garcia	JR	Beloit	28.00m	_____
4	Erica Frazier	FR	Dubuque	29.39m	_____
5	Arielle Kimmel	JR	Beloit	29.59m	_____
6	Alea Berube	SO	Cornell Coll	30.07m	_____
7	Abigail Willis	FR	Dubuque	30.14m	_____
8	Jennifer Medina	SO	Loras	31.44m	_____
9	Sofia Lyskanowski	SO	Loras	33.96m	_____
Flight 2 of 3 Finals					
1	Katie Broghammer	JR	Clarke	34.52m	_____
2	Jessica Fritts	SO	Knox	35.15m	_____
3	Kylie Cockrum	SR	Cornell Coll	35.74m	_____
4	Ali Settanni	JR	Loras	35.83m	_____
5	Lauren Egnarski	FR	Dubuque	36.40m	_____
6	Trisha Beckley	SR	Clarke	37.62m	_____
7	Courtney Hickson	JR	Clarke	37.85m	_____
8	Sarah Snavelly	FR	North Iowa A	39.11m	_____

Flight 3 of 3 Finals

1	Tanasha Atwater	FR	Dubuque	40.00m	_____
2	Larissa Brewer	JR	Cornell Coll	41.36m	_____
3	Nicole Forson	JR	Dubuque	44.38m	_____
4	Katelyn Herbig	SR	Dubuque	44.45m	_____
5	Morgan Steere	SR	Loras	45.78m	_____
6	Preston Kopp	SO	Clarke	45.97m	_____
7	Kayla Hanson	SR	Mount Mercy	49.92m	_____
8	Madison Acree	SR	Cornell Coll	50.95m	_____

Event 28 Men Hammer Throw

Pos	Name	Yr	School	Seed Mark	
Flight 1 of 3 Finals					
1	Bellande Bertrand	SO	Beloit	26.48m	_____
2	Scott Taylor	FR	Dubuque	27.41m	_____
3	Ethan Oleson	FR	Dubuque	30.00m	_____
4	Kenny Parks	JR	Rockford	31.01m	_____
5	John Sturtz	JR	Clarke	31.45m	_____
6	John Bray	SR	Cornell Coll	32.19m	_____
7	Jeff Ruhlow	FR	Clarke	32.87m	_____
Flight 2 of 3 Finals					
1	Ben Fahrman	FR	North Iowa A	35.13m	_____
2	Dylan Draeger	FR	Dubuque	36.59m	_____
3	John Gregory	FR	Dubuque	37.16m	_____
4	Josh Hagen	FR	Cornell Coll	37.53m	_____
5	Dakotah Revai	FR	Beloit	37.56m	_____
6	Travis Amezquita	FR	Dubuque	38.42m	_____
7	Jakob May	SO	Cornell Coll	38.72m	_____
8	Brennan McGlauchlen	JR	Knox	39.77m	_____
Flight 3 of 3 Finals					
1	Jordan Burkholder	SR	Loras	42.26m	_____
2	Mario-John Otchere	SO	Dubuque	42.40m	_____
3	Alex Link	FR	Dubuque	42.45m	_____
4	Parker Kenyon	SR	Cornell Coll	44.29m	_____
5	Conner Hirt	SR	Dubuque	48.02m	_____
6	Charles Zilaitis	SO	Cornell Coll	48.17m	_____
7	Nathan Maiers	SR	Loras	49.71m	_____
8	Joe Pagura	FR	Loras	51.52m	_____

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Event 29 Women Shot Put

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Adrienne Thompson	FR	Rockford	6.87m	_____
2	Arielle Kimmel	JR	Beloit	7.50m	_____
3	Alea Berube	SO	Cornell Coll	8.67m	_____
4	Jessica Fritts	SO	Knox	8.78m	_____
5	Myra Nichols	SR	Clarke	9.26m	_____
6	Sofia Lyskanowski	SO	Loras	9.89m	_____
7	Erica Frazier	FR	Dubuque	10.00m	_____
8	Sharon Toako	SO	North Iowa A	10.47m	_____
9	Sarah Snavelly	FR	North Iowa A	10.54m	_____
10	Lauren Egnarski	FR	Dubuque	10.60m	_____

Flight 2 of 2 Finals

1	Katie Broghammer	JR	Clarke	10.80m	_____
2	Preston Kopp	SO	Clarke	10.80m	_____
3	Kylie Cockrum	SR	Cornell Coll	10.81m	_____
4	Courtney Hickson	JR	Clarke	11.17m	_____
5	Larissa Brewer	JR	Cornell Coll	11.21m	_____
6	Ali Settanni	JR	Loras	11.35m	_____
7	Nicole Forson	JR	Dubuque	11.57m	_____
8	Tanasha Atwater	FR	Dubuque	11.80m	_____
9	Morgan Steere	SR	Loras	12.65m	_____
10	Madison Acree	SR	Cornell Coll	13.09m	_____

Event 30 Men Shot Put

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Dakotah Revai	FR	Beloit	9.69m	_____
2	Joe Pagura	FR	Loras	11.37m	_____
3	Scott Taylor	FR	Dubuque	11.47m	_____
4	Ethan Oleson	FR	Dubuque	11.59m	_____
5	Josh Hagen	FR	Cornell Coll	11.87m	_____
6	Conner Hirt	SR	Dubuque	11.90m	_____
7	Kenny Parks	JR	Rockford	11.99m	_____

Flight 2 of 2 Finals

1	Jeff Ruhlow	FR	Clarke	12.00m	_____
2	Dylan Draeger	FR	Dubuque	12.05m	_____
3	Jakob May	SO	Cornell Coll	12.36m	_____
4	Jonathan Shephard	JR	Clarke	12.72m	_____
5	Parker Kenyon	SR	Cornell Coll	13.61m	_____
6	Brennan McGlauchlen	JR	Knox	13.93m	_____
7	Charles Zilaitis	SO	Cornell Coll	14.77m	_____

Event 31 Women Javelin Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Jennifer Medina	SO	Loras	ND	_____
2	Alicia Wilson	SO	Cornell Coll	17.93m	_____
3	Jessica Fritts	SO	Knox	22.70m	_____
4	Ali Settanni	JR	Loras	23.97m	_____
5	Rajanee Michael	SO	North Iowa A	26.63m	_____
6	Abigail Willis	FR	Dubuque	31.45m	_____
7	Kylie Cockrum	SR	Cornell Coll	34.90m	_____
8	Amy Tranel	SR	Dubuque	37.47m	_____
9	Sharon Toako	SO	North Iowa A	39.38m	_____
10	Adrine Monagi	SO	North Iowa A	40.11m	_____

Event 32 Men Javelin Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Austin McCool	SO	North Iowa A	32.04m	_____
2	John Bray	SR	Cornell Coll	32.31m	_____
3	John Sturtz	JR	Clarke	32.45m	_____
4	Colby Rattenborg	FR	Dubuque	34.18m	_____
5	Ben Fahrman	FR	North Iowa A	34.49m	_____
6	Tyler Heinrich	SO	Dubuque	34.70m	_____
7	Chris Ball	FR	Loras	34.79m	_____
8	Dakotah Revai	FR	Beloit	35.43m	_____

Flight 2 of 2 Finals

1	Jacob Waddle	FR	North Iowa A	37.15m	_____
2	Brennan McGlauchlen	JR	Knox	39.73m	_____
3	Jakob May	SO	Cornell Coll	40.25m	_____
4	Greg Cox	JR	Loras	41.61m	_____
5	Andy Reed	FR	Loras	42.79m	_____
6	John Gregory	FR	Dubuque	45.38m	_____
7	Jake Brock	JR	Loras	48.35m	_____
8	Evan Rossing	JR	Loras	54.57m	_____

Event 33 Women Discus Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 3 Finals					
1	Adrienne Thompson	FR	Rockford	ND	_____
2	Jennifer Medina	SO	Loras	22.93m	_____
3	Esperanza Garcia	JR	Beloit	23.00m	_____
4	Nicole Forson	JR	Dubuque	27.43m	_____
5	Sofia Lyskanowski	SO	Loras	27.76m	_____
6	Jessica Fritts	SO	Knox	27.86m	_____
7	Rachel Bork	FR	Clarke	28.63m	_____

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Flight 2 of 3 Finals...(Event 33 Women Discus Throw)

1	Tanasha Atwater	FR	Dubuque	28.85m	_____
2	Erica Frazier	FR	Dubuque	30.78m	_____
3	Trisha Beckley	SR	Clarke	31.16m	_____
4	Alea Berube	SO	Cornell Coll	31.19m	_____
5	Katie Broghammer	JR	Clarke	32.45m	_____
6	Abigail Willis	FR	Dubuque	32.68m	_____
7	Lauren Egnarski	FR	Dubuque	33.25m	_____
8	Katelyn Herbig	SR	Dubuque	33.86m	_____

Flight 3 of 3 Finals

1	Larissa Brewer	JR	Cornell Coll	34.20m	_____
2	Allyson Machala	SR	Dubuque	34.79m	_____
3	Sarah Snavelly	FR	North Iowa A	34.90m	_____
4	Morgan Steere	SR	Loras	35.51m	_____
5	Ali Settanni	JR	Loras	35.58m	_____
6	Preston Kopp	SO	Clarke	36.39m	_____
7	Madison Acree	SR	Cornell Coll	37.24m	_____
8	Courtney Hickson	JR	Clarke	38.87m	_____

Event 34 Men Discus Throw

Pos	Name	Yr	School	Seed Mark	
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Flight 1 of 1 Finals

1	Scott Taylor	FR	Dubuque	ND	_____
2	Dylan Draeger	FR	Dubuque	ND	_____
3	Ethan Oleson	FR	Dubuque	31.10m	_____
4	Joe Pagura	FR	Loras	31.93m	_____
5	Dakotah Revai	FR	Beloit	33.95m	_____
6	Josh Hagen	FR	Cornell Coll	35.22m	_____
7	Brennan McGlauchlen	JR	Knox	35.88m	_____
8	Jeff Ruhlow	FR	Clarke	36.12m	_____
9	Kenny Parks	JR	Rockford	38.09m	_____

Flight 2 of 2 Finals

1	Jonathan Shephard	JR	Clarke	38.83m	_____
2	Ben Fahrman	FR	North Iowa A	38.97m	_____
3	Devan Kennedy	JR	Loras	40.76m	_____
4	Nathan Maiers	SR	Loras	41.38m	_____
5	Conner Hirt	SR	Dubuque	41.60m	_____
6	Darth Winkler	SR	Beloit	42.46m	_____
7	Alex Link	FR	Dubuque	43.63m	_____
8	Charles Zilaitis	SO	Cornell Coll	44.52m	_____
9	Parker Kenyon	SR	Cornell Coll	45.37m	_____
10	Jordan Burkholder	SR	Loras	47.28m	_____

Event 35 Women Long Jump

Pos	Name	Yr	School	Seed Mark	
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Flight 1 of 1 Finals

1	Moi Yamazaki	FR	Beloit	3.82m	_____
2	Shay Rule	FR	Cornell Coll	4.12m	_____
3	Jourdan Plautz	SR	Beloit	4.20m	_____
4	Shujie Xu	SR	Beloit	4.31m	_____
5	Angie Earley	SR	Beloit	4.54m	_____
6	Rajanee Michael	SO	North Iowa A	4.74m	_____
7	Corey Bormann	SR	Clarke	4.79m	_____
8	Rachel Monroe	SR	Beloit	4.94m	_____
9	Amelia Acompanado	SO	Loras	5.15m	_____
10	Krista Bushkofsky	SO	Clarke	5.16m	_____
11	Nikki McKenzie	SR	Dubuque	5.22m	_____
12	Tynisha Person	SR	Cornell Coll	5.33m	_____

Event 36 Men Long Jump

Pos	Name	Yr	School	Seed Mark	
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Flight 1 of 1 Finals

1	Dewight Walker	SO	Beloit	4.73m	_____
2	Xerxes Ingram	FR	Rockford	5.10m	_____
3	Kaleb Whiting	SO	Cornell Coll	5.46m	_____
4	Devan Clark	FR	Cornell Coll	5.68m	_____
5	Justin Christiansen	FR	Rockford	5.76m	_____
6	Ruben Dorsey	FR	North Iowa A	5.87m	_____
7	Blake MacDowell	FR	Cornell Coll	5.95m	_____
8	Rayvon Gray	FR	North Iowa A	6.00m	_____
9	Luke Arrowood	SO	North Iowa A	6.27m	_____
10	Alex Kuffel	FR	Edgewood	6.36m	_____
11	Kebba Bojang	JR	Dubuque	6.36m	_____
12	Grant Braker	SR	Edgewood	6.56m	_____
13	Colby Rattenborg	FR	Dubuque	6.67m	_____
14	Keontae Neely	JR	Loras	6.72m	_____

Event 37 Women Triple Jump

Pos	Name	Yr	School	Seed Mark	
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Flight 1 of 1 Finals

1	Bobbi Jo Helgemoe	FR	Dubuque	9.41m	_____
2	Katie Gilbert	JR	Cornell Coll	9.88m	_____
3	Katrina Pagel	FR	Dubuque	10.08m	_____
4	Allison Smith	JR	Clarke	10.46m	_____
5	Rachel Monroe	SR	Beloit	10.50m	_____
6	Chalea Coleman	SR	Loras	10.91m	_____
7	Rachael Busjahn	SR	Dubuque	10.93m	_____
8	Nikki McKenzie	SR	Dubuque	11.07m	_____

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Event 38 Men Triple Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Dewight Walker	SO	Beloit	11.20m
2	Colby Rattenborg	FR	Dubuque	12.57m
3	Ruben Dorsey	FR	North Iowa A	12.78m
4	Keontae Neely	JR	Loras	12.89m
5	Kebba Bojang	JR	Dubuque	14.31m

Event 39 Women High Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Allison Ewald	FR	Loras	1.34m
2	Katrina Lewis	FR	Cornell Coll	1.37m
3	Devin Hasson	FR	Loras	1.39m
4	Jordyn Gargus	JR	Dubuque	1.50m
5	Myra Nichols	SR	Clarke	1.53m
6	Taylor Glawe	FR	North Iowa A	1.53m
7	Libby Schnoor	FR	Cornell Coll	1.60m
8	Allison Smith	JR	Clarke	1.62m
9	Alexis Higgins	JR	Dubuque	1.65m
10	Rellie Kaputin	SO	North Iowa A	1.70m

Event 40 Men High Jump

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Jordan Stiefel	FR	Loras	1.63m
2	Kaleb Whiting	SO	Cornell Coll	1.66m
3	Keontae Neely	JR	Loras	1.75m
4	Greg Cox	JR	Loras	1.75m
5	Levi Meyer	FR	North Iowa A	1.78m
6	Dan Vatch	JR	Loras	1.86m
7	Justin Christiansen	FR	Rockford	1.90m
8	DuVaun Goodlow	SO	Dubuque	2.07m

Event 41 Women Pole Vault

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Megan Fuhrman	SO	Clarke	NH
2	Aurelia Hoft-March	SR	Beloit	2.20m
3	Cherrelle Phon	SR	Beloit	2.44m
4	Allison Ewald	FR	Loras	2.45m
5	April Flood	JR	Clarke	2.50m
6	Mileva Gacanich	SR	Clarke	2.50m
7	Jessica Donar	SO	Clarke	2.60m
8	ShirJia Bielefeld	SR	Knox	2.62m
9	Sybbie Sears	FR	Dubuque	2.75m
10	Amy Gladis	SO	Loras	3.06m
11	Amanda Zbilski	SO	Dubuque	3.11m
12	Amanda Sinkler	FR	Dubuque	3.51m
13	Elizabeth Brandenburg	SO	Loras	3.66m

Event 42 Men Pole Vault

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Hunter Dunlap	FR	Loras	NH
2	Chris Ball	FR	Loras	NH
3	Philip Senn	FR	Dubuque	3.30m
4	Stephen Baca	FR	Dubuque	3.35m
5	Crit Stanley	SR	Beloit	3.50m
6	David Rodgers IV	SO	Loras	3.70m
7	Nick Dreska	FR	Loras	3.91m
8	Jonathan Shephard	JR	Clarke	4.05m
9	Mark Schmidt	SO	Clarke	4.10m
10	Alexander Schlueter	JR	Dubuque	4.10m
11	Nicholas Kazmierczak	SO	Dubuque	4.40m
12	Devan Kennedy	JR	Loras	4.45m
13	Rick Valcin	SR	Dubuque	5.15m