

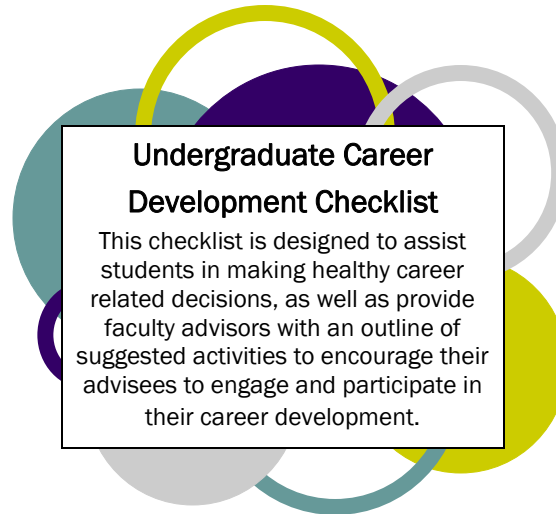
## Our Mission

For students to attain a holistic educational experience, they are encouraged to develop a co-curricular plan that promotes participation in activities which compliment their in-class academic experiences. The enclosed co-curricular study guide can be utilized by students and their advisors to encourage students to help strengthen their educational skills, service, and knowledge. A co-curriculum plan should consist of programs and services that encourage students to:

- Increase their depth of knowledge
- Write clearly, read with comprehension, and speak effectively
- Understand the University's mission and vision
- Gain hands-on experience
- Develop awareness and respect for diversity
- Value and recognize ethical perspectives and moral purpose
- Actively participate in community service
- Grow culturally, intellectually, and spiritually



## You may also want to check out:



### Undergraduate Career Development Checklist

This checklist is designed to assist students in making healthy career related decisions, as well as provide faculty advisors with an outline of suggested activities to encourage their advisees to engage and participate in their career development.

### University of Dubuque Office of Career Services

*Enhancing Career Development and  
Exploratory Learning Opportunities*

Main Office: 2nd Floor of Peters Commons  
Satellite Office: Room 105 of the UD Library

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# Co-Curricular Study Guide

University of Dubuque  
Office of Career Services

**Knowledge**  
**Mission**  
**Vision**  
**Diversity**  
**Ethics**  
**Morals**  
**Community**  
**Service**  
**Cultural**  
**Intellectual**  
**Spiritual**  
**Growth**  
**Respect**  
**Awareness**

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# CO-CURRICULAR STUDY GUIDE

The following is a recommended guide for adding a valuable dimension to a student's education within and outside the classroom. Please do not feel limited to these suggestions, but use them as a starting point when developing your own co-curricular plan.

## Increase Depth of Knowledge

- Attend the Academic Success Center (ASC) tutoring sessions for your classes regarding content review and learning strategies.
- Participate in peer led discussions for your classes.
- Utilize online resources from the Career Services web site to explore careers for your major.
- With your Faculty Advisor and Career Services, plan an internship within your academic major.
- Join an on-campus student organization or honor society within your major.
- Join an off-campus club/organization within your field of interest.
- Utilize UD's on-line career research tools and resources to learn of career opportunities within the academic major.
- Discuss with your Faculty Advisor the purpose of higher education within a liberal arts institution when working on your degree plan.
- Attend Career Services' events and workshops.

## Write Clearly, Read with Comprehension, Speak Effectively

- Utilize UD Writing Center.
- Participate in student publications on-campus.
- Participate in the Student Government Association.
- Participate in the University Program Council.
- Become a tutor in the Academic Success Center.

## Understand the University's Mission and Vision

- Become involved in student organizations on-campus.
- Participate in Student Life activities/events that are guided by tradition, academic excellence, diversity, community, stewardship, lifelong learning, and service.
- Participate in events/programs supported by the Wendt Initiative and the Office of Service and Leadership.

## Gain Hands on Experiences

- Participate in Study Abroad and International Education programs.
- Attend career fairs.
- Participate in an internship.
- Participate in a service learning and/or volunteer opportunity through the Office of Service and Leadership.
- Become a Residence Hall Assistant.
- Participate in Job Shadows and Employer Site Visits supported by courses within the academic major.

## Develop Awareness and Respect for Diversity

- Attend Life Services' annual programs.
- Work with International Studies to hold campus-wide discussions on UD diversity and awareness.
- Attend educational programs to help students learn about peers with disabilities.
- Become an Academic Success Center leader, tutor, or presenter and learn to teach others about learning styles and diverse approaches to study.
- Support and attend programs for UD commuter, 1st generation, and non-traditional students.
- Learn another language and culture while studying abroad.
- Become a member of the Black Student Union (BSU), International Friendship Club (IFC), Organization of Latin American Students (OLAS), Residence Hall Association (RHA), and/or University Program Council (UPC).
- Participate in hall workshops on how to live with others who are different than you.
- Assist the Office of Student Activities to plan and present Diversity Week Activities.
- Attend Diverse Leadership Conferences.

## Value and Recognize Ethical Perspectives and Moral Purpose

- Serve on the Judicial Council and learn community governance and mediation skills.
- Support and attend workshops that promote ethics and honesty through the Office of Service and Leadership.
- Participate in the annual Wendt Conference.
- Become a Wendt Character Scholar on the UD Campus.
- Challenge and/or confirm your values and perspectives while studying abroad.
- Participate in Chapel Services, discussion groups, and biblical study through Campus Ministry and the Campus Chaplain.

## Actively Participate in Community Service

- Join a student services organization such as; Boys and Girls Club, Big Brothers/Big Sisters, Dubuque Regional Humane Society, Hope House, St. Mark's Community Center, Hills and Dales, Bethany Home, and Camp Albrecht Acres.
- Serve as an officer on Student Government Association.
- Assist Residence Life with their community projects.
- Participate in Service Projects through the Office of Service and Leadership.
- Volunteer in your hometown community during winter/summer breaks.

## Grow Cultural, Intellectual, and Spiritual Growth

- Attend UD Cultural Events; plays, choir concerts, art exhibits, and photography exhibits.
- Attend Study Abroad Informational Sessions/Fair.
- Support and assist in the planning of Campus Ministry programming/events.
- Attend the Senior Thesis Exhibit.
- Develop and attend debates, panels, and programs hosted by student clubs/organizations.
- Support discussions within World View I and World View II courses on how new learning impacts current faith system, personal traditions/views, and how to assimilate information.

**Have a question about how to engage in some of these activities?**

**Contact Career Services for further assistance**

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