

**UNIVERSITY OF DUBUQUE – TEACHER EDUCATION
PHYSICAL EDUCATION AND HEALTH TEACHING, K-12**

EDUCATION CORE : (C or higher in each course)

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| ___ EDU 100 Intro to Education (2) | ___ EDU 240 Learning/Teaching Processes (3) |
| ___ EDU 119 Human Relations Skills (3) | ___ EDU 303 Reading/Writing Content Areas (3) |
| ___ EDU 200 Foundations of Education (3) | ___ EDU 310 Assessment Reg/Except Learners (2) |
| ___ EDU 202 Intro-Except. Lnrs, K-12 (3) | ___ EDU 318 Literacy & Language Diversity for Educ (3) |
| ___ EDU 401 Portfolios | ___ EDU 352 Technology in Education (2) |

HPER CORE COURSES: (C or higher in each course) (Taken by both majors)

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|---|---|
| ___ HEA 100 Comm First Aid & CPR (1) | ___ HWS 241 Anatomy & Kinesiology (3) (pre-req BIO 145) |
| ___ HEA 200 Adv Comm First Aid/CPR (1) | ___ HWS 301 Biomechanics (3) |
| ___ PED 100 Intro-History-Princ of HPER (2) | ___ HWS 401 Exercise Physiology (3) |

PHYSICAL EDUCATION COURSES: (C or higher in each course)

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| ___ HWS 110 Activity Class (1) | ___ HWS 341 Prevention & Care of Athletic Injuries (3) |
| ___ PED 231 Human Dev & Motor Learning (3) | ___ PED 342 Org/Adm of P.E./Athletics/Rec (3) |
| ___ PED 232 Intro to P.E. Skills (2) | ___ PED 432 Adapted P.E. & Recreation (3) |

HEALTH EDUCATION COURSES: (C or higher in each course)

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| ___ HWS 110 Activity Class (1) | ___ HWS 246 Human Nutrition (3) |
| ___ HWS 221 Family & Community Health (3) | ___ HEA 301 Content for Health Teachers (3) |
| ___ HWS 244 Wellness Lifestyles (3) | ___ SOC 112 Social Problems (3) |

PHYSICAL EDUCATION CONTENT CORE: HEALTH EDUCATION CONTENT CORE:
(ONLY OPEN TO STUDENTS FORMALLY ADMITTED TO TEACHER EDUCATION)

(C or higher in each course)

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|---|---|
| ___ EDU 360 Middle School Methods (3) (Fall) | ___ EDU 360 Middle School Methods (3) (Fall) |
| ___ PED 330 Methods of Elementary P.E. (2) | ___ HEA 330 Methods of Elementary Health (2) |
| ___ PED 331 Movement Education (2) (Fall) | ___ HEA 350 Methods of Secondary Health (2) (Spring) |
| ___ PED 332 Performance Evaluation (3) | |
| ___ PED 350 Methods of Secondary P.E. (2) (Spring) | |

PROFESSIONAL SEMESTER: (C or higher in each course)

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| ___ EDU 465 Student Teaching P.E., 5-12 (6) | ___ EDU 470 Student Teaching Health, 5-12 (6) |
| ___ EDU 466 Student Teaching P.E., K-8 (6) | ___ EDU 466 Student Teaching P.E., K-8 (6) |
| ___ EDU 495 Leadership Seminar (3) | ___ EDU 495 Leadership Seminar (3) |

Coaching, K-12

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| ___ PED 231 Human Development & Motor Learning (3) |
| ___ HWS 341 Prevention & Care of Athletic Injuries (3) |
| ___ HWS 210 Coaching Theory Course - (choose one) (2) |
| ___ PED 210 Coaching Decisions & Ethics (2) |