University of Dubuque

Health Education, K-12

2026-2027 Catalog

*Information subject to change

First Year	FALL			SPRING		
	COURSE #	COURSE TITLE	HRS	COURSE #	COURSE TITLE	HRS
	WVS 101	World View Seminar I	3	WVS 201	World View Seminar II	3
	PED 100	Intro./ History of PE/ Health	2	EDU 100	Introduction to Education	2
	BIO 145	Intro. to Anatomy & Physiology I	4	EDU 119	Human Relations	3
		Gen. Ed.	3	HEA 100	Comm. First Aid & CPR (or current CPR Cert.)	1
		Gen. Ed.	3	HWS 202	Sports Facility & Event Management	3
					Gen. Ed.	3
		FALL TOTAL	15		SPRING TOTAL	15
		CUMULATIVE TOTAL	15		CUMULATIVE TOTAL	30

Second Year	FALL			SPRING		
	COURSE #	COURSE TITLE	HRS	COURSE #	COURSE TITLE	HRS
	EDU 200	Foundations of Education	3	EDU 240	Learning and Teaching Processes	3
	EDU 202	Intro. to Inclusion, K-12	3	EDU 352	Technology in Education	2
	HEA 301	Content for Health Teachers	3	HWS 110	Activity Class	1
	HWS 221	Family and Community Health	3	HWS 246	Human Nutrition	3
	HWS 241	Anatomy & Kinesiology	3	HWS 248	Wellness & Healthy Lifestyle	2
				HWS 341	Prevention & Care of Athletic Injuries	3
		FALL TOTAL	15		SPRING TOTAL	14
		CUMULATIVE TOTAL	45		CUMULATIVE TOTAL	59

Third Year	FALL			SPRING		
	COURSE #	COURSE TITLE	HRS	COURSE #	COURSE TITLE	HRS
	EDU 303	Reaading & Writing in the Content Areas	3	EDU 351	Special Secondary methods and Materials	3
	EDU 310	Assess. of Reg. & Excep. Learners, K-12	2	EDU 401	Portfolios	0
	EDU 360	Middle Schools Methods	3	HEA 340	Methods of Teaching Health, K-12	3
	EDU 401	Portfolios	0		Gen. Ed.	3
		Gen. Ed.	3		Gen. Ed.	3
		Gen. Ed.	3		Gen. Ed.	3
		Electives	3			
		FALL TOTAL	17		SPRING TOTAL	15
		CUMULATIVE TOTAL	76		CUMULATIVE TOTAL	91

Fourth Year	FALL			SPRING		
	COURSE #	COURSE TITLE	HRS	COURSE #	COURSE TITLE	HRS
	EDU 318	Literacy & Language Diversity (ESLOL)	3	EDU 470 / 469	Stuent Teaching Health, K-12 and/or K-8	6
		Gen. Ed.	3	EDU 495	Senior Seminar	3
		Gen. Ed.	3		Electives	5
		Gen. Ed.	3			
		Electives	3			
		FALL TOTAL	15		SPRING TOTAL	14
		CUMULATIVE TOTAL	106		CUMULATIVE TOTAL	120

General Education Requirements to be taken when "Gen. Ed." is listed (11 courses): COM 101, ENG 101, ENG 104, Math,Environmental Stewardship, Intercultural Engagement, Literature, Fine & Performing Arts, Judeo Christian Traditions, Hist./Phil./Politics, Personal/Fin. Stewardship

Suggestions:
*It is recommended that you take ENG 101, COM 101, ENG 104, & MATH within your first 4 semesters
*EDU 210 to meet Environmental Stewarship Gen. Ed.
*THEA 220 to meet Fine & Performing Arts Gen. Ed.
*PRF 200 to meet Personal/Fin. Stewardship Gen. Ed.
*HIST 211/ 212 to meet Hist./Phil./Politics Gen. Ed. and Education requirement

Admission to the program occurs during the same semester that EDU 200 is taken

Admission Criteria

1. Completion of a C or better in ENG 101, ENG 104, MATH 112 (or higher), COM 101, EDU 100, EDU 200, EDU 202
2. GPA 2.75 or higher
3. Admissions Essay
4. Application
5. All grades must be C or better and students can only retake a class one time
6. Completion of 10 service learning hours in EDU 100
7. Completion of 20 school-based hours in EDU 200
8. Completion of Admission Interview

Additional Teaching Endorsement can be added and will be discussed when assigned to an advisor in the Education Department