University of Dubuque

Human Health Science

2026-2027 Catalog

*Information subject to change

First Year

FALL			SPRING		
COURSE #	COURSE TITLE	HRS	COURSE #	COURSE TITLE	HRS
WVS 101	World View Seminar I	3	WVS 201	World View Seminar II	3
HWS 100	Intro. to Health, Wellness & Sport	2	HWS 221	Family & Community Health	3
BIO 145	Intro. to Human Anatomy & Physiology I	4	BIO 146	Intro. to Human Anatomy & Physiology II	4
MATH 112	College Algebra	3	SOC 111,112/PSY 110	Intro. to Soc./Cont. Soc. Prob./Intro. Psych	3
	Gen. Ed.	3		Gen. Ed.	3
	FALL TOTAL	15		SPRING TOTAL	16
	CUMULATIVE TOTAL	15		CUMULATIVE TOTAL	31

Second Year

FALL			SPRING		
COURSE #	COURSE TITLE	HRS	COURSE #	COURSE TITLE	HRS
HWS 246	Human Nutrition	3	HWS 311	Geriatrics	3
HWS 241	Human Anatomy & Kinesiology	3	PRF 201	Career Development Strategies	1
SOC 111,112/PSY 110	Intro. to Soc./Cont. Soc. Prob./Intro. Psych	3	CHM 112	General Chemistry II	4
CHM 111	General Chemistry I	4		Gen. Ed.	3
	Gen. Ed.	3		Gen. Ed.	3
	FALL TOTAL	16		SPRING TOTAL	14
	CUMULATIVE TOTAL	47		CUMULATIVE TOTAL	61

Third Year

FALL			SPRING		
COURSE #	COURSE TITLE	HRS	COURSE #	COURSE TITLE	HRS
PHY 151	General Physics I	4	PHY 152	General Physics II	4
MATH 230	Intro. to Statistics	3	CIS 162	Fundamentals of Excel	1
CIS 152	Digital Document Development	1	HWS 301	Biomechanics	3
HWS 341	Prevention & Care of Athletic Injuries	3		Gen. Ed.	3
	Gen. Ed.	3		Gen. Ed.	3
	FALL TOTAL	14		SPRING TOTAL	14
	CUMULATIVE TOTAL	75		CUMULATIVE TOTAL	89

Fourth Year

FALL			SPRING		
COURSE #	COURSE TITLE	HRS	COURSE #	COURSE TITLE	HRS
HWS 401	Exercise Physiology	3	HWS 495	Senior Seminar	2
BIO 211	Anatomy & Physiology I	4	*PSY 227	Adult Development & Aging	3
CIS 142	Tech. Tools for Presentations	1	BIO 212	Anatomy & Physiology II	4
	Gen. Ed.	3		Gen. Ed.	3
	Gen. Ed.	3		Electives	5
	FALL TOTAL	14		SPRING TOTAL	17
	CUMULATIVE TOTAL	103		CUMULATIVE TOTAL	120

General Education Requirements to be taken when "Gen. Ed." is listed (11 courses): COM 101, ENG 101, ENG 104, Env. Stewardship, Intercultural Engagement, Literature, Fine & Performing Arts, Judeo Christian Traditions, Hist./Phil./Politics, Physical Wellness (2 cr. + 1 cr.), Personal/Fin. Stewardship

Suggestions:

*Must earn a "C" or better in BIO 145, CHM 111, HWS 241

*PSY 227 any spring after PSY 110 is completed