



UNIVERSITY *of*  
DUBUQUE

INSTRUMENT RATING  
TRAINING COURSE OUTLINE



# UNIVERSITY *of* DUBUQUE

## INSTRUMENT RATING TRAINING COURSE OUTLINE

# UNIVERSITY *of* DUBUQUE

This is to certify that

\_\_\_\_\_ is enrolled in the FAA approved

## **INSTRUMENT RATING COURSE**

conducted at the University of Dubuque

School #GV8S178Q

\_\_\_\_\_ Enrollment Date

\_\_\_\_\_  
Primary Flight Instructor

\_\_\_\_\_  
Chief Flight Instructor

INSTRUMENT RATING COURSE

STUDENT FLIGHT RECORD

University of Dubuque / 2000 University Ave / Dubuque, IA 52001

FTN #

**AIR AGENCY CERTIFICATE NO. GV8S178Q**

Pilot's Legal Name \_\_\_\_\_ SODA  DOB \_\_\_\_\_

Pilot's Official Signature \_\_\_\_\_ SSN \_\_\_\_\_

**CITIZENSHIP**

I certify that \_\_\_\_\_ has presented to me a \_\_\_\_\_  
(Certified Birth Certificate or U.S. Passport), establishing that he / she is a U.S. Citizen or national in accordance with 49 CFR 1552.3 (h).

Instructor \_\_\_\_\_ Date \_\_\_\_\_

Cert.# \_\_\_\_\_ Exp. \_\_\_\_\_

**PERMANENT ADDRESS**

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: Home \_\_\_\_\_ Cell \_\_\_\_\_

**ENROLLMENT**

Date of Enrollment \_\_\_\_\_ Date Completed \_\_\_\_\_

Medical Certificate: Class \_\_\_\_\_ Date Issued \_\_\_\_\_ Expires \_\_\_\_\_

Private Pilot Certificate No. \_\_\_\_\_ Date Issued \_\_\_\_\_

Last Flight Review: Date \_\_\_\_\_

**GRADUATION RECORD**

FAA KNOWLEDGE TEST: DATE \_\_\_\_\_ SCORE \_\_\_\_\_

END-OF-COURSE GRADUATION: DATE \_\_\_\_\_ RESULT \_\_\_\_\_

END-OF-COURSE EXAMINER \_\_\_\_\_

**RECORDS CERTIFIED COMPLETE AND ACCURATE**

DATE \_\_\_\_\_ NAME \_\_\_\_\_ TITLE \_\_\_\_\_

PREVIOUS EXPERIENCE

DUAL \_\_\_\_\_

HOOD \_\_\_\_\_

X-C DUAL \_\_\_\_\_

ACTUAL IFR \_\_\_\_\_

FLIGHT TRAINING DEVICE \_\_\_\_\_

EVALUATION

DATE \_\_\_\_\_

FLIGHT / ORAL BY \_\_\_\_\_ TITLE \_\_\_\_\_

CREDIT GIVEN

GROUND HOURS: Part 141 \_\_\_\_\_ Part 61 \_\_\_\_\_ HOURS AWARDED \_\_\_\_\_

FLIGHT HOURS: Part 141 \_\_\_\_\_ Part 61 \_\_\_\_\_ HOURS AWARDED \_\_\_\_\_

TERMINATION OF TRAINING

DATE \_\_\_\_\_

CERTIFIED BY \_\_\_\_\_

CHIEF INSTRUCTOR

CERTIFICATE NO.

TRANSFERRED

SCHOOL \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

TRANSFER DATE \_\_\_\_\_

AIR AGENCY NO. \_\_\_\_\_

COPY ISSUED TO STUDENT: DATE \_\_\_\_\_ BY \_\_\_\_\_

## List of Effective Pages

This list of effective pages shows the standing of all pages in this syllabus with regard to their revision status. The list shows the page number, the revision number and the date of the revision.

Revised pages in this syllabus will include a change bar ( | ) on the side of the page where changes have been made.

## The Revision Process

1. Revise the pages in question.
2. Make two copies of the revised pages.
3. Correct this "List of Effective Pages" to reflect the revised pages.
4. Make two copies of this corrected "List of Effective Pages".
5. Send all four copies to the local Flight Standards District Office for approval.
6. Insert corrected pages in all syllabus copies when approval is granted.

<u>Page</u>	<u>Revision</u>	<u>Revision Date</u>
1	Original	7-1-2002
2	Original	7-1-2002
3	Revision 15	9-15-2019
4	Original	7-1-2002
5	Revision 15	9-15-2019
6	Revision 14	6-1-2019
7	Revision 15	9-15-2019
7a	Revision 15	9-15-2019
8	Revision 14	6-1-2019
9	Revision 15	9-15-2019
10	Revision 1	2-7-2003
11	Revision 1	2-7-2003
12	Revision 15	9-15-2019
13	Revision 12	5-31-2016
14	Revision 15	9-15-2019
15	Revision 15	9-15-2019
16	Revision 15	9-15-2019
17	Revision 15	9-15-2019

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18	Revision 2	1-9-2014
19	Revision 15	9-15-2019
20	Revision 15	9-15-2019
21	Revision 1	2-7-2003
22	Revision 15	9-15-2019
23	Revision 15	9-15-2019
24	Revision 15	9-15-2019
25	Revision 15	9-15-2019
26	Revision 15	9-15-2019
27	Revision 15	9-15-2019
28	Revision 12	5-31-2016
29	Revision 15	9-15-2019
30	Revision 15	9-15-2019
31	Revision 15	9-15-2019
32	Revision 15	9-15-2019
33	Revision 12	5-31-2016
34	Revision 2	1-9-2014
35	Revision 1	2-7-2003
36	Revision 9	8-6-2014
36a	Revision 12	5-31-2016
37	Revision 15	9-15-2019
38	Revision 12	5-31-2016
39	Revision 12	5-31-2016
40	Revision 12	5-31-2016
41	Revision 12	5-31-2016
42	Revision 15	9-15-2019
43	Revision 12	5-31-2016
44	Revision 12	5-31-2016
45	Original	7-1-2002
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## TRAINING COURSE OUTLINE

### LOCATION

The University of Dubuque, located at 2000 University Avenue, Dubuque, Iowa, 52001, holds Air Agency Certificate No. GV8S178Q. The University of Dubuque operates its pilot training school at the Dubuque Regional Airport, Dubuque, Iowa.

### COURSE TITLE

*Instrument Rating Course—Airplane*

This Training Course Outline meets all the curriculum requirements for the Instrument Rating Course contained in Appendix C of Title 14 Code of Federal Regulation Part 141 (14 CFR Part 141). This syllabus contains separate flight training and ground training sections, which can be taught concurrently or separately.

### COURSE OBJECTIVE

Students will gain the knowledge, skill and aeronautical experience necessary to meet the requirements for an Instrument Rating; Airplane.

### COURSE COMPLETION STANDARDS

To meet the course completion standards, students must demonstrate through knowledge, oral, flight tests, and appropriate records, that they meet the knowledge, skill and experience requirements necessary to acquire an Instrument Rating; Airplane category.

### MAIN OPERATIONS BASE

The Dubuque Regional Airport is the main operations base for training in this course. The airport has hard-surface runways and meets the requirements of 14 CFR 141.38 for day and night operations. Fuel services and maintenance services are available weekdays during normal working hours. Weekend and after hours fuel and maintenance are available on request.

### MAIN OPERATIONS FACILITY

The school's primary flight facility is the Babka Flight Center, 10656 Airport Road, located at the Dubuque Regional Airport, Dubuque, Iowa 52003. This building conforms to the requirements of 14 CFR 141.43 for briefing areas and 14 CFR 141.45 for ground training facilities. This permanent structure has 10 briefing areas of at least 6' by 7' and 14 additional office/training rooms with a maximum number of two students per area. Each briefing/training room will have communications capabilities for contacting a Flight Service Station. The building has Wi Fi capabilities for students and instructors to access weather and flight planning applications online.

## **GROUND INSTRUCTIONAL FACILITIES**

The primary ground instructional facilities are in the Babka Flight Center, located at the Dubuque Regional Airport, Dubuque, Iowa 52003. This facility has three classrooms with a capacity of 24 students in each. The building and rooms are heated, lighted, and ventilated to conform to local building, sanitation, and health codes.

Based on enrollment and class formats, ground schools may also be conducted on the main campus of the University of Dubuque located at 2000 University Avenue, Dubuque, Iowa 52001. The University of Dubuque is accredited by the North Central Association of the Council for Higher Education. The University's classrooms meet the requirements of the Association and conform to local building, sanitation and health codes. Campus classrooms and computer labs are available in the Myers Library, Blades Hall, Alumni Hall, Dunlap Technology Center, MTAC, Mercer-Birmingham, and the University Science Center. Classrooms range in size from 142 seats in the Dunlap Technology Center to 6 seats in the Myers library.

## **GROUND INSTRUCTIONAL EQUIPMENT / TRAINING AIDS**

Training aids and equipment used may include the following: Whiteboards, televisions, podium, LCD/Overhead projector with screen, laptop and/or desktop and/or tablet computers, computer/video interface units for TV/LCD projector. Other aids may include airplane models, airplane parts, instrument panel posters, aviation software, multiple aviation websites, E6B flight computer, plotter, navigation charts, Instrument Terminal Procedures, and EFB's. These aids and equipment will be kept accurate and current for the relevant course of training.

An Advanced Aviation Training device (AATD) may be used in this course as outlined in 14 CFR 141 and AC 61-136. An aircraft may be used to fulfill the instrument training requirement of those lessons if the training devices are not available or desired.

## **TRAINING DEVICES**

The FRASCA Mentor, FRASCA RTD, Redbird SD, and an ALSIM AL250 are approved Advanced Aviation Training Devices that are available for training in accordance with their respective FAA Letter of Authorization.

## **AIRCRAFT**

Cessna 172, Piper PA-28R, and Piper PA-44-180 are available for flight training.

## **PERSONNEL**

The Chief Instructor for the Instrument Rating Course meets the requirements for Chief Instructor as listed in the 14 CFR 141.35 and has been approved by the local FAA Flight Standards District Office.

Flight Instructors will have a current Certified Flight Instructor, Airplane Single Engine Land—Instrument. When training in the PA-44-180 the Flight Instructor will have a current Certified Flight Instructor Instrument Rating as well as an Airplane Multi-Engine Land Instructor Rating. All Flight Instructors will receive standardization training prior to teaching in this course. Additionally, Flight Instructors will receive annual flight standardization training.

When course enrollments and individual availabilities warrant such appointments, the University of Dubuque will request the appointment of other key personnel such as; Assistant Chief Instructors, Check Instructors and Chief Ground Instructors.

All requested appointees will meet the requirements of the appropriate sections of 14 CFR 141.35, Subpart B.

## **CHIEF AND ASSISTANT CHIEF INSTRUCTORS**

The Chief Flight Instructor for the Instrument Rating Airplane Course is Ms. Suzanne Peterson certificate #2801778.

The Chief Ground Instructor for the Instrument Rating Airplane Course is Ms. Polly Kadolph certificate #3689827.

The following persons have been authorized as Assistant Chief Flight Instructors for the Instrument Rating Airplane Course : Mr. Michael J. Glynn certificate #2883378 and Mr. Robert Anthony ( Tony ) Foster certificate #3213651.

## **ENROLLMENT PREREQUISITES**

Students must be able to write, read, speak, and understand the English language and possess a Private Pilot Certificate with at least a 3rd class medical certificate prior to enrolling in the flight portion of the Instrument Rating Course.

## **ENROLLMENT PROCEDURE**

Students will be required to show a certified birth certificate or a U.S. passport establishing U.S. citizenship or national in accordance with 49 CFR 1552.3 (h ). A copy of the proof of citizenship or U.S. national will be kept on file in the student ' s TCO. Alien flight students must apply online and be granted approval from TSA to begin flight training.

Upon enrollment in the flight portion of the training syllabus students will be issued a Certificate of Enrollment showing the date of enrollment and the course entered. Students will also receive a copy of the approved training syllabus. Students may enter the ground portion of the syllabus prior to or during the flight portion. Enrollment certificates and syllabi will be retained at UD Flight Operations at all times unless otherwise directed by the Chief Instructor. Students will have access to a copy of the University of Dubuque Student Flight Operations Manual which outlines the school ' s operational and safety procedures.

## **CREDIT FOR PREVIOUS 14 CFR 141 PILOT TRAINING**

Flight credit may be transferred from other certificated schools to the University of Dubuque ' s flight program based on an oral test, flight check, written test, or any combination thereof. Students must arrange for the transmittal of flight records from the previous school to the University of Dubuque. The University will determine the amount of credit to be transferred. Credit will be entered in the student ' s training record along with the documents and tests on which the acceptance is based. The maximum credit given may be up to 50% of the University ' s approved curriculum requirements.

## **CREDIT FOR PREVIOUS 14 CFR 61 PILOT TRAINING**

Flight credit may be transferred from 14 CFR 61 schools to the University of Dubuque ' s flight program based on an oral test, flight check, written test or any combination thereof. Students should submit a record of previous training from the school where it was received. The University will determine the amount of credit to be transferred. Credit will be entered in the student ' s training record along with the documents and tests on which the acceptance is based. The maximum credit given may be up to 25% of the University ' s approved curriculum requirements.

## **GRADING SYSTEM FOR FLIGHT TRAINING**

### **GRADE STANDARD**

- 3.....Meets Airman Certification Standards
- 2.....Meets Lesson Standards
- 1.....Needs Additional Training
- D.....Demonstration
- S.....Solo Flight

The above grading standard will be used to evaluate student performance. Grades will be entered on each lesson page. At the completion of each stage of training the students will be examined orally and by flight evaluation. Upon successful completion of the evaluation the student will proceed to the next stage of flight training.

## MINIMUM INSTRUMENT RATING FLIGHT TRAINING

	<b>Simulated or Actual Instrument</b>	<b>FTD, AATD, BATD Instrument</b>	<b>TOTAL</b>
<b>STAGE 1</b>	6.0	14.0	20.0
<b>STAGE 2</b>	15.0	0	15.0
<b>TOTALS</b>	21.0	14.0	35.0

Total minimum Instrument Rating flight training time is 35.0 hours.  
The maximum AATD time is 14 hours.

## REVIEW LESSON PROCEDURE

During training, students may need to do additional work on lessons, or review past lessons. If an instructor needs additional lesson pages the instructor will:

- Copy a blank lesson page for the lesson concerned
- Use the copied page to record the review or additional work
- Write the word "Review" in a prominent place on the copied lesson page
- Place the added lesson page(s) sequentially behind the original lesson page

## GENERAL LESSON NOTES

Lesson items that are in italics are for instructor and check pilot guidance.

## AIRPORTS USED

The airports listed below are approved for use by the University of Dubuque, 14 CFR Part 141 Instrument Instructors and Instrument students for the purpose of instrument training, to satisfy the requirements of the school's Instrument Pilot Rating TCO. Mileage to these airports is indicated.

### **IOWA**

Cedar Rapids (CID) - 54  
Independence (IIB) - 55  
Oelwein (OLZ) - 58  
Vinton (VTI) - 60  
Monticello (MXO) - 26  
Maquoketa (QQW) - 22  
Clinton (CWI) - 35  
Davenport (DVN) - 42

### **ILLINOIS**

Freeport (FEP) - 50  
Moline (MLI) - 58  
Sterling (SQI) - 60  
Savanna (SFY) - 31

### **WISCONSIN**

Reedsburg (C35) - 65  
Monroe (EFT) - 51  
Lone Rock (LNR) - 54  
Madison (MSN) - 53  
Prairie Du Chien (PDC) - 43

Instructors must ensure that all airports used meet the requirements of Title 14 CFR Part 141.38 (b) (c) (d) (e) and (f).

## APPROVED CROSS-COUNTRY ROUTES

At least one cross-country flight with a minimum distance of 250 nm along airways or ATC directed routing to include at least 100 nm straight line distance between airports and three different kinds of instrument approaches.

- ✓ KDBQ—KRST—KMIW—KDBQ
- ✓ KDBQ—KPIA—KIOW—KDBQ
- ✓ KDBQ—KMSN—KSTE—KDBQ

Other cross-country routes can be flown at the discretion of the flight instructor and must meet the requirements of CFR Title 14 Part 141 Appendix C 4 ( C ) (1).

## **ABBREVIATIONS**

ACs—convective outlook  
acft—aircraft  
AI—Altitude Indicator  
airspd—airspeed  
alt—altitude  
approx—approximately  
ARROW—Airworthiness, Registration, Radio license (international), Operator's manual, Weight and balance  
ATC—Air Traffic Control  
AWW—severe weather forecast alert  
CG—Center of gravity  
Comm—communication  
config—configuration  
Cs—Constant speed  
CWAs—Center Weather Advisory  
cx—correction  
DA—Decision Altitude  
DH—Decision Height  
dist—distance  
DME—Distance Measuring Equipment  
EFC—Expect Further Clearance  
equip—equipment  
ETA—Estimated Time of Arrival  
FAA—Federal Aviation Administration  
FAs—area forecasts  
FAF—Final Approach Fix  
FDs—winds and temperatures aloft forecast  
freq / freqs—frequency / frequencies  
FSS—Flight Service Station  
FTD—Flight Training Device  
GPS—Global Positioning System  
hdg—heading  
HI—Horizontal Indicator  
hr—hour  
IAF—Initial Approach Fix  
IDs—Identifications  
IF—Intermediate Fix  
inop—inoperative  
inst—flight solely by reference to instruments while using a view limiting device  
LR—Lead Radial  
MAP—Missed Approach Procedure  
MDA—Minimum Descent Altitude  
METARs—aviation routine weather reports  
MLC—Modified Landing Checklist  
MRA—Manufacturer's Recommended Airspeed  
Nav—navigation  
nm—nautical miles  
obs—omni bearing selector

## **ABBREVIATIONS**

ops—operations  
PCATD—Personal Computer Aviation Training Device  
PIREPs—pilot weather reports  
pre—before  
prep—preparation  
PT—Procedure Turn  
pwr—power  
req—required  
TACs—Terminal Area Charts  
TC—True Course  
TAFs—Terminal Area Forecasts  
TWEB—Transcribed Weather Broadcast  
SDs—Scanning Detectors  
VHF—Very High Frequency  
VR-IR—integrated flight training using visual and instrument reference  
vol—volume  
VOR—Very high frequency, Omni-directional, Radio range  
V<sub>x</sub>—best angle of climb  
V<sub>y</sub>—best rate of climb  
WAs—airmet  
WACs—World Aeronautical Charts  
WSs—sigmet  
WSTs—convective sigmet  
WW—severe weather watch bulletin  
xctry—cross country  
xmitter—transmitter  
xwind—cross wind  
√—the aircraft checklist will be used

# INSTRUMENT RATING

## Training Course Outline

### STAGE ONE

#### Initial Flight Training

#### Lessons 1—12

14.0 hours (approx) of Ground Flight Training Device (AATD)

6.0 hours (approx) of Aircraft dual instrument flight training

#### Stage One Objectives

*The student will be instructed in basic instrument flying, tracking and intercepting, holding, and approach procedures.*

#### Stage One Completion Standards

*This stage will be complete when the student meets all lesson standards and satisfactorily performs the Stage One Check*

Hours

**INSTRUMENT LESSON 1**

**BRIEFING—COURSE OVERVIEW AND BASIC INSTRUMENT FLIGHT**

**OBJECTIVE:** The instructor will brief the student on course content, the airport environment and basic instrument flight procedures.

**TIME:** As required

**COURSE OVERVIEW**

- \_\_\_ \_\_\_ \_\_\_ Student Operations Manual
- \_\_\_ \_\_\_ \_\_\_ Instrument Rating Syllabus
- \_\_\_ \_\_\_ \_\_\_ Standardization Manual
- \_\_\_ \_\_\_ \_\_\_ Enrollment Paperwork
- \_\_\_ \_\_\_ \_\_\_ Airman Certification Standards

**AIR TRAFFIC CONTROL FACILITIES**

- \_\_\_ \_\_\_ \_\_\_ Tower
- \_\_\_ \_\_\_ \_\_\_ Communication Frequencies
- \_\_\_ \_\_\_ \_\_\_ LAHSO
- \_\_\_ \_\_\_ \_\_\_ Navigation Facilities

**AIRPORT ENVIRONMENT**

- \_\_\_ \_\_\_ \_\_\_ Runways
- \_\_\_ \_\_\_ \_\_\_ Runway Markings
- \_\_\_ \_\_\_ \_\_\_ Taxiways
- \_\_\_ \_\_\_ \_\_\_ Taxiway Markings
- \_\_\_ \_\_\_ \_\_\_ RUNWAY INCURSIONS
- \_\_\_ \_\_\_ \_\_\_ HOLD SHORT LINES (Clearances)
- \_\_\_ \_\_\_ \_\_\_ Ramp Areas
- \_\_\_ \_\_\_ \_\_\_ Ramp Markings

**COMPLETION STANDARDS**

The lesson will be complete when:

1. The student has been shown the airport environment.
2. The student has been tutored on the provided course materials.
3. The student' s enrollment papers have been complet-

**AIRPORT SERVICES**

- \_\_\_ \_\_\_ \_\_\_ UD Flight Operations Facility
- \_\_\_ \_\_\_ \_\_\_ Airport Administrative Facilities
- \_\_\_ \_\_\_ \_\_\_ Airport Maintenance Facilities
- \_\_\_ \_\_\_ \_\_\_ Airport Security
- \_\_\_ \_\_\_ \_\_\_ Aircraft Maintenance Facilities
- \_\_\_ \_\_\_ \_\_\_ Fueling Facilities
- \_\_\_ \_\_\_ \_\_\_ Weather Facilities
- \_\_\_ \_\_\_ \_\_\_ Aircraft Storage Facilities
- \_\_\_ \_\_\_ \_\_\_ Flight Practice Areas

**BASIC INSTRUMENT FLIGHT PROCEDURES**

- \_\_\_ \_\_\_ \_\_\_ The IFR Flight Instruments
- \_\_\_ \_\_\_ \_\_\_ Scanning methods-full panel
- \_\_\_ \_\_\_ \_\_\_ Scanning methods-partial panel
- \_\_\_ \_\_\_ \_\_\_ Basic Instrument Flight
- \_\_\_ \_\_\_ \_\_\_ Straight and Level
- \_\_\_ \_\_\_ \_\_\_ Turns (standard rate and timed)
- \_\_\_ \_\_\_ \_\_\_ Climbs
- \_\_\_ \_\_\_ \_\_\_ Descents
- \_\_\_ \_\_\_ \_\_\_ Intercepting and Tracking
- \_\_\_ \_\_\_ \_\_\_ Holding
- \_\_\_ \_\_\_ \_\_\_ Approaches
- \_\_\_ \_\_\_ \_\_\_ Communications

**POSTBRIEF**

- \_\_\_ \_\_\_ \_\_\_ Update TCO

Instructor

Student

Date

_____	_____	_____
_____	_____	_____
_____	_____	_____

Hours

INSTRUMENT LESSON 2

AATD or ACFT—BASIC INSTRUMENT FLIGHT PROCEDURES

OBJECTIVE: Student will be introduced to and practice basic instrument flying procedures.

TIME: Approx 2.0 hours

PREFLIGHT BRIEFING

- Briefing on the Lesson
Documents and required instrument checks
Wake turb, wind shear, collision avoidance
Incursion avoidance - call all hold short lines
Weather
Enroute charts, approach plates, sectionals
Flight equipment—kneeboard, pencils, etc.

PREFLIGHT PREPARATION

- IFR cockpit ✓—ARROW
Tests—VOR, Transponder, Alternate-Static, Altimeter, 121.5 check, RNAV/ GPS, ADF (as applicable)
IFR Preflight Inspection ✓
IFR cockpit organization

STARTUP

- Engine Start ✓
Comm radio setup—freq, vol, transmitter
Nav radio setup—freq, ID, set course
ATIS—copy and review
IFR clearance—copy, confirm, comply

TAXI AND RUNUP

- Taxi ✓
Taxi Clearance—copy, confirm, comply
Taxi—wind, brakes, steering, speed, hazards
Gyros and compass check—first turn
Flight Instrument Check
Runup ✓

TAKEOFF / CLIMB

- Takeoff ✓
Takeoff clearance—copy, confirm, comply
Takeoff—normal
Climb 500' then "on course"
Climb ✓
Tower handoff / Center Check-in
Center Clearance—copy, confirm, comply

BASIC INSTRUMENT FLIGHT

- Constant Speed / Rate Climbs
Climbs with turns
Level-off from climb procedure
Cruise ✓
Scan instruction and practice (Primary instruments / Secondary instruments)
Straight and level
Turns—headings, standard & 1/2 rate, timed
Throttle settings / speeds
Constant speed / rate descents
Descents with turns
Level-off from descent procedure
Steep turns
Slow flight
Stalls
Recover from unusual altitudes
Partial panel, all maneuvers above

**INSTRUMENT LESSON 2**  
**AATD or ACFT—BASIC INSTRUMENT FLIGHT PROCEDURES**  
**(CONTINUED)**

**LANDING**

\_\_\_ \_\_\_ \_\_\_ Landing ✓  
 \_\_\_ \_\_\_ \_\_\_ Landing clearance—*copy, confirm, comply*  
 \_\_\_ \_\_\_ \_\_\_ Stabilized approach  
 \_\_\_ \_\_\_ \_\_\_ Roundout—*height, crosswind cx*  
 \_\_\_ \_\_\_ \_\_\_ Touchdown—*drift, centerline, full stall*  
 \_\_\_ \_\_\_ \_\_\_ Taxi ✓—*wind, speed, braking, hazards*  
 \_\_\_ \_\_\_ \_\_\_ Taxi clearance—*copy, confirm, comply*  
 \_\_\_ \_\_\_ \_\_\_ Shutdown ✓  
 \_\_\_ \_\_\_ \_\_\_ Postflight inspection

**POSTFLIGHT**

\_\_\_ \_\_\_ \_\_\_ Debrief  
 \_\_\_ \_\_\_ \_\_\_ Update TCO and logbook

**COMPLETION STANDARDS**

The lesson will be complete when all areas have a grade of 2 or better. Standards are as follows:

1. Altitude  $\pm 200$  feet
2. Headings and rollouts  $\pm 15^\circ$
3. Airspeed within  $\pm 15$  knots
4. Climbs and descents at specified rate  $\pm 200$  feet

	Flight	Inst	AATD	Total Inst	Instructor	Student	Date	Aircraft Type	Tail Number
<b>This Lesson</b>									
<b>Total</b>									

**COMMENTS**

\_\_\_\_\_  
 \_\_\_\_\_

Hours

INSTRUMENT LESSON 3

AATD or ACFT—INTERCEPTING AND TRACKING NAVIGATION FACILITIES

OBJECTIVE: The student will practice navigation intercepting and tracking procedures.

TIME: Approx 1.0 hour

PREFLIGHT BRIEFING

- \_\_\_\_ Briefing on the Lesson
\_\_\_\_ Documents and required instrument checks
\_\_\_\_ Wake turb, wind shear, collision avoidance
\_\_\_\_ Incursion avoidance—call all hold short lines
\_\_\_\_ Weather
\_\_\_\_ FAR AIM, enroute charts, approach plates
\_\_\_\_ Flight equipment—kneeboard, pencils, etc.

TAKEOFF / CLIMB

- \_\_\_\_ Takeoff ✓
\_\_\_\_ Takeoff clearance—copy, confirm, comply
\_\_\_\_ Takeoff—normal
\_\_\_\_ Climb 500' then "on course"
\_\_\_\_ Climb ✓
\_\_\_\_ Tower handoff / Center check-in
\_\_\_\_ Center Clearance—copy, confirm, comply

PREFLIGHT PREPARATION

- \_\_\_\_ IFR cockpit ✓—ARROW
\_\_\_\_ Tests—VOR, Transponder, Alternate-Static, Altimeter, ELT, 121.5 check, RNAV/GPS, ADF (as applicable)
\_\_\_\_ IFR Preflight Inspection ✓
\_\_\_\_ IFR cockpit organization

BASIC INSTRUMENT FLIGHT

- \_\_\_\_ Constant Speed / Rate Climbs with turns
\_\_\_\_ Level-off procedure
\_\_\_\_ Cruise checklist ✓—trim & mixture
\_\_\_\_ Radial scan
\_\_\_\_ Straight and level with turns
\_\_\_\_ Turns—headings, standard & 1/2 rate, timed
\_\_\_\_ Throttle settings vs. speeds
\_\_\_\_ Constant speed / rate descents with turns
\_\_\_\_ Partial panel

STARTUP

- \_\_\_\_ Engine Start ✓
\_\_\_\_ Comm radio setup—freq, vol, transmitter
\_\_\_\_ Nav radio setup—freq, ID, set course
\_\_\_\_ ATIS—copy and review
\_\_\_\_ IFR clearance—copy, confirm, comply

INTERCEPTING / TRACKING

- \_\_\_\_ Intercepting nav radials / courses
\_\_\_\_ Tracking to / from nav stations
\_\_\_\_ Partial panel, all maneuvers above

TAXI AND RUNUP

- \_\_\_\_ Taxi ✓
\_\_\_\_ Taxi Clearance—copy, confirm, comply
\_\_\_\_ Taxi—wind, brakes, steering, speed, hazards
\_\_\_\_ Gyros and compass check—first turn
\_\_\_\_ Flight instrument check
\_\_\_\_ Runup ✓

LANDING

- \_\_\_\_ Landing ✓
\_\_\_\_ Landing clearance—copy, confirm, comply
\_\_\_\_ Stabilized approach
\_\_\_\_ Use of flaps
\_\_\_\_ Landing—centerline, drift, roundout, touchdown
\_\_\_\_ Taxi ✓—wind, speed, braking, hazards
\_\_\_\_ Shutdown ✓
\_\_\_\_ Postflight inspection

**INSTRUMENT LESSON 3**  
**AATD or ACFT—INTERCEPTING AND TRACKING NAVIGATION FACILITIES**  
**(CONTINUED)**

**POSTFLIGHT**

\_\_\_\_ Debrief  
 \_\_\_\_ Update TCO and logbook

**COMPLETION STANDARDS**

The lesson will be complete when all areas have a grade of 2 or better. Standards are as follows:

1. Altitude  $\pm 200$  feet
2. Headings and rollouts  $\pm 15^\circ$
3. Airspeed within  $\pm 15$  knots
4. Climbs and descents at specified rate  $\pm 200$  feet

	Flight	Inst	AATD	Total Inst	Instructor	Student	Date	Aircraft Type	Tail Number
<b>Previous</b>									
<b>This Lesson</b>									
<b>Total</b>									

**COMMENTS**

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Hours

**INSTRUMENT LESSON 4**

**BRIEFING—VOR, RNAV/GPS, DME AND INTERSECTION HOLDING PROCEDURES**

**OBJECTIVE:** Instructor will tutor the student on the elements of instrument holding procedures.

**TIME:** As required

**THE HOLDING CLEARANCE**

- \_\_\_ \_\_\_ \_\_\_ Holding direction
- \_\_\_ \_\_\_ \_\_\_ Holding facility
- \_\_\_ \_\_\_ \_\_\_ Holding radial or bearing
- \_\_\_ \_\_\_ \_\_\_ DME holds
- \_\_\_ \_\_\_ \_\_\_ Direction of turns
- \_\_\_ \_\_\_ \_\_\_ Length of inbound leg
- \_\_\_ \_\_\_ \_\_\_ EFC Time
- \_\_\_ \_\_\_ \_\_\_ Protected / unprotected airspace
- \_\_\_ \_\_\_ \_\_\_ Reporting required

**PLANNING THE HOLD—STANDARD AND NON-STANDARD**

- \_\_\_ \_\_\_ \_\_\_ Drawing the hold
- \_\_\_ \_\_\_ \_\_\_ Drawing the wind direction and speed
- \_\_\_ \_\_\_ \_\_\_ Understanding the effects of the wind
- \_\_\_ \_\_\_ \_\_\_ Drawing the aircraft bearing to the fix
- \_\_\_ \_\_\_ \_\_\_ Direct entry
- \_\_\_ \_\_\_ \_\_\_ Parallel entry
- \_\_\_ \_\_\_ \_\_\_ Teardrop entry

**FLYING THE HOLD**

- \_\_\_ \_\_\_ \_\_\_ Tracking to the fix
- \_\_\_ \_\_\_ \_\_\_ Entering the hold
- \_\_\_ \_\_\_ \_\_\_ Establishing wind cx inbound
- \_\_\_ \_\_\_ \_\_\_ Crossing the holding fix
- \_\_\_ \_\_\_ \_\_\_ Reporting to ATC when established
- \_\_\_ \_\_\_ \_\_\_ Flying the fix end turn, re: the wind
- \_\_\_ \_\_\_ \_\_\_ Beginning time abeam the fix
- \_\_\_ \_\_\_ \_\_\_ Establishing wind cx on the outbound
- \_\_\_ \_\_\_ \_\_\_ Timing outbound
- \_\_\_ \_\_\_ \_\_\_ Flying the outbound end turn
- \_\_\_ \_\_\_ \_\_\_ Monitoring the intercept
- \_\_\_ \_\_\_ \_\_\_ Intercepting the holding course
- \_\_\_ \_\_\_ \_\_\_ Beginning time on the intercept
- \_\_\_ \_\_\_ \_\_\_ Flying the inbound course
- \_\_\_ \_\_\_ \_\_\_ Timing inbound
- \_\_\_ \_\_\_ \_\_\_ Adjusting time & wind cx on the outbound leg

**POSTBRIEF**

- \_\_\_ \_\_\_ \_\_\_ Update TCO

**COMPLETION STANDARDS**

The lesson will be complete when all areas have a grade of 2 or better. Standards are as follows:

1. Accurately describe a holding pattern
2. Identify the elements of holding clearance
3. Accurately describe the three standard and non-standard entry methods

Instructor

Student

Date

_____	_____	_____
_____	_____	_____
_____	_____	_____

Hours

**INSTRUMENT LESSON 5**

**AATD or ACFT—VOR, GPS, DME AND INTERSECTION HOLDING PROCEDURES**

**OBJECTIVE:** The student will practice, with instructor guidance, instrument holding procedures.

**TIME:** Approx 3.0 hours

**PREFLIGHT BRIEFING**

- \_\_\_ \_\_\_ \_\_\_ Briefing on the Lesson
- \_\_\_ \_\_\_ \_\_\_ Documents and required instrument checks
- \_\_\_ \_\_\_ \_\_\_ Wake turb, wind shear, collision avoidance
- \_\_\_ \_\_\_ \_\_\_ Incursion avoidance—*call all hold short lines*
- \_\_\_ \_\_\_ \_\_\_ Weather
- \_\_\_ \_\_\_ \_\_\_ FAR AIM, enroute charts, approach plates
- \_\_\_ \_\_\_ \_\_\_ Flight equipment—*kneeboard, pencils, etc.*

**PREFLIGHT PREPARATION**

- \_\_\_ \_\_\_ \_\_\_ IFR cockpit ✓—*ARROW*
- \_\_\_ \_\_\_ \_\_\_ Tests—*VOR, Transponder, Alternate-Static, Altimeter, ELT, 121.5 check, RNAV/GPS (as required)*
- \_\_\_ \_\_\_ \_\_\_ IFR Preflight Inspection ✓
- \_\_\_ \_\_\_ \_\_\_ IFR cockpit organization

**STARTUP**

- \_\_\_ \_\_\_ \_\_\_ Engine Start ✓
- \_\_\_ \_\_\_ \_\_\_ Comm radio setup—*freq, vol, transmitter*
- \_\_\_ \_\_\_ \_\_\_ Nav radio setup—*freq, ID, set course*
- \_\_\_ \_\_\_ \_\_\_ ATIS—*copy and review*
- \_\_\_ \_\_\_ \_\_\_ IFR clearance—*copy, confirm, comply*

**TAXI AND RUNUP**

- \_\_\_ \_\_\_ \_\_\_ Taxi ✓
- \_\_\_ \_\_\_ \_\_\_ Taxi Clearance—*copy, confirm, comply*
- \_\_\_ \_\_\_ \_\_\_ Taxi—*wind, brakes, steering, speed, hazards*
- \_\_\_ \_\_\_ \_\_\_ Gyros and compass check—*first turn*
- \_\_\_ \_\_\_ \_\_\_ Flight Instrument Check
- \_\_\_ \_\_\_ \_\_\_ Runup ✓

**TAKEOFF / CLIMB**

- \_\_\_ \_\_\_ \_\_\_ Takeoff ✓
- \_\_\_ \_\_\_ \_\_\_ Takeoff clearance—*copy, confirm, comply*
- \_\_\_ \_\_\_ \_\_\_ Takeoff—*normal*
- \_\_\_ \_\_\_ \_\_\_ Climb 500' then "on course"
- \_\_\_ \_\_\_ \_\_\_ Climb ✓
- \_\_\_ \_\_\_ \_\_\_ Tower handoff / Center Check-in
- \_\_\_ \_\_\_ \_\_\_ Center Clearance—*copy, confirm, comply*

**BASIC INSTRUMENT FLIGHT**

- \_\_\_ \_\_\_ \_\_\_ Constant Speed / Rate Climbs with turns
- \_\_\_ \_\_\_ \_\_\_ Level-off procedure
- \_\_\_ \_\_\_ \_\_\_ Cruise checklist ✓—*trim & mixture*
- \_\_\_ \_\_\_ \_\_\_ Straight and level
- \_\_\_ \_\_\_ \_\_\_ Turns—*headings, standard & 1/2 rate, timed*
- \_\_\_ \_\_\_ \_\_\_ Constant speed / rate descents with turns
- \_\_\_ \_\_\_ \_\_\_ Partial panel, all maneuvers

**INTERCEPTING / TRACKING**

- \_\_\_ \_\_\_ \_\_\_ Intercepting radials / courses
- \_\_\_ \_\_\_ \_\_\_ Tracking to / from nav stations
- \_\_\_ \_\_\_ \_\_\_ Partial panel, all maneuvers

**INSTRUMENT LESSON 5**  
**AATD or ACFT—HOLDING PROCEDURES**  
**(CONTINUED)**

**HOLDING PROCEDURES—STANDARD / NON-STANDARD**

___	___	___	Holding clearance—copy, confirm, comply
___	___	___	Drawing the hold, entry, and wind
___	___	___	Flying the entry and estimating wind cx
___	___	___	Tracking to the holding fix and reporting to ATC
___	___	___	Flying the fix end turn
___	___	___	Flying to the abeam point / establishing the wind cx
___	___	___	Timing—flying the outbound leg
___	___	___	Flying the outbound end turn and intercepting
___	___	___	Timing—tracking the inbound course with wind cx
___	___	___	Reporting to ATC on leaving the hold

**LANDING**

___	___	___	Landing ✓
___	___	___	Landing clearance—copy, confirm, comply
___	___	___	Stabilized approach
___	___	___	Landing—centerline, drift, roundout, touchdown, full stall
___	___	___	Taxi ✓—wind, speed, braking, hazards
___	___	___	Taxi clearance—copy, confirm, comply
___	___	___	Shutdown ✓

**POSTFLIGHT**

___	___	___	Debrief
___	___	___	Update TCO and logbook

**COMPLETION STANDARDS**

The student will understand and be able to perform basic instrument flight procedures while maintaining the following

1. Altitude  $\pm 200$  feet
2. Headings  $\pm 15^\circ$
3. Airspeed within  $\pm 10$  knots
4. Climbs and descents at specified rate  $\pm 200$  feet

	Flight	Inst	AATD	Total Inst	Instructor	Student	Date	Aircraft Type	Tail Number
Previous									
This Lesson									
Total									

**COMMENTS**

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Hours

**INSTRUMENT LESSON 6**

**BRIEFING—NON-PRECISION / PRECISION APPROACH PROCEDURES**

**OBJECTIVE:** The student will be tutored on non-precision approach procedures.

**TIME:** As required

**TRANSITION FROM ENROUTE STRUCTURE**

___	___	___	Obtaining weather— <i>ATIS, AWOS, ASOS</i>
___	___	___	Brief approach
___	___	___	Set frequencies and ID stations
___	___	___	Tracking to the IAF

**FINAL APPROACH SEGMENT**

___	___	___	Beginning time at the FAF (if required)
___	___	___	Beginning descent at the FAF
___	___	___	Descending to the MDA / DA
___	___	___	Time as the Missed Approach Point
___	___	___	Distance as the Missed Approach Point
___	___	___	Nav facility as the Missed Approach Point
___	___	___	Maintaining MDA until the Missed Approach Point
___	___	___	Confirm landing checklist
___	___	___	Transitioning to visual approach
___	___	___	Beginning the Missed Approach Procedure

**INITIAL AND INTERMEDIATE APPROACH SEGMENTS**

___	___	___	Timing / mileage outbound from the IAF
___	___	___	Turning outbound on the PT
___	___	___	Descending to altitude
___	___	___	Complete landing checklist
___	___	___	Timing the PT outbound
___	___	___	Turning PT inbound

**MISSED APPROACH SEGMENT**

___	___	___	Transition to missed approach
___	___	___	Call ATC re: "... going missed!"
___	___	___	ATC Clearance—copy, confirm, comply

**POSTBRIEF**

\_\_\_ \_\_\_ \_\_\_ Update TCO

**COMPLETION STANDARDS**

The lesson will be complete when all areas have a grade of 2 or better. Standards are as follows:

1. Accurately describe the segments of the approach.
2. Accurately describe the procedures to be used in each segment.

Instructor

Student

Date

_____	_____	_____
_____	_____	_____
_____	_____	_____

Hours

**INSTRUMENT LESSON 7**

**AATD or ACFT—FLYING NON-PRECISION APPROACH PROCEDURES**

**OBJECTIVE:** Instructor will demonstrate and student will practice non-precision approach procedures.

**TIME:** Approx 6.0 hours

**PREFLIGHT BRIEFING**

- \_\_\_ \_\_\_ \_\_\_ Briefing on the Lesson
- \_\_\_ \_\_\_ \_\_\_ Documents and required instrument checks
- \_\_\_ \_\_\_ \_\_\_ Wake turb, wind shear, collision avoidance
- \_\_\_ \_\_\_ \_\_\_ Incursion avoidance—*call all hold short lines*
- \_\_\_ \_\_\_ \_\_\_ Weather
- \_\_\_ \_\_\_ \_\_\_ FAR AIM, enroute charts, approach plates
- \_\_\_ \_\_\_ \_\_\_ Flight equipment—*kneeboard, pencils, etc.*

**TAKEOFF / CLIMB**

- \_\_\_ \_\_\_ \_\_\_ Takeoff ✓
- \_\_\_ \_\_\_ \_\_\_ Takeoff clearance—*copy, confirm, comply*
- \_\_\_ \_\_\_ \_\_\_ Takeoff—*normal*
- \_\_\_ \_\_\_ \_\_\_ Climb 500' then "on course"
- \_\_\_ \_\_\_ \_\_\_ Climb ✓
- \_\_\_ \_\_\_ \_\_\_ Tower handoff / Center Check-in
- \_\_\_ \_\_\_ \_\_\_ Center Clearance—*copy, confirm, comply*

**PREFLIGHT PREPARATION**

- \_\_\_ \_\_\_ \_\_\_ IFR cockpit ✓—*ARROW*
- \_\_\_ \_\_\_ \_\_\_ Tests—*VOR, Transponder, Alternate-Static, Altimeter, ELT, 121.5 check, RNAV/GPS (as required)*
- \_\_\_ \_\_\_ \_\_\_ IFR Preflight Inspection ✓
- \_\_\_ \_\_\_ \_\_\_ IFR cockpit organization

**TRANSITION FROM ENROUTE STRUCTURE**

- \_\_\_ \_\_\_ \_\_\_ Obtain ATIS
- \_\_\_ \_\_\_ \_\_\_ Brief the approach
- \_\_\_ \_\_\_ \_\_\_ Set frequencies
- \_\_\_ \_\_\_ \_\_\_ Identify stations
- \_\_\_ \_\_\_ \_\_\_ Set course
- \_\_\_ \_\_\_ \_\_\_ Intercept course
- \_\_\_ \_\_\_ \_\_\_ Track course
- \_\_\_ \_\_\_ \_\_\_ Descent to altitude
- \_\_\_ \_\_\_ \_\_\_ Configure acft for approach

**STARTUP**

- \_\_\_ \_\_\_ \_\_\_ Engine Start ✓
- \_\_\_ \_\_\_ \_\_\_ Comm radio setup—*freq, vol, transmitter*
- \_\_\_ \_\_\_ \_\_\_ Nav radio setup—*freq, ID, set course*
- \_\_\_ \_\_\_ \_\_\_ ATIS—*copy and review*
- \_\_\_ \_\_\_ \_\_\_ IFR clearance—*copy, confirm, comply*

**INITIAL / INTERMEDIATE FIX TO FAF**

- \_\_\_ \_\_\_ \_\_\_ Timing outbound from the IAF
- \_\_\_ \_\_\_ \_\_\_ Landing ✓
- \_\_\_ \_\_\_ \_\_\_ Timing/flying Procedure Turn outbound
- \_\_\_ \_\_\_ \_\_\_ Remaining within protected airspace
- \_\_\_ \_\_\_ \_\_\_ Intercepting the inbound course to IF or FAF
- \_\_\_ \_\_\_ \_\_\_ Reviewing the Missed Approach Procedure
- \_\_\_ \_\_\_ \_\_\_ Confirm track / course
- \_\_\_ \_\_\_ \_\_\_ Begin descent, if required

**TAXI AND RUNUP**

- \_\_\_ \_\_\_ \_\_\_ Taxi ✓
- \_\_\_ \_\_\_ \_\_\_ Taxi Clearance—*copy, confirm, comply*
- \_\_\_ \_\_\_ \_\_\_ Taxi—*wind, brakes, steering, speed, hazards*
- \_\_\_ \_\_\_ \_\_\_ Gyros and compass check—*first turn*
- \_\_\_ \_\_\_ \_\_\_ Flight Instrument Check
- \_\_\_ \_\_\_ \_\_\_ Runup ✓

**INSTRUMENT LESSON 7**  
**AATD or ACFT—FLYING NON-PRECISION APPROACH PROCEDURES**  
**(CONTINUED)**

**FAF TO MAP**

\_\_\_ \_\_\_ \_\_\_ Start time  
 \_\_\_ \_\_\_ \_\_\_ Maintaining track / course  
 \_\_\_ \_\_\_ \_\_\_ Begin descent to MDA  
 \_\_\_ \_\_\_ \_\_\_ Inform ATC  
 \_\_\_ \_\_\_ \_\_\_ Confirm landing √  
 \_\_\_ \_\_\_ \_\_\_ Identify MAP  
 \_\_\_ \_\_\_ \_\_\_ Transition to visual and land... or  
 \_\_\_ \_\_\_ \_\_\_ Begin missed approach procedure...  
 or  
 \_\_\_ \_\_\_ \_\_\_ Circle to land

**FLYING THE MISSED APPROACH PROCEDURE**

\_\_\_ \_\_\_ \_\_\_ Getting established on the Missed Approach  
 \_\_\_ \_\_\_ \_\_\_ Calling ATC re: "... going missed!"  
 \_\_\_ \_\_\_ \_\_\_ Missed clearance—copy, confirm, comply

**POSTFLIGHT**

\_\_\_ \_\_\_ \_\_\_ Debrief  
 \_\_\_ \_\_\_ \_\_\_ Update TCO and logbook

**COMPLETION STANDARDS**

The lesson will be complete when all areas have a grade of 2 or better. The standards are as follows:

1. Altitude ±200 feet
2. Headings ±15°
3. Airspeed within ±10 knots
4. Climbs and descents at specified rate ±200 feet

	Flight	Inst	AATD	Total Inst	Instructor	Student	Date	Aircraft Type	Tail Number
Previous									
This Lesson									
Total									

**COMMENTS**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Hours

INSTRUMENT LESSON 8

AATD or ACFT—FLYING PRECISION APPROACH PROCEDURES

OBJECTIVE: The student, under instructor guidance, will practice flying precision approach procedures.

TIME: Approx 3.0 hours

PREFLIGHT BRIEFING

- \_\_\_\_ Briefing on the Lesson
\_\_\_\_ Documents and required instrument checks
\_\_\_\_ Wake turb, wind shear, collision avoidance
\_\_\_\_ Incursion avoidance—call all hold short lines
\_\_\_\_ Weather
\_\_\_\_ FAR AIM, enroute charts, approach plates
\_\_\_\_ Flight equipment—kneeboard, pencils, etc.

PREFLIGHT PREPARATION

- \_\_\_\_ IFR cockpit —ARROW
\_\_\_\_ Tests—VOR, Transponder, Alternate-Static, Altimeter, ELT, 121.5 check, RNAV/GPS (as required)
\_\_\_\_ IFR Preflight Inspection
\_\_\_\_ IFR cockpit organization

STARTUP

- \_\_\_\_ Engine Start
\_\_\_\_ Comm radio setup—freq, vol, transmitter
\_\_\_\_ Nav radio setup—freq, ID, set course
\_\_\_\_ ATIS—copy and review
\_\_\_\_ IFR clearance—copy, confirm, comply

TAXI AND RUNUP

- \_\_\_\_ Taxi
\_\_\_\_ Taxi Clearance—copy, confirm, comply
\_\_\_\_ Taxi—wind, brakes, steering, speed, hazards
\_\_\_\_ Gyros and compass check—first turn
\_\_\_\_ Flight Instrument Check
\_\_\_\_ Runup

TAKEOFF / CLIMB

- \_\_\_\_ Takeoff
\_\_\_\_ Takeoff clearance—copy, confirm, comply
\_\_\_\_ Takeoff—normal
\_\_\_\_ Climb 500' then "on course"
\_\_\_\_ Climb
\_\_\_\_ Tower handoff / Center Check-in
\_\_\_\_ Center Clearance—copy, confirm, comply

FLYING TO THE IAF

- \_\_\_\_ Obtain ATIS
\_\_\_\_ Brief the approach
\_\_\_\_ Set frequencies
\_\_\_\_ Identify stations
\_\_\_\_ Set course
\_\_\_\_ Intercept course
\_\_\_\_ Track course
\_\_\_\_ Descent to altitude
\_\_\_\_ Configure acct for approach

IAF TO INTERMEDIATE FIX

- \_\_\_\_ Timing outbound from the IAF
\_\_\_\_ Landing
\_\_\_\_ Timing/flying Procedure Turn outbound
\_\_\_\_ Remaining within protected airspace
\_\_\_\_ Intercepting the inbound course to IF
\_\_\_\_ Reviewing the Missed Approach Procedure

IF TO FAF

- \_\_\_\_ Confirm track / course
\_\_\_\_ Begin descent, if required
\_\_\_\_ Intercepting / descending on glide slope

**INSTRUMENT LESSON 8**  
**AATD or ACFT—FLYING PRECISION APPROACH PROCEDURES**  
**(CONTINUED)**

**FAF TO MAP** (the DA)

- \_\_\_ \_\_\_ \_\_\_ Start timing
- \_\_\_ \_\_\_ \_\_\_ Maintaining track / course
- \_\_\_ \_\_\_ \_\_\_ Descending on glide slope
- \_\_\_ \_\_\_ \_\_\_ Inform ATC
- \_\_\_ \_\_\_ \_\_\_ Confirm landing ✓
- \_\_\_ \_\_\_ \_\_\_ Identify DA
- \_\_\_ \_\_\_ \_\_\_ Transitioning to visual and land...  
or
- \_\_\_ \_\_\_ \_\_\_ Begin missed approach procedure... or
- \_\_\_ \_\_\_ \_\_\_ Circling to land

**FLYING THE MISSED APPROACH PROCEDURE**

- \_\_\_ \_\_\_ \_\_\_ Getting established on the Missed Approach Procedure
- \_\_\_ \_\_\_ \_\_\_ Calling ATC re: "... going missed!"
- \_\_\_ \_\_\_ \_\_\_ Missed clearance—*copy, confirm, comply*

**POSTFLIGHT**

- \_\_\_ \_\_\_ \_\_\_ Debrief
- \_\_\_ \_\_\_ \_\_\_ Update TCO and logbook

**COMPLETION STANDARDS**

The lesson will be complete when all areas have a grade of 2 or better. The standards are as follows:

1. Altitude  $\pm 200$  feet
2. Headings  $\pm 15^\circ$
3. Airspeed within  $\pm 10$  knots
4. Climbs and descents at specified rate  $\pm 200$  feet

	Flight	Inst	AATD	Total Inst	Instructor	Student	Date	Aircraft Type	Tail Number
<b>Previous</b>									
<b>This Lesson</b>									
<b>Total</b>									

**COMMENTS**

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Hours

**INSTRUMENT LESSON 9**

**AATD or ACFT—FLYING DME ARCS**

**OBJECTIVE:** The student, under instructor guidance, will practice flying DME ARCS.

**TIME:** Approx 1.0 hour

**PREFLIGHT BRIEFING**

- \_\_\_ \_\_\_ \_\_\_ Briefing on the Lesson
- \_\_\_ \_\_\_ \_\_\_ Documents and required instrument checks
- \_\_\_ \_\_\_ \_\_\_ Wake turb, wind shear, collision avoidance
- \_\_\_ \_\_\_ \_\_\_ Incursion avoidance—*call all hold short lines*
- \_\_\_ \_\_\_ \_\_\_ Weather
- \_\_\_ \_\_\_ \_\_\_ FAR AIM, enroute charts, approach plates, WACs
- \_\_\_ \_\_\_ \_\_\_ Flight equipment—*kneeboard, pencils, etc.*

**PREFLIGHT PREPARATION**

- \_\_\_ \_\_\_ \_\_\_ IFR cockpit ✓—*ARROW*
- \_\_\_ \_\_\_ \_\_\_ Tests—*VOR, Transponder, Alternate-Static, Altimeter, ELT, 121.5 check, RNAV/GPS (as required)*
- \_\_\_ \_\_\_ \_\_\_ IFR Preflight Inspection ✓
- \_\_\_ \_\_\_ \_\_\_ IFR cockpit organization

**STARTUP**

- \_\_\_ \_\_\_ \_\_\_ Engine Start ✓
- \_\_\_ \_\_\_ \_\_\_ Comm radio setup—*freq, vol, transmitter*
- \_\_\_ \_\_\_ \_\_\_ Nav radio setup—*freq, ID, set course*
- \_\_\_ \_\_\_ \_\_\_ ATIS—*copy and review*
- \_\_\_ \_\_\_ \_\_\_ IFR clearance—*copy, confirm, comply*

**TAXI AND RUNUP**

- \_\_\_ \_\_\_ \_\_\_ Taxi ✓
- \_\_\_ \_\_\_ \_\_\_ Taxi Clearance—*copy, confirm, comply*
- \_\_\_ \_\_\_ \_\_\_ Taxi—*wind, brakes, steering, speed, hazards*
- \_\_\_ \_\_\_ \_\_\_ Gyros and compass check—*first turn*
- \_\_\_ \_\_\_ \_\_\_ Flight Instrument Check
- \_\_\_ \_\_\_ \_\_\_ Runup ✓

**FLYING TO THE ARC**

- \_\_\_ \_\_\_ \_\_\_ Brief the approach
- \_\_\_ \_\_\_ \_\_\_ Set freqs for the ARC and approach
- \_\_\_ \_\_\_ \_\_\_ Identify stations
- \_\_\_ \_\_\_ \_\_\_ Set courses for the ARC and approach
- \_\_\_ \_\_\_ \_\_\_ Tracking radial to the ARC
- \_\_\_ \_\_\_ \_\_\_ Descending to altitude
- \_\_\_ \_\_\_ \_\_\_ Intercepting the ARC

**FLYING THE ARC**

- \_\_\_ \_\_\_ \_\_\_ Resetting courses to first crossing radial
- \_\_\_ \_\_\_ \_\_\_ Monitoring distance
- \_\_\_ \_\_\_ \_\_\_ Intercepting crossing radials
- \_\_\_ \_\_\_ \_\_\_ Adjusting course to maintain the ARC

**INTERCEPTING THE FINAL APPROACH COURSE**

- \_\_\_ \_\_\_ \_\_\_ Anticipating the LR or final approach course
- \_\_\_ \_\_\_ \_\_\_ Intercepting the final approach course
- \_\_\_ \_\_\_ \_\_\_ Tracking the course inbound
- \_\_\_ \_\_\_ \_\_\_ Landing ✓
- \_\_\_ \_\_\_ \_\_\_ Review of Missed Approach Procedure
- \_\_\_ \_\_\_ \_\_\_ Intercepting the Glide Slope (if appropriate)

**FLYING THE FINAL APPROACH SEGMENT**

- \_\_\_ \_\_\_ \_\_\_ Start timing
- \_\_\_ \_\_\_ \_\_\_ Maintaining track / course
- \_\_\_ \_\_\_ \_\_\_ Descending to DA / MDA
- \_\_\_ \_\_\_ \_\_\_ Informing ATC
- \_\_\_ \_\_\_ \_\_\_ Identifying DA / MDA
- \_\_\_ \_\_\_ \_\_\_ Confirm landing ✓
- \_\_\_ \_\_\_ \_\_\_ Transitioning to visual landing...or
- \_\_\_ \_\_\_ \_\_\_ Begin missed approach procedure... or
- \_\_\_ \_\_\_ \_\_\_ Circle to land

**INSTRUMENT LESSON 9**  
**AATD or ACFT—FLYING DME ARCS**  
**(CONTINUED)**

**FLYING THE MISSED APPROACH PROCEDURE**

**POSTFLIGHT**

\_\_\_ \_\_\_ \_\_\_ Getting established on the Missed Approach Procedure  
 \_\_\_ \_\_\_ \_\_\_ Calling ATC  
 \_\_\_ \_\_\_ \_\_\_ Missed approach clearance—*copy, confirm, comply*

\_\_\_ \_\_\_ \_\_\_ Debrief  
 \_\_\_ \_\_\_ \_\_\_ Update TCO and logbook

**COMPLETION STANDARDS**

The lesson will be complete when all areas have a grade of 2 or better. The standards are as follows:

1. Altitude  $\pm 200$  feet
2. Headings  $\pm 15^\circ$
3. Airspeed within  $\pm 10$  knots
4. Climbs and descents at specified rate  $\pm 200$  feet

	Flight	Inst	AATD	Total Inst	Instructor	Student	Date	Aircraft Type	Tail Number
Previous									
This Lesson									
Total									

**COMMENTS**

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**Hours**

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**INSTRUMENT LESSON 10**

**BRIEFING—FOR STAGE ONE CHECK**

**OBJECTIVE:** The student will demonstrate an understanding of the IFR procedures and operations listed.

**TIME:** As required.

**PREFLIGHT PREPARATIONS**

- \_\_\_ \_\_\_ \_\_\_ Risk Factors—PAVE
- \_\_\_ \_\_\_ \_\_\_ Recent Flight Experience—IFR
- \_\_\_ \_\_\_ \_\_\_ Required documents
- \_\_\_ \_\_\_ \_\_\_ Required instruments/inspections

**AIRCRAFT SYSTEMS**

- \_\_\_ \_\_\_ \_\_\_ Icing:
- \_\_\_ \_\_\_ \_\_\_ Airframe, Pitot-static, Intake
- \_\_\_ \_\_\_ \_\_\_ Effects of icing
- \_\_\_ \_\_\_ \_\_\_ G1000:
- \_\_\_ \_\_\_ \_\_\_ ADC Failure/AHRS Failure
- \_\_\_ \_\_\_ \_\_\_ GPS and WAAS Failure
- \_\_\_ \_\_\_ \_\_\_ Electrical Power Supply Malfunctions
- \_\_\_ \_\_\_ \_\_\_ Autopilot/Trim failures
- \_\_\_ \_\_\_ \_\_\_ GPS Terms:
- \_\_\_ \_\_\_ \_\_\_ RAIM
- \_\_\_ \_\_\_ \_\_\_ WAAS
- \_\_\_ \_\_\_ \_\_\_ LPV/DA
- \_\_\_ \_\_\_ \_\_\_ LNAV/VNAV/DA
- \_\_\_ \_\_\_ \_\_\_ LNAV/MDA

**WEATHER**

- \_\_\_ \_\_\_ \_\_\_ Reports/Forecasts—TAF/FA/FD
- \_\_\_ \_\_\_ \_\_\_ Sigmet/Airmets/AV Charts
- \_\_\_ \_\_\_ \_\_\_ Wx Radar
- \_\_\_ \_\_\_ \_\_\_ Notams

**COMPLETION STANDARDS**

The student will receive a grade of 2 or better and demonstrate an understanding of all procedures by thoroughly explaining their execution.

<u>Instructor</u>	<u>Student</u>	<u>Date</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____

**ATC CLEARANCES AND PROCEDURES**

- \_\_\_ \_\_\_ \_\_\_ Flight Plan Filing/Closing
- \_\_\_ \_\_\_ \_\_\_ Standard Clearance Items
- \_\_\_ \_\_\_ \_\_\_ Abbreviated/Full Route/Amended
- \_\_\_ \_\_\_ \_\_\_ Holding Clearances/Procedures
- \_\_\_ \_\_\_ \_\_\_ Approach Clearances/Visual/Contact
- \_\_\_ \_\_\_ \_\_\_ Required Reports/Lost Communications

**CHARTS AND PUBLICATIONS**

- \_\_\_ \_\_\_ \_\_\_ Enroute Charts/Symbology
- \_\_\_ \_\_\_ \_\_\_ A/FD
- \_\_\_ \_\_\_ \_\_\_ Approach Charts/Symbology:
- \_\_\_ \_\_\_ \_\_\_ ILS/LOC/BC
- \_\_\_ \_\_\_ \_\_\_ VOR/DME/w/arcs
- \_\_\_ \_\_\_ \_\_\_ RNAV (GPS)
- \_\_\_ \_\_\_ \_\_\_ SDF/LDA/ASR
- \_\_\_ \_\_\_ \_\_\_ Inoperative Components Table
- \_\_\_ \_\_\_ \_\_\_ Departure Procedures:
- \_\_\_ \_\_\_ \_\_\_ ODP's/SID's/Takeoff & Alternate Mins.
- \_\_\_ \_\_\_ \_\_\_ STARS

**REGULATIONS/PROCEDURES**

- \_\_\_ \_\_\_ \_\_\_ Instrument Flight Rules Part 91
- \_\_\_ \_\_\_ \_\_\_ UD Inst. Training Limitations

Hours

INSTRUMENT LESSON 11

AATD or ACFT—REVIEW FOR THE STAGE ONE CHECK

OBJECTIVE: Student will demonstrate proficiency in all procedures previously introduced.

TIME: Approx 3.0 hours

PREFLIGHT BRIEFING

- \_\_\_\_ Briefing on the Lesson
\_\_\_\_ Documents and required instrument checks
\_\_\_\_ Wake turb, wind shear, collision avoidance
\_\_\_\_ Incursion avoidance—call all hold short lines
\_\_\_\_ Weather
\_\_\_\_ FAR AIM, enroute charts, approach plates, sectionals, WACs

TAKEOFF / CLIMB

- \_\_\_\_ Takeoff ✓
\_\_\_\_ Takeoff clearance—copy, confirm, comply
\_\_\_\_ Takeoff—normal
\_\_\_\_ Climb 500' then "on course"
\_\_\_\_ Climb ✓
\_\_\_\_ Tower handoff / Center Check-in

PREFLIGHT PREPARATION

- \_\_\_\_ IFR cockpit ✓—ARROW
\_\_\_\_ Tests—VOR, Transponder, Alternate-Static, Altimeter, ELT, 121.5 check, RNAV/GPS (as required)
\_\_\_\_ IFR Preflight Inspection ✓
\_\_\_\_ IFR cockpit organization

BASIC INSTRUMENT FLIGHT

- \_\_\_\_ S + L flight at various airspeeds
\_\_\_\_ Constant rate / speed climbs and descents
\_\_\_\_ Standard and 1/2 rate turns
\_\_\_\_ Steep turns
\_\_\_\_ Slow flight (various configurations)
\_\_\_\_ Stalls (power on / off)
\_\_\_\_ Recovery from unusual altitudes
\_\_\_\_ Partial panel—all exercises above

STARTUP

- \_\_\_\_ Engine Start ✓
\_\_\_\_ Comm radio setup—freq, vol, transmitter
\_\_\_\_ Nav radio setup—freq, ID, set course
\_\_\_\_ ATIS—copy and review
\_\_\_\_ IFR clearance—copy, confirm, comply

INTERCEPTING / TRACKING (VOR and RNAV/GPS)

- \_\_\_\_ Intercepting nav radials / courses
\_\_\_\_ Tracking to / from nav stations
\_\_\_\_ Partial panel, all maneuvers above

TAXI AND RUNUP

- \_\_\_\_ Taxi ✓
\_\_\_\_ Taxi Clearance—copy, confirm, comply
\_\_\_\_ Taxi—wind, brakes, steering, speed, hazards
\_\_\_\_ Gyros and compass check—first turn
\_\_\_\_ Flight Instrument Check
\_\_\_\_ Runup ✓

HOLDING—STANDARD / NON-STANDARD

- \_\_\_\_ VOR—holding at the nav aid
\_\_\_\_ VOR—holding at intersections
\_\_\_\_ DME holds
\_\_\_\_ GPS

**INSTRUMENT LESSON 11**  
**AATD or ACFT—REVIEW FOR THE STAGE ONE CHECK**  
**(CONTINUED)**

**APPROACHES**

- \_\_\_ \_\_\_ \_\_\_ DME ARC
- \_\_\_ \_\_\_ \_\_\_ ILS
- \_\_\_ \_\_\_ \_\_\_ NDB (optional)
- \_\_\_ \_\_\_ \_\_\_ VOR
- \_\_\_ \_\_\_ \_\_\_ Localizer
- \_\_\_ \_\_\_ \_\_\_ Localizer Back Course
- \_\_\_ \_\_\_ \_\_\_ GPS

**LANDINGS**

- \_\_\_ \_\_\_ \_\_\_ Identifying DA / MDA
- \_\_\_ \_\_\_ \_\_\_ Transitioning to visual landing...  
or
- \_\_\_ \_\_\_ \_\_\_ Flying a missed approach  
procedure
- \_\_\_ \_\_\_ \_\_\_ From a missed approach
- \_\_\_ \_\_\_ \_\_\_ Circling to land

**POSTFLIGHT**

- \_\_\_ \_\_\_ \_\_\_ Debrief
- \_\_\_ \_\_\_ \_\_\_ Update TCO and logbook

**COMPLETION STANDARDS**

The student will understand and be able to perform basic instrument flight procedures while maintaining the following:

1. Altitude  $\pm 150$  feet
2. Headings  $\pm 15^\circ$
3. Airspeed within  $\pm 10$  knots
4. Climbs and descents at specified rate  $\pm 200$  feet

	Flight	Inst	AATD	Total Inst	Instructor	Student	Date	Aircraft Type	Tail Number
Previous									
This Lesson									
Total									

**COMMENTS**

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Hours

INSTRUMENT LESSON 12

AATD or ACFT—STAGE ONE CHECK

OBJECTIVE: The student shall demonstrate understanding of and proficiency in the procedures listed below.

TIME: As required

PREFLIGHT BRIEFING

- \_\_\_ \_\_\_ \_\_\_ Briefing on the Lesson
\_\_\_ \_\_\_ \_\_\_ Documents and required instrument checks
\_\_\_ \_\_\_ \_\_\_ Wake turb, wind shear, collision avoidance
\_\_\_ \_\_\_ \_\_\_ Incursion avoidance—call all hold short lines
\_\_\_ \_\_\_ \_\_\_ Weather
\_\_\_ \_\_\_ \_\_\_ FAR AIM, enroute charts, approach plates

PREFLIGHT PREPARATION

- \_\_\_ \_\_\_ \_\_\_ IFR cockpit ✓—ARROW
\_\_\_ \_\_\_ \_\_\_ Tests—VOR, Transponder, Altimeter/Static System, ELT, GPS database expiration
\_\_\_ \_\_\_ \_\_\_ IFR Preflight Inspection ✓
\_\_\_ \_\_\_ \_\_\_ IFR cockpit organization

STARTUP

- \_\_\_ \_\_\_ \_\_\_ Engine Start ✓
\_\_\_ \_\_\_ \_\_\_ Comm radio setup—freq, vol, transmitter
\_\_\_ \_\_\_ \_\_\_ Nav radio setup—freq, ID, set course
\_\_\_ \_\_\_ \_\_\_ ATIS—copy and review
\_\_\_ \_\_\_ \_\_\_ IFR clearance—copy, confirm, comply

TAXI AND RUNUP

- \_\_\_ \_\_\_ \_\_\_ Taxi ✓
\_\_\_ \_\_\_ \_\_\_ Taxi Clearance—copy, confirm, comply
\_\_\_ \_\_\_ \_\_\_ Taxi—wind, brakes, steering, speed, hazards
\_\_\_ \_\_\_ \_\_\_ Gyros and compass check—first turn
\_\_\_ \_\_\_ \_\_\_ Flight Instrument Check
\_\_\_ \_\_\_ \_\_\_ Runup ✓

TAKEOFF / CLIMB

- \_\_\_ \_\_\_ \_\_\_ Takeoff ✓
\_\_\_ \_\_\_ \_\_\_ Takeoff clearance—copy, confirm, comply
\_\_\_ \_\_\_ \_\_\_ Takeoff—normal
\_\_\_ \_\_\_ \_\_\_ Climb 500' then “on course”
\_\_\_ \_\_\_ \_\_\_ Climb ✓

BASIC INSTRUMENT FLIGHT

At least 2 below AI and HI covered

- \_\_\_ \_\_\_ \_\_\_ S + L flight at various airspeeds
\_\_\_ \_\_\_ \_\_\_ Constant rate / speed climbs and descents
\_\_\_ \_\_\_ \_\_\_ Standard and 1/2 rate turns
\_\_\_ \_\_\_ \_\_\_ Steep turns (full panel)
\_\_\_ \_\_\_ \_\_\_ Slow flight (various configurations)
\_\_\_ \_\_\_ \_\_\_ Stalls (power on / off)-recovery at first indication
\_\_\_ \_\_\_ \_\_\_ Recovery from unusual altitudes (AI covered)

HOLDING—STANDARD / NON-STANDARD

Minimum of 2 holds (at least 1 partial panel)

- \_\_\_ \_\_\_ \_\_\_ VOR—holding at the nav aid (optional)
\_\_\_ \_\_\_ \_\_\_ VOR—holding at an intersection (optional)
\_\_\_ \_\_\_ \_\_\_ GPS—(optional)
\_\_\_ \_\_\_ \_\_\_ DME—hold (optional)

APPROACHES

Minimum of 3 approaches (at least 1 partial panel)

- \_\_\_ \_\_\_ \_\_\_ DME ARC
\_\_\_ \_\_\_ \_\_\_ GPS
\_\_\_ \_\_\_ \_\_\_ ILS or LPV
\_\_\_ \_\_\_ \_\_\_ NDB (optional)
\_\_\_ \_\_\_ \_\_\_ VOR (optional)
\_\_\_ \_\_\_ \_\_\_ Localizer (optional)
\_\_\_ \_\_\_ \_\_\_ Localizer Back Course (optional)

**INSTRUMENT LESSON 12**  
**AATD or ACFT—STAGE ONE CHECK**  
**(CONTINUED)**

**LANDINGS**

\_\_\_ \_\_\_ \_\_\_ Identifying DA / MDA  
 \_\_\_ \_\_\_ \_\_\_ One missed approach procedure  
 \_\_\_ \_\_\_ \_\_\_ From a straight in approach  
 \_\_\_ \_\_\_ \_\_\_ Circling approach

**POSTFLIGHT**

\_\_\_ \_\_\_ \_\_\_ Debrief  
 \_\_\_ \_\_\_ \_\_\_ Update TCO and logbook

**COMPLETION STANDARDS**

The student will understand and be able to perform basic instrument flight procedures while maintaining the following:

1. Altitude  $\pm 150$  feet
2. Headings  $\pm 15^\circ$
3. Airspeed within  $\pm 10$  knots
4. Climbs and descents at specified rate  $\pm 200$  feet

	Flight	Inst	AATD	Total Inst	Instructor	Student	Date	Aircraft Type	Tail Number
Previous									
This Lesson									
Total									

**CRITIQUE**

\_\_\_\_\_  
 \_\_\_\_\_

**RECOMMENDATION**

- 1 \_\_\_\_\_ This stage check performance indicates that additional review is necessary.
- A. Do Review Lessons on all items marked “ 1 ” until your Instructor indicates a satisfactory “ 2 ”.
  - B. Insert the Review Lesson sheets following this page.
  - C. Return to a check instructor.

Check Instructor \_\_\_\_\_ Student \_\_\_\_\_ Date \_\_\_\_\_

- 2 \_\_\_\_\_ This stage check was performed in a satisfactory manner. Move on to the next stage.

Check Instructor \_\_\_\_\_ Student \_\_\_\_\_ Date \_\_\_\_\_

# INSTRUMENT RATING COURSE

## STAGE TWO

### Cross Country Flight Training

#### Lessons 13-16

15.0 hours (approx) of dual instrument flight training in an airplane to include:

10.0 hours (approx) of instrument cross-country training to include:

1. At least one instrument cross-country flight of at least 250 nautical miles
2. Along airways or using ATC-directed routing
3. Doing three different kinds of instrument approaches
4. Comprehensive instrument procedures review prior to the final rating check
5. 3 hours flight training in preparation for the practical test must be within 2 calendar months of the date of the test.

### Stage two Objectives

*The student will be instructed in cross-country instrument flying,  
and will review all instrument procedures in preparation  
for the Instrument Rating Check*

### Stage Two Completion Standards

*This stage will be complete when the student meets all lesson standards and performs all  
maneuvers to Airman Certification Standards.*

Hours

**INSTRUMENT LESSON 13**

**BRIEFING—IFR CROSS-COUNTRY PLANNING AND FLYING**

**OBJECTIVE:** The instructor will guide the student in planning a simulated IFR cross-country.

**TIME:** As required

**PREFLIGHT PLANNING**

- \_\_\_ \_\_\_ \_\_\_ Pilot—human factors
- \_\_\_ \_\_\_ \_\_\_ CFR Parts 61 / 91
- \_\_\_ \_\_\_ \_\_\_ Enroute and approach charts
- \_\_\_ \_\_\_ \_\_\_ Take off and landing minima
- \_\_\_ \_\_\_ \_\_\_ Navigation log
- \_\_\_ \_\_\_ \_\_\_ FSS

**WEATHER REPORTS**

- \_\_\_ \_\_\_ \_\_\_ METARs
- \_\_\_ \_\_\_ \_\_\_ PIREPs
- \_\_\_ \_\_\_ \_\_\_ SDs
- \_\_\_ \_\_\_ \_\_\_ Satellite Weather Pictures

**WEATHER FORECASTS**

- \_\_\_ \_\_\_ \_\_\_ TAFs
- \_\_\_ \_\_\_ \_\_\_ FAs (area forecasts)
- \_\_\_ \_\_\_ \_\_\_ TWEB (route forecasts)
- \_\_\_ \_\_\_ \_\_\_ WAs, WSs, WSTs
- \_\_\_ \_\_\_ \_\_\_ FDs (winds and temps aloft)
- \_\_\_ \_\_\_ \_\_\_ CWAs
- \_\_\_ \_\_\_ \_\_\_ ACs (convective outlooks)
- \_\_\_ \_\_\_ \_\_\_ AWW (severe weather forecast alert)
- \_\_\_ \_\_\_ \_\_\_ WW (severe weather watch bulletin)
- \_\_\_ \_\_\_ \_\_\_ ATIS

**NOTAMS**

- \_\_\_ \_\_\_ \_\_\_ D and FDCs

**WEATHER CHARTS**

- \_\_\_ \_\_\_ \_\_\_ Surface Analysis Charts
- \_\_\_ \_\_\_ \_\_\_ Weather Depiction Charts
- \_\_\_ \_\_\_ \_\_\_ Radar Summary Charts
- \_\_\_ \_\_\_ \_\_\_ Low-Level Prog Charts
- \_\_\_ \_\_\_ \_\_\_ Winds & Temps Aloft Charts
- \_\_\_ \_\_\_ \_\_\_ Composite Moisture Stability Charts
- \_\_\_ \_\_\_ \_\_\_ Severe Weather Outlook Charts
- \_\_\_ \_\_\_ \_\_\_ Constant Pressure Analysis Charts

**FLIGHT PLANNING**

- \_\_\_ \_\_\_ \_\_\_ Review aircraft emergency procedures
- \_\_\_ \_\_\_ \_\_\_ Completing flight plan
- \_\_\_ \_\_\_ \_\_\_ Filing flight plan (controlled and uncontrolled airports)

**AIRCRAFT PREFLIGHT**

- \_\_\_ \_\_\_ \_\_\_ Normal preflight items
- \_\_\_ \_\_\_ \_\_\_ IFR preflight items

**COMMUNICATIONS**

- \_\_\_ \_\_\_ \_\_\_ IFR clearance—*copy, confirm, comply*
- \_\_\_ \_\_\_ \_\_\_ Taxi clearance—*copy, confirm, comply*
- \_\_\_ \_\_\_ \_\_\_ IFR Clearance (controlled and uncontrolled airports)

**TAXI AND RUNUP**

- \_\_\_ \_\_\_ \_\_\_ Taxi ✓
- \_\_\_ \_\_\_ \_\_\_ Gyro-compass check on first turn
- \_\_\_ \_\_\_ \_\_\_ Flight instrument check
- \_\_\_ \_\_\_ \_\_\_ Runup ✓

**INSTRUMENT LESSON 13**  
**BRIEFING—IFR CROSS-COUNTRY PLANNING AND FLYING**  
**(CONTINUED)**

**TAKEOFF**

\_\_\_ \_\_\_ \_\_\_ Takeoff ✓  
 \_\_\_ \_\_\_ \_\_\_ Climb out and transition to IFR  
 \_\_\_ \_\_\_ \_\_\_ "Runway heading" or "assigned"

**DEPARTURE**

\_\_\_ \_\_\_ \_\_\_ Tower handoff to departure  
 \_\_\_ \_\_\_ \_\_\_ ATC clearance—*copy, confirm, comply*

**IFR EMERGENCY OPERATIONS**

\_\_\_ \_\_\_ \_\_\_ Takeoff, enroute, approach  
 \_\_\_ \_\_\_ \_\_\_ Unforecasted adverse wx  
 \_\_\_ \_\_\_ \_\_\_ Inadvertent icing encounter  
 \_\_\_ \_\_\_ \_\_\_ Communications failure  
 \_\_\_ \_\_\_ \_\_\_ Electrical failure  
 \_\_\_ \_\_\_ \_\_\_ Pitot / static system failure  
 \_\_\_ \_\_\_ \_\_\_ Vacuum pump failure  
 \_\_\_ \_\_\_ \_\_\_ Loss of situational awareness  
 \_\_\_ \_\_\_ \_\_\_ Unusual attitude recovery procedures

**ENROUTE**

\_\_\_ \_\_\_ \_\_\_ Maintaining course and altitude  
 \_\_\_ \_\_\_ \_\_\_ Use of autopilot (all phases of flight)  
 \_\_\_ \_\_\_ \_\_\_ Communications procedures  
 \_\_\_ \_\_\_ \_\_\_ Use of enroute charts to monitor flight  
 \_\_\_ \_\_\_ \_\_\_ Completing flight log  
 \_\_\_ \_\_\_ \_\_\_ Obtaining ATIS before ATC handoff  
 \_\_\_ \_\_\_ \_\_\_ Handoff to approach control

**APPROACH**

\_\_\_ \_\_\_ \_\_\_ ATC clearance—*copy, confirm, comply*  
 \_\_\_ \_\_\_ \_\_\_ Briefing the approach  
 \_\_\_ \_\_\_ \_\_\_ Setting up for the approach  
 \_\_\_ \_\_\_ \_\_\_ Flying the approach  
 \_\_\_ \_\_\_ \_\_\_ Transition to visual and landing  
 \_\_\_ \_\_\_ \_\_\_ Canceling the flight plan

**POSTBRIEF**

\_\_\_ \_\_\_ \_\_\_ Update TCO and logbook

**COMPLETION STANDARDS**

The lesson will be complete when the student can perform the following:

1. Obtain and interpret all types of weather reports
2. Use the weather reports and aircraft POH to complete a flight plan
3. Explain the various takeoff and in flight IFR procedures
4. Explain the various IFR emergency procedures
5. Interpret and use enroute charts and approach plates
6. Perform the required calculations to complete a flight log

Instructor

Student

Date


Hours

# INSTRUMENT LESSON 14

## ACFT—IFR CROSS-COUNTRY FLIGHT PROCEDURES

**OBJECTIVE:** Instructor guided, student flight experiences in IFR cross-country flight procedures. **One flight must be at least 250 nm long and include 3 different instrument approaches and one leg of at least 100 nm.**

**TIME:** Approx 10.0 hours

### PREFLIGHT BRIEFING

- \_\_\_ \_\_\_ \_\_\_ Briefing on the lesson
- \_\_\_ \_\_\_ \_\_\_ Documents and required instrument checks
- \_\_\_ \_\_\_ \_\_\_ Wake turb, wind shear, collision avoidance
- \_\_\_ \_\_\_ \_\_\_ INCURSION avoidance - *call HOLD SHORT*
- \_\_\_ \_\_\_ \_\_\_ Weather briefing (reports, forecasts, charts)
- \_\_\_ \_\_\_ \_\_\_ FAR AIM, enroute charts, approach plates, sectionals
- \_\_\_ \_\_\_ \_\_\_ Flight equipment—*kneeboard, pencils, etc.*

### PREFLIGHT PREPARATION

- \_\_\_ \_\_\_ \_\_\_ Completing / filing flight plan
- \_\_\_ \_\_\_ \_\_\_ IFR cockpit ✓—*ARROW*
- \_\_\_ \_\_\_ \_\_\_ Tests—*VOR, Transponder, Altimeter/Static, GPS database expiration*
- \_\_\_ \_\_\_ \_\_\_ IFR Preflight Inspection ✓
- \_\_\_ \_\_\_ \_\_\_ IFR cockpit organization

### STARTUP

- \_\_\_ \_\_\_ \_\_\_ Engine Start ✓
- \_\_\_ \_\_\_ \_\_\_ Comm radio setup—*freq, vol, transmitter*
- \_\_\_ \_\_\_ \_\_\_ Nav radio setup#1— *freq, ID, set course*
- \_\_\_ \_\_\_ \_\_\_ Nav radio setup #2—*emergency return and review approach*
- \_\_\_ \_\_\_ \_\_\_ ATIS—*copy and review*
- \_\_\_ \_\_\_ \_\_\_ IFR clearance—*copy, confirm, comply*

### TAXI AND RUNUP

- \_\_\_ \_\_\_ \_\_\_ Taxi ✓
- \_\_\_ \_\_\_ \_\_\_ Taxi Clearance—*copy, confirm, comply*
- \_\_\_ \_\_\_ \_\_\_ Taxi—*wind, brakes, steering, speed, hazards*
- \_\_\_ \_\_\_ \_\_\_ Gyros and compass check—*first turn*
- \_\_\_ \_\_\_ \_\_\_ Flight Instrument Check
- \_\_\_ \_\_\_ \_\_\_ Runup ✓

### TAKEOFF / CLIMB

- \_\_\_ \_\_\_ \_\_\_ Takeoff ✓
- \_\_\_ \_\_\_ \_\_\_ Takeoff clearance—*copy, confirm, comply*
- \_\_\_ \_\_\_ \_\_\_ Takeoff—*type optional*
- \_\_\_ \_\_\_ \_\_\_ Climb 500' then "on course"
- \_\_\_ \_\_\_ \_\_\_ Climb ✓
- \_\_\_ \_\_\_ \_\_\_ Tower handoff / Center Check-in
- \_\_\_ \_\_\_ \_\_\_ Center Clearance—*copy, confirm, comply*

### IFR EMERGENCY OPERATIONS

- \_\_\_ \_\_\_ \_\_\_ Takeoff, enroute, approach
- \_\_\_ \_\_\_ \_\_\_ Unforecasted adverse wx
- \_\_\_ \_\_\_ \_\_\_ Inadvertent icing encounter
- \_\_\_ \_\_\_ \_\_\_ Communications failure
- \_\_\_ \_\_\_ \_\_\_ Electrical failure
- \_\_\_ \_\_\_ \_\_\_ Pitot / static system failure
- \_\_\_ \_\_\_ \_\_\_ Vacuum pump failure
- \_\_\_ \_\_\_ \_\_\_ Loss of situational awareness
- \_\_\_ \_\_\_ \_\_\_ Unusual attitude recovery procedures

Hours

INSTRUMENT LESSON 14

ACFT—IFR CROSS-COUNTRY FLIGHT PROCEDURES

OBJECTIVE: Instructor guided, student flight experiences in IFR cross-country flight procedures. One flight must be at least 250 nm long and include 3 different instrument approaches and one leg of at least 100 nm.

TIME: Approx 10.0 hours

ENROUTE

\_\_\_ \_\_\_ \_\_\_ Intercepting and tracking courses

\_\_\_ \_\_\_ \_\_\_ Level-off from climb procedure

\_\_\_ \_\_\_ \_\_\_ Maintaining course and altitude

\_\_\_ \_\_\_ \_\_\_ Use of VORs/Victor Airways

\_\_\_ \_\_\_ \_\_\_ Use of GPS

\_\_\_ \_\_\_ \_\_\_ Autopilot use (all phases)

\_\_\_ \_\_\_ \_\_\_ Enroute communications

\_\_\_ \_\_\_ \_\_\_ Use of enroute charts to identify position

\_\_\_ \_\_\_ \_\_\_ Completing flight logs

\_\_\_ \_\_\_ \_\_\_ Identifying intersections

\_\_\_ \_\_\_ \_\_\_ Holding procedures

\_\_\_ \_\_\_ \_\_\_ Obtaining ATIS prior to approach control

\_\_\_ \_\_\_ \_\_\_ Briefing the approach

\_\_\_ \_\_\_ \_\_\_ Setting up approach—freq, ID, set course

INBOUND

\_\_\_ \_\_\_ \_\_\_ Hand off to the approach controller

\_\_\_ \_\_\_ \_\_\_ Navigation to the IAP or vectors to final

\_\_\_ \_\_\_ \_\_\_ Approach—initial, intermediate seg

FINAL

\_\_\_ \_\_\_ \_\_\_ Hand off to the tower or CTAF

\_\_\_ \_\_\_ \_\_\_ Approach—final seg within tolerances

\_\_\_ \_\_\_ \_\_\_ Preparations for missed approach

INSTRUMENT APPROACH PROCEDURES

Non-precision approaches full and partial panel

\_\_\_ \_\_\_ \_\_\_ ILS

\_\_\_ \_\_\_ \_\_\_ LOC

\_\_\_ \_\_\_ \_\_\_ LOC/BC (optional)

\_\_\_ \_\_\_ \_\_\_ VOR

\_\_\_ \_\_\_ \_\_\_ GPS

\_\_\_ \_\_\_ \_\_\_ Radar - ASR or PAR (optional)

\_\_\_ \_\_\_ \_\_\_ Missed approach

\_\_\_ \_\_\_ \_\_\_ Circling approach

\_\_\_ \_\_\_ \_\_\_ Landing from straight-in / circling approach

\_\_\_ \_\_\_ \_\_\_ Coupled approach with auto pilot

LANDING

\_\_\_ \_\_\_ \_\_\_ Transitioning to visual

\_\_\_ \_\_\_ \_\_\_ Completion of landing

\_\_\_ \_\_\_ \_\_\_ Canceling flight plan (if applicable)

MISSED APPROACH

\_\_\_ \_\_\_ \_\_\_ Begins at the MAP

\_\_\_ \_\_\_ \_\_\_ Transitions to missed approach configuration

\_\_\_ \_\_\_ \_\_\_ Communicates with ATC appropriately

\_\_\_ \_\_\_ \_\_\_ ATC clearance—copy, confirm, comply

\_\_\_ \_\_\_ \_\_\_ Proceeds per ATC instructions

POSTFLIGHT

\_\_\_ \_\_\_ \_\_\_ Debrief

\_\_\_ \_\_\_ \_\_\_ Update TCO and logbook

**INSTRUMENT LESSON 14**  
**ACFT—IFR CROSS-COUNTRY FLIGHT PROCEDURES**  
**(CONTINUED)**

**COMPLETION STANDARDS**

The student will perform instrument cross-country planning and flying procedures while maintaining the following:

1. Altitude  $\pm 150$  feet
2. Headings  $\pm 15^\circ$
3. Airspeed within  $\pm 10$  knots
4. Climbs and descents at specified rate  $\pm 150$  feet

**Cross-Country Routes—List approaches at each airport**

**Dates**

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	Flight	Inst	AATD	Total Inst	Instructor	Student	Date	Aircraft Type	Tail Number
<b>Previous</b>									
<b>This Lesson</b>									
<b>Total</b>									

**COMMENTS**

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Hours

**INSTRUMENT LESSON 15**

**BRIEFING—PRIOR TO THE RATING CHECK**

**OBJECTIVE:** Student will demonstrate understanding of all procedures required for the instrument rating.

**TIME:** As required

**CERTIFICATES—STUDENT**

- \_\_\_ \_\_\_ \_\_\_ Logbook and TCO correct
- \_\_\_ \_\_\_ \_\_\_ Verification of Private Certificate
- \_\_\_ \_\_\_ \_\_\_ Verification of Medical Certificate

**PILOT QUALIFICATIONS**

- \_\_\_ \_\_\_ \_\_\_ Recent Flight Experience
- \_\_\_ \_\_\_ \_\_\_ Flight Review
- \_\_\_ \_\_\_ \_\_\_ Safety Pilot Requirement
- \_\_\_ \_\_\_ \_\_\_ Logbook Records/Entries
- \_\_\_ \_\_\_ \_\_\_ IPC Requirements
- \_\_\_ \_\_\_ \_\_\_ IMSAFE
- \_\_\_ \_\_\_ \_\_\_ Medical Requirements
- \_\_\_ \_\_\_ \_\_\_ Risk Elements

**WEATHER INFORMATION**

Adverse Conditions:

- \_\_\_ \_\_\_ \_\_\_ TFRs
- \_\_\_ \_\_\_ \_\_\_ Closed/Unsafe NOTAMs
- \_\_\_ \_\_\_ \_\_\_ WST/WS/WA/UUA/CWA

Current Weather:

- \_\_\_ \_\_\_ \_\_\_ METARs/UAs
- \_\_\_ \_\_\_ \_\_\_ Wx Depiction/Surf. Analysis Chart
- \_\_\_ \_\_\_ \_\_\_ Radar & Radar Summary Chart

Forecasts:

- \_\_\_ \_\_\_ \_\_\_ FA/TAF/FD
- \_\_\_ \_\_\_ \_\_\_ Surface/SIGWX Prog. Charts
- \_\_\_ \_\_\_ \_\_\_ Convective Outlook
- \_\_\_ \_\_\_ \_\_\_ Freezing Level/Icing Prob. & Sev.

General:

- \_\_\_ \_\_\_ \_\_\_ En Route Weather
- \_\_\_ \_\_\_ \_\_\_ NOTAMs (D and FDC)
- \_\_\_ \_\_\_ \_\_\_ Meteorology (i.e. Wx Theory)
- \_\_\_ \_\_\_ \_\_\_ Risk Elements

**CROSS-COUNTRY FLIGHT PLANNING**

- \_\_\_ \_\_\_ \_\_\_ IFR Fuel Requirements
- \_\_\_ \_\_\_ \_\_\_ Alternate Airport Requirements
- \_\_\_ \_\_\_ \_\_\_ Low Altitude Chart
- \_\_\_ \_\_\_ \_\_\_ IFR Preferred Routing
- \_\_\_ \_\_\_ \_\_\_ Flight Plans (Filing/Act./Closing)
- \_\_\_ \_\_\_ \_\_\_ Oxygen Requirements
- \_\_\_ \_\_\_ \_\_\_ IFR Altitudes
- \_\_\_ \_\_\_ \_\_\_ Airspace, Cloud Clearance, & Vis.
- \_\_\_ \_\_\_ \_\_\_ Risk Elements

**AIRCRAFT SYSTEMS RELATED TO IFR OPS.**

- \_\_\_ \_\_\_ \_\_\_ Anti- & De-Icing Systems
- \_\_\_ \_\_\_ \_\_\_ Fuselage
- \_\_\_ \_\_\_ \_\_\_ Wing
- \_\_\_ \_\_\_ \_\_\_ Tailplane
- \_\_\_ \_\_\_ \_\_\_ Propeller
- \_\_\_ \_\_\_ \_\_\_ Carburetor and Intake
- \_\_\_ \_\_\_ \_\_\_ Pitot-static
- \_\_\_ \_\_\_ \_\_\_ Risk Elements

**AIRCRAFT FLIGHT INSTRUMENTS AND NAV EQUIP.**

- \_\_\_ \_\_\_ \_\_\_ Pitot-static and ADC
- \_\_\_ \_\_\_ \_\_\_ AHRS & Magnetometer
- \_\_\_ \_\_\_ \_\_\_ Vacuum & Gyro System
- \_\_\_ \_\_\_ \_\_\_ Magnetic Compass
- \_\_\_ \_\_\_ \_\_\_ NAVAIDs
- \_\_\_ \_\_\_ \_\_\_ VOR
- \_\_\_ \_\_\_ \_\_\_ ILS
- \_\_\_ \_\_\_ \_\_\_ GPS & FMS
- \_\_\_ \_\_\_ \_\_\_ WAAS and RAIM
- \_\_\_ \_\_\_ \_\_\_ Autopilot/Flight Director Limitations
- \_\_\_ \_\_\_ \_\_\_ Failure Modes and Errors
- \_\_\_ \_\_\_ \_\_\_ Risk Elements

**INSTRUMENT LESSON 15**  
**BRIEFING—PRIOR TO THE RATING CHECK**  
**(CONTINUED)**

**INSTRUMENT COCKPIT CHECK**

\_\_\_ \_\_\_ \_\_\_ Documents  
 \_\_\_ \_\_\_ \_\_\_ Inspections  
 \_\_\_ \_\_\_ \_\_\_ Required Instruments/Equipment  
 \_\_\_ \_\_\_ \_\_\_ Inoperative Equipment  
 \_\_\_ \_\_\_ \_\_\_ Aviation Databases  
 \_\_\_ \_\_\_ \_\_\_ Risk Elements

**COMPLIANCE WITH ATC CLEARANCES**

\_\_\_ \_\_\_ \_\_\_ Responsibilities/Requirements  
 \_\_\_ \_\_\_ \_\_\_ PIC Authority  
 \_\_\_ \_\_\_ \_\_\_ Methods to Obtain Clearances  
 \_\_\_ \_\_\_ \_\_\_ Terrain Clearance Requirements  
 \_\_\_ \_\_\_ \_\_\_ Lost Communications  
 \_\_\_ \_\_\_ \_\_\_ "Expect" in Clearances  
 \_\_\_ \_\_\_ \_\_\_ Departure, En Route, and Arrival  
 \_\_\_ \_\_\_ \_\_\_ Position Reporting  
 \_\_\_ \_\_\_ \_\_\_ Required IFR Reports  
 \_\_\_ \_\_\_ \_\_\_ VFR-On-Top Clearance  
 \_\_\_ \_\_\_ \_\_\_ Risk Elements

**HOLDING**

\_\_\_ \_\_\_ \_\_\_ Purpose  
 \_\_\_ \_\_\_ \_\_\_ Reports  
 \_\_\_ \_\_\_ \_\_\_ Entries  
 \_\_\_ \_\_\_ \_\_\_ EFC Time  
 \_\_\_ \_\_\_ \_\_\_ Minimum vs. Emergency Fuel  
 \_\_\_ \_\_\_ \_\_\_ Wind Corrections  
 \_\_\_ \_\_\_ \_\_\_ Autopilot Methods  
 \_\_\_ \_\_\_ \_\_\_ Risk Elements

**FLIGHT BY REFERENCE TO INSTRUMENTS**

\_\_\_ \_\_\_ \_\_\_ Pitch, Bank, & Power Instruments  
 \_\_\_ \_\_\_ \_\_\_ SD and Optical Illusions  
 \_\_\_ \_\_\_ \_\_\_ Normal/Abnormal Instrument Indications and Operations  
 \_\_\_ \_\_\_ \_\_\_ Unusual Attitudes  
 \_\_\_ \_\_\_ \_\_\_ Risk Elements

**INTERCEPTING AND TRACKING NAV SYSTEMS**

\_\_\_ \_\_\_ \_\_\_ Procedures  
 \_\_\_ \_\_\_ \_\_\_ CDI vs. HSI  
 \_\_\_ \_\_\_ \_\_\_ Bearing Pointer System (RMI)  
 \_\_\_ \_\_\_ \_\_\_ Nav System Failures  
 \_\_\_ \_\_\_ \_\_\_ DME Arcs:  
 \_\_\_ \_\_\_ \_\_\_ "Turn 10, Twist 10"  
 \_\_\_ \_\_\_ \_\_\_ Bearing Pointer  
 \_\_\_ \_\_\_ \_\_\_ Published Arcs with FMS  
 \_\_\_ \_\_\_ \_\_\_ Risk Elements (All the above)

**DEPARTURE, EN ROUTE, AND ARRIVAL OPS.**

\_\_\_ \_\_\_ \_\_\_ SIDs and ODPs  
 \_\_\_ \_\_\_ \_\_\_ STARs  
 \_\_\_ \_\_\_ \_\_\_ Terms (e.g. "Climb/Descend via")  
 \_\_\_ \_\_\_ \_\_\_ Airport Lighting, Signs, & Markings  
 \_\_\_ \_\_\_ \_\_\_ Inoperative Components Table  
 \_\_\_ \_\_\_ \_\_\_ Climb/Descent Table  
 \_\_\_ \_\_\_ \_\_\_ Cold Temperature Table  
 \_\_\_ \_\_\_ \_\_\_ Standard/Expanded Circling

**INSTRUMENT LESSON 15**  
**BRIEFING—PRIOR TO THE RATING CHECK**  
**(CONTINUED)**

Instrument Procedure Charts

- \_\_\_ \_\_\_ \_\_\_ ILS/PAR
- \_\_\_ \_\_\_ \_\_\_ GPS (LPV, LNAV/VNAV, LNAV, LP, LNAV+V,LP+V)
- \_\_\_ \_\_\_ \_\_\_ VOR, LOC, BC, LDA, SDF, ASR
- \_\_\_ \_\_\_ \_\_\_ IAF, IF, FAF, MAP, MAWP, MSA
- \_\_\_ \_\_\_ \_\_\_ MDA vs. DA
- \_\_\_ \_\_\_ \_\_\_ Risk Elements

**LANDING FROM AN INSTRUMENT APPROACH**

- \_\_\_ \_\_\_ \_\_\_ Procedures and Limitations
- \_\_\_ \_\_\_ \_\_\_ Stabilized Approach
- \_\_\_ \_\_\_ \_\_\_ Continuing from DA/MDA
- \_\_\_ \_\_\_ \_\_\_ Approach Lighting Systems
- \_\_\_ \_\_\_ \_\_\_ LAHSO
- \_\_\_ \_\_\_ \_\_\_ Risk Elements

**MISSED APPROACH**

- \_\_\_ \_\_\_ \_\_\_ Procedures and Limitations
- \_\_\_ \_\_\_ \_\_\_ Identifying MAP
- \_\_\_ \_\_\_ \_\_\_ MAP and FMS
- \_\_\_ \_\_\_ \_\_\_ GA Button (C172S)
- \_\_\_ \_\_\_ \_\_\_ Autopilot , FD, and Missed Approach
- \_\_\_ \_\_\_ \_\_\_ Risk Elements

**POSTFLIGHT**

- \_\_\_ \_\_\_ \_\_\_ Aircraft Securing
- \_\_\_ \_\_\_ \_\_\_ Documenting Malfunctions
- \_\_\_ \_\_\_ \_\_\_ Accident/Incident Reporting
- \_\_\_ \_\_\_ \_\_\_ Risk Elements

**CIRCLING APPROACH**

- \_\_\_ \_\_\_ \_\_\_ Procedures and Limitations
- \_\_\_ \_\_\_ \_\_\_ Approach Category and Airspeed
- \_\_\_ \_\_\_ \_\_\_ Expanded Circling Radii
- \_\_\_ \_\_\_ \_\_\_ Missed Approach Procedure
- \_\_\_ \_\_\_ \_\_\_ Risk Elements

The student will demonstrate an understanding of all IFR procedures by thoroughly explaining their execution. The student must achieve a 3 rating on this lesson before proceeding to the Rating Check.

Instructor

Student

Date


## INSTRUMENT LESSON 16

Hours		

### ACFT—FLIGHT REVIEW FOR END OF COURSE EVALUATION

**OBJECTIVE:** To review all IFR procedures and maneuvers in preparation for the end of course evaluation flight.

**TIME:** Approx 5.0 hours

#### PREFLIGHT PREPARATION

- \_\_\_ \_\_\_ \_\_\_ Weather information
- \_\_\_ \_\_\_ \_\_\_ Unforecasted adverse weather
- \_\_\_ \_\_\_ \_\_\_ Cross-Country flight planning
- \_\_\_ \_\_\_ \_\_\_ Inadvertent icing encounter
- \_\_\_ \_\_\_ \_\_\_ National Airspace System
- \_\_\_ \_\_\_ \_\_\_ Performance and limitations
- \_\_\_ \_\_\_ \_\_\_ Operation of systems
- \_\_\_ \_\_\_ \_\_\_ Minimum equipment list
- \_\_\_ \_\_\_ \_\_\_ Aeromedical factors
- \_\_\_ \_\_\_ \_\_\_ IFR emergencies

#### PREFLIGHT PROCEDURES

- \_\_\_ \_\_\_ \_\_\_ Aircraft systems related to IFR ops (airframe, propeller/intake, fuel, pitot-static, vacuum pump)
- \_\_\_ \_\_\_ \_\_\_ Flight instruments
- \_\_\_ \_\_\_ \_\_\_ Navigation equipment
- \_\_\_ \_\_\_ \_\_\_ Cockpit, instrument & radio checks
- \_\_\_ \_\_\_ \_\_\_ Risk Elements

#### ATC CLEARANCES AND PROCEDURES

- \_\_\_ \_\_\_ \_\_\_ ATC clearances
- \_\_\_ \_\_\_ \_\_\_ Compliance with all clearances
- \_\_\_ \_\_\_ \_\_\_ Holding procedures
- \_\_\_ \_\_\_ \_\_\_ Risk Elements

#### FLIGHT BY REFERENCE TO INSTRUMENTS

- \_\_\_ \_\_\_ \_\_\_ Straight and level—partial & full panel
- \_\_\_ \_\_\_ \_\_\_ Change of airspeed—partial & full panel
- \_\_\_ \_\_\_ \_\_\_ Constant airspeed climbs and descents—partial & full panel
- \_\_\_ \_\_\_ \_\_\_ Constant rate climbs and descents—partial & full panel
- \_\_\_ \_\_\_ \_\_\_ Timed turns to magnetic compass headings—partial & full panel
- \_\_\_ \_\_\_ \_\_\_ Unusual attitudes—partial & full panel
- \_\_\_ \_\_\_ \_\_\_ Use of autopilot
- \_\_\_ \_\_\_ \_\_\_ Risk Elements

#### INTERCEPTING AND TRACKING, DME ARCS

- \_\_\_ \_\_\_ \_\_\_ Intercepting radials
- \_\_\_ \_\_\_ \_\_\_ Tracking radials / courses
- \_\_\_ \_\_\_ \_\_\_ DME Arc
- \_\_\_ \_\_\_ \_\_\_ Receiver or facility failure
- \_\_\_ \_\_\_ \_\_\_ Risk Elements

#### HOLDING—STANDARD / NON-STANDARD

- \_\_\_ \_\_\_ \_\_\_ VOR—holding at the nav aid
- \_\_\_ \_\_\_ \_\_\_ VOR—holding at an intersection
- \_\_\_ \_\_\_ \_\_\_ GPS
- \_\_\_ \_\_\_ \_\_\_ DME—hold
- \_\_\_ \_\_\_ \_\_\_ Risk Elements

#### INSTRUMENT APPROACH PROCEDURES

Non-precision approaches full and partial panel

- \_\_\_ \_\_\_ \_\_\_ ILS
- \_\_\_ \_\_\_ \_\_\_ LOC
- \_\_\_ \_\_\_ \_\_\_ LOC/BC (Optional)
- \_\_\_ \_\_\_ \_\_\_ VOR
- \_\_\_ \_\_\_ \_\_\_ GPS
- \_\_\_ \_\_\_ \_\_\_ Radar - ASR or PAR (Optional)
- \_\_\_ \_\_\_ \_\_\_ Coupled approach
- \_\_\_ \_\_\_ \_\_\_ Missed approach
- \_\_\_ \_\_\_ \_\_\_ Circling approach
- \_\_\_ \_\_\_ \_\_\_ Landing from straight-in / circling approach
- \_\_\_ \_\_\_ \_\_\_ Risk Elements

**INSTRUMENT LESSON 16**  
**ACFT—FLIGHT REVIEW FOR END OF COURSE EVALUATION**  
**(CONTINUED)**

**IFR EMERGENCY OPERATIONS**

\_\_\_ \_\_\_ \_\_\_ Takeoff, En Route, Approach  
 \_\_\_ \_\_\_ \_\_\_ Communications Failure  
 \_\_\_ \_\_\_ \_\_\_ Electrical Failure  
 \_\_\_ \_\_\_ \_\_\_ Pitot / Static System Failure  
 \_\_\_ \_\_\_ \_\_\_ Vacuum Pump Failure  
 \_\_\_ \_\_\_ \_\_\_ GPS Failure  
 \_\_\_ \_\_\_ \_\_\_ AHRS/ADC Failure  
 \_\_\_ \_\_\_ \_\_\_ Risk Elements

**POSTFLIGHT PROCEDURES**

\_\_\_ \_\_\_ \_\_\_ Checking instruments and equip-  
 ment  
 \_\_\_ \_\_\_ \_\_\_ Debrief  
 \_\_\_ \_\_\_ \_\_\_ Update TCO and logbook  
 \_\_\_ \_\_\_ \_\_\_ Risk Elements

**COMPLETION STANDARDS**

The student will perform instrument cross-country planning and flying procedures while maintaining the following:

1. Altitude  $\pm 100$  feet
2. Headings  $\pm 10^\circ$
3. Airspeed within  $\pm 10$  knots
4. Climbs and descents at specified rate  $\pm 100$  feet or as per the latest FAA Instrument A.C.S.

	Flight	Inst	AATD	Total Inst	Instructor	Student	Date	Aircraft Type	Tail Number
Previous									
This Lesson									
Total									

**COMMENTS**

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# UD INSTRUMENT RATING END-OF-COURSE EVALUATION—PAGE 1

**OBJECTIVE:** The application will display the knowledge, skills, and risk management elements necessary to obtain an Instrument Rating.

**TIME:** As required

**Student** \_\_\_\_\_ **Examiner** \_\_\_\_\_ **Date** \_\_\_\_\_

## EVALUATION PRELIMINARIES

\_\_\_ \_\_\_ \_\_\_ Drivers license—current picture ID  
\_\_\_ \_\_\_ \_\_\_ Private certificate—current  
\_\_\_ \_\_\_ \_\_\_ Log endorsements—correct  
\_\_\_ \_\_\_ \_\_\_ Medical certificate—current 3rd  
class or higher  
\_\_\_ \_\_\_ \_\_\_ 8710 Form completed, dated,  
signed  
\_\_\_ \_\_\_ \_\_\_ Knowledge test report—current, 70  
or better, test deficiencies signed  
off by the instructor  
\_\_\_ \_\_\_ \_\_\_ Certificate of Enrollment—  
completed  
\_\_\_ \_\_\_ \_\_\_ TCO—completed  
\_\_\_ \_\_\_ \_\_\_ Ground school sign off verified

### NOTE:

The evaluator must assess the applicant on all skill elements for each Task included in each Area of Operation of the ACS unless otherwise noted. The evaluator must also assess at least one Knowledge element and one Risk Management element in each Area of Operation and Task. Additionally, the evaluator must include each task element ( s ) the applicant missed on the Knowledge test.

## I. PREFLIGHT PREPARATION

\_\_\_ \_\_\_ \_\_\_ Pilot qualifications  
\_\_\_ \_\_\_ \_\_\_ Weather information  
\_\_\_ \_\_\_ \_\_\_ Cross-Country flight planning

## II. PREFLIGHT PROCEDURES

\_\_\_ \_\_\_ \_\_\_ Aircraft systems related to IFR ops  
\_\_\_ \_\_\_ \_\_\_ Flight instruments & Nav Equip.  
\_\_\_ \_\_\_ \_\_\_ Instrument cockpit check

## III. ATC CLEARANCES AND PROCEDURES

\_\_\_ \_\_\_ \_\_\_ ATC clearances (actual or  
simulated)  
\_\_\_ \_\_\_ \_\_\_ Compliance with all clearances  
\_\_\_ \_\_\_ \_\_\_ Holding procedures

## IV. FLIGHT BY REFERENCE TO INSTRUMENTS

\_\_\_ \_\_\_ \_\_\_ Basic instrument maneuvers  
\_\_\_ \_\_\_ \_\_\_ Recovery from unusual attitudes  
(both nose high & nose low)

## V. NAVIGATION SYSTEMS

\_\_\_ \_\_\_ \_\_\_ Intercepting & tracking Nav  
systems and DME arcs  
\_\_\_ \_\_\_ \_\_\_ Departure, En Route, and Arrival  
Ops.

## VI. INSTRUMENT APPROACH PROCEDURES

\_\_\_ \_\_\_ \_\_\_ Non-precision approach  
\_\_\_ \_\_\_ \_\_\_ Full panel  
\_\_\_ \_\_\_ \_\_\_ Partial panel  
\_\_\_ \_\_\_ \_\_\_ Precision approach  
\_\_\_ \_\_\_ \_\_\_ Missed approach  
\_\_\_ \_\_\_ \_\_\_ Circling approach  
\_\_\_ \_\_\_ \_\_\_ Landing from a straight-in or  
circling approach

**UD INSTRUMENT RATING END-OF-COURSE EVALUATION—PAGE 2**

**OBJECTIVE:** The student will display the knowledge and skills necessary to receive an Instrument Rating.

**TIME:** As required

**VII. EMERGENCY OPERATIONS**

\_\_\_ \_\_\_ \_\_\_ Loss of communications

\_\_\_ \_\_\_ \_\_\_ Approach with loss of primary flight instruments

**Note:** This approach shall count as one of the required non-precision approaches.

**VIII. POSTFLIGHT PROCEDURES**

\_\_\_ \_\_\_ \_\_\_ Check instruments and equipment

**COMPLETION STANDARDS**

The student pilot must meet the requirements of FAA publication FAA-ACS-8081-8, or latest Instrument Rating Airman Certification Standards.

**FLIGHT 1**

Examiner \_\_\_\_\_

Student \_\_\_\_\_

Date \_\_\_\_\_

Oral Time \_\_\_\_\_

Flight Time \_\_\_\_\_

**FLIGHT 2**

Examiner \_\_\_\_\_

Student \_\_\_\_\_

Date \_\_\_\_\_

Oral Time \_\_\_\_\_

Flight Time \_\_\_\_\_

**FLIGHT 3**

Examiner \_\_\_\_\_

Student \_\_\_\_\_

Date \_\_\_\_\_

Oral Time \_\_\_\_\_

Flight Time \_\_\_\_\_

TOTAL ORAL TEST TIME

TOTAL FLIGHT TEST TIME

AIRCRAFT N #



# ***MEMO***

TO: Chief Instructor, University of Dubuque Flight Center

FROM: Chief Ground Instructor / Instructors

DATE: \_\_\_\_\_

RE: Instrument Rating Ground School Graduation

The following student has successfully completed all the requirements for the Instrument Rating Ground School Course:

Instructor -

Student \_\_\_\_\_

# INSTRUMENT RATING

## Ground Training Course

### Hours

Stage 1—a minimum of 14.0 ground training hours

Stage 2—a minimum of 12.0 ground training hours

Stage 3—a minimum of 6.0 ground training hours

Minimum of 32.0 ground training hours

### Objectives

*The objective of the ground training course is to provide students with the necessary aeronautical knowledge to meet the prerequisites specified in 14 CFR 61 and 141 for the FAA Instrument Airplane Knowledge Examination.*

### Completion Standards

*Students will meet the ground training course completion standards by demonstrating through a combination of oral tests, written tests, and school records, that they meet the prerequisites specified in 14 CFR 61 and 141, and have the knowledge necessary to pass the FAA Instrument Airplane Knowledge Examination.*

# INSTRUMENT RATING

## Ground Training Course

### STAGE 1

Lessons 1-6

14.0 hours ( minimum ) of ground training

#### Stage 1 Objectives

*The student will be introduced to the principles of instrument flight , limitations of flight instruments and navigations receivers / systems, and the proper operation of flight instruments and navigation equipment. The student will obtain a basic knowledge of the limitations of the human body and pertinent physiological factors related to instrument flight. The student will also be introduced to the role of ATC in the National Airspace System and the instrument flight publications necessary for IFR planning and flight. Emphasis will be placed on FARs and AIM information applicable to instrument flight.*

#### Stage 1 Completion Standards

*This stage will be complete when the student has completed the stage written examination with a minimum score of 80%. The instructor will review each incorrect response with the student to ensure understanding before the student progresses to the next stage.*

**LESSON 1**  
**THE INSTRUMENT PROFESSIONAL PILOT**

**OBJECTIVES**

- Become familiar with the advantages and capabilities of an instrument rated pilot.
- Gain a better understanding human factors and aviation physiology as they relate to instrument flight.
- Become familiar with UD TCO for instrument rating.

**INSTRUMENT TRAINING**

- Eligibility requirements
- Types of training available
- Phases of training
- Instrument pilot privileges and limitations
- Commercial pilot privileges
- Additional ratings

**DECISION MAKING**

- The decision making process
- CRM
- PIC responsibility
- Resource and work load management
- Situational awareness
- Judgment

**PHYSIOLOGY**

- Fitness for flight
- Alcohol and drugs
- Fatigue
- Stress
- Spatial disorientation
- Vestibular disorientation
- Hypoxia
- Decompression sickness
- Hyperventilation
- Tricks of mind and body

**LESSON COMPLETION STANDARDS**

The student will demonstrate understanding during oral or written quizzes by the instructor at the completion of the lesson. The instructor will review incorrect responses to ensure student understanding.

**ASSIGNED READING**

Reading and homework for the next lesson will be assigned as required.

**LESSON 2**  
**BASIC INSTRUMENT FLIGHT**

**OBJECTIVES**

- Develop working knowledge of flight instruments and components.
- Become familiar with the limitations and errors of flight instruments and components.
- Review basic principles of altitude instrument flight.
- Understand fundamental skills associated with instrument cross-check, instrument interpretation and aircraft control.
- Introduce partial panel flight procedures.

**FLIGHT INSTRUMENTS**

- Gyroscope
- Magnetic compass
- Pitot-static

**FUNDAMENTAL SKILLS**

- Cross-check
- Interpretation
- Aircraft control
- Primary / support instrument concept

**FLIGHT MANEUVERS**

- Straight and level
- Standard rate turns
- Steep turns
- Constant airspeed climbs and descents
- Constant rate climbs and descents
- Climbing and descending turns
- Unusual attitude recovery
- Partial panel considerations

**INSTRUMENT FAILURES**

- Identification
- Attitude indicator
- Heading indicator
- Compass / timed turns
- Pitot-static

**LESSON COMPLETION STANDARDS**

The student will demonstrate understanding during oral or written quizzes by the instructor at the completion of the lesson. The instructor will review incorrect responses to ensure student understanding.

**ASSIGNED READING**

Reading and homework for the next lesson will be assigned as required.

LESSON 3  
INSTRUMENT NAVIGATION

OBJECTIVES

- Learn the operation of VOR, DME, ADF and GPS for navigation and its associated limitations.
- Become familiar with RNAV systems.

VOR NAVIGATION

- HSI / OBS
- Intercepting / tracking a radial
- Time and distance to a station
- Station passage
- VOR checks and limitations
- DME operations

ADF NAVIGATION

- RMI
- Intercepting / tracking a bearing
- Time and distance to a station
- Station passage
- Limitations

RNAV

- VORTAC based
- INS
- LORAN
- GPS

LESSON COMPLETION STANDARDS

The student will demonstrate understanding during oral or written quizzes by the instructor at the completion of the lesson. The instructor will review incorrect responses to ensure student understanding.

ASSIGNED READING

Reading and homework for the next lesson will be assigned as required.

LESSON 4  
FAR / AIM WORKSHOP

OBJECTIVES

- Acquire knowledge of NTSB regulations and FARs as they pertain to instrument flight.
- Gain greater understanding of the National Airspace System and the instrument environment in which pilots operate.

RULES AND REGULATIONS

- FAR Part 1
- FAR Part 66
- FAR Part 91
- FAR Part 141
- NTSB Part 830

ENVIRONMENT

- Airport
- Airspace
- Flight information

LESSON COMPLETION STANDARDS

The student will demonstrate understanding during oral or written quizzes by the instructor at the completion of the lesson. The instructor will review incorrect responses to ensure student understanding.

ASSIGNED READING

Reading and homework for the next lesson will be assigned as required.

LESSON 5  
ATC

OBJECTIVES

- Learn the services provided by ATC
- Become familiar with enroute and terminal facilities.
- Understand the elements of a clearance.

ATC SYSTEM

- ARTCC
- Weather information
- Safety alerts
- ATIS
- Clearance delivery procedures
- Approach and departure control
- FSS

CLEARANCES

- Pilot responsibilities
- Flight plan
- Elements of a clearance
- VFR restrictions
- Departure procedures and restrictions
- Clearance shorthand and read back

LESSON COMPLETION STANDARDS

The student will demonstrate understanding during oral or written quizzes by the instructor at the completion of the lesson. The instructor will review incorrect responses to ensure student understanding.

ASSIGNED READING

Reading and homework for the next lesson will be assigned as required.

LESSON 6  
STAGE 1 EXAMINATION

OBJECTIVES

- Demonstrate comprehension of the materials presented in Lessons 1 through 5.

EXAMINATION

- Aviation physiology
- Decision making
- Basic instrument skills
- Instrument NAV
- FAR / AIM
- Airport environment
- ATC system
- Clearances

LESSON COMPLETION STANDARDS

This lesson and stage are complete when the student has completed the stage examination with a minimum grade of 80%. The instructor will review each incorrect response with the student to ensure understanding before the student progresses to the next stage.

ASSIGNED READING

Reading and homework for the next lesson will be assigned as required.

# INSTRUMENT RATING

## Ground Training Course

### STAGE 2

Lessons 7-10

12.0 hours ( minimum ) of ground training

#### Stage 2 Objectives

*The student will learn the procedures used when flying IFR approaches. In addition, they will learn to transition to the enroute structure via departure and arrive procedures.*

#### Stage 2 Completion Standards

*This stage will be complete when the student has completed the stage written examination with a minimum score of 80%. The instructor will review each incorrect response with the student to ensure understanding before the student progresses to the next stage.*

**LESSON 7  
IFR DEPARTURES**

**OBJECTIVES**

- Gain an understanding of departure chart information.
- Understand DP procedures and selection of a departure method.

**CHARTS**

- DPs
- Symbols
- Vector DP
- Pilot NAV DP
- Departure standards

**PROCEDURES**

- Takeoff minimums
- Options
- Textual procedures
- Radar departures
- VFR departures
- Departure selection decision making

**LESSON COMPLETION STANDARDS**

The student will demonstrate understanding during oral or written quizzes by the instructor at the completion of the lesson. The instructor will review incorrect responses to ensure student understanding.

**ASSIGNED READING**

Reading and homework for the next lesson will be assigned as required.

**LESSON 8  
ENROUTE PROCEDURES**

**OBJECTIVES**

- Gain proficiency in the use of area and enroute charts.
- Learn IFR charting symbols.
- Understand holding patterns and usage.

**IFR CHARTS**

- Enroute
- Symbols
- Area
- Navigation aids
- Victor airways
- Airspace

**HOLDING**

- Patterns
- Timing
- Crosswind corrections
- Speeds
- Entry procedures
- ATC communications

**PROCEDURES**

- Radar
- Reporting
- Communications
- RNAV
- Special use airspace
- Transitions to the arrival

**LESSON COMPLETION STANDARDS**

This lesson and stage are complete when the student has completed the stage examination with a minimum grade of 80%. The instructor will review each incorrect response with the student to ensure understanding before the student progresses to the next stage.

**ASSIGNED READING**

Reading and homework for the next lesson will be assigned as required.

LESSON 9  
APPROACHES

OBJECTIVES

- Understand the procedures and methods to transition to an approach.
- Understand charting symbols.
- Gain an understanding of VOR and NDB approaches.
- Gain an understanding of ILS components and approach procedures.
- Gain an understanding of RNAV approach procedures.

ARRIVAL

- STAR
- Vertical navigation planning
- Reviewing the approach
- Altitude and airspeed management

APPROACH SEGMENTS

- Initial
- Intermediate
- Final
- Missed

CHARTS

- Heading
- Plan view
- Profile views
- Step down fix and VDP
- Landing minimums
- Approach categories
- Minimum descent requirements
- Visibility required
- Inoperative components
- Runway information
- ALT takeoff and landing minima

PROCEDURES

- Reviewing the approach
- Clearance
- Straight in
- Use of ATC radar
- Course reversal
- Timed approaches
- Circling
- Side step
- Missed approach
- Visual and contact approaches

LESSON 9  
(CONTINUED)

APPROACHES

- VOR
- NDB
- ILS
- LDA
- SDF
- MLS
- RNAV / GPS

LESSON COMPLETION STANDARDS

This lesson and stage are complete when the student has completed the stage examination with a minimum grade of 80%. The instructor will review each incorrect response with the student to ensure understanding before the student progresses to the next stage.

ASSIGNED READING

Reading and homework for the next lesson will be assigned as required.

LESSON 10  
STAGE 2 EXAMINATION

OBJECTIVES

- Demonstrate comprehension of the materials presented in Lessons 7 through 9.

EXAMINATION

- Departures
- Enroute procedures
- Approaches

LESSON COMPLETION STANDARDS

This lesson and stage are complete when the student has completed the stage examination with a minimum grade of 80%. The instructor will review each incorrect response with the student to ensure understanding before the student progresses to the next stage.

ASSIGNED READING

Reading and homework for the next lesson will be assigned as required.

# INSTRUMENT RATING

## Ground Training Course

### STAGE 3

Lessons 11-15

6.0 hours ( minimum ) of ground training

#### Stage 3 Objectives

*The student will accurately analyze weather information and apply it to IFR planning and IFR decision making. Emphasis will be placed on emergency procedures and the decision making process.*

#### Stage 3 Completion Standards

*This stage will be complete when the student has completed the stage written examination with a minimum score of 80%. The instructor will review each incorrect response with the student to ensure understanding before the student progresses to the next stage. Additionally, the student will pass a randomly selected set of questions in the form of a comprehensive examination with a score of 80% or better being allowed to proceed to the FAA instrument rating airmen knowledge test.*

LESSON 11  
WEATHER FACTORS AND HAZARDS

OBJECTIVES

- Gain a better understanding of the weather factors as they effect IFR flight.
- Become familiar with weather patterns and hazards that effect IFR flight operations.

WEATHER FACTORS

- Atmospheric conditions and circulation
- Pressure and wind patterns
- Clouds and air mass(es)
- Moisture, precipitation and stability
- Fronts and high altitude weather

WEATHER HAZARDS

- Thunderstorms and avoidance
- Turbulence
- Wind shear
- Icing and cold weather operations
- Hydroplaning
- Low visibility
- Volcanic ash

LESSON COMPLETION STANDARDS

The student will demonstrate understanding during oral or written quizzes by the instructor at the completion of the lesson. The instructor will review incorrect responses to ensure student understanding.

ASSIGNED READING

Reading and homework for the next lesson will be assigned as required.

LESSON 12  
WEATHER PRODUCTS AND SOURCES

OBJECTIVES

- Locate and interpret printed weather reports and forecasts.
- Locate and interpret graphic weather products.
- Learn how to manage in-flight sources of weather.

REPORTS

- METAR
- Radar
- Area
- TAF
- Winds aloft
- Severe weather

SOURCES

- FSS
- DUATS
- Private industry
- Airmets and Sigmet
- Convective Sigmet
- EFAS
- Center weather advisory
- TWEBs
- ASOS / AWOS

PRODUCTS

- Surface analysis chart
- Weather depiction chart
- Radar summary chart
- Satellite pictures
- Composite Moisture Stability chart
- Constant Pressure Analysis chart
- Observed Winds and Temperature Aloft chart
- Airborne radar
- Airborne lightning detection systems

LESSON COMPLETION STANDARDS

This lesson and stage are complete when the student has completed the stage examination with a minimum grade of 80%. The instructor will review each incorrect response with the student to ensure understanding before the student progresses to the next stage.

ASSIGNED READING

Reading and homework for the next lesson will be assigned as required.

LESSON 13  
IFR EMERGENCIES

OBJECTIVES

- Recognize emergency situations.
- Understand the decision making process to enhance the selection of correct emergency actions.

EMERGENCIES

- Declaring an emergency
- Minimum fuel
- Gyroscopic instrument
- Communications
- Approach procedures
- Malfunction reports

DECISION MAKING

- Managing risk
- Mitigation strategies
- PIC responsibility
- Attitude
- CRM
- Situational awareness

LESSON COMPLETION STANDARDS

The student will demonstrate understanding during oral or written quizzes by the instructor at the completion of the lesson. The instructor will review incorrect responses to ensure student understanding.

ASSIGNED READING

Reading and homework for the next lesson will be assigned as required.

LESSON 14  
IFR FLIGHT PLANNING

OBJECTIVES

- Demonstrate the knowledge necessary to plan an IFR flight.
- Determine critical factors related to decision making.

FLIGHT PLANNING

- Route selection
- Flight publications
- Weather considerations / decisions
- Altitude selections
- Navigation log
- Filing, opening and closing flight plan

LESSON COMPLETION STANDARDS

This lesson and stage are complete when the student has completed the stage examination with a minimum grade of 80%. The instructor will review each incorrect response with the student to ensure understanding before the student progresses to the next stage.

ASSIGNED READING

Reading and homework for the next lesson will be assigned as required.

LESSON 15  
STAGE 3 EXAMINATION

OBJECTIVES

- Demonstrate comprehension of the materials presented in Lessons 11 through 14.

EXAMINATION

- Weather factors and hazards
- Weather products and sources
- IFR emergencies
- Aeronautical IFR decision making
- Flying IFR

LESSON COMPLETION STANDARDS

This lesson and stage are complete when the student has completed the stage examination with a minimum grade of 80%. The instructor will review each incorrect response with the student to ensure complete understanding before the student progresses to the End-of-Course Examination.

LESSON 16  
INSTRUMENT RATING GROUND SCHOOL  
END-OF-COURSE EXAMINATION

OBJECTIVES

Demonstrate comprehension of the material presented in this course and the student's readiness to complete the FAA Instrument Rating Knowledge Test.

LESSON COMPLETION STANDARDS

The student must complete a practice Instrument Rating End-of-Course Examination with a minimum score of 80%.