



2019 Indoor and Outdoor Home Track & Field Meets

- Site:** Chlapaty Recreation and Wellness Center
A.Y. McDonald Indoor Track
<http://www.dbq.edu/athletics/facilities/chlapatyrecreationandwellnesscenter/>
Douglas J. Miller Outdoor Track
<http://www.dbq.edu/athletics/facilities/chalmersfieldanddouglasjmillertack/>
2000 University Avenue, Dubuque, IA 52001
- Entries:** Only entries done online will be accepted: www.directathletics.com
Only athlete's affiliated with a College/University allowed in event competition
- Eligibility:** Open to student-athletes from participating schools only.
NO UNATTACHED ATHLETES
- Entry Limitations:** Unlimited Entries (individual and relays). Unless otherwise designated.
Entry Fee: \$200 per gender team OR \$400 for both genders.
- Meet Dates:** **January 19, 2019 (SATURDAY): Sol Butler Classic**
February 15, 2019 (FRIDAY): Spartan Invite
April 19, 2019 (FRIDAY): University of Dubuque Good Friday Invite
Invite Only – Contact Meet Director about available space in meet.
- Venue Info:** **ACCESS:** Only athletes, coaches and staff are allowed on the track
SPECTATORS: Seating available on the mezzanine/grandstands
CONCESSIONS: Concessions will be open
SPIKES: Only ¼ (or less) inch pyramid or tree spikes are permitted. Please NO NEEDLES.
THROWS: Shot/Weight on WOOD indoors. All on CEMENT outdoors. Javelin on GRASS.
JUMPS: All jumps to be competed on track surface. Spikes allowed for high jump.
FOOD/DRINK: No food or colored drinks on the track – WATER ONLY
Team food/drink area will be located in the “Mud Room” indoors and visiting bleachers outdoors.
No consumption (other than water) on the track/turf.
- Timing:** AccuRace Timing Services - www accuracetimeing.com
- Parking:** **Bus parking along McCormick Street.**
- Athletic Trainers:** A certified athletic trainer will be available and the athletic training room will be open one hour prior to the first event and close thirty minutes after the last event. Teams traveling with a certified athletic trainer are welcome to use our facilities and modalities. Teams traveling without a certified athletic trainer will be assisted by our staff for treatments, taping and injury care. Prior written notification must be provided for modality treatments. Please provide your own supplies.
Contact Erin Barsema Athletic Trainer with questions.
Phone: 563.589.3857 **Email:** ebarsema@dbq.edu
- Administration:** Dan Runkle, Director of Athletics
Phone: 563-589-3599 **Email:** DRunkle@dbq.edu
- Questions:** Meet Director
Chad Gunnelson
Director of Track & Field/Cross Country
608-658-6538
CGunnelson@dbq.edu

2000 University Avenue
Dubuque, IA 52001



Sol Butler Classic

Saturday, January 19, 2019

Chlapaty Recreation and Wellness Center
A.Y. McDonald Indoor Track

Meet Directors: Chad Gunnelson 608.658.6538 cgunnelson@dbq.edu
Clayton Gray 563.929.0877 cgray@dbq.edu

Eligibility: Unlimited entries. **EXCEPTION – Maximum 6 entries per throwing event.**
Running events timed finals with the exception of 55M Dash/55M Hurdles.
Field events: Trials with 9 to the finals.

NCAA Meet Scoring based on number of teams competing.

Entry fees: \$200 per gender team OR \$400 for both genders.

On line registration only at www.directathletics.com

ENTRIES ARE DUE: Wednesday January 16, 2019 by 8:00PM

TENTATIVE SCHEDULE OF EVENTS:

HEAD COACHES, please check-in at the timer's table upon arrival to submit payment and scratches

**Women will run 1st in all running events. EXCEPTION: Men will run first in 55M Hurdle finals.
Fast heats will run last in all running events.**

10:00am Implement Weigh In (Equipment Room Check-in Window)

10:30am Weight Throw – (M/W)

Hardline Cut-Off: 12m for Men, 11m for Women

10:30am Shot Put – in second ring (W/M) (Men's shot will follow women's weight in cage)

Hardline Cut-Off: 11m for Men, 10m for Women

10:30am Long Jump – (W/M) Triple Jump follows (W/M)

10:30am High Jump – (M/W)

Pole Vault – (W/M)

11:00am Running Events Begin

11:00am 55M High Hurdle Prelims

11:30am 55M Dash Prelims

12:00am Mile Run

1:00pm 55M High Hurdle Finals (*men first)

1:15pm 55M Dash Finals

1:25pm 400M Dash

1:45pm 600M Dash

2:00pm 4x200M Relay

2:20pm 1000M Run

2:45pm 200M Dash

3:15pm 3,000M Run – Women's (2 heats)

3:45pm 3,000M Run – Men's (3 heats)

4:30pm 4 x 400 Meter Relay

TIME SCHEDULE SUBJECT TO CHANGE

OFFICIAL SCHEDULE AVAILABLE WITH HEAT SHEETS

2000 University Avenue
Dubuque, IA 52001



Spartan Invite

Friday, February 15, 2019

Chlapaty Recreation and Wellness Center
A.Y. McDonald Indoor Track

Meet Directors: Chad Gunnelson 608.658.6538 cgunnelson@dbq.edu
Clayton Gray 563.929.0877 cgray@dbq.edu

Eligibility: Limited 4 entries in 200m dash, 6 entries in throws events, all other events unlimited.
Running events timed finals with the exception of 55M Dash/55M Hurdles.
Field events: Trials with 9 to the finals.

NCAA Meet Scoring based on number of teams competing.

Entry fees: \$200 per gender team OR \$400 for both genders.

On line registration only at www.directathletics.com

ENTRIES ARE DUE Tuesday February 12, 2019 by 8:00PM

TENTATIVE SCHEDULE OF EVENTS:

HEAD COACHES, please check-in at the timer's table upon arrival to submit payment and scratches

**Women will run 1st in all running events. EXCEPTION: Men will run first in 55M Hurdle finals.
Fast heats will run last in all running events.**

1:00pm Implement Weigh In (Equipment Room Check-in Window)

2:00pm Weight Throw – (M/W)

Hardline Cut-Off: 12m for Men, 11m for Women

2:00pm Shot Put – in second ring (W/M) (Men's shot will follow women's weight in cage)

Hardline Cut-Off: 11m or Men, 10m for Women

2:00pm Long Jump – (W/M) Triple Jump follows (W/M)

2:00pm High Jump – (M/W)

Pole Vault – (W/M)

2:00pm Running Events Begin

2:00pm Distance Medley Relay

2:45pm 55M High Hurdle Prelims

3:10pm 55M Dash Prelims

3:55pm Mile Run

4:40pm 55M High Hurdle Finals

4:55pm 55M Dash Finals

5:05pm 400M Dash

5:40pm 4x200 Meter Relay

5:50pm 200M Dash

6:50pm 800M Run

7:35pm 3,000M Run

8:45pm 4 x 400 Meter Relay

TIME SCHEDULE SUBJECT TO CHANGE

OFFICIAL SCHEDULE AVAILABLE WITH HEAT SHEETS



University of Dubuque Good Friday Invite

Friday, April 19, 2019

Chlapaty Recreation and Wellness Center

Douglas J. Miller Outdoor Track

Meet Directors: Chad Gunnelson 608.658.6538 cgunnelson@dbq.edu
Clayton Gray 563.929.0877 cgray@dbq.edu

Eligibility: Unlimited entries. Running events timed finals with the exception of the 100M Dash and 100/110M Hurdles. Field events: Trials with 9 to the finals.

NCAA Meet Scoring based on number of teams competing.

Entry fees: \$200 per gender team OR \$400 for both genders.

On line registration only at www.directathletics.com

ENTRIES ARE DUE Tuesday April 16, 2019 by 8:00PM

TENTATIVE SCHEDULE OF EVENTS:

HEAD COACHES, please check-in at the pressbox upon arrival to submit payment and scratches.

Women will run 1st in all running events. EXCEPTION: Men will run first in High Hurdle and 100M finals. Fast heats will run last in all running events.

10:30am Implement Weigh In (South End Check-In Table)

10:30am Hammer - (M/W) *will adjust flights for travel if needed *Hardline: 30m M, 30m W*

10:30am Javelin - (W/M)

Shot Put - (W) AFTER COMPLETION OF JAVELIN (M) To Follow *Hardline: 11m M, 10m W*

Discus - (M) AFTER COMPLETION OF HAMMER (W) To Follow *Hardline: 30m M, 30m W*

11:30pm Long Jump - (W/M) Triple Jump follows (W/M)

11:30pm High Jump - (M/W) Pole Vault follows HIGH JUMP - (M/W)

12:30pm Running Events Begin

12:30pm 4x100 Meter Relay

12:45pm 5,000 Meter Run - Women

1:15pm 100/110M High Hurdle Prelims

1:35pm 100 Meter Dash Prelims

2:00pm **SENIOR DAY PRESENTATION**

2:15pm 1500 Meter Run

2:40pm 110/100 Meter Hurdles (M/W) Finals

2:55pm 100 Meter Dash (M/W) Finals

3:05pm 400 Meter Dash

3:30pm 400 Meter IH

3:45pm 800 Meter Run

4:15pm 200 Meter Dash

4:45pm 5,000 Meter Run - Men

5:15pm 4x400 Meter Relay

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