

## CAMP INFORMATION

**WHERE:** Chlapaty Recreation and Wellness Center and Veteran's Memorial Turf Center at the University of Dubuque

**WHEN:** Tuesday December 27 - Wednesday December 28, 2016

**TIME:** 8:00am-12:00pm  
\*Must pick up by 12:15pm

**WHAT:** Exciting and fun movement education through the sport of track and field. Each camper will learn multiple events.

**AGES:** Middle School - Grades 6 thru 8

**COST:** \$50 if received by December 16, 2016  
\$60 if received after December 16

**SNACK:** Provided by University of Dubuque

**WHAT TO BRING:** Athletic Apparel, Running Shoes, Water Bottle

Checks payable to **University of Dubuque**.  
Registration deadline is December 16<sup>th</sup>, 2016  
Late/Same day registration accepted (\$60)

**Registration Form/Payment can be mailed to:**

*University of Dubuque Track & Field  
c/o Karla Weber  
2000 University Ave.  
Dubuque, Iowa 52001*

## CAMP SCHEDULE

### DAY 1 CHECK-IN

7:30a.m. – Check-in at CRWC Indoor Track  
North Entrance

\*located directly across street from track

### TUESDAY, DECEMBER 27

- 7:30am – Check-in opens – MB
- 8:00am – Opening session/warmup
- 8:30am – Jumping events
- 9:30am – Throwing events
- 10:30am – Snack
- 10:45am – Running events (Turf)
- 11:45am – Cooldown (CRWC)
- 11:55am – Closing
- 12:00pm – Pick up

### TUESDAY, DECEMBER 27

- 8:00am – Opening session/warmup
- 8:30am – Jumping events
- 9:30am – Throwing events
- 10:30am – Snack
- 10:45am – Running events (Turf)
- 11:45am – Cooldown (CRWC)
- 11:55am – Closing

**If you have any questions please contact:**

**Chad Gunnelson – Camp Director**

[cgunnelson@dbq.edu](mailto:cgunnelson@dbq.edu) | mobile 608-658-6538



## REGISTRATION FORM

**Dubuque Middle School Track & Field Academy  
December 27 & 28, 2016**

Name: \_\_\_\_\_

Grade: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

### **Parent/Guardian/Emergency Contact**

Name: \_\_\_\_\_

Contact #: \_\_\_\_\_

Relationship: \_\_\_\_\_

Alternate#: \_\_\_\_\_

Any allergies or medical concerns: YES | NO  
If yes, what are they?

*Parent/Guardian's signature and participant signature required on this form to confirm that you have read and agree to all aspects of the "Hold Harmless Agreement-Waiver and Release of Claims"*

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Shirt Size: (Circle One) unisex/cotton**

YS | YM | YL | SM | MD | LG | XL | XXL | 3XL

**Payment: (Camp staff use)**

Cash: Amt \_\_\_\_\_ Check: Amt \_\_\_\_\_ #: \_\_\_\_\_

**Detach and return with fee.**

**Parent/Guardian Release University of Dubuque (UD)  
“Hold Harmless Agreement-Waiver and Release of  
Claims Form”**

- Each participant’s parent/guardian must complete this form prior to their son/daughter’s participation in the event taking place at the University of Dubuque. Please read this form carefully and be aware that you will waive and releasing all claims for injury/illness sustained arising out of this activity by your son/daughter.
- As the parent/guardian of the participant, I certify that he/she is physically/mentally able to participate in this activity. Furthermore, permission is hereby granted to UD to provide necessary first aid treatment for the participant as well as permission to transport to a medical facility.
- Please recognize that the University of Dubuque does not carry medical insurance for injuries/illness sustained arising out of this activity. It must be noted that the absence of health insurance coverage does not make UD responsible for payment of medical expenses.
- In consideration for the participant’s involvement in this UD activity, I agree to assume all risk and fully release from all liability UD, member of the University community, its directors, officers, trustees, agents, servants and employees, as a result of participating in this activity.
- I agree to waive and relinquish all claims I may have against the UD community, its directors, officers, trustees, agents, servants, and employees, as a result of participating in this activity.
- I further agree to indemnify and hold harmless UD, members of the UD community, its directors, officers, trustees, agents, servants, and employees from any and all claims from injuries/illness including death, damages and losses sustained by my child or rising out of, connected with, or in any way associated with my participation in this activity. This will include holding the University of Dubuque harmless from negligence on the part of the University of Dubuque.

**Parent/Guardian’s Signature and Participant’s  
Signature is required on this form to confirm that you  
have read and agree to all aspects of the “Hold  
Harmless Agreement-Waiver and Release of Claims.”**

*Please sign on reverse side at bottom of  
REGISTRATION FORM*

## CAMP STAFF

### *University of Dubuque Track & Field and Cross Country Staff*

#### **Chad Gunnelson**

Director of Track & Field | Cross Country  
Camp Director

E: CGunnelson@dbq.edu

M: 608-658-6538

**Ryan Bartell** – Jumps Coach

**Davivorn Dowe** – Sprints Coach

**Geoff Gundlach** – Distance Coach

**Jake Malm** – Throws Coach

**Evan Zurbuchen** – Hurdles Coach

### **University of Dubuque Track & Field Athletes**

## GUEST STAFF

**Tom Jasper** – Assistant Camp Director

Western Dubuque High School



In partnership with:  
Western Dubuque High School

# 2016 DUBUQUE MIDDLE SCHOOL TRACK & FIELD ACADEMY



**Tuesday  
December 27, 8AM – 12PM  
Wednesday  
December 28, 8AM – 12PM**

Chlapaty Recreation & Wellness Center

**University of Dubuque  
Dubuque, IA 52001**