

University of Dubuque Cross Country - 2011

Spartan Opener

September 1

3k

TEAM SCORE: 3 of 3

10 Beth Michaelis (JR)	13:26.1
12 Megan Bloedow (JR)	13:49.6
13 Brenda Nava (FR)	13:51.8
18 Angelina Edwards (FR)	16:09.2
19 Ashley Sadewasser (FR)	16:10.2
20 Kaylee Carter (JR)	16:27.4

Luther All-American Invite

September 10

5k

TEAM SCORE: 15 of 15

82 Beth Michaelis	21:51
84 Brenda Nava	22:15
86 Megan Bloedow	22:40
94 Rachael Busjahn (FR)	24:03
98 Kaylee Carter	26:13

Wisconsin Lutheran Warrior Invite

October 1

6k

TEAM SCORE: 4 of 15

11 Brenda Nava	25:31.79
12 Megan Bloedow	25:37.89
19 Beth Michaelis	26:06.70
31 Rachael Busjahn	27:29.26

UW-La Crosse Drews/Neubauer Invite

October 15

6k

TEAM SCORE: 21 of 23

142 Megan Bloedow	25:09.5
161 Beth Michaelis	25:19.1
171 Brenda Nava	25:25.7
250 Rachael Busjahn	26:16.0
375 Angelina Edwards	29:46.0
385 Ashley Sadewasser	31:47.7

Iowa Conference Championships

October 29

6k

TEAM SCORE: 8 of 9

36 Megan Bloedow	24:59.5
41 Brenda Nava	25:05.9
51 Rachael Busjahn	27:01.7
54 Ashley Sadewasser	30:56.9
57 Sam Holen (FR)	32:39.5

Central Region Championships

November 12

6k

TEAM SCORE: 25 of 27

135 Megan Bloedow	25:29.4
142 Brenda Nava	25:44.9
150 Beth Michaelis	26:10.6
155 Rachael Busjahn	26:24.2
182 Ashley Sadewasser	30:56.5